VOL. 4

RASA-JALA-NIDHI

Ocean of Indian Chemistry & Alchemy.

BHUDEB MOOKERJI

RASA JALA NIDHI

OR

Ocean of Indian Chemistry & Alchemy.

KAVIRAJ BHUDEB MOOKERJI

ABOUT THE BOOK :

of the four different systems of medical science, cultivated in ancient India, the system of Rasa is of hoary antiquity. It is of divine origin. The second and third, namely the systems of herbs and charms are held of human origin. The fourth viz. the system of surgical operation is thought to be non-Aryan and later in date But while the system of herbs and surgery have made trimandus advances, that of Rasa remaind unpopular even in the land of its birth.

The book is most systematic and comprehanssive treatise on the almost lost, abstruse science of Hindu chemistry (Rasa-Vidhya) It belongs to the catagory of material sciences the science of medicine which even in its degraded condition can claim superiority to all other systems of medicine known to the modern world.

The book consist of five volumes bound separatly. It contains text in Sanskrit verses followed by lucid and simple translation into English.

Vol. I. It is devided into seven chapters.

Chp. I. Opens with the construction of **Rasa-Sala** (Laboratory). and Rasa-Linga (a phillie image of Siva, made of pure gold.) The construction consecration of of Rasa-raja (mercury), and Rasa-mahisi in the Rasa Sala indicate the copulation of Siva and Sakti mercury and sulphur being symbolic of semon and blood.

Cho 2 describe the imitation of a desciple, Tantric rituals with Kama-bija-mantra, worship of yoni and linga deniting thereby that the process of chemical operation described in this text has its source in the Tantra-Vidya.

Contd.

Chp. 3-7 that follow deal with ways of operating, purifying, dyeing, controlling and solidifyeing mercury and its varios applications for desease.

Vol. II. consists of four chaps. These deal with Mica, Sulphur, shell and gold-silver-copper and their operation, purification and application etc.

Vol. III. consists of 11 chps, which deal with iron, sink, brass, gems, alkalis, salts, poisions, semipoison, oils, alcoholic liquides, copper laid and other metals.

Vol IV. has six chps on general health. These prescribe diet, dress, bath, directions for taking medicines, chmeical for diarrhoea, indigeston, piles, liver, spleen etc., etc.

Vol V. deals with Halmeptoses, Tubercioses, Cough, Asthma, Hiccough, heart diseases, Colic, Tumer, Worms, Bacelli, Jaundice, Swoon, Epilepsy, Insanity, Rheumatims, Gout, and other diseases.

The book fulfils four aims of life. It relieves people of their physical suffering by the shortest and surest process of chemicals metallurgy. It enriches them by instructing how to transform base metal to the gold. It prescribes chemicals for turning the old into youth. By the analogy of the Tantric ritual the book leads the aspirants to their gole of perfection.

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VOL. IV

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By

BHUDEV MOOKERJI

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Preface.

Vol. 111 of Rasa-jala-nidhi was published as far back as December 1929. The present volume is published after more than six years. This undue delay is due to my shortness of leisure and ill-health owing to hard labour. I have, however, by grace of God, recovered my normal state of health and am in a position to proceed with the publication of the remaining volumes. Vol. v has already been sent to the press, and is expected to be out in six months.

It has already been stated that the Rasa-chikitsá-vidyá or the science of Iatro chemistry, as dealt with in the present publication, is the best part of the science of Ayurveda (i, e, the indigenous system of medical science prevalent in India.) The present state of degradation of the followers of this science is due to Rasa-chikitsa'-vidya' being almost forgtten under circumstances referred to in the preface of vol. 1. This is a perfect system of medical science. No disease is incurable with the adept votaries of this science. It has been possible for me to cure, by means of the knowledge constituting in this revived science, innumerable cases (the majority of which were given up as incurable by the leading physicians of Bengal) of phthisis, cancer, leprosy, asthma, and other diseases, generally considered incurable. I would request physicians all over the world to try the recipes, given in my books, in accordance with the procedure laid down. I am confident. they will recieve immense satisfaction, if they do so.

So far as India is concerned, the prospect about the revival of this science is awfully gloomy. There is every reason to apprehend that all that is best in the real science of Ayurveda is going to die out in course of the next twenty years. It is a poor

apologia of Ayurveda and not Ayurveda proper that is being taught in the so-called colleges of Ayurveda, established all over India. This is a remark which I made several years ago in the preface of vol 1, and I am sorry to say that nothing has happened in the meantime to make me change my views. The majority of the students receiving diplomas from these colleges have failed to prove successful physicians and have brought discredit not only on themselves but on the science as well.

There is another very strong menace to the revival of Ayurveda. Some Allopaths have taken to the profession of Ayurvedic physicians. Some of them have done so without properly acquainting themselves with the science of Ayurveda. No wonder that a few of them have been preaching from the platform and through the press, the desirability of commingling Allopathy with Ayurveda without trying to revive Ayurveda proper. It is not the place to dwell upon, in details, the gravity of the mischief done to the cause of Ayurveda by those physicians who are 'not ashamed' of advertising their attitude rnd misleading the lay public including young students of Ayurveda. May God let good sense dawn upon these gentlemen. They are not perhaps aware of the fact that Allopathy is not yet a science at all but is still in the making; and Ayurveda cannot profit by borrowing from Allopathy. All that is really required to restore this neglected science of Ayurveda to its ancient glory is to master that part of the science which is dealt with in my publication as well as the rudiments of Ayurveda as dealt with in Charaka, Sushruta, and Bha'vapraka'sha.

20 GREY STREET, CALCUTTA
The 21st April 1936.

BHUDEB MOOKERJI

CONTENTS

CHAPTER 1

Prayer to God	2
Diet	4
Unwholesome diet and deeds	7
Diet incongenial by combination ...	9
Drinking of water at dawn	11
Restrictions regarding exposure to the sun ...	12
Restrictions regarding dress ...	13
Restrictions regarding exposure to wind ...	14
Restrictions regarding sleeping in day time ...	15
Rubbing the whole body with oil ...	16
Restrictions regarding bath	17
Restrictions regarding taking of food ...	19
Chewing of betel leaves	21
Restrictions regarding physical exercise ...	23
Actions prohibited just at sunrise and sunset ...	24
Directions for sleeping ...	25
Advantages of iatro-medical treatment ...	27
Accompaniments of such medicines	28
Dosage	30
Directions for preparing a medicine with ingredients more than one	32
Special directions for taking medicines mixed with bile (pittam)	33

Time for taking medicine 33
Persons unfit to take medicines 34
Bad effects of medicine, not assimilated ... 34
Prohibitions for taking poisonous medicine ... 35

CHAPTER II

Symptoms of fever 35
Varieties of fever 36
Nava-jwara (primary fever) 36
Varieties of nava jwara 37
Primary fever, caused by one's own self ... 37
Primary fever due to external agencies ... 38
Visama-jwara (chronic fever) 39
Fever due to consumption 41
Symptoms of fever due to an excess of va'yu ... 42
Symptoms of fever due to an excess of pittam ... 42
Symptoms of fever due to an excess of kapha (phlegm) 43
Fever due to an excess of two or three of the dosas 43
General Symptoms of fever due to an excess of the three dosas 44
Directions to be followed in nava-jwara ... 45
Living in a place not exposed to drafts of air ... 45
Directions for taking medicine 46
Prohibitions to be observed in primary fever ... 46
Fasting in nava-jwara 47
Persons unfit tor fast 48

Drinking of water during fasting 49
Cases for drinking water in small quantity ... 50
Dri nking of cold water is forbidden in nava-jwara, etc. 50
Properties of water cooled after boilng ... 51
Persons who should take unboiled cold water ... 52
Diet in nava-jwara.
(a) During fever and temporary remission ... 53
(b) After the remission of nava-jwara ... 55
Things beneficial in chronic fever 55
Things and actions harmful in fever 56
Iatro-chemical medicines applicable in fever 57-193
Vomiting in visama-jwara 151
Application of parpati in fever 193

CHAPTER III

Jwara'tisa'ra (fever with diarrhœa.)

Symptoms of the disease 194
Iatro-chemical medicines applicable in jwara'tisa'ra 195-198
Diet in fever with diarrhœa 199
Diarrhœa—its causes 200
Iatro-chemical medicines in diarrhœa ... 201-214
Diet ond actions beneficial in diarrhœa ... 215
Diet and actions injurious in diarrhœa ... 216

Grahani (chronic diarrhœa) 216
Iatro-chemical medicines applicable in grahani 217-268
Recipes of certain medicines having
no minerals in them 255
General directions to be followed at the time
of taking a class of medicines called "parpati ... 260

CHAPTER IV.

Irregularity of the digesting heat

Its causes, symptoms and indications ... 269
Causes of indigestion 270
Symptoms of a'ma'jirna 271
Symptoms of bidagdhájirna ... 271
Symptoms of bistambhájirna 272
Symptoms of rasa seshájirna 272
Symptoms of cholera, etc 273
Bisuchi (cholera) 273
Alasaka 273
Bilambiká 274
Treatment of irregularity of the digesting heat ... 274
Iatro-chemical treatment of indigestion, etc. ... 276-310
Application of parpatis 310
Actions and diet salutary to indigestion, etc ... 311
Actions and food harmful in indigestion, etc ... 312

CHAPTER V

Piles.

Symptoms of piles 314
Treatment of piles 315
Iatro-chemical medicines applicable in piles ... 315-333
Application of parpati in piles 334
Diet and actions beneficial in piles ... 335
Food and actions injurious in plies—Appendix ... 391

CHAPTER VI

Diseases affecting the belly

Its causes 338
Treatment of udara roga 342
Purgation in udara roga 342
Tapping of water in dropsy 343
Iatro-chemical medicines applicable
in udra roga 343-357
Application of copper in udara roga ... 357
Application of parpati in udara roga ... 357
Diet and actions beneficial in udara rogas ... 358
Food and actions prohibited in udara roga ... 359
Enlargement of spleen and liver
causes and symptoms 360
Iatro-chemical treatment for enlagement
of spleen and liver 361-385

Application of parpati in enlargement of spleen and liver	385
Diet in enlargement of spleen and liver ...	385
Udábarta and A'náha ...	385
Causes and symptoms of udábarta ...	385
Causes and symptoms of A'náha	386
Treatment of udávarta and ánáha ...	386
Diet and actions salutary in udávarta and ánáha	389
Other medicines for udávarta and ánáha	389
Diet and actions insalutary in udávarta and ánáha	390

रसजलनिधिः ।

(चतुर्थखण्डम्)

वैद्यकुलपति—

श्रीभूदेव देवशर्मणा महोपाध्यायोपाधिकेन

एम्-ए, (ड्रिप्‌ल) सांख्यवेदान्ततीर्थेत्युप-

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विरचितः ।

सूचीपत्रम्

विषयः			पृष्ठम्
मङ्गलाचरणम्	...		१

प्रथमोऽध्यायः ।

रसभैषज्यसेवने सामान्यविधयः	...	...	२
इष्टदेवस्मरणम्	...	...	२
रस सेवने पथ्यम्	...	...	८
रस सेवने अपथ्यम्	...	...	६
विरुद्ध भोजनम्	...	...	९
उषापानविधिः	...	...	१०
आतप सेवने नियमः	...	...	१२
परिधान वस्त्रे नियमः	...	...	१३
वायु सेवने नियमः	...	...	१४
दिवानिद्रायां नियमः	..	...	१४
अभ्यङ्ग विधिः	...	...	१६
स्नान विधिः	...	...	१
भोजने नियमः	...	...	१८
ताम्बूल चर्वणम्	...	...	२१
व्यायाम विधिः	...	...	२२
सन्ध्यायां निषिद्धानि कर्माणि	...	...	२४
शयनविधिः	...	...	२५
रसचिकित्सायाः सौकर्य्यम्	...	...	२७

विषय:			पृष्ठम्
रसभैषज्ये अनुपानम्	...	...	२७
रसभैषज्यसेवने मात्रा	...	...	३०
एकाधिक द्रव्ययोगाद् रसभैषज्यनिर्माणे			
साधारणो विधि:	...	...	३१
पित्तसंयुक्त रससेवने विशेष विधि:		...	३२
भैषज्य सेवनकाल:	...	...	३३
अजीर्णौषधस्य अवगुणा:	...	...	३४
औषध सेवनानर्हा:	...	...	३४
विषयुक्त भेषजसेवने निषेध:		...	३५

द्वितीयोऽध्याय: ।

अथ ज्वराधिकार:			
तस्य लक्षणम्	...	...	३५
तस्य भेदा:	...	...	३६
अथ नवज्वर:	...	...	३६
नवज्वरस्य भेदा:	...	...	३६
स्वयंकृतो नवज्वर:	...	...	३७
आगन्तुकज्वरलक्षणम्	...	...	३७
विषमज्वर:	...	...	३८
शोषज ज्वर:	...	...	४१
वातज्वर लक्षणम्	...	...	४१
पित्तज्वर लक्षणम्	...	...	४२
कफज्वर लक्षणम्	...	...	४२
द्वन्द्वज-त्रिदोषज-ज्वरौ	...	...	४३

विषय:			पृष्ठम्
सान्निपातिक ज्वरलक्षणम्	...	...	४४
नवज्वरे आचराणि ।			
निर्व्वाते वास:	...	...	४५
भैषज्यसेवनम्	...	...	४५
निषिद्धाचरणानि	...	...	४६
नवज्वरे लङ्घनम्	...	...	४७
लङ्घनानर्हा:	...	...	४८
ज्वरी लंघनेनऽपि जलं पिवेत्	..	...	४८
स्वल्प पानीयस्य विषया:	...	...	५०
नवज्वरादौ शीतलजलपाननिषेध:		...	५१
शृतशीतलजलस्य गुणा:	...	...	५१
अपक्व शीतलजलपानस्य विषया:		...	५२
नवज्वरे पथ्यम्—			
(क) ज्वरकाले तथा स्वल्पविरामे		...	५३
(ख) नवज्वरशान्त्यनन्तरम्	...	...	५४
पुरातन ज्वरे पथ्यम्	...	...	५५
ज्वरे अपथ्यम्	...	...	५६
ज्वरे रसौषधानि	...	...	५६—१८३
विषमज्वरे वमनप्रयोग:	...	...	१५१
ज्वरे पर्पटी प्रयोग:	...	...	१८४

तृतीयोऽध्याय: ।

अथ ज्वरातिसाराधिकार:	...	...	१८३
अथ ज्वरातिसार-निदानम्	...	...	१८४

विषयः			पृष्ठम्
ज्वरातिसारे रसप्रयोगः	...	...	१८५—१९८
ज्वरातिसारे पथ्यानि	...	...	१९८
अथातिसाराधिकारः—			
अथातीसार निदानम्	...	...	२००
अतिसारे रसप्रयोगः	...	...	२०१—२१४
अतिसारे पथ्यानि	...	...	२१४
अतिसारे अपथ्यानि	...	...	२१५
अथ ग्रहणी रोगाधिकारः	...	...	२१६
ग्रहणीरोग निदानम्	...	...	२१६
ग्रहणीरोगे रसप्रयोगः	...	...	२१७—२६८
पर्पटी सेवने साधारण विधिः		...	२५८
कतिपय रसहीना योगाः	...	...	२५५

चतुर्थोऽध्यायः

अथाग्निवैषम्याधिकारः	...	...	२६८
अथाग्निवैषम्यनिदानम्	...	...	२६९
अजीर्ण निदानम्	...	...	२७०
आमाजीर्ण लक्षणम्	...	...	२७१
विदग्धाजीर्ण लक्षणम्	...	...	२७१
विष्टब्धाजीर्ण लक्षणम्	...	...	२७१
रसशेषाजीर्ण लक्षणम्	...	...	२७२
अथ विसूचिकादि निदानम्	...	...	२७२
अथ अग्निवैषम्यचिकित्सा	...	...	२७४

विषयः			पृष्ठम्
अग्निमान्द्यादौ रसप्रयोगः		...	२७६—३०८
अग्निमान्द्यादौ पर्पटी प्रयोगः		...	३१०
अग्निमान्द्यादौ पथ्यानि	...	...	३११
अग्निमान्द्यादावपथ्यानि	...	...	३१२

पञ्चमोऽध्यायः

अथ अर्शोरोगाधिकारः	...	...	३१४
अर्शोरोगस्य निदानम्	...	...	३१४
अर्शोरोगे रसप्रयोगः	...	...	३१५—३३३
अर्शश्चिकित्सितम्	...	...	३१५
अर्शोरोगे पर्पटीप्रयोगः	...	...	३३४
अर्शोरोगे पथ्यानि	...	...	३३४
अर्शोरोगेऽपथ्यानि	...	...	३३५

षष्ठोऽध्यायः

अथ उदररोगाधिकारः			
अथोदरनिदानम्	...	...	३३६
उदररोग चिकित्सा	...	...	३४२
उदररोगे विरेचनम्	...	...	३४२
जलोदरे जलस्रावः	...	...	३४२
अथ उदररोगे रसप्रयोगः	...	...	३४३—३५७
अथ उदररोगे ताम्रभस्म प्रयोगः		...	३५७
अथ उदररोगे पर्पटी प्रयोगः	...	...	३५७

विषयः			पृष्ठम्
उदररोगे पथ्यानि	...	...	३५८
उदररोगेऽपथ्यानि	...	...	३५९
प्लीहयकृदुदर निदानम्	...	...	३६०
प्लीहयकृच्च चिकित्सायां रसप्रयोगः		...	३६०—३८५
प्लीहयकृच्च चिकित्सायां पर्पटी प्रयोगः		...	३८५
पथ्यापथ्य विधिः	...	...	३८५
अथोदावर्त्त निदानम्	...	...	३८५
अथानाह निदानम्	...	...	३८६
अथ उदावर्त्तानाह चिकित्सा		...	३८६
उदावर्त्ते पथ्यानि	...	...	३८९
उदावर्त्तेऽपथ्यानि	...	...	३९०

Alphabetical

Index to Medicines.

A

Abhaya nrisingha rasa	...	...	201
Abhra rasa'yanam	...	...	250
Achintya shakti rasa	...	...	80
A'ditya rasa	...	...	276
Agastya rasa	...	...	252
Agnibibardhana rasa	...	...	223
Agni kuma'ra lauham	...	...	379
Agni kuma'ra rasa	...	...	218
Agnisaha'ya rasa	...	...	279
Agni-surhid rasa	...	...	305
Agnisuta rasa	...	...	253
Agni-tundi rasa	...	...	284
Ajirna kantaka rasa	...	...	278
Ajirna'ri rasa	...	...	293
A'ma parpati rasa	...	...	247
Amrita kalpa rasa	...	...	282
Amrita manjari rasa	...	...	92
Amrita rasa	...	...	306
Amrita'rnava rasa	...	...	202
Anala-janaka rasa	...	...	308
A'nanda baibhaba rasa	...	...	211

विषय:			पृष्ठम्
उदररोगे पथ्यानि	...	...	३५८
उदररोगेऽपथ्यानि	...	...	३५८
प्लीहयकृदुदर निदानम्	...	...	३६०
प्लीहयकृच्च चिकित्सायां रसप्रयोग:		...	३६०—३८५
प्लीहयकृच् चिकित्सायां पर्पटी प्रयोग:		...	३८५
पथ्यापथ्य विधि:	...	...	३८५
अथोदावर्त्त निदानम्	...	...	३८५
अथानाह निदानम्	...	...	३८६
अथ उदावर्त्तानाह चिकित्सा		...	३८६
उदावर्त्ते पथ्यानि	...	...	३८८
उदावर्त्तेऽपथ्यानि	...	...	३९०

Alphabetical

Index to Medicines.

A

Abhaya nrisingha rasa	...	...	201
Abhra rasa'yanam	...	...	250
Achintya shakti rasa	...	...	80
A'ditya rasa	...	...	276
Agastya rasa	...	...	252
Agnibibardhana rasa	...	...	223
Agni kuma'ra lauham	...	...	379
Agni kuma'ra rasa	...	...	218
Agnisaha'ya rasa	...	...	279
Agni-surhid rasa	...	...	305
Agnisuta rasa	...	...	253
Agni-tundi rasa	...	...	284
Ajirna kantaka rasa	...	...	278
Ajirna'ri rasa	...	...	293
A'ma parpati rasa	...	...	247
Amrita kalpa rasa	...	...	282
Amrita manjari rasa	...	...	92
Amrita rasa	...	...	306
Amrita'rnava rasa	...	...	202
Anala-janaka rasa	...	...	308
A'nanda baibhaba rasa	...	...	211

A'nanda bhairava ra'sa 204
A'nanda sa'gara rasa 95
Anjana bhairava 151
Ardha na'rishwara rasa 126
Arkamurti rasa 127
Arkesha rasa 324
A'rogya bhairava rasa 124
A'rogya-chinta'mani rasa 105
Arsha-bina'sha-rasa 326
Arsha-kripa'na-rasa 330
Arsha-kutha'ra rasa 315
Asta'nga rasa 334

B

Bahni dipana rasa 242
Bahni jwa'la' rasa 220
Bahni pradipana rasa 286
Baidya na'tha' rasa 91
Baidya na'tha'desha rasa 350
Baishwa'nara-pottali-rasa 300
Baishwa'nara rasa 356
Bajradhara rasa 221
Bajra kapa'ta rasa 217
Bajrapa'ni rasa 367
Bajra parpati 268
Baraba'gni rasa 296
Baraba'mukha rasa 226

Baraba'nala rasa 277, 102
Baraba'nani rasa 301
Baraba'nibha rasa 308
Bara-na ga'di rasa 320
Ba'ri shosana rasa 383
Basanta ma'lati rasa 176
Básudeva rasa 231
Ba'suki-bhusana rasa 365
Batuk-bhairava rasa 61
Beta'la rasa 97
Bhakta-bipa'ka rasa 283
Bháskara rāsa 294
Bhubaneshwara rasa 77
Bhudeva ranjana rasa 62
Bhuta bha'bana rasa 184
Bidhubhusana rasa 316
Bidhumauli rasa 239
Bidhwansa rasa 302
Bijaya rasa 249
Bikrama keshari rasa 188
Binoda vidyadhara rasa 351
Birabhadra'bhrakam 299
Biraja rasa 350
Bireka rasa 387
Bishwana'tha rasa 208
Bishwa-pa'laka rasa 107
Bishweshwara rasa 155

Bishwa-vandya rasa		...	94
Bishwoddipaka'bhram	...	...	310
Brahma-randhra rasa	...	...	163
Briddha-jwara'nkusha rasa	...	...	60
Brihat-jwara'nkusha rasa	...	...	61
Brihat jwara'ntaka lauham	...	..	187

C

Chakradhara rasa	...	...	331
Chanchat-kutha'ra rasa	...	...	331
Chandeswara rasa	...	...	82
Chandra'ditya rasa	...	...	74
Chandra na'tha rasa	...	...	156
Chandra shekhara rasa	..	...	122
Chandrodaya rasa	...	...	193
Chaturthaka gaja'nkusha rasa	...	...	184
Chaturthaka niba'rana rasa	...	...	183
Chaturthaka nisudana rasa	...	...	189
Chaturthaka'ri rasa	...	...	154
Chinta'mani rasa	...	...	104
Chira-sundara rasa	...	...	179
Chitraka'di lauha	...	...	371
Chura'mani rasa	...	...	146

D

Dáksa'yani rasa	...	...	213
Daradádi rasa	...	...	241

Dardura rasa	...	...	203
Digambara rasa	...	...	190
Dipika' rasa	...	...	106
Dugdha-bati	...	...	257
Dwija-supti rasa	...	...	246
Dwitiya-kravyáda rasa	...	...	303

G

Gada-mura'ri rasa	...	...	85
Gagana sundara rasa	...	...	197
Gana'dhipa rasa	...	...	372
Gandhaka rasa	...	...	244
Ghora nrisingha rasa	...	...	135
Ghrita-ma'nsáshi rasa	...	...	297
Girisha karuna' rasa	...	...	150
Girisha sundara rasa	...	...	209
Grahani bhairava rasa	...	...	225
Grahani bajra kapáta	...	...	227
Grahani-gaja-keshari	...	...	235
Grahani gajendra rasa	...	...	241
Grahani kapa'ta rasa	...	...	222
Grahani sha'rdula rasa	...	...	224

H

Hansa pottali rasa	...	...	227
Hima'ngshu-shekhara rasa	...	...	180
Hiranya garbha pottali rasa	...	...	254

Hiranya sundara rasa 323
Huta'shana rasa 277

I

Ichhábhedi rasa 344
Isha'na-sundara rasa 58

J

Jakrithari lauham 374
Jakrit pliha'ri lauham 375
Jakrit plihodarahara lauham ... 376
Jalamanjari rasa 115
Jalodara-hara rasa 346
Jalodara'ri rasa 346
Ja'tiphala'di rasa 243
Jaya mangala rasa 173
Jivana rasa 307
Jwála'nala rasa 285
Jwara bhairava rasa 123
Jwara-bhanji rasa 70
Jwara-dhuma-ketu-rasa 81
Jwara-gajahari-rasa 59
Jwaraka'laketu rasa 159
Jwara-kesari rasa 124
Jwara kunajra pa'rindra rasa 153
Jwara-ma'tanga-keshari rasa 121
Jwara-mrityunjaya-rasa 66
Jwara mura'ri rasa 120

Jwara-nisudana rasa 146
Jwaránkusha rasa 192
Jwara nrisingha rasa 147
Jwarántaka rasa 145
Jwarári rasa 158
Jwara'shani rasa 158
Jwarasudana rasa 145
Jwara'surári rasa 122

K

Kálágni bhairava rasa 101
Kálánala rasa 138
Kalpadruma rasa 171
Kalpataru rasa 172
Kambu rasa 292
Kanaka prabha' rasa 197
Kanaka sundara rasa 196
Kánta rasa 116
Kaphaketu rasa 129
Kapháshani rasa 106
Karunámaya rasa 329
Kárunya sa'gara rasa 210
Kasturi bhairava rasa 130
Kasturi bhusana rasa 148
Kasturi vijaya rasa 129
Kravyáda rasa 298
Ksemasundara rasa 149

Kshemeshwara rasa 85
Ksudhásindhu rasa 282

L

Laghu siddhábhraka rasa 232
Laksmi-bilása rasa 168
Lauha parpati 265
Lauha Samasta rasa 167
Lavangádi rasa 287
Lokádhisha rasa 377
Lokanátha rasa 368
Lokarája rasa 368
Lokesha rasa 369
Lokendra rasa ... ... 64.

M

Madhumálati rasa 245
Maha-bahni rasa 348
Mahágnikáraka rasa 280
Mahá-jwaránkusha rasa 143
Mahá-jwárántaka rasa 144
Mahámrityunjaya rasa 109
Mahánala rasa 355
Mahárája rasa 169
Mahášhankha rasa 289
Mahá shankheshwara rasa 388
Mahesha mangla rasa 212

Mahesha parpati 967
Mahodadhi rasa 295
Mahodaya pratyayasára rasa 321
Majja-Sárádi rasa 287
Márkandeya rasa 223
Meghanáda rasa 58 188
Mritajivana rasa 181
Mrita sanjibana rasa 113
Mrita-Sanjibana-Suchikábharana rasa 143
Mritot-thápana rasa 93
Mrityu-bighátana rasa 92
Mrityu-nirodha rasa 353
Mrityunisudana rasa 114
Mrityunjaya rasa 60
Mula-kuthára rasa 318
Mulári rasa 316

N

Na'ga'di rasa 26
Nága sundara aasa 207
Nandikeshwara rasa 62
Nárácha rasa 347
Nava-jwara-hara rasa 72
Nava-jwaramurári rasa 117
Navajwaránkusa rasa 69
Navajwara'ri rasa 68

Nava-jwarebha-sinha rasa 71
Nava-jwarebhánkusha rasa 71
Nilakantha rasa 95
Nityodita rasa 333
Nripabllabha rasa 228
Nripati ballabha rasa 238
Nripendra ballabha rasa 229

P

Pncha bactra rasa 93, 109
Pnchánana rasa 181
Pnchámrita Parpati 266
Pnchámrita rasa 285
Panchamukha rasa 333
Párbati Sankara rasa 69
Parna khandeshwara rasa 156
Parpatiká rasa 115
Parpati rasa 166
Párvati karuna' rasa 160
Páshupata rasa 281
Pijusaballi rasa 251
Pipplyádya lauham 348
Piyusa bati 258
Pleehántaka rasa 361
Pleehári rasa 364
Pleehárnava rasa 362
Pleeha shardula rasa 362

Pleeha sudana rasa 363
Pottali rasa 220
Prachandeswara rasa 82
Pradipana rasa 295
Prána ballabha rasa 379
Práneshwara rasa 112,202
Prat pa bhairava rasa 212
Pratápa lankeshwarc rasa 111
Pratápa ma'rtanda ras 21
Pratápa rávana rasa 111
Pratápa-tapana rasa 89
Preta sanjibana rasa — — 198
Purna chandrodaya rasa — — 210
Purnánanda rasa — — 178
Purusottama rasa — — 162

R.

Ra'ja shekhara rasa — — 304
Rájendra ballabha rasa — — 230
Ráksasa rasa — — 306
Rámabána rasa — — 278
Rasa-nágádi rasa — — 296
Rasa parpati — — 262
Rasapati rasa — — 373
Rasarája rasa — — 157
Rasarájendra — — 87
Rasendra parpati — — 263

R.tnagiri rasa	—	—	67
Rohitaka lauham	—	—	374

S

Sadáshiva rasa	—	—	182
Sadyo-mrityunjaya rasa	—	—	366
Sandipana rasa	—	—	290
Sangrahanihara rasa	—	—	226
Sangrahani kapáta rasa	—	—	240
Sannipáta bhairava rasa	—	—	94,99
Sannipáta gajánkusha rasa	—	—	108
Sannipáta kuthára rasa	—	—	110
Sannipáta mártanda rasa	—	—	132
Sanaipáta mrityunjaya rasa	—	—	98
Sannipáta sudana rasa	—	—	136
Sannipáta surya rasa	—	—	87
Saránana rasa	—	—	175
Sarbánga sundara chinta'mani rasa	—	—	73
Sarbatobhadra rasa	—	—	384
Sarniska tailam	—	—	214
Sarva jwarahara lauham	—	—	117
Sarva jwaránkusha rasa	—	—	161
Sarva jwara'ri rasa	—	—	66
Sarva-lokáshraya rasa	—	...	317
Sarva-roga'ntaka rasa	...	...	309
Sarva'rogya rasa	...	...	233

Sarva'mayaghna rasa	...	...	291
Saubha'gya'di rasa	...	...	76
Shambhu prasa'da rasa	...	...	248
Shankha rasa	...	...	292
Shankheshwara rasa	...	...	288
Sharvari ballava rasa	...	...	151
Shighra prabhába rasa	...	...	237
Shila'-gandhaka batiká	...	...	332
Shita-bhanji-rasa	...	...	59
Shitaghna rasa	...	...	186
Shita sebana'nta rasa	...	...	345
Shita'ri rasa	...	...	96
Shiva-durga' rasa	...	...	57
Shiva'-prasa'dana rasa	...	...	136
Shiva sa'dhana rasa	...	...	253
Shlesma ka'la'nala rasa	...	...	131
Shlesma-shailendra rasa	...	...	165
Siddha pra'neshwara rasa	...	...	196
Sinha-náda rasa	...	...	103
Sreera'ma rasa	...	...	81
Subarna'di rasa	...	...	149
Suchika'-bharana rasa	...	...	134
Suchika'-ksepana rasa	...	...	133
Suchi mukha rasa	...	...	139
Sudha'nshu-shekhara rasa	...	...	117
Sudha'-sa'ra rasa	...	...	205
Sudha'-sindhu rasa	...	...	207

Sukha sanjibani rasa	195
Surechana rasa	352
Sutendraparpati	264
Sutendra rasa	79
Suvarna sundara rasa	219
Swachanda bhairaba rasa	70
Swachanda na'yaka rasa	163
Swarna parpati	265
Swechha' bhedaka rasa	388
Swechha' bhedi rasa	345
Sweda-shaitya'ri rasa	89

T

Ta'mrakalpam	380
Ta'mreswara bati	370
Tiksna'dana rasa	330
Tiksna-mukha rasa	325
Trailokya chinta'mani rasa	137
Trailokya dumburu rasa	84
Trailokya-mohana rasa	74
Trailokya ranjana rasa	354
Trailokya-tilaka rasa	327
Trailakya sundara rasa	343
Tridosa barabánala rasa	101
Tridosa da'ba'nala rasa	126
Tridosa dábánala kálamegha rasa	128
Tridosa-niha'ra surya rasa	88
Trimurti rasa	219

Triphala' lauham	309
Tripura bhairaba rasa	83
Tripurári rasa	160
Tryáhika'ri rasa	154

U

Udaraghna rasa	352
Udarama'rtanda rasa	357
Udara'maya-kumbhi-keshari rasa	381
Udara'ri rasa	349
Udaka-manjari rasa	85
Uma'prasa'dana' rasa	191

V

Vaidyana'tha bha'sita rasa	387
Va'tapitta'ntaka rasa	152
Vidya'-ballabha rasa	172
Vidya'dhara rasa	125
Vidya'maya rasa	372
Vijaya parpati	268
Visa'ma-jwara-hrid rasa	177
Visamajwara'ntaka rasa	174

औषधानां सूचीपत्रम्

अ

अर्कमूर्त्ती रसः १२७
अर्केश रसः ३२४
अगस्त्य रसः २५२
अग्निकुमार लौहम् ३७८
अग्निकुमार रसः २१८
अग्नितुण्डी रसः २८४
अग्निविवर्द्धन रसः २२२
अग्निसूत रसः २५२
अग्निसहाय रसः २७९
अग्निसुहृद् रसः ३०४
अचिन्त्यशक्ति रसः ७९
अजीर्णकण्टक रसः २७७
अजीर्णारि रसः २८३
अञ्जन भैरवः १५१
अर्द्धनारीश्वर रसः १२६
अनलजनक रसः ३०८
अभयनृसिंह रसः २०१
अभ्ररसायनम् २४९
अमृत रसः ३०५
अमृतकल्प रसः २८१
अमृतमञ्जरी रसः ८१
अमृतार्णव रसः २०२
अर्शःकुठार रसः ३१५
अर्शःकृपाण रसः ३३०
अर्शोविनाश रसः ३२५
अष्टाङ्ग रसः ३३३

आ

आदित्य रसः २७६
आनन्दभैरव रसः २०३
आनन्दवैभव रसः ३११
आनन्दसागर रसः ८५
आमपर्पटी रसः २४७
आरोग्यचिन्तामणि रसः १०४
आरोग्यभैरव रसः १२३

इ

इच्छाभेदी रसः ३४४

ई

ईशानसुन्दर रसः ५८

उ

उदकमञ्जरी रसः ८३
उदरघ्न रसः ३५२
उदरमार्त्तण्ड रसः ३५६
उदरामयकुम्भिकेशरी रसः ३८१

उदरारि रस: ३४८
उमाप्रसादन रस: १८१

क

कनकप्रभा रस: १८७
कनकसुन्दर रस: १८६
कफकेतु रस: १२८
कफाग्नि रस: १०५
कम्बुरस: २८२
करुणामय रस: ३२८
कल्पतरु रस: १७१
कल्पद्रुम रस: १७०
कस्तूरीविजय रस: १२८
कस्तूरीभूषण रस: १४८
कस्तूरीभैरव रस: १३०
कान्त रस: ११६
कारुण्यसागर रस: २१०
कालाग्निभैरव रस: १००
कालानल रस: १३८
क्रव्याद रस: २८७

ग

गगनसुन्दर रस: १८७
गणाधिप रस: ३७१
गदमुरारि रस: ८४

गन्धक रस: २४४
गिरिशकरुणा रस: १५०
गिरिशसुन्दर रस: २०८
ग्रहणीकपाट रस: २२२
ग्रहणीगजकेशरी रस: २३४
ग्रहणीगजेन्द्र रस: २४०
ग्रहणी वज्रकपाट रस: २२७
ग्रहणीभैरव रस: २२५
ग्रहणीशार्दूल रस: २२४

घ

घोरनृसिंह रस: १३४
घृतमांसाशि रस: २८७

च

चक्रधर रस: ३३१
चण्डवत्कुठार रस: ३३१
चण्डेश्वर रस: ८२
चतुर्थक गजाङ्कुश रस: १८३
चतुर्थक निवारण रस: १८३
चतुर्थकनिसूदन रस: १८८
चतुर्थकारी रस: १५४
चन्द्रनाथ रस: १५५
चन्द्रशेखर रस: १२१
चन्द्रादित्य रस: ७१

चन्द्रोदय रसः १८३
चित्रकादि लौह ३७१
चिन्तामणि रसः १०३
चिरसुन्दर रसः १७८
चूडामणि रसः १४६

ज

जयमङ्गल रसः १७३
जलमञ्जरी रसः ११४
जलोदरहर रसः ३४५
जलोदरारि रसः ३४६
जातीफलादि रसः २४३
जीवन रसः ३०७
ज्वरकालकेतु रसः १५८
ज्वरकुञ्जरपारीन्द्र रसः १५२
ज्वरकेशरी रसः १२४
ज्वरगजह्हरि रसः ५८
ज्वरधूमकेतु रसः ८१
ज्वरनिसूदन रसः १४५
ज्वरनृसिंह रसः १४७
ज्वरभञ्जी रसः ६८
ज्वरभैरव रसः १२३
ज्वरमातङ्गकेशरी रसः १२१
ज्वरमुरारि रसः १२०

ज्वरमृत्युञ्जय रसः ६५
ज्वरसूदन रसः १४५
ज्वराङ्कुश रसः १८१
ज्वरान्तक रसः १४४
ज्वरारि रसः १५७
ज्वराशनि रसः १५८
ज्वरासुरारि रसः १२२
ज्वालानल रसः २८५

त

ताम्रकल्पम् ३८०
ताम्रेश्वर वटी ३७०
तीक्ष्णमुख रसः ३२५
तीक्ष्णादन रसः ३२८
त्रिदोष-दावानल-कालमेघ रसः ... १२७
त्रिदोषनीहार सूर्यरसः ८८
त्रिदोष वड़वानल रसः १०१
त्रिपुरभैरव रसः ८३
त्रिपुरारि रसः १६०
त्रिफलालौहम् ३०८
त्रिमूर्त्ति रसः २१८
त्रैलोक्यचिन्तामणि रसः १३७
त्रैलोक्यडुम्बुर रसः ... ८४
त्रैलोक्यतिलक रसः ३२६

त्रैलोक्यमोहन रस: ७५
त्रैलोक्यरञ्जन रस: ३५४
त्रैलोक्यसुन्दर रस: ३४३
त्र्याह्निकारी रस: १५३

द

दरदादि रस: २४१
दर्दुर रस: २०३
दाक्षायणी रस: २१३
दिगम्बर रस: १८०
द्विजसुमि रस: २४६
द्वितीयक्रव्याद रस: ३०२
दीपिका रस: १०६
दुग्धवटी २५७

न

नन्दिकेश्वर रस: ६२
नवज्वरमुरारि रस: ११७
नवज्वरहर रस: ७१
नवज्वराङ्कुश रस: ६८
नवज्वरारि रस: ६८
नवज्वरेभसिंह रस: ७१
नवज्वरेभाङ्कुश रस: ७०
नागसुन्दर रस: २०६
नागादि रस: ८६

नाराच रस: ३४७
नित्योदित रस: ३३३
नीलकण्ठ रस: ८५
नृपतिवल्लभ रस: २३७
नृपवल्लभ रस: २२८
नृपेन्द्रवल्लभ रस: २२८

प

पञ्चमुख रस: ३३२
पञ्चवक्त्र रस: ८०, १०८
पञ्चानन रस: १८१
पञ्चामृत रस: २८४
पञ्चामृत पर्पटी २६५
पर्णखण्डेश्वर रस: १५६
पर्पटिका रस: ११५
पर्पटी रस: १६५
पार्व्वतीकरुणा रस: १५८
पार्व्वतीशंकर रस: ६८
पाशुपत रस: २८०
पिप्पल्याद्य लौहम् ३४८
पीयूषवटी २५८
पीयुषवल्ली रस: २५१
प्लीहशार्दूल रस: ३६२
प्लीहसूदन रस: ३६३

प्लीहार्णव रसः	३६१
प्लीहान्तक रसः	३६०
प्लीहारि रसः	३६४
पुरुषोत्तम रसः	१६२
पूर्णचन्द्रोदय रसः	२०८
पूर्णानन्द रसः	१७७
पोट्टली रसः	२१८
प्रचण्डेश्वर रसः	८१
प्रतापतपन रसः	८८
प्रतापभैरव रसः	२१२
प्रतापमार्त्तण्ड रसः	८१
प्रतापरावण रसः	११८
प्रतापलङ्केश्वर रसः	११०
प्रदीपन रसः	२८४
प्राणवल्लभ रसः	३७८
प्राणेश्वर रसः	२०१, ११२
प्रेतसञ्जीवन रसः	१८८

व

वज्रकपाट रसः	२१७
वज्रधर रसः	२२१
वज्र पर्पटी	२६८
वज्रपाणि रसः	३६६
वटुकभैरव रसः	६१
वड़वाग्नि रसः	२८६

वड़वाननो रसः	३०१
वड़वानल रसः	२७६, १०२
वड़वानभ रसः	३०७
वड़वामुख रसः	२२६
वङ्गनागादि रसः	३१८
वसन्तमालती रसः	१७६
वह्निज्वाला रसः	२२०
वह्निदीपन रसः	२४२
वह्निप्रदीपन रसः	२८६
वह्निरसः	३४७
वातपित्तात्मक रसः	१५२
वारिशोषण रसः	३८२
वासुकिभूषण रसः	३६४
वासुदेव रसः	३११
विक्रमकेशरो रसः	१८७
विजय पर्पटी	२६७
विजय रसः	२४८
विद्याधर रसः	१२५
विद्यावल्लभ रसः	१७२
विद्यामय रसः	३७२
विधुभूषण रसः	३१५
विधुमौलि रसः	२३८
विध्वंस रसः	३०२
विनोद-विद्याधर रसः	३५१

विरेक रसः	...	...	३८७
विश्वनाथ रसः	...	...	२०८
विश्वपालक रसः	...	...	१०७
विश्ववन्द्य रसः	...	...	८४
विश्वेश्वर रसः	...	...	१५५
विश्वोद्दीपकाभ्रम्	...	...	३०८
विषमज्वरच्छद् रसः	...	...	१७६
विषमज्वरान्तक रसः	...	...	१७४
वीरज रसः	...	...	३५०
वीरभद्राभ्रकम्	...	...	२८८
वेतालरसः	...	...	८७
वैद्यनाथ रसः	...	...	८०
वैद्यनाथभाषित रसः	...	...	३८७
वैद्यनाथादिष्ट रसः	...	...	३४८
वैश्वानर रसः	...	...	३५६
वैश्वानर पोट्टली रसः	...	...	३००
बृहज्ज्वराङ्कुश रसः	...	...	६०
बृहज्ज्वराङ्कुश रसः	...	...	६०
बृहज्ज्वरान्तक लौहम्	...	...	१८६
ब्रह्मरन्ध्र रसः	...	...	१६२

भ

भल्लविपाक रसः	...	...	२८३
भास्कर रसः	...	...	२८४

भुवनेश्वर रसः	...	...	७६
भूतभावन रसः	...	...	१८४
भूदेवरञ्जन रसः	...	...	६२

म

मञ्जसारादि रसः	...	...	२८७
मधुमालती रसः	...	...	२४५
महाग्निकारक रसः	...	...	२७८
महाज्वराङ्कुश रसः	...	...	१४३
महाज्वरान्तक रसः	...	...	१४४
महानल रसः	...	...	३५५
महावह्नि रसः	...	...	३४७
महामृत्युञ्जय रसः	...	...	१०८
महाराज रसः	...	...	१६८
महाशंख रसः	...	...	२८९
महाशङ्खेश्वर रसः	...	...	२८८
महेश पर्पटी	...	...	२६६
महेश मङ्गल रसः	...	...	२१२
महोदधि रसः	...	...	२८५
महोदय प्रत्ययसार रसः	...	...	३२१
मार्कण्डेय रसः	...	...	२२३
मूलकुठार रसः	...	...	३१८
मूलारि रसः	...	...	३१६
मेघनाद रसः	...	...	५८, १८८

मृतजीवन रसः १८०
मृतसञ्जीवन रसः ११३
मृतसञ्जीवनसूचिकाभरण रसः १४०
मृतोत्थापन रसः ८३
मृत्युञ्जय रसः ६०
मृत्यु निरोध रसः २५३
मृत्यु निसूदन रसः ११३
मृत्यु विघातन रसः ८२

य

यकृदरि लौहम् ३७४
यकृत् प्लीहारि लौहम् ३७४
यकृत्प्लीहोदरहर लौहम् ३७५

र

रत्नगिरि रसः ६७
रसनागादि रसः २८५
रसपति रसः ३७३
रसपर्पटी २६१
रसराज रसः १५७
रसराजेन्द्र रसः ८६
रसेन्द्रपर्पटी २६३
राजशेखर रसः ३०४
राजेन्द्रवल्लभ रसः २३०
रामबाण रसः २७८

राक्षस रसः ३०६
रोहीतक लौहम् ३७३

ल

लघुसिद्धाभ्रक रसः २३२
लवङ्गादि रसः २८६
लक्ष्मीविलास रसः १६७
लोकनाथ रसः ३६७
लोकराज रसः ३६८
लोकाधीश रसः ३७७
लोकेन्द्र रसः ६३
लोकेश रसः ३६८
लौहपर्पटी २६४
लौहसमस्त रसः १६६

श

शंख रसः २८१
शङ्केश्वर रसः २८८
शम्भुप्रसाद रसः २४८
शर्वरीवल्लभ रसः १५०
शिवदुर्गा रसः ५६
शिवसाधन रसः २५३
शिवाप्रसादन रसः १३६
शिलागन्धक वटकः ३३२
शीतघ्न रसः १८५

शीघ्रप्रभाव रसः	२३६
शीतभञ्जी रसः	५८
शीतसेवनाम्न रसः	३४४
शीतारि रसः	९६
श्रीराम रसः	८१
श्लेष्मकालानल रसः	१३१
श्लेष्मशैलेन्द्र रसः	१६४
ष	
षड्निष्क तैलम्	२१४
षडानन रसः	१७५
स	
संग्रहणी कपाट रसः	२३८
संग्रहणीहर रसः	२२५
सदाशिव रसः	१८२
सद्योमृत्युञ्जय रसः	३६५
सन्निपात कुठार रसः	११०
सन्निपातगजाङ्कुश रसः	१०८
सन्निपात भैरव रसः	९४, ९८
सन्निपात मार्त्तण्ड रसः	१३२
सन्निपात-मृत्युञ्जय रसः	९७
सन्निपातसूदन रसः	१३५
सन्निपातसूर्य रसः	८७
सन्दीपन रसः	२८९
सर्व्वज्वरहर लौहम्	१६९

सर्व्वज्वराङ्कुश रसः	१६१
सर्व्वज्वरारि रसः	६६
सर्व्वतोभद्र रसः	३८४
सर्व्वरोगान्तक रसः	३०८
सर्व्वलोकाश्रय रसः	३१७
सर्व्वाङ्गसुन्दर चिन्तामणि रसः	७२
सर्वामयघ्न रसः	२९०
सर्व्वारोग्य रसः	२३३
सिंहनाद रसः	१०३
सिद्धप्राणेश्वर रसः	१८५
सुखसञ्जीवनी रसः	१८५
सुधांशुशेखर रसः	११६
सुधासार रसः	२०४
सुधासिन्धु रसः	२०७
सुवर्णसुन्दर रसः	२१८
सुवर्णादि रसः	१४८
सुरेचन रसः	३५१
सूचिकाभरण रसः	१३४
सूचिकाक्षेपन रसः	१३३
सूचीमुख रसः	१३८
सूतेन्द्र पर्पटी	२६३
सूतेन्द्र रसः	७८
सौभाग्यादि रसः	७५
सौवर्च्चलादि चूर्णम्	२५६

स्वच्छन्द नायक रसः	...	...	१६३
स्वच्छन्द भैरव रसः	...	...	७०
स्वर्ण पर्पटी	...	...	२६५
स्वेच्छाभेदक रसः	...	...	३८८
स्वेच्छाभेदी रसः	...	...	३४५
स्वेदशैत्यारि रसः	...	...	८९

ह

हंसपोट्टली रसः	...	...	२२७
हिमांशुशेखर रसः	...	...	१७९
हिरण्यगर्भ पोट्टली रसः	...	...	२५४
हिरण्यसुन्दर रसः	...	...	३२३
हुताशन रसः	...	...	२७७

क्ष

क्षेमसुन्दर रसः	...	...	१४९
क्षेमेश्वर रसः	...	...	८५
क्षुधासिन्धु रसः	...	...	२८२

ERRATA.

Page	XXVI	line last but one, read	288	for	388
,,	XXVII	1st line	,, 267	for	967
,,	,,	9th ,,	,, 140	for	143
,,	,,	17th ,,	,, 96	for	26
,,	XXVIII	8th ,,	,, 90	for	93
,,	XXIX	9th ,,	,, 91	for	21
,,	XXX	19th ,	,, 170	for	117

रसजलनिधिः।

चतुर्थखण्डम्।

मङ्गलाचरणम्।

लीलायोगाद् विचलितमतिप्रायवालस्वभावः।
कारं कारं निखिलभुवनं संहरन् मायया वै॥
नित्यं यो नो हृदयकमले राजते चन्द्रमौलिः।
सोऽयं देवो जयतु नितरामर्द्धनारी-महेशः॥

Introduction.

Let the One remain in His supreme exaltation, who, actuated by the mere desire to play like a child brings into being, by means of a power inherent in Himielf, the eternal illusion ef a creation and destruction of the universe, and who is conceived of as keeping Himself always seated on the lotus flower grown in the inmost core of His devotee's hearts, assuming sometimes the shape of a Deity, half-male and half female, with the moon shining on his forehead.

स्वच्छन्द नायक रसः	...	...	१६३
स्वच्छन्द भैरव रसः	...	...	७०
स्वर्ण पर्पटी	...	...	२६५
स्वेच्छामेदक रसः	...	...	३८८
स्वेच्छामेदी रसः	...	...	३४५
स्वेदग्नेत्यारि रसः	...	...	८८

ह

हंसपोट्टली रसः	...	...	२२७
हिमांशुशेखर रसः	...	...	१७८
हिरण्यगर्भ पोट्टली रसः	...	...	२५४
हिरण्यसुन्दर रसः	...	...	३२३
हुताशन रसः	...	...	२७७

क्ष

क्षेमसुन्दर रसः	...	...	१४८
क्षेमेश्वर रसः	...	...	८५
क्षुधासिन्धु रसः	...	...	२८२

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रसजलनिधिः ।

चतुर्थखण्डम् ।

मङ्गलाचरणम् ।

लीलायोगाद् विचलितमतिप्रायबालस्वभावः ।
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नित्यं यो नो हृदयकमले राजते चन्द्रमौलिः ।
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प्रथमोऽध्यायः ।

रसभैषज्यसेवने सामान्यविषयः ।

इष्टदेवस्मरणम् ।

अश्नीयाद् रसभैषज्यं सदाचारी जितेन्द्रियः । ध्यात्वा नित्यं निजेप्सितं देवमशेषरूपिणम् ॥ अशेषनामसंज्ञितं निखिलभुवनेश्वरम् । साकारः स निराकारः सगुणो निर्गुणस्तथा ॥ एकश्च बहवश्चापि भक्तमत्यनुसारतः । ज्ञेयः स्वरूपतः सोऽयं योगिभिः केवलैर्मतः ॥ तथापि राजते नित्यं भक्तानां हृदये विभुः । भक्तप्रकल्पितै रूपैर्भक्तेप्साकल्पपादपः ॥ भजेन् नित्यं निजेप्सितं न निन्देत् परपूजितम् । परकल्पितदेवस्य निन्दनं विभुनिन्दनम् ॥

CHAPTER I.

General directions to be followed at the time of taking of drugs, prepared from rasa or mercury (mixed or unmixed with other materials) :—

Prayer to God.

The patient should have recourse to salutary rules of hygiene and morals. He should control the activities of his senses. Just before he takes a drug, he should pray to God in the form which is most appealing to his own mind. God has innumerable names. He is corporeal, as well as non-corporeal—full of attributes, as well as devoid of all attributes. He is One, as well as many. All these depend upon the mental capacity of the devotee. He is known in His real character only to those who have formed a mental

union with him. Yet, to fulfil the desires of an ordinary devotee, He lives in his heart in the form conceived of by the former. One should always worship the Deity of his own conception, and never find fault with the religious beliefs of other people. To condemn any other form of religion than one's own is to condemn God Himself.

रससेवने पथ्यम् ।

शालिषष्टिकयोरन्नं वर्षकालपुराणयोः । मण्डं च पोलिकां मुद्गयूषञ्च रोटकं तथा ॥ सद्योविरचिता लाजास्तच्चूर्णं लाजमण्डकम् । सितासैन्धवसंयुतं भक्षयेद् रससेवकः ॥ पटोलं पापिताऽलावु चिचिण्डश्च कोशातकी । उदुम्वरं च मूलकं स्वर्णालु वनमालिनी ॥ महाकोशातकी चैव शूरणं गोपकर्कटी । मानं पञ्चमुखी चैतत् भक्षयेद् रसभक्षकः ॥ शाकं पौनर्नवं वास्तु मेघनादश्च ब्राह्मणी ॥ धन्याकं मागधी ब्राह्मी गुडूची सुनिषण्णकः । घृतसैन्धवधन्याकजीरकार्द्रकसंस्कृतम् । भक्षयेत् सर्व्वमेतच्च रसभुक् स्वल्पमात्रया । रोगदं पत्रशाकं तद्धातुधीस्मृतिनाशकम् ॥ भोक्तव्यं नाधिकं तत् तु गुणदमपि धीमता ॥ गोदुग्धं गुणदं तत् तु हितं रोगेषु केषुचित् । वातोदरजनकं तु न हितमनलक्षये ॥ वातोदरे न तद्धितं शूले गुल्मे नवज्वरे । बहुमूत्रे प्रमेहे च ग्रहण्यां वातवैकृते ॥ वातोदरजरोगेषु विशेषादपकारकम् । औदरिकः क्षयः सर्वो-वातोदरसमुद्भवः ॥ तस्मादेतद् न पातव्यं गदे चोक्ते च धीमता । सुधातुल्यं भवेत् तत् तु पर्पटीसेवनक्षणे ॥ अन्यत्रापि पिवेद्दुग्धं भैषज्यस्य विधानतः । स्पन्दो मणिपुरे ज्ञेयो वातोदरस्य सूचकः ॥ निन्दनीयमजादुग्धं न ह्युक्तेषु गदेषु तु । प्रयोज्यं भिषजा तत् तु वह्निवलविचारतः ॥ तद्दुग्धं हि सदा पेयं यत्नतः शृतशीतलम् ॥

आज्यमायुर्बलप्रदं मेधालावण्यहृद्धिकृत् । चक्षुष्यमग्निकृद् वृष्यं वातपित्तकफापहम् । सर्व्वकफोद्भवे रोगे केवलपित्तजे तथा । शीतकाले निशाभागे निदाघे दिवसे तथा ॥ बाले वृद्धे प्रमेहे च सोमे यकृत् प्लीहोदरे । रोगे सामे विसूच्यां च विवन्धे च मदात्यये ॥ ज्वरे च दहने मन्दे न सर्पिर्वहुमन्यते । पातव्यं तु यथेच्छं तत् पाचकभेषजान्वितम् । लावकस्तित्तिरि र्गोधा मयूरः शशकादयः । वटकः कलविंकश्च वर्त्तिश्च हरितालकः । श्येनकश्च वृहल्लावो वन-विष्किरकादयः । मृगादिजांगलश्चैव मांसमेषां शुभं मतम् । मद्गुरो रोहितश्चैव शकुलश्च विशेषतः । मत्स्यराजा इमे प्रोक्ताः हिता मत्स्याश्च ये नवाः ॥ अश्नीयात् सर्व्वमेतत् तु रोगादीनां विचारतः ।

Diet.

The following is a list of salutary diet :—Rice, prepared from good paddy grown about a year back ; anna-manda (boiled rice, rubbed with hot water, made into a paste, and then sifted through a piece of cloth), palika' (thin home-made bread,) roti or chapa'ti (home-made bread), la'ja (paddy, fried and then deprived of husk, to be taken as fresh as possible), powder of the same, and la'jamanda (paste prepared from the same). These three things should be taken with a little of sugar and rock-salt. Patola, pa'pita', ala'bu, chichinda, kosha'taki, udumbara, mula', ractalu (red sweet potato), ba'r'ahi-kanda, maha'-kosha' taki, (luffa pentandra), shurana, gopa'la-karkati, ma'na (arum indicum). Leaves of the following may also be taken in small quantities, duly prepared with coryander seed, cumin seed, rocksalt, and clarified butter:— punarnava', ba'stu, meghana'da, sprikka' (trigonella

corniculata), dhanya', jeeraka, bra'hmi, guduchi, and sunisanna (marsilea quadrifolia). Leves of vegetables, however salutary they may be in other respects, should not be taken in excess, otherwise they give rise to diseases and destroy memory, intelligence, and the dhatus (constituents of the body, viz. chyle, blood, semen, bone, flesh, fat, and marrow).

As to cow's milk, it has several good properties and may be used in some of the diseases, but it gives rise to flatulence and is not to be taken in loss of digestive power. It is not to be given to patients suffering from flatulence,colic of all sorts (including appendicites), gulma, new fever, diabetes, spermatorrea, chronic diarrhœa, derangement of va'yu, and abdominal phthisis, except at the time of taking a class of medicines. known by the name of parpati, with which cow's milk is the most essential and indispensable diet. Milk may also be taken, if required, by special medicines (such as dugdha-bati). Throbbing below the navel (felt by the pressure of fingers) is an indication of the stomach giving rise to flatulence. In the diseases named above, goat's milk is not so bad as cow's milk, The former may be used in those diseases by physicians having regard to the digestive power of the patients. Goats' milk should always be boiled and then cooled before it is used for drinking.

Ghritam (clarified butter) increases vitality, strength, retentive faculties, loveliness of appearance, and digestive power. It is nutritious and pacifier of the three doshas. It is bo be prohibited in diseases due to mere kapha (phlegm) or mere pittam ; at night in winter ; at day time in summer ; to boys and old men in all circumstances ; in spermatorrea, diabetes, enlargement of spleen and liver, in diseases due to an increase of mucus, in cholera, intestinal obstruciion, diseases due to taking of liquors, in fever, and in loss of

digestive power. Ghritam may however be taken, at all times and by all sorts of people, at the time of taking a special class of medicines (such as gauri-sankara-rasa, etc.).

Meat of the following animals may also be prescribed, when necessary :—la'ba (a sort of quail), tittiri (the francoline partridge), godha' (iguana'), mayura (peacock), sasaka (hare), bataka (batkal, ba'lhans, or bageri, a kind of small goose-like bird), kalabinka (sparrow), barti (bater, a kind of quail), harita'la (green partridge) syena (hawk', big la'ba, other wild birds (except kukkuta or fowl and kapota or pigeon) and deer of all sorts.

The following fishes may also be prescribed, when necessary :—madgura rohita, sakula and other fresh fish, considered salutary

रससेवने अपथ्यम् ।

रससेवी सदा यत्नाज् जह्याद् विषमभोजनम् । अध्यशनं च संधृतिं विरुद्धाशनमेव च । विदाहि गुरु विष्टम्भि फाणितं पर्णिकौदनम् । वातपित्तकृतः सर्व्वान् कट्वम्लतिक्ततुवरान् । तत्क्षण-नाशहेतूंश्च मैथुनकोपसंभ्रमान् । मारकं रसलोहानां सर्व्वथा हि परित्यजेत् ॥ अतिवाचं च धान्याम्लमासवारिष्टमेव च । आतपाग्नि-निषेवनं वातस्य परिसेवनम् ॥ दिवास्वापं दिवातन्द्रां नक्तं जागरणं तथा । अपथ्यं यद् रसे लौहे तत्सर्व्वं यत्नतस्त्यजेत् ॥ ताम्रकूटमहेः फेनं चासंज्ञककषायकम् । गोधुमात् फाणिताज् जातं विस्कुटं पादरोटकम् ॥ तैलभृष्टं तथा द्रव्यं दुष्टघृतसमन्वितम् । लङ्काख्यं रक्तमरिचं भृष्टं तण्डुलमेव च सर्व्वमेतत् परित्याज्यमायुरारोग्य-मिच्छता ॥ ताम्रकूटस्य धुमं हि विषमिव परित्यजेत् । भोजनं तस्य नस्यं च शनैश्च प्राणघातकम् ॥ कुष्माण्डं कर्कटीञ्चैव कालिङ्गं

कारवेल्लकम् । कुसुम्भिकां कलम्बीं च कदलीं कन्दुकं तथा ॥ कण्टारीं काञ्जिकं चैव कमठं च कटिल्लकम् । कुक्कुटं कपोतं चैव कर्कोटिकां कपित्थकम् । कलायं चैव कर्कारुं कुलत्थं कंगु कोलकम् । कशेरुं कवुकं चैव मांसमानूपजं तथा । वेत्राग्रं बिल्ववार्त्ताकं कत्राकं वदरं दधि ॥ मुद्गयूषमृते सर्व्वं माषादि द्विदलं तथा । अतसीं सर्षपं तिलं कर्पूरं कटुतैलकम् ॥ अभ्यङ्गं कटुतैलेन कुंकुमालेपनं सुरा । सर्व्वमेतत् परित्याज्यं यत्नतो रससेविना ॥

Unwholesome diet and deeds.

The following are to be avoided :—taking meal before and much after, the usual time ; taking much in excess of or much less than the proper quantity of meal ; taking meal before one feels hungry; food classed as bida'hi*, heavy food,

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* खाद्येषु यद् विदाहि तद् दाहतृष्णाम्लदायकम् ।
वायुपित्ते प्रकुप्यतो युगपद् यस्य भोजनात् ।
विदाहि तदपि ज्ञेयं त्याज्यं तद् रोगिभिः सदा ॥
दग्धद्रव्यमृते मत्स्यं तीक्ष्णमरिचकं तथा ।
भृष्टपृथुकतण्डूलकलायचणकादीनि ॥
सर्षपवहुलं खाद्यमत्यम्लरसयुक् तथा ।
निखिलं संहितं द्रव्यं विदाहि चापि कथ्यते ॥

Those articles of food stuff which give rise to inflammation, thirst, and acidity as well as those which increase va'yu and pittam, simutaneously, are called bida'hi. They are :—roasted articles (except fish), red pepper ; and rice, chipitaka, chanaka (gram), and kala'ya (*pisum sativum*)—if fried (with or without oil), food seasoned with much of mustard ; sour, and fermented food stuff,

that class of food which gives rise to flatulence, food fermented and not cookd by one's own people (i e, food cookd by keepers of hotels, etc.), food which gives rise to va'yu and pittam; pungents, sours, bitters, and astringents (except when epecially allowed); sexual intercourse, anger, physical labour in excess, things which have the property of killing mercury and the metals, such as ka'ka-ma'chi; much talking, gruel such fermented drugs as a'savas and aristas, exposure to the heat of the sun aud fire, except in cold regions of the world, exposure to drafts of air, sleeping and dozing in day time, keeping late hours at night, smoking and dozing in day time, keeping late hours at night, smoking and eating of tobacco, especially the latter*, opium, tea, biscuits, loaves prepared from fermented wheat, food prepared by frying it with oil or adulterated butter or clarified butter, red pepper, fried rice, kusma'nda, karkati, ka'linga, ka'ra-bella, kusumbha, kalambi, kadali, betel-nuts, jack fruits, kanji, (*see page* 381 *Vol. III*), tortoise, red punarnava', kukkuta (*fowl*), kapota (pigeon), karkoti, kapittha, kala'ya, karka'ru, kulattha, kangu rice, kola (*sour plum*), kaseru, (*scirpus kysoor*), kebuka (cosius speciosus), and meat of animals living near water; leaves and sprouts of betasa, (*calamus rotong*), bilba ba'rta'ku (*egg fruit*), mushroom, sweet plums curd, all pulses except mudga, linseed, mustard-seeds, sesamum seeds, camphor, mustard oil, taken internally with food, and anointing the body with it, anointing the body with saffron, and alcohol in any form.

* Smoking of tobacco is injurious to health, but eating and sniffing of the same is a gradual destroyer of longevity.

विरुद्धभोजनम् ।

भोज्यं योगविरुद्धं हि रोगदं वीर्य्यनाशकृत् । आयुःक्षयकरं चैव तस्मादेतत् परित्यजेत् ॥ मत्स्यो मांसं तथाम्लकं विरुद्धं दुग्धयोगतः । घृतं दग्धं तथा मांसं मिष्टान्नं झसभोजने ॥ तैलं दुग्धं तथा मीनं विरुद्धं पलभोजिनः । मत्स्यस्तैलं विरुद्धं च घृतेन सहितं यदि ॥ कांस्यपात्रे पिवेत् नाज्यं नारिकेलजलं न च ॥ कृतान्नं च कषायं च पुनरुष्णीकृतं त्यजेत् ॥ एकत्र वहुमांसानि विरुधास्ते परस्परम् । मधुसर्पिर्वसा तैलं दुग्धं च सलिलं तथा ॥ एतेषामपि नानात्वं प्रत्येकस्य विदूष्यते । अन्यद् योगविरुद्धं च ज्ञातव्यं चरकादितः ।

Diet incongenial by combination.

There are certain articles of food-stuff, each of which, though harmless in itself, produces bad effects when combined, or eaten on the same day with some special articles. Such an incongenial combination of different kinds of diet gives rise to diseases, loss of strength, and vitality. Such an antagonism of combination of diet should always be avoided. A few examples of such antagonism :—Milk is antagonistic to fish, meat, and acid. Fish is antagonistic to butter, clarified butter, milk, meat, and sweets. Meat is antagonistic to oil, milk, and fish. Butter and clarified butter are antagonistic to fish and oil. Butter, clarified butter, and cocoanut-water should not be kept in bell-metal pots. Decoction of medicinal herbs and food, once prepared, should not be heated again. Meat of more than one animal should not be taken on the same day. Different kinds of each

of the following articles, taken at the same time, are also injurious to health—honey, clarified butter, milk, oil, and water. For examples of other antagonistic combination of food, one should look into charaka and the other medical authorities.

ऊषापानविधिः।

कासश्वासातिसार-ज्वरपिटक-जराकुष्ठमेदोविकाराः मूत्राघातोदरार्शः श्वयथु गलशिरः कर्णशूलाक्षिरोगान्। ये चान्ये वातपित्तकफजा क्षयकृता व्याधयः सन्ति जन्तो स्तांस्तानभ्यासयोगादपनमति पयः पीतमन्ते निशायाः॥ पथ्यं सिताम्भसः प्रस्थं रवावनुदिते पिवेत्। वातपित्तकफान् जित्वा जीवेद् वर्षशतं सुखी॥ विगतघनरजन्यां प्रातरुत्थाय नित्यं पिवति खलु नरो यो नासरन्ध्रेण वारि। स भवति मतिपूर्णश्चक्षुषा तार्क्ष्यतुल्यो वलिपलीतविहीनः सर्व्वरोगैर्विमुक्तः। पातव्यं नासया नीरं प्रसृतित्रयमात्रया। नस्यं निशाक्षयेऽम्बुनः चक्षुष्यं च रसायनम्॥ स्नेहे पीते क्षते शुद्धावाध्माने स्तिमितोदरे। हिक्कायां कफवातोत्थे व्याधौ तद्वारि वारयेत्॥ प्रातः पानीयपाने मुनिभिरभिहितं सर्व्वमेतच्च जह्यात्। मांसं क्षीरञ्च शाकं सकलविदलकं पिष्टकं चिङ्गटं च॥ विल्वं वेत्राग्रं निम्वं वहुपवनकरं नित्यजातं विदाहि। उष्णान्नं तैलभृष्टं श्रमकुपितवपुः स्वेदनं लङ्घनञ्च॥ त्यजेदभ्यङ्गमुष्णं वहुपवनकरं नित्यमादित्यतापम्। अग्नेः सेवां विशेषात् सुरभिजलयुतं लंघनं शीघ्रयानम्॥ भक्तं वारियुतं सुपथ्यविहितं तक्रं प्रशस्तं सदा। स्नानञ्चापि निरन्तरं च शुभदं निद्राऽप्रशस्ता दिवा॥ कुर्य्याद् यानि रसायने च सततं पिवेन् नारिकेलोदकम्। दग्धं मीनमरेच्च पानकरणे झोलं च

मत्स्यस्य च॥ भोज्यं साज्यं निरामिषं च मुनिगणविहितं भक्षयेत् सात्त्विकाशी॥

Drinking of water at dawn.

Almost all the diseases are cured only by a habitual drinking of water, 64 tolas (i.e., 32 ounces in measurement) in weight, a little before sunrise, every day. One who is habituated to such drinking of water lives for at least a hundred years, free from diseases and senility. Much more salubrious is the habit of drinking at the same time, i.e. at dawn, 48 tolals (24 ounces) of water through the nostrils. Sniffing of a little of water, a little before sunrise, is also healthy and beneficial to eye-sight.

Drinking of water, in the way referred to above, should not be resorted to at the time of drinking clarified butter and medicated oil, at the time of healing up of a boil or abcess, at the time of flatulence and inactivity of the stomach, and when suffering from hiccough and diseases due to kapha and va'yu.

Those who want to practice drinking of water at dawn, as referred to above, should scrupulously avoid the following (otherwise, the practice would do more harm than good) :— meat, milk, leaf vegetables, all sorts of beans and grams, pistakas (puddings), chingri fish (lobster), bilva, betasa (cane creeper), nimba, bida'hi food (see page 7), warm food, food fried with oil, physical exercise, fomenting the body, fasting, rubbing or annointing the body with any thing warm, exposure to sun's rays and fire, using very swift conveyance, and sleeping in daytime.

The following are benefical to such drinkers of water :— boiled rice washed with water, butter milk, vegetables pres-

cribed on page 4, bathing everyday (twice or thrice in the tropics), cocoa-nut water, roasted fish, and soup of fish.

Those who are vegetarians should take salutary vegetable diet (without grams and beans), cooked with clarified butter.

आतपसेवने नियमः।

आतपाज् जायते रौक्ष्यं वर्णहानिश्च नेत्ररुक्। स्वेदो मूर्च्छा तृषा दाहः श्रान्तिश्च रक्तवैकृतम्॥ हिमवति प्रदेशे तु रौद्राग्निर्न विदूष्यते। पृष्ठतः सेवयेदर्कं शिशिरे शीतकातरः। किञ्चिदग्निं निषेवेत वसन्ते कफशान्तये॥ रौद्राग्निं सेवयेन्नैव भोजनस्य परं च प्राक्। दण्डद्वयं विशेषेण यतोऽयं त्रिदोषप्रदः॥ रोगिमात्रो विशेषतो रौद्रानलं विवर्ज्जयेत्॥ पक्षिविष्ठातपवृष्टिपरिहाराय सर्व्वदा। छत्रेण सहितो व्रजेदश्रान्तो धीरवेगतः॥ उषापायी न सेवेत रौद्रानलं कदाचन।

Restrictions regarding exposure to the sun.

Exposure to the sun's rays causes roughness and discolouration of the skin, eye-disease, perspiration, loss of consciousness, thirst, inflammation, fatigue, and impurities of the blood. These evils are minimised by coldness of the climate. Sun's rays are rather beneficial in extremely cold climates. Even in the tropics, those who are unable to bear an excess of cold in winter, may expose the back part of their body to the sun's rays for a little while.

A little exposure to fire is beneficial in the spring (when an excess of phlegm naturally accumulates in the system). Under no circumstances one should expose one self to the sun

or fire, at least 48 minutes before and after taking a meal—such an action causes an increase of the three doshas. Every patient (except those suffering from spermatorea and diabetes) should avoid the sun and fire. One should always travel slowly and unfatigued, covering his head with an umbrela, which protects the body from bird's stools, sun's rays, and the rains. Those who drink water at dawn should on no account expose themsleves to the sun's rays and fire.

परिधानवस्त्रे नियमः।

आरभ्य मीनशेषार्द्धाद् राशीनां सप्तके रवेः। स्थितिकाले नैर्यत्र शैत्यं हि नानुभूयते। तद्देशवासिनः सर्वे तत्काले विभृयुर्न हि। अवरीयोत्तरीयाभ्यां विना वस्त्रान्तरं ननु॥ तद्देशे शिशिरेऽपि च वस्त्रमौर्णं परित्यजेत्। वस्त्रं च सर्व्वदा जह्याद् कर्त्तितं कृतसीवनम्। शीतातपविचारेण सदा वासो विनिर्दिशेत्। वस्त्राधिक्यं विशेषेण भारते रोगवृद्धये। क्षयाय चायुषस्तद्धि वातपित्तविवृद्धये। अनुकृतिर्विदेशिनामत्र स्वास्थ्यं विनाशयेत्॥ अनावृतशरीरः स्यात् त्रिसन्ध्यं स्नानमाचरेत्। इत्येतत् कथितं पुरा सर्व्वशास्त्रेषु योगिभिः॥

Restrictions regarding dress.

People of those regions, where no coolness of climate is experienced from April to October, should not wear, in those six months, any other garment than a piece of cotton cloth covering the lower part of the body from the waist downwards, and another piece of thin cloth made of the same material, placed on the shoulders, meant to serve as a turban or to protect the body from air drafts, as necessary. In those regions

woolen clothes are not to be used in winter, even, except where the cold is unbearable. In those parts of the world, one should always avoid clothes, cut and sewn (in the shape of pantaloons, shirts, coats, etc.). Dress is always to be decided upon having regard to the climate of the region concerned. An excess of dress, especially in India, gives rise to diseases, loss of longevity, and increase of va'yu and pittam. In matters of dress, imitation of foreigners, hailing from colder regions, is injurious to health. Ancient sages of our country (living in the plains of India) recommended the nudity of the upper part of our body and taking bath three times a day.

वायुसेवने नियमः ।

प्रवात सेवेत ग्रीष्मे शरदि चान्तराऽन्तरा। निर्व्वातमायुषे सेव्यमारोग्याय च सर्व्वदा ॥

Restrictions regarding exposure to wind.

In summer and occasionaly in the earlier part of autumn (when heat is tormenting), one should expose oneself to free drafts of air, but in other times one should always have recourse to places, devoid of air currents. This helps recovery from diseases and increases longevity.

दिवानिद्रायां नियमः ।

दिवास्वापं न कुर्व्वीत यतोऽसौ त्रिदोषप्रदः। ग्रीष्मवर्ज्जेषु कालेषु नितरां स निषिध्यते ॥ आयुःक्षयं करोत्ययं जनयति गदान् बहून्। विशेषेण हलीमकं शिरःशूलं भयावहम्। गुरुतां सर्व्वदेहस्य वेदनमनलक्षतिम्। उरसि कफसंचयं शोथं रुचिक्षयं

तथा ॥ अर्द्धावभेदकं चैव हृल्लासमपि पीनसम्। कण्डुस्फोटव्रणादिं च जाड्यं कासं गलग्रहम्। इन्द्रियाणां बलक्षयं ज्वरांश्च विविधानपि ॥ व्यायामप्रमदाध्ववाहनरतान् क्लान्तानतिसारिणः। शूलश्वासवतस्तृषापरिगतान् हिक्कामरुत्पीड़ितान् ॥ क्षीणान् क्षीणकफान् शिशून् मदहतान् वृद्धानथाजीर्णिनो। रात्रौ जागरितान् नरान् निरशनान् कामं दिवा स्वापयेत्। रक्तपित्ती तथा क्षयी चोषापानाभ्यासी तथा। विषार्त्तश्चैव न स्वपेद् दिवाभागे कदाचन ॥

Restrictions regarding sleeping in day time.

Sleeping in day time is injurious, in as much as it increases the three doshas. It is to be absolutely avoided, except in summer in the tropics, when the heat of the sun is intense. It lessens longevity and gives rise to several diseases, especially, jaundice, head-ache, pain and heaviness of all the limbs, loss of hunger, accumulation of phlegm in the lungs, dropsy, loss of appetite, pain in one of the halves of the head, hiccough, pinasam, itches, boils, dulness of brain, cough, throat diseases, weakness of all the sense-organs and sensations, and fevers of all sorts.

Sleeping in day time may be recommended for the time being for the following :—those who have resorted to an excess of physical exercise, walking, and sexual indulgence; those who are extremely fatigued, sufferers from diarrhoea (including cholera), colic, asthma, hiccough, insanity, and temporary indigestion; those who are extremely lean, those who are much deficient in phlegm, infants, those who are under the influence of liquor, old men, those who had to keep late hours at night, and those who have grown weak by fasting.

Uuder no circumstances should the following sleep in day time :—those who suffer from hemeptosis, and consumption, those who drink water at dawn, and those who have been infected with a poison.

अभ्यङ्गविधि: ।

लोमकूपशिराजालधमनीभि: कलेवरम्। तर्पयेद् बलमाधत्ते स्नेहयुक्तावगाहनम्॥ अद्भि: संसिक्तमूलानां तरूणां पल्लवादय:। वर्धन्ते हि तथा नृणां स्नेहसंसिक्तधातव:॥ नवज्वरी ह्यजीर्णी च नाभ्यक्तव्य: कथंचन। तथा विरिक्तो वान्तश्च निरूढो यश्च मानव:॥ पूर्वयो: कृच्छ्रता व्याधेरसाध्यत्वमथापि वा। शेषाणां च विह प्रोक्ता वह्निसादादयो गदा:॥

Rubbing the whole body with oil.

This is a practice which tends to soothe the skin, the cutaneous pores, the veins, and the arteries, and make the body healthy and strong As blossoms, etc. of plants grow by water so do the dhatus (constituent elements) of a human body develop by the body being rubbed with oil (produced from sesamum and other vegetable seeds). Rubbing the body with oil is prohibited in the case of (1) those suffering from new fever (2) and indigestion, (3) those who have been made to vomit, and (4) those who have taken purgatives and douches.

Rubbing the body with oil in the case of (1) and (2) makes their disease obstinate or incurable, and in the case of (3) and it (4), gives rise to loss of digestive power.

स्नानविधि: ।

दीपनं वृष्यमायुष्यं स्नानमोजोबलप्रदम्। कण्डूमलश्रमस्वेद-तन्द्रातृड्दाहतापनुत्॥ स्नानं ज्वरेऽतिसारे च नेत्रकर्णमुखार्त्तिषु। आध्मानपीनसार्दितभुक्तवत्सु च गर्हितम्॥ स्नानं कोष्णजले हितं हेमन्ते शिशिरे मधौ। अन्यर्तुषु सदा स्नानं शीतलाम्बौ प्रशस्यते॥ मूर्च्छापित्तोष्णदाहेषु विषे रक्ते मदात्यये। भ्रमश्रमपरीतेषु तमके श्वयथौ तथा॥ धूमोद्गारे विदग्धेऽन्ने शोषे च मुखकण्ठयो:। रक्तपित्ते च शीतले जले स्नानं विधीयते॥

Restrictions regarding bath.

Taking bath increases hunger, longevity, and strength. It removes itches, dirt, fatigue, perspiration, drowsiness, thirst, inflammation, and heat.

It is prohibited in fever (except when it is due to consumption), diahrrhoea, diseases of the eye, ear, and mouth, swelling of the belly by wind, obstruction of the nose by phlegm dried up by wind, arditam (facial paralysis), and within 48 minutes after taking meal.

Bath in tepid water is salutary from the middle of November to March. At other parts of the year, taking bath in cold water every day (in India) is good for health. Bath in cold water is absolutely necessary for patients suffering from loss of consciousness, biliousness, sensation of heat, inflammation, poison, impurities of the blood, ailments following upon an excessive drinking of liquor, giddiness, fatigue, asthma of a virulent type, swelling of the body, belching with an emission of smoke, putrefaction of food (in the stomach) without digestion, dryness of mouth and throat, and racta-pitta or hemeptosis.

भोजने नियमः ।

यथोक्तगुणसम्पन्नं नरः सेवेत भोजनम् । विचार्य दोषकालादीन् कालयोरुभयोरपि ॥ सायं प्रातर्मनुष्याणामशनं श्रुतिबोधितम् । नान्तरा भोजनं कुर्य्यात् क्षुत्पीड़ाकातरो न चेत् । याममध्ये न भोक्तव्यं याममुग्मं न लङ्घयेत् । याममध्ये रसोत्पत्तिर्यामयुग्माद् बलक्षयः । क्षुत् सम्भवति पक्वेषु रसदोषमलेषु च । काले वा यदि वाऽकाले सोऽन्नकाल उदाहृतः । विषमभोजनं जह्यादध्यशनं तथैव च । यथाकालेऽतिमात्रं यत् तद् भवेद् विषमाशनम् । बहुस्तोकमकाले वा ज्ञेयं तद् विषमाशनम् । अप्राप्तकाले भुञ्जानो ह्यसमर्थतनुर्नरः प्राप्नोति विविधान् व्याधीन् मरणं चाधिगच्छति ॥ कालेऽतीतेऽश्नतो जन्तोर्वायुनोपहतेऽनले । कृच्छ्राद् विपच्यते भुक्तं न स्याद् भोक्तुं पुनः स्पृहा । अजीर्णे भुज्यते यत् तु तदध्यशनमुच्यते । अत्यम्बुपानान् न विपच्यतेऽन्नमनम्बुपानाच्च स एव दोषः ॥ तस्मान् नरो वह्नि विवर्द्धनाय मुहुर्मुहुर्वारि पिवेन् न भूरि ॥ भुक्तस्यादौ जलं पीतं कार्श्यमन्दाग्निदोषकृत् । मध्येऽग्निदीपनं श्रेष्ठमन्ते स्थौल्यकफप्रदम् ॥ तृषितस्तु न चाश्नीयात् क्षुधितो न पिवेज्जलम् । तृषितस्तु भवेद्गुल्मी क्षुधितस्तु जलोदरी ॥ अत्यम्बुपानाद् विषमाशनाच्च संधारणात् स्वप्नविपर्य्ययाच्च । कालेऽपि सात्म्यं लघु चापि भुक्तमन्नं न पाकं भजते नरस्य ॥ जलसिक्तपदो नित्यं नरः सेवेत भोजनम् । जलाक्तमस्तको नूनं नाद्यात् किञ्चित् कदाचन ॥ शयनं चासनं चाति न भजेन् न द्रवाधिकम् । नाग्न्यातपौ न प्लवनं न यानं नापि वाहनम् ॥ व्यायामञ्च व्यवायं च धावनं यानमेव च । युद्धं गीतं च पाठं च मुहूर्त्तं भुक्तवांस्त्यजेत् ॥

Restrictions regarding taking of food.

Articles of food stuff having good properties (as described in a work on dravya-gunam or Ayurvedic Materia Medica), should be taken twice a day, viz. after the expiry of one fourth part of day time, and of night time. Taking meal at other than these two times is to be avoided unless one is much pressed by hunger. Taking food before the expiry of the first quarter of day-time and of night-time is not desirable, simply because the undigested part of the chyle produced from the food taken at the preceding meal is not completely digested before the expiry of the first quarter of day-time and of night-time, respectively. Taking meal after the expiry of the first two quarters of day-time (i,e, mid-day), and of night-time (i.e. mid-night), respectively, leads to loss of strength. (These restrictions are to be followed by healthy adults and not by patients and those who are below sixteen years of age). These two times are ordinarily called meal-times, but, if at any other time, hunger is keenly felt by the digestion of the chyle, pacification of the doshas, and the elimination of the malas (i.e. urine and stool), that time may also be considered fit for taking meal.

One shoud avoid taking much in excess of, or much less than, the proper quantity of food; neither should one take meal, before the previous meal has been propely digested. Taking meal, before proper time, causes weakness, diseases, and even death. Taking it, much after proper time, gives rise to wind in the abdomen, impairing the digesting heat in the stomach, causing indigestion and delay in the feeling of hunger afterwards.

Drinking much water causes indigestion.* The same evil

* Some people are under a wrong impression that drinking an excessive quantity of water helps to flush the abdomen.

takes place if drinking of water is avoided altogether. For these reasons, it is desirable to drink water several times, in small quantities. Water, drunk before half the quantity of a meal is consumed, gives rise to indigestion and leanness. It increases the power of digestion, if drunk just after half the quantity of the meal is consumed. It gives rise to obesity and phlegm, if drunk at the end of the meal.

A thirsty man should not take food before the thirst is quenched. He should take food much after the thirst is quenched; otherwise, his action may give rise to gulma. Similarly, a hungry man should not drink water before eating half the quantity of the food, required to satisfy his hunger; otherwise, his action may lead to dropsy.

The following are the causes of loss of digesting power, even though meal is taken in small quantities and in due time:—

(1) drinking water in excess of what is required to satisfy thirst; (2) taking an excessive quantity of food; (3) taking food at improper times; (4) delay in responding to calls of nature, and (5) sleeping in daytime.

One should take his food with one's feet wet with water. The head should not be wet with water at the time of taking food.

An excess of these are always to be avoided:—

lying down, sitting, drinking, exposure to sun and fire, swimming, travelling by means of conveyances and on horse back.

One should avoid the following for 48 minutes after taking one's meal:—exercise (physical and mental), sexual indulgence, running, travels, fighting, singing, and studying.

ताम्बूलचर्व्वनम्।

भोजनान्ते विधेयं स्यात् नित्यं ताम्बूलचर्व्वनम्। पूगखदिरचूर्णकधन्यामधुरिकायुतम्॥ सर्व्वमेतत् त्रिदोषघ्नं सौमनस्यकरं तथा। मुखवैशद्यसौगन्ध्यकान्तिसौष्ठवकारकम्। रतौ सुप्तोत्थिते स्नाते भुक्ते वान्ते च संगरे। सभायां विदुषां राज्ञां कुर्य्यात् ताम्बूलचर्व्वनम्॥ पर्णमूलं रुजाप्रदं पर्णाग्रं च तथैव च। मध्यपर्णं हरत्यायुः शिरा बुद्धिविनाशिनी॥ तस्मादग्रं तथा मूलं मध्यं शिराश्च वर्जयेत्। ताम्बूलाद्यरसो विषः द्वितीयो भेदी दुर्जरः। तृतीयादिस्तु पातव्यः सुधातुल्यः रसायनः॥ ताम्बूलं नाति सेवेत न विरिक्तो वुभुक्षितः॥ देहदृक्केशदन्ताग्निश्रोत्रवर्णबलक्षयः। शोषः पित्तानिलास्रः स्याददितताम्बूलचर्व्वनात्॥ ताम्बूलं न हितं दन्तदुर्वलेक्षणरोगिनाम्। विषमूर्च्छामदार्त्तानां क्षयिनां रक्तपित्तिनाम्॥

Chewing of betel leaves.

A betel leaf is to be chewn after each meal. It should be accompanied with a few bits of betel-nut, a little of catechu, lime, dhanya' (coriandrum sativum), and madhurica' (foeniculum vulgare). All these, combined, destroy the three doshas, cause cheerfulness of the mind, cleanliness, and make the mouth clean, sweet-smelling, soft, and wet. Betel-leaves, in the above way, should be chewn at the time of sexual intercourse, after waking, bath, meal, vomiting; after some artificial poison (such as nails, hair) finds its way into the stomach, and at a meeting of the learned men, and at a royal court. The stem and the end of a betel leaf gives rise to diseases, the middle part (i, e, the thick

vein-like substance) destroys longevity, and the veins spreading right and left destroy intelligence. Betel-leaves, therefore, should be deprived of those objectionable parts, before they are chewed. The first part of the juice coming out of a chewn betel leaf is injurious and should therefore be thrown out of the mouth, the second part of the juice is heavy and laxative, and the third part of the same is nectar-like and helps to remove diseases and senility.

Betel leaves should not be taken in excess (i, e, more than three or four times a day). They should be avoided by those who have taken purgative and those who are hungry. Taking betel leaves in excess impairs the physique, physical strength, colour of the skin, eye-sight, strength of the hair, teeth, ears, and the digestive power. It causes waste of the body, an excess of pittam, va'yu, and blood tending to racta-pittam or hemeptosis. Betel leaves are injurious to those who suffer from diseases affecting the teeth and the eyes, those who have been infected with poison, those who suffer from hysteria or epilepsy, those who suffer from the re-action of drinking liquor in excess, and those who have got consumption and hemeptosis.

व्यायामविधिः ।

रससेवी त्यजेद् यत्नाद् व्यायामं धावनं तथा । अन्यैश्च व्यायामः कार्य्यो वलानुसारतः सदा ॥ दोषक्षयोऽग्निवृद्धिश्च व्यायामादुपजायते । न चास्ति सदृशं तेन किञ्चित् स्थौल्यापकर्षकम् ॥ स सदा गुणमाधत्ते वलिनां स्निग्धभोजिनाम् । वसन्ते शिशिरे चैव सुतरां स हितो मतः ॥ ऋत्वन्तरेऽपि व्यायामं चरेद् धीमान् वलार्द्धतः ॥ हृदयस्थो यदा वायुर्वक्त्रं शीघ्रं प्रपद्यते । मुखं च शोषं लभते तद्

वलार्द्धस्य लक्षणम् ॥ अथवा कक्षयोर्गात्रसन्धिषु नासिकोपरि । ललाटे च यदा स्वेदो वलार्द्धं हि तदा दिशेत् ॥ भुक्तवान् कृतसंभोगः कासी श्वासी कृशः क्षयी । रक्तपित्ती क्षती शोषी चोषापायी चिकित्सितः ॥ पित्तरोगी ज्वरी हृद्रो वायुरोगी च वालकः । एते सर्व्वे न कुर्व्वीत व्यायामं हि कदाचन । सोमरोगे प्रमेहे च नित्यं स तु प्रशस्यते ॥ अतिव्यायामतः कासो ज्वरश्छर्द्दिः श्रमः क्लमः तृष्णा क्षयः प्रतमको रक्तपित्तं च जायते ॥ व्यायामो धावनात्मक श्चातिसन्तरणात्मकः । रौद्रमध्ये विशेषेण देशे तिग्मार्कतापिते ॥ निषिध्यते यतः सोऽयमायुःक्षयकरः परः । स्मर्त्तव्यं हि सदा यत्नान् मृत्युर्धावति धावतः ॥

Restriction regarding physical exercise.

Those who take rasa-medicines should not take any exercise, nor should they have recourse to running. Other people should take physical exercise according to their strength. Physical exercise does away with an excess of the doshas; it stimulates power of digestion, and is the best means to removal of obesity. It is wholesome to those who are strong and take meals prepared with clarified butter. It is salutary in winter and spring (in India and the other tropical countries). In other seasons one should take exercise to the extent of half one's strength, i.e. up to the time when respiration tends to be quicker, and perspiration appears on the eye-brow, the armpits, the nose, and the limb-joints.

The following should never have recourse to physical exercise :—one who has just taken his meal, one who has just had sexual intercourse, patients suffering from cough, asthma, thin-ness, phthisis or consumption, hemeptosis, ulcer, loss in

weight of the body, one who habitually drinks water at dawn, one who is under treatment, one who suffers from a disease due to an excess of pittam or va'yu, an old man, and a child (i.e, one who is under 16 years of age). Physical exercise is always salutary to those who suffer from spermatorrhoea and diabetes.

Excessive physical exercise gives rise to cough, fever, nausea, exertion, fatigue, thirst, consumption, asthma of a malignant type, and hemeptosis.

Physical exercise in the form of running (as in foot-ball play) and excessive swmming, especially in the sun in a tropical climate, is especially prohibited in as much as they impair vitality. The maxim that Death runs after one who runs is always to be remembered.

सन्ध्यायां निषिद्धानि कर्म्माणि।

आहारं मैथुनं निद्रां सम्पाठं गतिमध्वनि। एतानि पञ्च कर्म्माणि सन्ध्यायां वर्जयेद् बुधः॥ भोजनाज् जायते व्याधि मैथुनाद्गर्भवैकृतम्। निद्राया जड़ता पाठादायुर्हानिर्गतेर्द्वयम्॥

Actions prohibited just at sunrise and sunset.

These are :—eating, sexual inter-course, sleeping, reading, and walking. At sunset and sunrise, eating gives rise to diseases, sexual intercourse injures the child conceived, sleeping produces nervous weakness; reading shortens longevity, and walking gives rise to nervous weakness and loss of longevity.

अथ शयनविधिः।

प्रहरैके गते रात्रौ भोजनं क्रियेत बुधैः। भुक्त्वा शतपदं गच्छेच्छनैस्तेन तु जायते॥ अङ्गसंघातशैथिल्यं ग्रीवाजानुकटी सुखम्। ततः शयीत भुक्तवान् शय्यायां स्वस्थचेतसा॥ श्वासानष्टौ समुत्तानस्तान् द्विः पार्श्वे तु दक्षिणे। शयीत वामपार्श्वे तु ततो निद्रासुखाय च॥ भुक्तोपविशतस्तुन्दं शयानस्य तु पुष्टता। आयुश्चंक्रममानस्य मृत्युर्धावति धावतः। जन्तूनां वामपार्श्वे हि नाभेरूर्द्ध्वं च तिष्ठति। उदरानलसंज्ञोऽयं भुक्तद्रव्यस्य पाचकः। तस्मात् तु वामपार्श्वे हि शयीत भुक्तवान् सदा॥ तैलसिक्तपदो नित्यं नक्तं सुप्यात् नरो यतः। पादाभ्यङ्गः सुषुप्तेश्च जनको दृष्टि-वर्द्धकः॥ तैलसिक्तशिरा नरो नैव सुप्यात् कदाचन। जलसिक्तेन मूर्द्धणा स्वपनं न दोषावहम्॥ आशायामुत्तरायां यः सुप्तिकाले शिरो न्यसेत्। लभेत विविधान् रोगान् क्षीणायुश्च भवेत् स हि॥ पश्चिमायां दिशि चैव शिरोरक्षा विदूष्यते। निद्रानाशकरी सा हि वायुवृद्धिकराऽपि च॥ न भिन्ने शयने सुप्यात् नानेकविवरेऽपि च। नैव देवालये नैव रात्रौ तरुतलेऽपि च॥ उद्यानभवने नैव सुप्याद् रात्रौ कदाचन। विषाक्तमनिलं रात्रौ वृक्षपत्रात् विनिःसरेत्॥ रात्रेश्च पश्चिमे भागे मुहूर्त्तो ब्राह्म उच्यते। प्रबुध्येत तदा स्वस्थो रक्षार्थमायुषः सदा॥

Directions for sleeping.

The night-meal should be taken after the lapse of one fourth part of the night. It is desirable to walk one hundred

spaces, after this meal. This causes a relaxation of the limbs and a sensation of ease in the shoulder, the thighs, and the waiste. Then is the time to lie down on bed for sleep, in a calm and undisturbed state of the mind. It is desirable to inhale eight times, while lying down flat, and to inhale sixteen times while reclining on the right side, and then to recline on the left side with a view to sleep. Sitting down, lying down, and pacing slowly up and down, immediately after taking a full meal (either at day or at night) is followed, respectively, by a gradual enlargement of the belly, all-round development of the body, and increase of longevity. Running, immediately after taking a full meal, means to allow Death to run after such a runner.

The digesting heat in the stomach is situated on the left side of the belly, a little higher up the navel. It is, therefore, always desirable to lie down on the left side after taking the meal. One should also rub the palm of the feet with oil at the time one retires to bed for sleep; such an action induces sleep and improves eye-sight. One should never sleep with one's hair smeared with oil. Sleeping with the hair wet with water is, however, not objectionable. To sleep with one's head kept northwards causes several diseases and loss of vitality. To sleep with one's head kept westwards is also forbidden, in as much as it brings about insomnia and excess of va'yu. Sleeping is forbidden in a tattered bed, in a house with more than one holes, in temples, and under trees and in garden houses, at night; poisonous gas issues out of leaves of trees at night. Forty eight minutes preceding sunrise is the time in which every man should get up from sleep.

रसचिकित्सायाः सौकर्य्यम्।

न दोषाणां न रोगानां सम्यगेव परीक्षणम्। न देशस्य न कालस्य कार्य्यं रसचिकित्सिते॥

Advantages of iatro-medical treatment.

Such a treatment does not require a detailed examination of the actual state of the three doshas, of the diseases, of countrics (resided in by the patient), and of the seasons in which the treatment is undertaken.

रसभैषज्ये अनुपानम्।

यथा तैलं जले क्षिप्तं क्षणेनैव विसर्पति। अनुपानबलादङ्गे तथा सर्पति भेषजम्॥ अनुपानै रसा योज्या देशकालानुसारिभिः। दोषघ्नैर्मधुना वापि केवलेन जलेन वा॥ सामान्यादनुपानानि निर्दिश्यन्तेऽत्र कानिचित्। अन्यानि विविधानि च कल्प्यन्ते हि भिषग्वरैः॥ यत्रौषधेऽनुपानस्य निर्देशनं यथास्थले। ग्राह्यं तत्र तदेव हि अन्यद् वाऽपि विकल्पयेत्॥ वातोदरे तथा वायोराधिक्ये मधुना सह। दीयते घृतभर्जितं रामठं रक्तिमानतः। द्विगुञ्ज-मितजीरया सलिलपिष्टया सह। आध्मानमुद्गारश्चैव जठरवेदनं तथा॥ स्पन्दं मणिपुरे वाऽपि किट्टवन्धमथापि वा। जानीहि कुशलो वैद्य वातोदरस्य लक्षणम्॥ रामठं तु न दातव्यं कदापि राजयक्ष्मणि॥ घृतभर्जितभङ्गाया माषार्द्धप्रमितं खलु। वब्बुलकषायो वाऽपि धन्याया कषायस्तथा॥ शुण्ठीचूर्णयुतं दद्यात् समधु चातिसारके। तद्रोगनाशकौषधं दीयते वा यथाविधि॥ अतिसारे सम्योनिते

कुक्कुरद्रुरसस्तथा। किंकिरातदलानां वा दूर्वायाः स्वरसोऽपि च। कण्टकितघनस्वनमूलरसो सह्वोषणः॥ एषामन्यतमो देयो स्वविवेकानुसारतः। आमे प्रसारिनीरसः शोथे पौनर्नवस्तथा। अहिवल्लीरसो देयो किट्टवन्धे कफेऽपि च॥ वासरसो कफाधिकेऽ पित्ते धन्यामधुरिके। मूत्रकृच्छ्रे शिलाभेदस्वरसः परिकल्प्यते। सर्वमेतत् प्रदातव्यं सद्योमधुसमन्वितम्। योगवाहि यतो मधु गुणस्य कार्य्यवर्द्धकम्॥ भेषजमनुपानं च मधुना सह मर्दयेत्। क्षुद्राकारे शिलाखल्वे दण्डार्द्धं नूनतो खलु। सेवनीयं ततः सर्व्वमघोरस्मरणात् परम्।* अथवा स्वेष्टदेवस्य स्मरणादेव धीमता॥

Accompaniments of such medicines.

A medicine rapidly spreads all over the body, if mixed with an anupa'nam or accompaniment (which is generally a juice of a herb, honey, clarified butter, etc.), exactly in the same way as oil, thrown upon water, rapidly spreads all over its surface. Juices of herbs, having the required efficacy, selected in due consideration of climate and season, or honey, or only pure water may be used as an accompaniment of medicines prepared mainly from rasa (mercury and othor minerals). A few such accompaniments are stated below. Several others may be decided upon by learned physicians. If there is a mention of a special accompaniment in connection

* प्रथमखण्डे २० पृष्ठं द्रष्टव्यम्।

with the direction given for the preparation of a particular medicine, that special accompaniment may be used or another accompaniment of equal value may be selected by the physician. In va'todara or in excess of va'yu, a medicine is to be taken with the accompaniment of a few drops of honey mixed with one racti in weight of hingu, fried with clarified butter, and two ractis in weight of jeera' (cumin-seed), pestled with water. The following are the symptoms of va'todara :—flatulence, belching, pain in the stomach, throbbing below the navel felt by pressure of fingers, and constipation. Hingu should never be used in phthisis. In diarrhoea, any one of these may be used as accompaniment, viz. (a) three ractis in weight of bhanga' (canabis sativa), fried with clarified butter, (b) decoction of barch of babbula, (c) decoction of dhanya' (coriandrum sativum), mixed with powdered shunthi (dried ginger), and honey. Juices of other herbs, efficacions in diarrhoea may also be used.

In blood dysentery, juice of any one of the following may be given, mixed with a few drops of honey :—kukkuradru, durba' grass, leaves of mari-gold, and root of meghana'da. Juice or decoction of prasa'rini is effective in destroying mucus, juice of punarnava' in dropsy, of betel leaves in cough and constipation, of leaves of ba'saka in excess of cough. Similarly, juice or decoction of dhanya' and madhurika' may be used in excess of pittam in the system, and leaves of shila'-bheda in strangury. The accompaniments, mentioned above, should be used with a few drops of fresh honey, which is not only a medium for mixing medicines but is also a thing which increases the stength of the medicine so mixed with. A medicine is generally to be pestled with its accompaniment and honey, for at least twelve minutes, on a small piece of stone mortar, before

it is to be swallowed with the recitation of the aghora mantram or contemplating upon the Deity.

रसभैषज्यसेवने मात्रा।

सामान्यतो सर्वरोगे पुरुषे यौवनान्विते। पूर्णमात्रा प्रदातव्या पूर्णं वटीचतुष्टयम्। प्रतिदिनं यथाविधि यावदारोग्यदर्शनम्। ततः परं कियत्कालमर्द्धमात्रा ततोऽर्द्धकम्॥ पूर्णे स्वास्थ्ये समालब्धे भेषजाद् विरमेत् सुधीः॥ सकृदेव प्रदातव्यः कृष्णसर्पविषान्वितः। रसो विसूचिकायां च घोरे त्रिदोषजे ज्वरे॥ वारैकं दीयते नित्यं पर्पटीनामको रसः। प्रभाते भक्षयेदेतं प्राग् रक्तिद्वयसम्मितम्॥ रक्तिकैकाक्रमाद् वृद्धिर्भक्ष्यो नैव दशोपरि। आरोग्यदर्शनं यावत् तावत् ह्रासस्ततः परम्॥ रक्तिकामानतो नित्यं सम्यग् विरमणं ततः॥ वारैकं दीयते नित्यं पित्तयुक्तो रसोऽपि च॥ विचारो नैव कर्त्तव्यो यत्र मात्रानिर्देशनम्॥ अन्यत्र रसविद् नित्यं स्वबुद्धिचालितो भवेत्। गुञ्जामिता वटी कार्य्या यत्र मात्रा न लिख्यते॥

Dosage.

Generally, in all diseases, prescribe for adults 4 entire pills, each of full dose, taken at an interval of two or three hours. The dose, mentioned here, should be continued in the same way every day till recovery. Then reduce the number to two pills a day, for some days; after which, prescribe only one pill a day, and then stop the medicine altogether only after complete cure. Medicines mixed with poison of black

cobra should be given only once in a case, in the most critical stage of cholera and typhoid. The medicine, called "parpati", is to be taken once in a day. It should be commenced with two ractis, being taken early in the morning, the dose being increased by one racti every day, till it reaches 10 ractis which is to continue till full recovery. Then the dose is to be reduced by one racti every day till the medicine is entirely given up. Medicine, mixed with the pittam (bile) of certain animals is to be given once in a day. No consideration is necessary where the dose is mentioned in the books, otherwise, it should be decided upon with intelligence and discrimination. Where no dose is mentioned, prepare a pill one racti in weight each.

एकाधिकद्रव्ययोगाद् रसभैषज्यनिर्माणे साधारणो विधिः।

रसभैषज्यनिर्माणे गन्धोल्लेखं विना यथा। उल्लिख्यते रसस्तत्र रसभस्म प्रदीयते॥ उल्लेखो गन्धकस्य हि रसस्य सहितो यथा। शोधितो रसराजो हि तद्भेषजे प्रयुज्यते॥ रत्नोपरत्नधातूनां शंखकनाभिशंखयोः। भस्म एव प्रयुज्यते सर्वत्रापवादं विना। भस्म एव प्रगृह्यते अभ्रस्य तुत्थकस्य च॥ गृह्यते तालभस्म तु यत्र तत् स्पष्टमुच्यते। अन्यथा शोधिताः ग्राह्याः गन्धतालाद्युपरसाः॥ शोधितानि विषाण्यपि गृह्यन्ते तेषु रम्यकम्। किञ्चिदाजेन संयुक्तं भसितं हि विशुध्यति॥ गुग्गुलु टंकनं चैव यथाविधि विशोधयेत्। घृतेन वह्नियोगेन स्फुटितं हिंगु शुध्यति॥

Directions for preparing a medicine with ingredients more than one.

If a particular recipe contains mercury and not sulphur, the term "mercury" in that recipe is to be taken to mean incinerated mercury ; but if there is a mention, in a particular recipe, of both mercury and sulphur, the term mercury is to mean there only purified mercury. Gems, minor gems, conch-shell, na'bhisankha, mica, and copper-sulphate should always be used in incinerated forms. In other words, they are never to be used in medicines without having been previously reduced to ashes. Take incinerated harita'lam (orpiment) where it is so expressly mentioned, otherwise use orpiment, duly purified. Sulphur, realgar, and all the other remaining upa-rasas should be used after purification, and so also should poisons and minor poisons be In case of kuchila (nux-vomica), it is to be purified and reduced to ashes by being fried with clarified butter Guggulu should be used purified. Asafaetida (hingu) is to be always used after having been purified by being fried with clarified butter. The seven metals should always be used after having been duly reduced to ashes.*

पित्तसंयुक्तरससेवने विशेषविधिः ।

ये रसाः पित्तसंयुक्ताः प्रोक्ताः सर्व्वत्र शम्भुना । जलसेकावगाहाद्यैर्वलिनस्ते तु नान्यथा ॥ रसजनितविदाहे शीततोयाभिषेको मलयजघनसारालेपनं मन्दवातः । तरुणदधि सिताढ्यं नारिकेलीफलाम्भो मधुरशिशिरपानं शीतमन्यच्च शस्तम् ॥

* The processes of purification and incinreation referred to here have been described in details in the first three volumes.

Special directions for taking medicines mixed with bile (pittam).

Medicines mixed with the bile of certain animals are to be found effective only when cooling actions, such as pouring of cold water over the head or bath in cold water, is resorted to, otherwise such medicines would be inefficacions and injurious. In case of burning sensation in the body due to the effect of such medicines, it is necessary to adopt such cooling actions as pouring of water over the body, smearing the body with sandal paste and camphor enjoyment of a little breeze, taking fresh curd with sugar, drinking of cocoanut water or plain water mixed with sugar.

भैषज्यसेवनकालः ।

वीर्य्याधिकं भवति भेषजमन्नहीनं हन्यात् तदामयमसंशयमाशु चैव ॥ तद्वालवृद्धयुवतीमृदुभिश्च पीतं ग्लानिं परां नयति चाशु वलक्षयञ्च ॥ शीघ्रं विपाकमुपयाति वलं न हिंस्यात् । अन्नावृतं न च मुहुर्वदनान्निरेति । प्राग्भुक्तसेवितमथौषधमेतदेव । दद्याच्च वृद्धशिशुभीरुवराङ्गनाभ्यः ॥

Time for taking medicine.

Medicine is much effective in empty stomach. If so applied, it cures the disease very soon. But, to boys, old men, young women, and weak persons, medicine, taken in empty stomach, brings exhaustion and rapid decay of strength. Medicine, if taken with food, by such patients is soon

absorbed in the system, and does neither weaken the system nor comes out of the mouth.

औषधसेवनानर्हाः।

पीताम्बुर्लंघितक्षीणो सद्योभुक्तः पिपासितः। न सेवेतौषधं जन्तुः यदि कल्याणमिच्छति॥

Persons unfit to take medicines.

Medicine should not be taken when thirsty or weakened by fasting or immediately after taking food or drink. Violation of this regulation would produce evil effect.

अजीर्णौषधस्य अवगुणाः।

क्लमो दाहोऽग्निसदनं भ्रमो मूर्च्छा शिरोरुजा। अरतिर्बलहानिश्च सावशेषौषधक्षतिः। औषधशेषे भुक्तं पीतं च तथौषधं सशेषेऽन्ने। न करोति गदोपशमं प्रकोपयत्यन्यरोगांश्च॥

Bad effects of medicine, not assimilated.

Medicine, not fully assimilated in the system, causes exhaustion, burning sensation, indigestion, giddiness, fainting fit, head disease, uneasiness, and weakness. If any food or drink be taken before the digestion of medicine or medicine is taken before digestion of food, such medicine cannot cure the disease ; on the other hand, it gives rise to new diseases.

विषयुक्तभेषजसेवने निषेधः।

अशीतिर्यस्य वर्षाणि वसुवर्षाणि यस्य वा। विषं तस्मै न दातव्यं दत्तं चेद् दोषदायकम्॥

Prohibitions for taking poisonous medicine.

Medicines containing poison are harmful to those who are aged 80 or more, and to those who have not yet attained the age of 9.

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द्वितीयोऽध्यायः।

—:o:—

अथ ज्वराधिकारः।

तस्य लक्षणम्।

स्वेदावरोधः सन्तापः सर्वाङ्गव्यापकस्तथा। युगपद् यत्र रोगे च स ज्वरो व्यपदिश्यते॥

CHAPTER II.

Fever.

Symptoms of fever.

Absence of perspiration and heat all over the body are symptoms of fever.

तस्य भेदाः ।

नवविषमक्षोषजा ज्वरास्तु, त्रिविधा मताः । दोषाधिक्यात् परिज्ञेया तेषां भेदा हि धीमता ॥ वातजः पित्तजो वाऽपि कफजो वा द्विदोषजः । त्रिदोषजनितो वाऽपि निर्णीयते स्वलक्षणात् ॥

Varieties of fever.

Fever is generally of three kinds, viz. nava-jwara (primary fever), visama jwara (chronic fever), and ksaya-jwara (fever due to waste or consumption). It may also be classified as due to an excesss of va'yu (wind), pittam (animal heat), kapha (phlegm), or a combination of two or three of these doshas (faults), as the case may be.

अथ नवज्वरः ।

दीर्घकालं ज्वरान् मुक्तो यदि सुस्थ इयाज् ज्वरम् । संज्ञायते ज्वर स्तस्य वैद्यै र्नवज्वरात्मकः ॥

Nava-jwara (primary fever).

If a healthy man, free from fever for a long time, is attacked with it, such a fever is called nava-jwara.

नवज्वरस्य भेदाः ।

द्विविधस्तु नवज्वर आगन्तुश्च स्वयंकृतः । मिथ्याहारविहाराभ्यां स्वयं कृतो विजानीयात् ॥ हेतुनाऽगन्तुना केनचिदागन्तुः प्रवर्त्तते । दोषाणां लक्षणै स्त्वन्तु प्रकारतः विनिश्चयेत् ॥

Varieties of nava-jwara.

Nava-jwara is of two kinds, viz. that caused by one's own self, due to unhealthy diet, actions, and habits ; and that caused by external agencies.

स्वयंकृतो नवज्वरः ।

मिथ्याहारविहाराभ्यां दोषा ह्यामाशयाश्रयाः । बहिर्निरस्य कोष्ठाग्निं ज्वरदाः स्यु रसानुगाः ॥ बहिर्भूतः क्रमानुस्तु व्याप्नोति निखिलं देहम् । संतापो जायते तस्मात् सर्वगात्रेषु वै ज्वरे ॥ सर्वविधे ज्वरेऽपि च कोष्ठाग्निस्तु बहिर्भवेत् ॥ पुनः संस्थापनं तस्य स्वस्थाने ज्वरमुक्तये ॥

Primary fever, caused by ones own-self.

Unhealthy food, drinks, habits, and actions gradually give rise to an abnormal excess of va'yu pittam, and kapha (vide. page 299, vol. II), which pervades the whole system and gradually affects the stomach to such an extent as to be mixed with the undigested part of the chyle to force the digesting heat of the stomach out of it. The heat, thus thrown out, spreads all over the body, and gives rise to fever.

Heat thus thrown out of the stomach, is, however, a common factor in all sorts of fever. Restoration of this digesting heat to its original condition, is followed by a cure of fever.

आगन्तुकज्वरलक्षणम् ।

अभिघाताभिषङ्गाभ्यामभिचाराभिशापतः । आगन्तुर्जायते दोषै-र्यथा स्वं तं विभावयेत् ॥ वातपित्तौ प्रवर्द्धेते शस्त्रदण्डादिभिर्हतैः ।

श्यावास्यता विषकृते तथातीसार एव च ॥ भक्तारुचि पिपासा च तोदश्च सह मूर्च्छया । ओषधिगन्धजे मूर्च्छा शिरोरुग्वमथुस्तथा ॥ कामजे चित्तविभ्रंशस्तन्द्रालस्यमभोजनम् । हृदये वेदना चास्य गात्रं च परिशुष्यति ॥ भयात् प्रलापः शोकाच्च भवेत् कोपाच्च वेपथुः । कामशोकभयाद् वायुः क्रोधात् पित्तं विवर्द्धते । भूताभिषङ्गादुद्वेगो हास्यरोदनकम्पनम् ॥ दोषत्रयविकृतिश्च जानीयात् कुशलो भिषक् ॥ अभिचाराभिशापाभ्यां मोहस्तृष्णा च जायते ॥

Primary fever due to external agencies.

These are of four different kinds, and are due to (a) physical shock, (b) possession by evil spirits (c) charms and incantations resorted to by enemies, and (d) curse uttered by superiors, out of disgust. The nature of such a fever is first of all to be ascertained, in respect of the doshas (va'yu, pittam, and kapha). Physical shocks, received from strokes of weapons, sticks, etc. and biting of scorpions, mosquitoes, etc give rise to an excess of va'yu and pittam. (Fever, due to such shocks, is, therefore, due to an abnormal excess of va'yu and pittam). Fever due to poison is attended with facial jaundice, diarrhoea, aversion to food, thirst, pains, and fainting. Fever due to the smell of poisonous creepers, etc. is attended with fainting, head-disease, and vomiting. Fever due to an excessive sexual desire is followed by distraction of the mind, drowsiness, lethargy, aversion to food, pain in the heart, and dryness of face and body. Fever due to fear and grief is followed by delirium, and that due to anger is followed by shivering. Sexual desire, grief, and fear give rise to an excess of va'yu; anger gives rise to pittam. Possession by evil spirits is follow-

ed by laughter, weeping, trembling, and excess of the three doshas. Charms, incantations, and curses give rise to bewilderment and thirst.

विषमज्वरः ।

दोषोऽल्पोऽहितवर्द्धितो ज्वरोत्सृष्टस्य हि पुनः । धातुमन्यतमं प्राप्य करोति विषमज्वरम् ॥ पञ्चविधः स विज्ञेयः प्रवृत्तिकालभेदतः । सन्ततसततान्येद्युस्तृतीयकचतुर्थकाः ॥ आद्यौ द्वौ रसरक्तस्थौ सोऽन्येद्युः पिशिताश्रितः । मेदोगतस्तृतीयको मज्जास्थिगश्चतुर्थकः ॥ शेषोक्तो रोगसंकरो भीषणोऽन्तकसन्निभः । सप्ताहं वा दशाहं वा द्वादशाहमथापि वा । सन्तत्या योऽविसर्गी स्यात् सन्ततः स निगद्यते ॥ अहोरात्रे सततको द्वौ कालावनुवर्त्तते । स एव द्व्याहिकस्तथा द्वैकालिकोऽपि कथ्यते ॥ अन्येद्युष्कस्त्वहोरात्र एककालं प्रवर्त्तते । ऐकाहिकः स एव स्यात् प्रत्यहं तन्निवर्त्तनम् ॥ तृतीयकस्तृतीयेऽह्नि चतुर्थेऽह्नि चतुर्थकः । त्र्याहिकोऽपि तृतीयकः कथ्यते भिषजां वरैः ॥ कफपित्तात् त्रिकग्राही पृष्ठाद् वातकफात्मकः । वातपित्ताद् शिरोग्राही त्रिविधः स्यात् तृतीयकः ॥ चतुर्थको दर्शयति प्रभावं द्विविधं ज्वरः । जङ्घाभ्यां श्लैष्मिकः पूर्व्वं शिरसोऽनिलसम्भवः ॥ विषमज्वर एवान्यश्चतुर्थकविपर्य्ययः । मध्याह्नोस्तु ज्वरयत्यादावन्ते च मुञ्चति ॥

Visama-jwara (chronic fever)

If a little of the abnormal excess of the three faults (viz. va'yu, pittam, and kapha) is left un-remedied, even after the remission of nava-jwara, that fault aggravated by unhealthy

food, etc. may affect any one of the seven dhatus * and bring about a relapse of fever. Such a fever is called visama-jwara.

This fever is of five kinds, according to differnce in duration and time of attack, viz. santata, satata, anyedyu, tritiaka, and chaturthaka. Santata and satata affect the chyle and blood; anyedyu affects the flesh, tritiyaka affects the fat, and chaturthaka affects marrow and bone. The last-mentioned i.e. chaturthka is accompanied by many other diseases. It is as terrible as Death himself.

Santata is a visama jwara which lasts for seven, ten, or twelve days, at a stretch, without any remission. Satata (dya'hika or daika'lika) is a chronic fever which attacks its patient twice a day. Anyedu attacks its patient only once a day. It is also called aika'hika and is followed by remission every day. Tritiyaka (or trya'hika) attacks its patient on every third day, and chaturthaka attacks its patient on every fourth day. Tritiyaka is of three different kinds, viz. (1) that due to an excess of kapha and pittam, (2) that due to an excess of kapha and va'yu, and (3) that due to an excess of va'yu and pittam. The distinctive features of these three fevers are:—(1) pain in the trika or junction of the spine and the waist; (2) pain in the back, and (3) pain in the head, respectively. Chaturthaka fever is also of two kinds viz. that due to an excess of kapha (phlegm), and that due to an excess of va'yu (wind). The first is characterised by pain in the thighs which gradually spreads all over the body, and the second is characterised by pain in the head which gradually spreads all over the body. There is another kind of chronic fever called

* Dhatus are the seven constituents of the body, viz. rasa (chyle), racta (blood, shukra (semen), asthi (bone), majja' (marrow), meda (fat), and ma'nsa (flesh).

chaturthaka biparyaya (i.e. chaturthaka in a reverse order). The patient suffering from this fever is free from it every first and fourth days, but is attacked with it every second and third days.

शोषज ज्वरः ।

सर्व्वधातुगतो ज्वरो जायते राजयक्ष्मणि । स एव त्रिविधो ज्ञेयो ज्वरो वातवलासकः । विलेपश्च प्रलेपश्च सर्वे क्षयस्य सूचकाः ॥ नित्यं मन्दज्वरो रूक्षः शूनकस्तेन सीदति । स्तब्धाङ्गः श्लेष्मभूयिष्ठो नरो वातवलासकी ॥ प्रलिम्पन्निव गात्राणि घर्मेण गौरवेण च । मन्दज्वरो विलेपः स्यात् सशीतः सः प्रलेपकः ॥

Fever due to consumption.

The fever due to consumption or phthisis affects all the seven dha'tus (viz. chyle, blood, semen, fat, marrow, bone, and flesh). This fever is of three different kinds, viz. (1) va'ta bala'saka, (2) bilepa, and (3) pralepa. All of these are indicators of waste or consumption. The first (viz. va'ta-bala'saka) attacks a consumptive patient every day with slow rise of temperature, attended with coarseness of the skin, swelling, languor, stiffness of the limbs, and excess of kapha (phlegm). The second (viz. bilepi) is also attended with slow temperature, causing perspiration and a feeling of heaviness all over the patients' body. If the symptoms of the second kind of fever are accompanied with a feeling of chilliness, the fever is called, pralepi.

वातज्वर लक्षणम् ।

वेपथुर्विषमो वेगः कण्ठौष्ठपरिशोषणम् । निद्रानाशः क्षवस्तम्भो

६

गात्राणां रौक्ष्यमेव च ॥ शिरोहृद्गात्ररुग् वक्त्र वैरस्यं गाढ़विट्कता । शूलाध्माने जृम्भणं च भवत्यनिलजे ज्वरे ।

Symptoms of fever due to an excess of va'yu :—

Shivering, irregularity of temperature, dryness of the throat and the lips, insomnia, absence of sneezing, roughness of the whole body, pain over the head, heart, and all over the body, insipidity of the mouth, hardness of stool. colic, flatulence, and yawning.

पित्तज्वर लक्षणम् ।

तीव्रवेगोऽतिसारश्च निद्राल्पत्वं स्वेदो वमिः । कण्ठौष्ठमुखनासानां दौर्गन्ध्यं च भ्रम स्तथा ॥ प्रलापो मुखतिक्तता मूर्च्छादाहो मदस्तृषा । *पीतविण्मूत्रनेत्रत्वं जायन्ते पैत्तिके ज्वरे ॥

Symptoms of fever due to an excess of pittam :—

Violence of attack (excess of temperature), diarrhoea, little sleep, sweating, vomiting, bad smell of throat, lips, mouth and nose, giddiness, delirium, bitter taste in the mouthe fainting, burning sensation, loss of intellect, thirst and yellowish appearance of stool, urine, and eyes.

कफज्वर लक्षणम् ।

स्तैमित्यं स्तिमितो वेग आलस्यं मधुरास्यता । शुक्लमूत्रपुरीषत्वं स्तम्भ स्तृप्तिश्च भुक्तवत् ॥ नातुरष्णागात्रता च्छर्दिरङ्गसादोऽ-

विपाकिता । गौरवं शीतमुत्क्लेदो रोमहर्षोऽतिनिद्रता ॥ प्रतिश्यायोऽरुचिः कासः श्वासश्च नेत्रशुक्लता । प्रस्वेदः स्वल्पदाहश्च कफजज्वरलक्षणम् ॥

Symptoms of fever due to an excess of
kapha (phlegm) :—

Wetness of the whole body, low temperature, laziness, sweet taste in the mouth, whiteness of stool and urine, dulness of body, a feeling of pacification of hunger without taking any food, slight temperature, vomiting, stiffness of limbs, indigestion of food, heaviness of body, cold sensation, emission of moisture from mouth standing of hairs on ends, too much sleep, catarrh, aversion to food, cough, gasping, whiteness of eyes, heavy perspiration, and slight burning sensation.

द्वन्द्वज-त्रिदोषज-ज्वरौ ।

लक्षणानां द्वयोर्यत्र मिश्रणं द्वन्द्वजस्तु सः । त्रयाणां लक्षणैर्युक्तः ज्वर एव त्रिदोषजः ॥ दोषत्रयसन्निपातात् कथ्यते सान्निपातिकः ॥

Fever due to an excess of two or three
of the doshas.

Of the tree kinds of fever mentioned above, if the symptoms of any two combine, the fever is called due to va'yu-pitta, or pitta-kapha or va'yu kapha, and if the symptoms of all the tree combine, it is called due to an excess of the three doshas.

सान्निपातिकज्वरलक्षणम् ।

क्षणे दाहः क्षणे शीतमस्थिसन्धिशिरोरुजा । सास्रावे कलुषे रक्ते निर्भुग्ने चापिलोचने ॥ सस्वनौ सरुजौ कर्णौ कण्ठः शूकैरिवावृतः । तन्द्रा मोहः प्रलापश्च कासः श्वासोऽरुचिर्भ्रमः ॥ परिदग्धा खर-स्पर्शा जिह्वा स्रस्ताङ्गता परा । ष्ठीवनं रक्तपित्तस्य कफेनोन्मिश्रितस्य च ॥ शिरसो लोठनं तृष्णा निद्रानाशो हृदि व्यथा । स्वेदमूत्र-पुरीषाणां चिराद् दर्शनमल्पशः ॥ कृशत्वं नाति गात्राणां प्रततं कण्ठकूजनम् । कोठानां श्यावरक्तानां मण्डलानां च दर्शनम् ॥ मूकत्वं स्रोतसां पाको गुरुत्वमुदरस्य च । चिरात् पाकश्च दोषाणां सन्निपात-ज्वराकृतिः ॥

General symptoms of fever due to an excess of the three doshas.

Alternate burning and cold sensations, pain on bone joints, headache, turbid, red and squint appearance of eyes, flow of water from eyes, pain and hearing of sound in the ears, a feeling of the throat being covered over, as it were, with bristles of corns, etc. drowsiness, loss of intellect, dilirium, cough, gasping, aversion to food, giddiness, burning sensation on and roughness of the tongue, slackness of limbs, spitting of blood and bile mixed with phlegm, moving the head this way and that way, thirst, sleeplessness, pain on heart, delay in passsing of urine and stool, scantiness of sweating, urine, and stool, slightness of emaciation, inarticulate sound in the mouth swollen patches in skin coloured red with bluish tinge or purely red, like that caused by wasp

bites or appearance of larger round spots on skin, choking of voice, stench coming out of the mouth and the nostrils, etc.; a feeling of heaviness in stomach, and delayed pacification of the excess of the three doshas.

नवज्वरे आचरणानि ।

निर्व्वाते वासः ।

सामान्यतो ज्वरी नित्यं निर्वाते निलये वसेत् । निर्वातमायुषो वृद्धिमारोग्यं कुरुते यतः ॥ नवज्वरी भवेद् यत्नाद् गुरूष्णवसनावृतः । यथोक्तपक्वपानीयं पिवेत् तृष्णाप्रशान्तये ॥

Directions to be followed in Nava-jwara.
Living in a place not exposed to drafts of air.

One suffering from fever should live in a place not exposed to drafts of air. Living in such places increases longevity and restores health. A patient suffering from fever should always keep his body covered with thick, warm, and dry clothing, and to satisfy thirst, drink water treated in a way mentioned below.

भैषज्यसेवनम् ।

अश्नीयाद् रस भैषज्यं सद्य एव नवज्वरी । कालक्षयो नात्र कार्य्यो दोषमलादिचिन्तया ॥ ज्वरागमक्षणारभ्य नवज्वरी यथाविधि सेवेत रसभैषज्यं सम्यक्शक्तिसमन्वितम् ॥ एकस्मिन् दिवसे स हि प्रायशो विज्वरो भवेत् । सत्वरं नाशमायाति सन्निपात ज्वरोऽपि च ॥

Directions for taking medicine.

Take mineral medicine immediately after attack of fever without wasting time over the consideration of the doshas and malas or dirts such as urine, stool, etc.) of the body. If proper medicine is duly taken immediatly after the commencement of fever, remission generally takes place very soon, and sometimes on the very first day. This remark holds equally good in cases of fevers due to an excess of the three doshas (such as virulent types of typhoid).

निषिद्धाचरणानि ।

न द्विरद्यान्न पूर्व्वाह्णे नाभिष्यन्दि कदाचन । न नक्तं न गुरुपाकं भुञ्जीत तरुणज्वरी ॥ परिषेकान् प्रदेहांश्च स्नेहान् संशोधनानि च । दिवास्वप्नं व्यवायं च व्यायामं शिशिरं जलम् । द्विदलमामिषं दुग्धं ताक्रमन्नं* घृतं श्रमम् । रौद्रं हुताशनं क्रोधं पठनमति भाषणम् ॥ अम्लतिक्तकषायांश्च प्रवातञ्च विवर्जयेत् । पपव्यादिग्रहे किन्तु विहितं भोजनं भजेत् ॥

Prohibitions to be observed in primary fever.

The following are forbidden in na'va-jwara :—two meals a day, meal in the morning within four hours after sunrise, food tending to produce phlegm, meal at night, food not easily digestible, bathing, anointing the body with oil, turmeric, sandal, etc., taking snehas (i.e oil, clarified butter, fat and marrow), or douches, vomiting, purging by purgatives, taking snuff, sleep at daytime, sexual intercourse, physical

* ताक्रमिति तक्रयुतम् ।

exercise, drinking cold water, taking pulses fish, meat, milk, food mixed with curd, clarified butter, and butter milk, labour, exposure to the sun and fire, anger, study, excessive talking, taking sour, bitter, and astringent substances, and exposure to drafts of air.

These prohibitions do not apply in cases where some of the diets prohibited above may be prescribed to a patient attacked with nava-jwara ; as for instance, milk should be prescribed to a patient who takes a special class of medicine called "parpati".

नवज्वरे लङ्घनम् ।

लङ्घनं लङ्घनीयस्तु कुर्य्यात् दोषानुरूपतः । त्रिरात्रमेकरात्रं वाऽहोरात्रमथ वा ज्वरे ॥ ज्वरत्यागे हितं पथ्यं ग्राह्यं क्षुधानुसारतः । बलाविरोधिना रुग्नं लङ्घनेनोपपादयेत् । बलाधिष्ठानमारोग्यं स्मर्त्तव्यं भिषजा सदा । ज्वरितं ज्वरमुक्तं वा दिनान्ते भक्षयेल्लघु । श्लेष्मक्षयविवृद्धोष्मा बलवाननलस्तदा ॥

Fasting in nava-jwara.

Persons fit to fast should fast one night, one day and night or three days according to the extent of the excesses of the doshas. After remission of fever, whole some diet should be taken according to appetite. Patients should fast in such a way as not to lose strength, for, recovery depends solely upon this. During fever or after remission, light diet should be given to a patient once in the latter part of the day, when the digestive fire in the stomach grows strong by the pacification of excess of phlegm in the system.

लङ्घनानर्हाः ।

तद्धि मारुततृष्णाक्षुन्मुखशोषभ्रमान्विताः । न कुर्य्युः गुर्विणी-बालवृद्धदुर्व्वलभीरवः । न क्षयाध्वश्रमक्रोधकासश्वासनिपीड़ितः । चिरज्वरी वातज्वरी न कुर्य्यात् तत् कदाचन । अवश्यमेव कुर्व्वीत ज्वरी सामे समीरणे ॥ तदेव नैव कर्त्तव्यं प्रातःपानीयपायिभिः । लङ्घनं ह्यामपाकार्थं न तदूर्द्ध्वं यथा कफे ॥ कफपित्ते द्रवे धातु सहते लङ्घनं बहु । आमक्षयादूर्द्ध्वमपि वायुर्न सहते क्षणम् ॥ आहारस्य रसः सारो यो न पक्वोऽग्निलाघवात् । आमसंज्ञां लभेत स बहुव्याधिसमाश्रयः ॥

The following persons are unfit to fast.

Persons stricken with diseases due to an excess of wind, thirst, hunger, dryness of mouth and giddiness; pregnant women, boys, oldmen, the meek, the timid, phthisis patients, persons fatigued with walking and other kinds of labour, angry men, those suffering from cough and asthma, and those attacked with chronic fever and fever due to an excess of va'yu. Fasting is, however, to be observed by a patient suffering from an excess of va'yu, if there is an excess of mucus in the system, (i.e. in rheumatic fevers). Fasting is for bidden for those who drink water in empty stomach early in the morning a little before sunrise. Fasting is considered desirable in rheumatic fever for the digestion of a'ma (i.e, the undigested part of the chyle), but it should not be continued after the latter is digested.

In the case of diseases due to an excess of va'yu only, the system cannot stand fasting even for a moment, after a'ma is

digested, but this is not the case with diseases due to an excess of kapha (phlegm) and pittam, where fasting may be considered necessary for reducing these two doshas into their normal state, even after the digestion of a'ma. Both kapha (phlegm' and pittam (excess of animal heat, vitiating blood and being reduced to a liquid form) are in a state of liquid, and can therefore stand fasting.

A'ma means that part of the rasa (chyle) which is left undigested on account of shortage of digestive fire in the stomach. A'ma gives rise to all sorts of diseases (if accumulated in the system, either in the form of mucus, or in other forms).

ज्वरी लंघनेऽपि जलं पिवेत् ।

तृषितो मोहमायाति मोहात् प्राणान् विमुञ्चति । अतः सर्वा-स्ववस्थासु न क्वचिद् वारि वर्जयेत् ॥ पर्पट्यादिनिषेवने किंतु नैव जलं पिवेत् । अति योगेन सलिलं तृष्यतोऽपि प्रयोजितम् ॥ प्रयाति श्लेष्मपित्तत्वं ज्वरितस्य विशेषतः । अतः ज्वरी तृषाकाले मन्दं मन्दं जलं पिवेत् ॥ मन्दाग्निर्न पिवेदम्बु ह्याधिक्ये न कदाचन ॥

Drinking of water during fasting.

One suffering from fever should drink water even when fasting. A thirsty man suffers from bewilderment which in turn causes death. So, under no circumstances, water should be disallowed to patients, when thirsty, except when it is prohibited as an indispensable requirement of using certain class of medicines, named parpati, dugdhabati, etc., which allow only pure milk being drunk instead of water. Drinking water in excess, even in thirst, argravates kapha and pittam

of a man, especially in fever. One suffering from fever should therefore drink water in small quantities, even when thirsty. One suffering from indigestion should never drink water in excess.

स्वल्पपानीयस्य विषयाः ।

ज्वरे नेत्रामये कुष्ठे मन्देऽग्नावुदरे तथा । अरोचके प्रतिश्याये प्रसेके श्वयथौ क्षये ॥ व्रणे च मधुमेहे च पानीयं मन्दमाचरेत् । घृतपायी तथैव च नाधिकं पानीयं पिवेत् ॥

Cases for drinking water in small quantity.

Persons suffering from the following disease are to take water in a very small quantity :—fever, eye disease, leprosy, indigestion, udara-roga, aversion to food, catarrh, cough and vomiting, dropsy, phthisis, boils, and diabetes. Those who take clarified butter should not also drink water in excess.

नवज्वरादौ शीतलजलपाननिषेधः ।

नवज्वरे प्रतिश्याये पार्श्वशूले गलग्रहे । सद्यःशुद्धौ तथाध्माने व्याधौ वातकफोद्भवे ॥ अरुचिग्रहणीगुल्मश्वासकासेषु विद्रधौ । हिक्कायां स्नेहपाने च शीतं वारि विवर्जयेत् ॥ शृतमपि पिवेत् नीरमन्तर्वाष्पसुशीतलम् ॥ प्रातःपायी न गृह्णीयादुष्णं भोज्यं पेयं क्वचित् ॥

Drinking of cold water is forbidden in nava-jwara, etc. :—

One should not drink cold water in the following cases :— navajwara, catarrh, pain in the sides, gala-graha (a disease in which tongue comes out every moment and goes

inside the mouth, the next moment), inmediately after vomiting, purging, and such other purifying actions ; in flatulence, diseases due to an excess of wind and phlegm, aversion to food, chronic diarrhoea, gulma, tumour in abdomen, asthma, cough, bidradhi (a kind of tumour), hiccogh, and after taking clarified butter.

शृतशीतलजलस्य गुणाः ।

दाहातिसारपित्तास्रमूर्च्छामद्यविषार्त्तिषु । मूत्रकृच्छ्रे पाण्डुरोगे तृष्णाच्छर्दिभ्रमेषु च ॥ मद्यपानसमुद्भूते रोगे पित्तोत्थिते तथा ॥ सन्निपातसमुत्थेषु शृतशीतं प्रशस्यते ॥ शृताम्बु तत् त्रिदोषघ्नं यदन्तर्वाष्पशीतलम् । अकफमनभिष्यन्दि क्रमिछड्ज्वरघ्नलघु ॥ धारापातेन विष्टम्भि दुर्जरं पवनाहतम् ॥ दिवाशृतं पयो रात्रौ गुरुतामधिगच्छति । रात्रौ शृतं दिवा पीतं तथैव हि विजानीयात् ॥ तत्तु पर्युषितं वह्निगुणोत्कृष्टं त्रिदोषकृत् । गुर्वम्लपाकं विष्टम्भि सर्वरोगेषु निन्दितम् ॥ शृतशीतं पुनस्तप्तं तोयं विषसमं भवेत् । कषायोऽपि तथा शीतः पुनस्तप्तो विषोपमः ॥

Properties of water cooled after boiling.

Water cooled after boiling is beneficial in the following cases :—burning sensation, diarrhoea, excess of pittam, haematemesis, ailments following drinking of liquor and taking of poison, strangury, jaundice, thirst, vomiting, exhaustion, diseases due to drinking of wine in excess ; diseases due to an excess of pittam and of the three doshas. In the present case, water is to be boiled in an earthen vessel, covered with an earthen basin, which is not to be removed so long as the boiled water in the vessel is not completly cooled, after

discontinuance of heat. This water pacifies an excess of the three doshas. It does not produce roughness or phlegm in the system. It helps to destroy worms, thirst and fever. It is light. Hot water, cooled by pourning it into one vessel and then into another (backwards and forwards), has the effect of making it so heavy as to remain undigested in the stomach for a long time. Hot water, cooled by fanning, is difficult of digestion. Water boiled at day time but drunk at night is difficult of digestion, and so is water boiled at night and drunk at daytime. The last one of the two is called stale water. It has no digestive property. It rather increases the three doshas, and is difficult of digestion ; It causes acidity, flatulence, and is harmful in all diseases. Water cooled after boiling should not be boiled again. If boiled again, it becomes as injurious as poison. Cold decoction, too, act like poison, if heated for the second time.

अपक्वशीतलजलपानस्य विषयाः ।

मूर्च्छापित्तोष्णदाहेषु विषे रक्ते मदात्यये । भ्रमश्रमपरीतेषु तमके श्वयथौ तथा ॥ धूमोद्गारे विदग्धेऽन्ने शोषे च मुखकण्ठयोः । ऊर्द्ध्वगे रक्तपित्ते च शीतलाम्बु प्रशस्यते ॥ अथवा सितया युतं धन्यामधुरिकाशृतम् । यामत्रयं तदूर्द्ध्वं वा शीतलाम्बु प्रशस्यते ॥

Persons who should take unboiled cold water.

It is beneficial to drink unboiled cold water in the following cases :—fainting, excess of pittam, excessive bodily heat, impurity of blood, diseases due to drinking of wine, giddiness, exhaustion, asthma of a malignant type, dropsy, smoky belching, vitiation of food undigested, dryness of tongue and throat, and upward hœmatemesis.

नवज्वरे पथ्यम् ।

(क) ज्वरकाले तथा स्वल्पविरामे ।

मांसयूषो हितो ज्वरे श्रमोपवासवायुजे । मुद्गयूषस्तथा देयो ज्वरे कफसमुद्भवे ॥ स एव सितया युतः शीतः पित्तज्वरे हितः । सद्यो निर्मितलाजानां चूर्णं सिताविमिश्रितम् । लाजमण्डमथापि वा प्रदेयं पैत्तिके ज्वरे ॥ पित्तकफोद्भवे चैव द्वयमेतद् विधीयते । सिता सिन्धूत्थसंयुक्तं शुण्ठीचूर्णसमन्वितम् । मदात्यये मद्यनित्ये ग्रीष्मे च रक्तपित्तजे ॥ शठिमूलोद्भवो यूषः कफवातात्मके हितः । द्राक्षामलकमुद्गानां यूषः सितासमन्वितः ॥ वातपित्तात्मके हितो भेदी च कफवायुनुत् । तृड्दाहशमनः शीतः श्रममूर्च्छामदापहः ॥ महादाहे प्रदातव्यो यूषश्चणकसम्भवः । सातिसारे ज्वरे तथा जठराध्मानसंयुते ॥ क्षुत्तृष्णाशान्तये पथ्यमामिक्षावारि केवलम् । नारिकेलोदकं किंवा तीव्रतृष्णाप्रशान्तये ॥ किञ्चिन् मात्रं प्रदातव्यं वारि वा शृतशीतलम् ॥

Diet in nava-jwara.

(*a*) *During fever and temporary remission.*

Meat juice is good for fever due to exhaustion, fasting, and excess of wind. Juice of mudga is beneficial in fever due to excess of phlegm. The same juice should be taken cooled and mixed with sugar in fever due to excess of pittam. Fresh parched paddy, devoid of husk, its powder or paste made out of it, with sugar or sugar candy, should be given in fever due to excess of pittam. The same diet is commended in diseases due to excessive drinking of wine, for habitual drunker, in

summer, and in hœmatemesis. The same parched paddy, or its paste, mixed with sugar, rock-salt, and powdered dry ginger, should be given in fever due to excess of phlegm and pittam.

Give parched paddy or its paste, mixed with a little of rock salt, dry ginger, and sugar, in fever due to excess of phlegm and wind. Essence of the root of shathi (curcuma zerumbet) made into a paste by being boiled is good for fever due to excess of phlegm and wind. Juice got from boiling together grapes, a'malaki and mudga, mixed with sugar, produces good effect in fever due to excess of wind and pittam. It clears the bowels and pacifies an excess of phlegm, wind, and thirst with burning sensation. It relaxes exhaustion, removes intoxication and fainting, and has a cooling effect on the system. Give juice of gram in case of excessive burning sensation in fever. Give only posset water (the watery portion of hot milk curdled by means of some mild and harmless acid like lemon juice) or green cocoanut water to satisfy appetite and thirsts in diarrhoea with fever and fever with flatulence. In case of excessive thirst, give water cooled after boiling to drink in small quantities,

(ख) नवज्वरशान्त्यनन्तरम् ।

अन्नमण्डं पुरातनशालिसमुद्भवं शुभम् । रोटकं सूजिसंभवं गोधूमरोटकं तथा ॥ वर्षकालपुरातनशालिषष्ठिकसंभवम् । अन्नं वाऽपि विधीयते विरते हि नवज्वरे ॥ पटोलं पापितालावु चिचिण्डश्च कोशातकी ॥ उदुम्बरं च मूलकं स्वर्णालु विदारी तथा ॥ महाकोशातकी चैव शूरणं गोपकर्कटी । मानं पञ्चमुखी चैव भक्षयेद् विरते ज्वरे ॥

(b) *After the remission of nava-jwara.*

Paste, prepared from boiled shall rice, bread (hand-made bread prepared from flour without fermenting it or mixing it with any acid), boiled rice of sha'li or sasti paddy,—patola, pa'pita', ala'bu, chichinda, kosha'taki, udumbara, mulaka (raddish), red sweet potato, tuber of ba'ra'hi, maha'kosha'taki, shuranam, gopa-karkati, tubers of ma'na, and panchamukhi.

पुरातनज्वरे पथ्यम् ।

विरेचनं छर्दनमञ्जनं च नस्यं च धूमोऽप्यनुवासनञ्च । सिराव्यधं संशमनं प्रदेहोऽभ्यङ्गावगाहः शिशिरोपचारः ॥* एणः कुलिङ्गो हरिणो मयुरोलावः शशस्तित्तिरिहारितौ । क्रौञ्चः कुरङ्गः पृषतश्चकोरः कपिञ्जलो वर्त्तककालपुच्छौ । गवामजायाश्च पयो घृतं च गणः पुराणो ज्वरिणां सुखाय ॥

Things beneficial in chronic fever.

Purging, vomiting, application of collyrium, application of snuff prepared from medicinal herbs, application of douche with oil, bleeding by piercing through a nerve, taking of curative medicines, ointments, rubbing of oil from head to foot, bath in a basin full of oil, cooling the body, meat of black antelope, sparrow, dear, peacock, la'ba, rabbit, francoline partridge, green dove (a kind of dove), heron, deer of a faint copper colour, striped deer, the red legged bartarlle, kapinjala (lark), bartaka, and ka'lapuchha ; milk and ghee of cow and goat.

* अवगाहः इति तैलावगाहः न तु स्नानं तन् निषिध्यते ।

ज्वरे अपथ्यम् ।

वमिवेगं दन्तकाष्ठमसात्म्यमतिभोजनम् । विरुद्धान्यशनानि च विदाहीनि गुरूणि च । नलदम्बु* च ताम्बूलं कालिंगं लकुचं तथा ॥ आड़ि मत्स्यं च पिण्याकं कवकं पिष्टवैकृतम् । अभिष्यन्दीनि चैतानि ज्वरितः परिवर्जयेत् ॥ व्यायामं च व्यवायं च स्नानं चंक्रमणानि च । ज्वरमुक्तो न सेवेत यावन्न बलवान् भवेत् ॥

Things and actions harmful in fever.

One suffering from fever should give up the following things as well as things causing excess of phlegm :—to check the force of vomiting, to cleanse the teeth with wood brush, unaccustomed food, to take food in excess, to take food in-congenial by combination, articles of food stuff known as bida'hi (see page 7), heavy and rich food, impure water, alcalis, acids, pot-herbs, seeds from which sprouts have come up, lemon juice, lime-juice, water, yielding an odour, betel leaves, ka'linga, lakucha, fish named a'ri, sesamum seeds pestled into a paste ; mushrooms, puddings, and things which cause an excess of phlegm.

The patient should not have recourse to exercises (physical and mental), sexual intercourse, bath and strolling, so long as he does not grow strong again.

ज्वरे रसौषधानि ।

शिवदुर्गारसः ।

विमर्द्दिताभ्यां रसगन्धकाभ्यां नीरेण कुर्य्यादिह गोलकं तम् । भाण्डे नवीने विनिवेश्य पश्चात् तद्गोलकस्योपरि ताम्रपात्रम् ॥

* नलदम्बु—गन्धाम्बु निम्बु च ।

सार्द्धं मुहूर्त्तं विनिरुध्य धीमान् उद्दीपयेद्दीप्तकृशानुना तत् । अधस्ततः सिध्यति पर्पटीयं नवज्वरारण्यकृशानुमेघः ॥ विलिप्य पूर्व्वं रसनां च तालुदेशं च सिन्धूद्भवजीरकार्द्रैः । वल्लोन्मितां चार्द्रकतोयमिश्रामेनां नियोज्य स्थगयेत् पटेन ॥ घर्म्मोद्गमो यावदतः परञ्च तक्रौदनं पथ्यमिह प्रयोज्यम् । कुर्य्याद्दिनानां त्रितयं यदीत्थं ज्वरस्य शङ्काऽपि तदा भवेत् किम् ॥

Iatro chemical medicines applicable in fever. *

Shiva-durga' rasa.

Take equal quantities of mercury and sulphur, and rub them till they are reduced to black sulphuret of mercury, which is to be pestled in a stone mortar with water and made into a lump. Put it into a new earthen vessel, covering the lump with a copper pot, (and closing the vessel by means of an earthen basis). The vessel is then to be subjected to a strong heat for 67 minutes which would melt the lump and let it accumulate in the bottom. It is a very good medicine for nava-jwara. This medicine (pestled with honey) is to be given to a patient, in doses of three ractis at a time (twice a day, if neccessery), after smearing his tongue and palate with rock-salt, jeera' (cumin seed), and ginger juice. After the medicine is given to the patient, his body is to be covered with a piece of cloth which is to be removed after perspiration.

* The minerals, poisons, and other drugs (except herbs), referred to in the present and subsequent volumes, as ingredients of medicines, are to be duly purified and incinerated, as the case may be, in accordance with the processes described in the first three volumes. A stone mortar and stone rod should be used for rubbing, pestling, or mixing up of different ingredients, which should, if necessary, be previously reduced to fine powder, sifted through a piece of cloth.

The patient is then to be allowed to eat boiled rice with butter-milk. This way of treatment, if followed for three days, would cure the fever and prevent a relapse.

ईशानसुन्दररसः ।

सूतार्कगन्धचपलाजयपालतिक्तापथ्यात्रिवृच्च विषतिन्दुकजान् समांशान् । संभाव्य वज्रिपयसा मधुना त्रिगुञ्जमीशानसुन्दररसोऽभिनवज्वरघ्नः ॥

Isha'na-sundra-rasa.

Take an equal quantity of mercury, copper, sulphur, pippali, croton seeds (of course, purified), katuki, haritaki, root of tribrit, and nux-vomica fruits, rub them together, and subject them to bha'vana' with the milk of bajri tree. Dose three ractis at a time.

मेघनाद रसः ।

पादांशकंसाररविः समांशगन्धो विपक्वः स्वकषायपिष्टः । रसो द्विगुञ्जाप्रमितश्चलादिज्वरेषु नाम्ना किल मेघनादः ॥

Meghana'da' rasa.

One part of mercury, one part of sulphur, and one fourth part of bell-metal, brass, and copper, each, are to be rubbed with the juice of meghana'da and subjected to laghu putam for more than once. This medicine, taken in doses of two ractis each, cures all sorts of fever, including that due to an excess of va'yu.

ज्वरगजहरिरसः ।

दरदजलदयुक्तं शुद्धसूतञ्च गन्धं प्रहरमथ सुपिष्टं वल्लयुग्मं च दद्यात् । ज्वरगजहरिसंज्ञः शृङ्गवेरोदकेन प्रथमजनितदाहे क्षीरभक्तेन भोज्यः ॥

Jwara-gajahari-rasa.

An equal quantity of cinnabar, mica, mercury, and sulphur are to be rubbed together with water for three hours, and made into pills six ractis in weight each, to be taken with honey and ginger-juice. Milk with boiled rice should be taken by the patient, should he feel a sensation of heat, after taking the medicine.

शीतभञ्जीरसः ।

सूततालशिलातुल्या मर्द्दयेत् कर्कटीरसे । ताम्रपात्रे विनिक्षिप्य तत् कल्कं कज्जलीकृतम् ॥ विपचेद्वालुकायन्त्रे यथोक्तविधिना ततः । दद्यान्मरिचचूर्णेन माषमात्रं भिषग्वरः ॥ प्रपिबेदुष्णतोयस्य चुलुकं शीतकज्वरे । शीतभञ्जीसमाख्यातः शीतज्वरनिवारणः ॥

Shita-bhanji-rasa.

Mercury, orpiment, and realgar, each equal in quantity, are to be rubbed together with the juice of leaves of karkati, and made into a paste, which is to be kept in a copper pot, duly covered by another pot of the same material. The medicine, thus covered is to be subjected to heat by means of a baluka-ja'ntram (see page 259, vol. I). This medicine cures fever attended with a sensation of coldness. Dose, six ractis

rubbed with honey and powdered black pepper. A little of hot water should be sipped after taking this medicine.

वृद्धज्वराङ्कुश रसः ।

रसहिङ्गुलजैपालैर्द्व्या दन्त्यम्बुमर्दितैः । दिनार्द्धेन ज्वरं हन्याद् गुञ्जैकं सितया सह ॥

Briddha-jwara'nkusha rasa.

One part of mercury, two parts of cinnabar, and three parts of croton seeds are to be rubbed with the decoction of danti for twelve hours, and dried in the sun. Dose, one racti, each, to be taken with a little of sugar and water.

मृत्युञ्जयरसः ।

तालं ताम्ररजो रसश्च गगनं गन्धश्च जैपालकं । तुल्यांशप्रमितं तदर्द्धमुदितं टङ्कं शिला माक्षिकम् । तालस्य द्विगुणं विषस्य शिखिनः पिष्ट्वा रसैः पाचितो । यश्चिन्तामणिवज्ज्वरौघविजयी नाम्ना तु मृत्युञ्जयः ॥

Mrityunjaya-rasa.

One part each of orpiment, copper, mercury, mica, sulphur, and croton-seeds, half a part each of borax, realgar, and copper-pyrites, and two parts of aconite—all these are to be rubbed together with the juice of apa'ma'rga and subjected to heat by laghu-putam. Dose, one racti. It cures all sorts of fever.

वृहज्ज्वराङ्कुशरसः ।

शुद्धं सूतं विषं गन्धं धूर्त्तवीजं त्रिभिः समम् । चतुर्भिश्च समं व्योषं चर्णीकृत्य निधापयेत् ॥ दन्तभाण्डेऽथवा शाङ्गे काष्ठे नैव

कदाचन । वातश्लेष्मज्वरे देयं द्वन्द्वजे वा त्रिदोषजे ॥ रसेन शृङ्गवेरस्य जम्बीरस्याथवा पुनः । गुञ्जाद्वयं च जीर्णेऽस्मिन् दधिभक्तं प्रयोजयेत् । एकद्वित्रिदिनैर्हन्याज्ज्वरान् दोषक्रमेण तु । वृहज्ज्वराङ्कुशो नाम रसोऽयं शम्भुनोदितः ॥

Brihat-jwara'nkusha-rasa.

One part of mercury, one part of aconite, one part of sulphur, three parts of seeds of dhutura, and two parts each of maricha, sunthi, and pippali—all these are to be mixed together and kept in a pot made of ivory or horn of buffallo. It should by no means be kept in a wooden pot If cures fever due to the excess of two or three of the doshas, if given in doses of two ractis each, taken with honey and ginger juice or lime juice. Boiled rice mixed with curd, is to be taken after the medicine is digested.

वटुकभैरव रसः ।

सूतं गन्धं विषं ताम्रं गृहीतं सममानतः । धूर्त्तूररसभावितं शतधाऽतिप्रयत्नतः ॥ आर्द्रकस्वरसेनैतद् देयं गुञ्जाप्रमाणतः । वटुकभैरवो रसो नवज्वरविनाशकः ॥

Batuka-bhairava rasa.

Equal quantities of mercury, sulphur, aconite, and copper—are to be mixed together and subjected to bha'vana' for hundred times with the juice of dhutura'. This cures nava-jwara, if taken in doses of one racti each, with honey and ginger juice.

नन्दिकेश्वर रसः।

ताम्रस्य सरसं भस्म विषं च तुल्यमानतः। इयं विमर्दितं हेम्नः शतधा भावितं रसैः॥ गुञ्जार्द्धं सन्निपातादिनवज्वरहरं परम्। आर्द्राम्बुशर्करासिन्धुयुक्तमेतत् प्रदापयेत्॥ इक्षुद्राक्षासितायुक्तं दधि पथ्यं रुचौ ददेत्। रसोऽयं नन्दिकेश्वरो नवज्वरनिसूदनः॥

Nandikeshwara rasa.

Ashes of copper prepared with mercury (see page 279, vol. II) and an equal quantity of aconite are to be mixed together, and rubbed with the juice of dhutura', for hundred times, and subjected to bha'bana' after each act of rubbing. It cures all sorts of nava-jwara, if taken in doses of half a racti with honey, ginger juice, sugar, and rock-salt, three or four times a day. Diet, juice of sugar-cane, grapes, and curd mixed with sugar, given when the patient feels an appetite for food.

भूदेवरञ्जन रसः।

हिंगुलोत्थं रसं ताम्रं लौहं च गन्धकं तथा। गगनं वत्सनाभं च सुशोधितं सुचूर्णितम्॥ शृङ्गवेररसैः सर्वं मर्दयेदति यत्नतः। द्विगुञ्जं मधुना देयं नित्यं वारचतुष्टयम्॥ भूदेवरञ्जणो रसो भूदेवेन प्रकल्पितः। सर्वविधं नवज्वरं तूर्णमसौ विनाशयेत्॥ शेफालीरसयोगेन निहन्ति विषमज्वरम्॥

Bhudeva ranjana rasa.

An equal quantity of mercury, duly extracted from cinnabar, copper, iron, sulphur, mica, and aconite, duly purified and well-powdered, is to be rubbed with the juice of ginger

and made into pills, two ractis each. This medicine, taken four times a day, with honey, cures all sorts of nava-jwara. It cures chronic fever also, if taken with honey and juice of shepha'lika' leaves.

लोकेन्द्र रसः।

रसमाषकचत्वारि चूर्णेष्टकैर्विमर्द्दयेत्। शोधयित्वा ततः शोध्यं तीक्ष्णपर्णे तथार्द्रके॥ स्वर्णधुस्तूरसत्त्वे च हृद्दारदले तथा। कन्यकानिजसत्त्वे च रसशोधनमुत्तमम्॥ गन्धकं रसतुल्यन्तु प्रक्षाल्य तण्डुलाम्बुना। कृत्वा तैलसमं दर्व्व्यां निर्व्वाप्य चित्रक-द्रवे॥ द्वाभ्यां कज्जलिकां कृत्वा लौहचूर्णस्य माषकम्। सुवर्ण-माक्षिकमपि तत्र लौहसमं ददेत्॥ कृत्वा कण्टकवेधान्तु ताम्रं कज्जल-लेपितम्। मुहूर्त्तं सम्पुटध्मातं द्रुतं चूर्णत्वमाप्नुयात्॥ एकीकृत्य तु तत् सर्व्वं ततः प्रस्तरभाजने। मर्द्दयेत् ताम्रदण्डेन दत्त्वा चैषां निजद्रवम्॥ प्रथमे केशराजस्य द्वितीये शोभसुन्दरः। तृतीये भृङ्गराजस्य चतुर्थे भेकपर्णिका॥ पञ्चमे च निसुन्दारः षष्ठे च रस-पूर्त्तिका। सप्तमे पारिभद्रस्य अष्टमे रक्तचित्रकः॥ शक्राशनस्य नवमे दशमे काकमाचिका। एकादशे तथा नीला द्वादशे हस्ति-शुण्डिका॥ अमीषामोषधीनान्तु प्रत्येकन्तु पलद्रवम्। मर्द्दयेत् तु प्रयत्नेन द्वादशाहेन साधकः। ततः पारदमानन्तु दत्त्वा त्रिकटु-गुण्डकम्। वटिकां राजिकातुल्यां छायाशुष्कां समाचरेत्। ततः शम्बुकजे पात्रे धर्त्तव्या वटिका त्वियम्। शरावे शङ्खपात्रे वा कृत्वा सलिलगोलितम्॥ अत्यन्तदोषदुष्टाय ज्ञानशून्याय रोगिणे। ऊर्द्ध-योनिं समभ्यर्च्य प्रदद्याद् वटिकाद्वयम्। ढक्कयेत् तं ततः पश्चाद्वरं स्थूलपटादिभिः। मलमूत्रागमात् सद्यः स साध्यो भवति द्रुतम्।

दध्यन्नन्तु ततो दद्यात् पिवेद्वारि यथेच्छया। दद्याद्वातहरं तैलमभ्यङ्गाय सदैव हि॥ चिरज्वरे पिवेद्वारि पञ्चमूलीप्रसाधितम्। ग्रहण्यां रक्तपाते च तथा पिवेदतिविषां गदी॥ पिवेत् पर्पटजं वारि घोरे कम्पज्वरे सदा। तथा ज्वरातिसारे च जीरकस्य जलं पिवेत्॥ मन्दाग्नौ कामलायां च तथा संग्रहणीगदे। श्वासे कासे प्रदातव्यो लोकेन्द्राख्यो रसः सदा॥

Lokendra rasa.

One fourth tola of mercury is to be purified by rubbing it with powdered brick, juice of leaves of karma-ranga (averrhoa carambola), ginger-juice, juice of black dhutura' leaves, juice of leaves of briddha-da'raka (argyreia speciosa), and kanya'. An equal quantity of sulphur is also to be purified by being, first of all, washed with the water with which rice has been washed, then melted in an iron pot and immersed in the juice or decoction of chitraka plant * Prepare a black sulphuret of mercury by rubbing these two together, and then mix with it one sixteenth tola in weight of each of iron and swarna-ma'kshikam, rub them all together (with lime juice) and make them into a paste. Smear with this paste a copper leaf, so thin as can easily be pierced through by a thorn, and subject it to heat by a la'baka putam (see vol. I, page 298) for 45 minutes only. When cooled, the medicine is to be rubbed, by means of a copper rod, for one day each with four tolas of the juice of the leaves of each of the following :—kesha-ra'ja, grishma-sundara, bhringa-ra'ja, manduka-parni, nirgundi, jyotismati, pa'ribhadra, red chitraka, bhanga', ka'ka-ma'chi, nila' (indigo), and hasti-shundi. Thus rubbing the medicine for 12 days, mix with it one

* Mercury and sulphur may also be purified in the way described in vols. I & II.

fourth tola of powdered trikatu (i.e, shunthi, pippali, nd maricha, combined), to be made into pills of the size of a mustard seed. These pills are to be dried up in a shady place, not exposed to the sun's rays.

Two of such pills should be given to a patient suffering from fever due to an abnormal excess of the three dosas, specially when he is in a state of delirium or unconciousness. The body of the patient should be covered by means of a thick piece of cloth, so long as the patient does not feel better by purgation. He should then be allowed to take food with curd and to drink a sufficient quantity of water. A little later, medicated oil, having the property of pacifying va'yu (such as na'ra'yana tailam) should be rubbed all over the body. The following are the accompaniments of the medicine :— decoction of panchamuli in chronic fever, decoction of ativisa in chronic diarrhœa and dysentery, juice of parpata in fever attended with shivering, and water in which jeera' has been kept immersed for about three hours in fever attended with diarrhœa. This medicine may also be used in indigestion, jaundice, asthma, and cough.

ज्वर-मृत्युञ्जयरसः।

रसगन्धकपिप्पलीविषमरिचटंकणान्। संमर्द्य समभागेन गुञ्जाद्वयमितं ददेत्॥ मधुना लेहनं प्रोक्तं सर्व्वज्वरनिवृत्तये। दध्युदकानुपानेन वातज्वरनिवर्हनः॥ आर्द्रकस्य रसैः पानं दारुणे सान्निपातिके। जम्वीररसयोगेन अजीर्णज्वरनाशनः॥ अजाजी-गुड़संयुक्तो विषमज्वरनाशनः। नवज्वरे महाघोरे यामैकान्नाशयेज् ज्वरम्॥ मध्यज्वरं तथा जीर्णं तिरात्रान्नाशयेद् ध्रुवम्। अजीर्णे च कफाभावे दाहे च वातपैत्तिके। सितां दद्यात् प्रयत्नेन

नारिकेलाम्बु निर्भयम् ॥ ज्वरमृत्युञ्जयो नाम रसः सर्व्वज्वरापहः । अनुपानविशेषेन निहन्ति सकलान् गदान् ॥

Jwara-mrityunjaya rasa.

An equal quantity of mercury, sulphur, pippali, aconite, maricha, and borax are to be rubbed together (with the juice of ginger) and made into pills, two ractis in weight each, to be taken (three or four times a day) with honey, for the cure of all sorts of fever. It may be taken with curd water in fever due to an excess of va'yu, with ginger juice in fever due to an excess of the three dosas (viz va'yu, pittam, and kappa), with lime juice in fever due to indigestion, with black jeera' and molases, in chronic fever. If the patient is not much emaciated, and if there is absence of an excess of kapha and a heating sensation due to an excess of va'yu and pittam, the patient may be given sugar with water or cocoanut water, as much as he likes.

सर्व्वज्वरारि रसः ।

ताल ं ताम्रमयोरजश्च शिवजं तुत्थाभ्रकं कान्तकं । नागं स्याच्च समांशकं सुमर्दितं मूलं च पौनर्नवम् । भृङ्गीकासहरीपुनर्नव महामन्दारपत्रोद्भवैः । कल्कं वालुकायन्त्रपाचितमिदं सर्व्वज्वरस्यान्तकृत् ॥

Sarva-jwara'ri rasa.

An equal quantity of orpiment, copper, iron, mercury, copper sulphate, mica, load-stone (ka'nta iron), lead, and root of punarnava', pestled with water, are to be rubbed together with the juice of leaves of each of the following :—bhringara'ja, kantaka ri, punarnava', and pa'ribhadra. The product is then

to be put upon an earthen basin covered by another, the joint being cemented by mud, etc. When dried, the medicine contained in the earthen basins is to be heated by means of the third kind of ba'luka' jantram (vide page 260, vol I). This medicine also cures all sorts of fevers.

रत्नगिरि रसः ।

शुद्धसूतं समं गन्धं मर्द्दयेद् भृङ्गजद्रवैः । पर्पटीरसवत् पाच्यं चूर्णितं योजयेत् ततः ॥ मृतताम्राभ्रहाटकम् प्रत्येकं सूतमानतः । सूतार्द्धं मृतलौहकम् लौहार्द्धं दग्धहीरकम् ॥ शिग्रुवासकनिर्गुण्डीवचाग्निभृङ्गमुण्डिकैः । क्षुद्रामृतजयन्तीभिर्मुनिब्रह्मीसुतिक्तकैः ॥ कन्यायाश्च द्रवै र्भाव्यं प्रतिवारं त्रिधा त्रिधा । रुद्धा लघु पुटे पाच्यं वालुकायन्त्रमध्यगम् । अग्निं निरुध्य यत्नेन स्वाङ्गशीतं समुद्धरेत् । चूर्णं नवज्वरे देयं माषमात्रं रसस्य वै ॥ कृष्णाधान्यसमायुक्तं मुहूर्त्तान्नाशयेज ज्वरम् । अयं रत्नगिरि र्नाम रसो योगस्य वाहकः ॥

Ratnagiri rasa.

An equal quantity of mercury and sulphur is to rubbed together and made into a black sulphuret of mercury. This is to be heated and made into a parpati in the same way as described later in connection with the preparation of rasa-parpati (vide, treatment of chronic diarrhœa). Reduce this parpati to fine powder and mix with it copper, mica, gold, each equal in quantity to mercury, iron half the quantity of mercury, and vaicra'nta (garnet) half the quantity of iron. All these are to be rubbed together in a stone mortar and subjected to bha'bana' three times each with the juice or decoction of the following :—sigru, ba saka nirgundi, bacha', chitraka, bhringa-

ra'ja, bhukadamba, kantaka'ri, guruchi, jayanti, baka-flower, bra'hmi, kira'ta-ticta, and kanya'. The product is then to be confined in a crucible or putam (vide. page 294, Vol. I) and heated by means of the third kind of ba'luka'-jantram (vide. page 260, Vol. I). After finishing the heating, the fire is to be extinguished. When cooled by radiation of heat, the medicine is to be taken out, and powdered. This medicine cures nava-jwara very quickly. Dose, 6 ractis, to be taken with the decoction of pippali and dhanya'. This medicine is a joga-va'haka i,e one which much increases the merits or demerits of another thing with which it is mixed.

नवज्वरारि रसः।

एकभागो रसो भागद्वयञ्च शुद्धगन्धकम्। गरलस्य त्रयो भागाश्चतु-
र्भागा हिमावती॥ जैपालस्य शरांशाश्च निम्बुद्रवविमर्दिताः
क्रिमिघ्नप्रतिमावद्धाः कार्य्याः सर्व्वज्वरच्छिदः॥ आर्द्ररसेन दातव्या
वटिकैका दिने दिने। जीर्णज्वरे तथा जीर्णे समे वा विषमेऽपि वा॥
निहन्त्यसौ ज्वरं सर्व्वं दावो वनमिवानलः॥

Navajwara'ri rasa.

One part of mercury, two parts of sulphur, three parts of aconite, four parts of swarana-kshiri, and five parts of croton seeds are to be rubbed together with lemon-juice and made into pills, one racti in weight each. It cures all sorts of fever, if taken with ginger juice.

पार्व्वतीशंकर रसः।

शुद्धसूतञ्च गन्धञ्च विषञ्च जयपालकम्। कटुत्रयञ्च त्रिफला
टङ्कनञ्च समांशकम्॥ विमर्द्य वारिणा सर्वं वल्लमितां वटीं दद्देत्।

सर्व्वेषु ज्वररोगेषु सामवाते विशेषतः॥ नाशयेच्छ्वासकासञ्च वह्नि-
मान्द्यं च सत्वरम्। ब्रह्मणा निर्म्मितः पूर्व्वं पार्वतीशंकरो रसः॥

Pa'rbati sankara rasa.

Equal quantities of mercury, sulphur, aconite, croton seeds, trikatu, triphala', and borax are to be rubbed with water, and made into pills, three ractis in weight each. It cures all shorts of fevers, especially those which are attended with rheumatism, asthma, cough, and loss of appetite.

नवज्वराङ्कुश रसः।

क्रमेण वृद्धान् रसगन्धहिङ्गुलान् नैकुम्भवीजानथ दन्तिवारिणा।
पिष्ट्वास्य गुञ्जाभिनवज्वरापहा जलेन सार्द्धं सितया प्रयोजिता॥

Navajwara'nkusa rasa.

One part of mercury, two parts of sulphur, three parts of cinnabar, and four parts of croton seeds are to be rubbed with ten parts of the decoction of roots of danti plant, and made into pills, one racti in weight, each. It cures all shorts of nava-jwara. The decoction is to be prepared as follows:— Two and half parts of roots of danti, to be boiled with sixteen times its weight of water, which is to be reduced to one fourth its quantity. Accompaiment for this medicine—sugar, dissolved with water.

ज्वरभञ्जीरसः।

रसहिङ्गुलगन्धञ्च जैपालं सम्मितं त्रिभिः। दन्तीक्वाथेन संमर्द्य
रसो ज्वरहरः परः॥ आर्द्रकस्वरसेनाथ दापयेद् रक्तिमानतः। नव-

ज्वरं महाघोरं नाशयेदेव सत्वरम् ॥ शर्करादधिभक्तञ्च पथ्यं देयं प्रयत्नतः । शीततोयं पिबेच्चानु इक्षुमुद्गरसो हितः । ज्वरभञ्जीरसो नाम्ना सर्व्वज्वरकुलान्तकृत् ॥

Jwara-bhanji rasa.

One part each of mercury, cinnabar, and sulphur, and three parts of croton seeds, are to rubbed together with the decoction of roots of danti, and made into pills, one racti in weight, each.

Accompaniment for this medicine is honey and ginger juice. It cures nava-jwara, of malignant types, even. It is necessary to take juice of sugar canes, soup of mudga grams, or cold water, a little after taking the medicine. Diet, boiled rice, mixed with sugar and curd.

स्वच्छन्दभैरव रसः ।

पिप्पली जातिकोशं च पारदं गन्धकं विषम् । वारिणा मर्दयेत् खल्वे रक्तिद्वयं प्रयोजयेत् ॥ स्वच्छन्दभैरवो नाम भैरवेण विनिर्म्मितः । नवज्वरं महाघोरं नाशयेन्नात्र संशयः ॥

Swachanda-bhairaba rasa.

Equal quantities of pippali, jatikosha, mercury, sulphur, and aconite, are to be rubbed with water and made into pills, of two ractis in weight, each. This medicine cures nava-jwara, even of a virulent type.

नवज्वरेभाङ्कुश रसः ।

सगन्धटंकं रसतालकञ्च विमर्द्य संभावय मीनपित्तैः । दिनद्वयं

वल्लमितं प्रदद्याद् वृन्ताकतक्रौदनमेव पथ्यम् । नवज्वरेभाङ्कुश नामधेयः क्षणेन घर्म्मोद्गममातनोति ॥

Nava-jwarebha'nkusha rasa.

One part each of borax and sulphur, and two parts of rasata'laka (see page 115, vol. I) are to be rubbed together and subjected to bha'bana', for two days, with the bile of rohita fish, and made into pills, three ractis in weight, each.

Diet, brinta'ka (egg-fruit), butter-milk, and boiled rice. This medicine cures fever very soon, by making the patient perspire just before the remission.

नवज्वरेभसिंह रसः ।

शुद्धसूतन्तथा गन्धं लौहं ताम्रञ्च सीसकम् । मरिचं पिप्पली विश्वं समभागानि कारयेत् ॥ अर्द्धभागं विषं दत्त्वा मर्द्दयेद् वासरद्वयम् । शृङ्गवेराम्बुपानेन दद्याद् गुञ्जाद्वयं भिषक् ॥ नवज्वरे महाघोरे धातुस्थे ग्रहणीगदे । नवज्वरेभसिंहोऽयं सर्व्वज्वरकुलान्तकृत् ॥

Nava-jwarebha-sinha rasa.

Equal quantities of mercury, sulphur, iron, copper, lead, maricha, pippali and sunthi, and aconite being half the quantity of each of them, are to be rubbed together with water, for two days, and made into pills, two racti in weight, each. Accompaniment, honey and ginger-juice. If cures all shorts of fever and cronic diarrhœa.

नवज्वरहर रसः ।

रसगन्धौ विषं शुण्ठी पिप्पली मरिचानि च । पथ्या विभीतकं

धात्री दन्तीवीजं च शोधितम्॥ चूर्णमेषां समांशानां द्रोणपुष्पीरसैः पुटेत्। वटीं माषनिभां कुर्य्याद् भक्षयेन् नूतनज्वरे॥

Nava-jwara-hara rasa.

Equal quantities of mercury, sulphur, aconite. shunthi, pippali, maricha, haritaki, bibhitaki, a'malaki and croton seeds are to be rubbed together with the juice of dronapuspi. The compound is then to be dried and heated by la'bakaputam (see page 298, vol. I). It is then to be rubbed with water and made into pills, two ractis in weight, each. It cures nava-jwara.

सर्व्वाङ्गसुन्दरचिन्तामणिरसः।

अभ्रकं गन्धकं सूतं तोलैकैकं पृथक् पृथक्। गृहीत्वा विषतोलार्द्धं तोलार्द्धं तिन्तिरीफलम्॥ एतत् सर्व्वं समं कृत्वा मर्द्दयेत् खल्वमध्यतः। श्लक्ष्णतां याति तद् यावत्तावत् संमर्द्दयेच्छनैः॥ विस्तारे परिणाहे च गर्त्तं कृत्वा षडङ्गुलम्। फणिवल्लीदलान्यन्तर्गर्त्तायां प्रक्षिपेत्ततु। पर्णेषु सूतकल्कं तं गर्त्तायां स्थापयेद् दृढ़म्। कल्कादुपरि तत्पर्णैर्गर्त्तावक्त्रं प्रपुरयेत्॥ गर्त्तायां तु ततो देयं पुटमारण्यकोत्पलैः। स्वाङ्गशीतलतां ज्ञात्वा समाकर्षेत्ततः परम्॥ सूतलिप्तदलैः सार्द्धं कल्कं खल्वे विमर्द्दयेत्। तोलार्द्धममृत क्षिप्त्वा तोलार्द्धं तिन्तिरीफलम्॥ स्थापयेत् खल्वितं कल्कं योजयेत् गुञ्जमात्रया। शृङ्गवेराम्भसा युक्तं तीक्ष्णचित्रकसैन्धवैः॥ सन्निपाते तथा वाते त्रिदोषे विषमज्वरे। अग्निमान्द्ये ग्रहण्यां च तथा देयोऽतिसारिणि॥ भोजनं दधिभक्तं च रसेऽस्मिन् संप्रयोजयेत्। व्याधयादिकं यदा कुर्य्यादुदकं ढालयेत्ततः॥ एष योगवरः श्रीमान्

प्राणिनां प्राणदायकः। चिन्तामणि रिति ख्यातो रसः सर्व्वाङ्गसुन्दरः॥

Sarba'nga sundara chintamani rasa.

One tola' in weight of mica, sulphur, and mercury, each, half a tola' of aconite and croton seeds, each—all these are to be rubbed together slowly and reduced to a very fine dust. This is then to be rubbed with water and made into a paste, with which a few betel leaves are to be smeared. A pit, six angulis square,* is to be filled with these leaves, covered with other betel leaves, not smeared with the paste. A fire made of cowdung cakes, collected from pasturage, is to be kindled upon these leaves. After the fire is extinguished and the ground cooled by radiation of heat, the burnt leaves are to be taken out and powdered in a stone mortar. Half a tola of aconite and croton seeds each, are to be mixed with this powder. All these are then to be rubbed together with water and made into pills one racti in weight, each. Dose, one racti.

Accompaniments—one racti in weight of ginger juice, powdered maricha, powdered roots of chitraka, and rock-salt. It cures fever due to an excess of the doshas, either primary or chronic, fever due to an excess of va'yu, indigestion, and diarrhoea, acute or chronic. Diet, boiled rice with curd. In the event of any untoward symptom arising, the head is to be washed with cold water poured in torrents. It is a very efficacious medicine.

चन्द्रादित्य रसः।

तुल्येन तुल्यः शिवजश्च गन्धो जम्बीरनीरेण विमर्द्दनीयः। दिन-

* Six angulis are equal to one fourth cubit or ½th foot.

त्र्यं मेलय तेन तुल्यं व्योषं ततः सिध्यति चन्द्रसूर्य्यः। वल्लो विजेतुं विषमावलम्बि दलेन देयो भुजगाख्यवल्ल्याः। दुग्धं हितं स्यादिह शृङ्गवेररसेन शैतेषु च सेवनीयम्॥ तक्रं सगर्भाज्वरशूलयोस्तु द्राक्षाम्बुना पथ्यमनन्तरोक्तम्। रोधं वरायाः सलिलेन शूलं जम्वीरनीरेण वराजलेन॥ अपस्मृतावत्र नियोजनीयमभ्यञ्जनं निम्बपयोभवाभ्याम्॥ घृतौदनं स्यादिह भोजनाय जम्वीरनीरेण निहन्ति गुल्मम्॥ हिङ्गुम्लिकानिम्बरसेन देयं प्लीहोदरे स्यादिह तक्रभक्तं। स्तम्भार्थमस्मिन ससितं पयः स्यात् गुड़ो नियोज्यो वमनप्रशान्त्यै॥

Chandra'ditya-rasa.

Equal quantities of copper sulphate, mercury, and sulphur are to be rubbed together, for three days, with lime juice, and mixed with an equal quantity of powdered trikatu. Three ractis in weight of this medicine, taken with a piece of betel leaf, cures visama-jwara. Milk is to be taken a little after taking this medicine. In case of fever attended with a sensation of cold, this medicine is to be taken with ginger juice, butter milk being taken a little after the medicine. In case of fever and colic of a woman, in her family way, this medicine is to be given with grape juice and suitable diet. Taken with the decoction of triphala', this medicine removes constipation. It cures colic if taken with lime-juice. In hysteria, this medicine is to be taken with decoction of triphala', and the body of the patient is to be rubbed with the juice of leaves or bark of nimba plant, mixed with clarified butter; the diet for such a patient should be boiled rice mixed with clarified butter. This medicine cures gulma (a kind of tumour in the abdomen), if taken with lime juice

In enlargement of spleen, it is to be given with hingu, (asafœtida) juice of tamarind and lemon juice, the diet being boiled rice mixed with butter milk. It helps retention of semen, taken with milk and sugar. The patient is to take molases to prevent vomiting which sometimes follows the taking of this medicine.

त्रैलोक्यमोहन रसः।

रसगन्धकयोर्माषं प्रत्येकं कज्जलीकृतम्। शक्रश्च मुषली चैव धुस्तूरकेशराजकम्॥ देवदाली जयन्ती च तथा मण्डुकपर्णिका। एषां पत्ररसैः शाणैः शिलायां खल्लयेत् पुनः॥ शोषयित्वा वटी कार्य्या त्वनेका राजिकोपमा। त्रिदोषजं ज्वरं हन्ति तथा प्रवलकोष्ठकम्॥ तस्मे तु नारिकेलस्य जलं देयं प्रयत्नतः। त्रैलोक्यमोहनो नाम सन्निपातहरो रसः॥

Trailokya-mohama rasa.

Six ractis of mercury and same quantity of sulphur are to be rubbed together and made a kajjali (black sulphuret of mercury), with which is to be mixed one fourth tola' in weight of the juice of the leaves of each of the following :—kutaja, mushali, dhattura', kesha-ra'ja, devada'li, jayanti, and manduka-parni. When the rubbing is completed, pills of the size of mustard seeds are to be made. It cures fever due to the three doshas and constipation. Cocoanut water is to be drunk by the patient, if he feels a heating sensation after taking the medicine.

सौभाग्यादि रसः।

सौभाग्यामृतजीरपञ्चलवणव्योषाभयाद्यामलानिश्वन्द्राभ्रकशुद्धगन्ध-

कारसानेकीकृतान् भावयेत्। निर्गुण्डीयुगभृङ्गराजकवृषापामार्ग-पत्रोल्लसत् प्रत्येकस्वरसेन रक्तियुगलं हन्ति त्रिदोषोदयम्॥ येषां शीतमतीव देहमखिलं स्वेदद्रवार्द्रीकृतं निद्रा घोरतरा समस्तकरण व्यामोहमुग्धं मनः शूलश्वासवलासकाससहितं मूर्च्छारुचौ तृड्ज्वरं तेषां वै परिहृत्य मृत्युवदनात् प्रत्यानयेज्जीवनम्॥

Saubha'gya'di rasa.

Borax, aconite, jeera', five salts (viz. sea salt, rock salt, bira, salt petere and sambara salt, see page 283, Vol. III) combined in equal quantities, trikatu, haritaki, bibhitaki, a'malaki, mica, sulphur, and mercury—all these are to be taken in equal quantities, rubbed together, and subjected to bha'vana' with the juice of the leaves of each of the following :—nirgundi, white bhringara'ja, yellow bhringara'ja, ba'saka, and apa'ma'rga. Pills are then to be made two ractis in weight each. It cures fever due to an excess of the three doshas, attended with such symptoms as unusually deep sleep, delirium asthma, cough, hiccough, fainting fit, aversion to food, and thirst.

भुवनेश्वर रसः।

जयार्कस्वरसश्चैव निर्गुण्डी वासकं तथा। वाट्यालकं करञ्जञ्च सूर्य्यावर्त्तकचित्रकौ॥ ब्राह्मी च वनकार्पासी तथैव भृङ्गराजकः। दन्ती च त्रिवृता चैव तथारग्वधपत्रकम्॥ सहदेवामरं भण्टि तथा त्रिपुरभण्टिका। मण्डुकपर्णि पिप्पल्यौ द्रोणपुष्पकवायसी॥ गुञ्जाकिनी केशराज स्तथा योजनमल्लिका। प्रसारणीति विख्यातो धुस्तूरः कनकस्तथा॥ त्रैलोक्यविजया चैव तथा श्वेतापराजिता। प्रत्येकं

कार्षिकश्चैव रसमाकृष्य भाजने॥ एकैकस्य रसं दत्त्वा मर्द्दयेल्लौह-दण्डतः। चण्डातपे च संशोष्य चीरं तत्र पुनः क्षिपेत्॥ स्नुही-चीरश्चार्कदुग्धं वटदुग्धं तथैव च। प्रत्येकं कार्षिकं दत्त्वा मर्द्दयेच्च पुनः पुनः॥ सुमर्द्दितञ्च तं ज्ञात्वा यदा पिण्डत्वमागतम्। द्रव्याण्येतानि संचूर्ण्य वस्त्रपूतानि कारयेत्॥ दग्धक्षीरं चातिविषां कुचिलामभ्रकं तथा। पारदं शोधितश्चैव गन्धकं विषमाधुरम्॥ हरितालं विषश्चैव माक्षिकं च मनःशिला। प्रत्येकं च चतुर्म्माषं सर्व्वं चूर्णीकृतं च तत्॥ प्रक्षिप्य मर्दयेत् सर्वं शोषयित्वा पुनः पुनः। सुमर्द्दितं च तत् कुर्य्याच चाङ्गेरीस्वरसेन च॥ उत्थाप्य भेषजं दृष्ट्वा यदा पिण्डत्वमागतम्। तिलप्रमाणा गुड़िकाः कारयेन्मति-मान् भिषक॥ त्रिदोषपीड़ितो ज्वरी मुच्यते अनया त्वरा। लङ्घनै-र्वालुकास्वेदैः प्रक्रान्तो दीनदर्शनः॥ संपूज्य स्वेष्टदेवतां श्रुत्वा चाघोरमन्त्रकं। शरावे वारिणा दृष्ट्वा विंशतिं वटिकाः पिवेत्॥ पीततद्भेषजं पश्चाद् वस्त्रैराच्छादयेन्नरम्। रसलग्नं वपुर्ज्ञात्वा दद्याद्वारि सुशीतलम्॥ शरावप्रमितं वारि पातव्यञ्च पुनः पुनः। सन्निपातज्वरंचैव दाहं चैव सुदारुणम्॥ कासं श्वासञ्च हिक्काञ्च विड्ग्रहञ्चाश्मरीं जयेत्। मूत्रस्रावविवन्धे तु दातव्यं चीरसंयुतम्॥ पञ्चतृणकृतक्काथं दातव्यं च पुनः पुनः। रसोऽयं भुवनेश्वरो लोक-नाथेन निर्म्मितः। लोकानामुपकाराय सर्व्वसिद्धिप्रदायकः॥

Bhubaneshwara rasa.

One tola in weight of the juice of the following is to be taken, in order, and rubbed by means of an iron rod and dried in the sun :—jayanti, arka, nirgundi, ba'saka, bala', karanja, surya'varta, chitraka, bra'hmi, bana-ka'rpa'si,

bhringara'ja, danti, tribrit a'ragbadha, sahadebi, amara-kanda, bhanti, brihat bhanti, mandukaparni, pippali, dronapuspi, ka'kamachi, gunja', kesara'ja, jojonamallika', asa'rana', black dhustura, bhanga', and white apara'jita'.

One tola in weight each of the milk of the following plants is then to be mixed, in order, with it: snuhi, arka, and bata (banian). The whole thing is to be so rubbed as to make a lump. Then mix with it half a tola in weight of kajjali (black sulphuret of mercury i.e. containing an equal quantity of mercury and sulphur rubbed together). Mix again with it one fourth tola in weight each of incinerated vaikra'nta (garnet, ativisha, nux-vomica, mica aconite, orpiment, aconite, copper pyrites, and realgar, and rub them all together again and again. When sufficiently rubbed and dried, the compound is again to be rubbed with the juice of cha'ngeri, and made into pills so small as sesamum. Twenty such pills, dissolved with water are to be given to a patient whose body is then to be covered with a piece of cloth. As soon as the action of the medicine is felt, the head of the patient is to be washed with cold water, and he is to be allowed to drink cold water thirty two tolas in weight, over and over again, This medicine cures fever due to an excess of the three doshas, attended with such symptoms as cough, asthma, hiccough, constipation and obstruction of urine by stones. When a fever in attended with stricture, the medicine is to be given with milk and decoction of the panchtrina (viz. kusha, ka'sha, shara, ikshu, and darbha).

सूतेन्द्र रसः ।

सूत गन्धकटङ्कन शुभविषं धुस्तूरवीजं कटुम् नीत्वा भागयथोत्तरद्विगुणितश्चोन्मत्तमूलाम्बुना कुर्य्यान्माषवटीं सुखाति-

सुखदां सर्व्वान् ज्वरान् नाशयेदेष श्रीशिवशासनात् प्रजनितः सूतेन्द्र-संज्ञान्वितः । नारिकेलसितायुक्तं वातपित्तज्वरं जयेत् । मधुना श्लेष्मपित्तोत्थं ज्वरं संनाशयेद् ध्रुवम् ॥ सन्निपातज्वरं घोरं नाशयेदार्द्रनीरतः ॥

Sutendra-rasa.

One part of mercury, two parts of sulphur, four parts of borax, eight parts of aconite, sixteen parts of seeds of dhutura, and thirty two parts of trikatu, are to be rubbed together with the juice of roots of dhutura, and made into pills, six ractis in weight each. This cures all sorts of fever. It is to be given with sugar and green cocoanut water in fever due to va'yu and pittam, with honey alone in fever due to pittam and kapha, and with ginger juice and honey in fever due to the three doshas.

अचिन्त्यशक्तिरसः ।

रसगन्धकयो र्ग्राह्यं प्रत्येकं माषकद्वयम् । भृङ्गकेशाखुनिर्गुण्डी-मण्डूकीपत्रमुन्दराः ॥ श्वेतापराजितामूलं शालिञ्चं कण्टमारिषम् । सूर्य्यावर्त्तः सितश्चैषां चतुर्माषकसम्मितैः ॥ प्रत्येकस्वरसैः खल्ले मर्दयेदवधानतः । स्वर्णमाक्षिकमापञ्च दत्त्वा मरिचमाषकम् । नेपाल-ताम्रदण्डेन दृष्ट्वा तत् कज्जलद्युति । वटी मुद्गोपमा कार्य्या च्छाया-शुष्का तु रचिता ॥ प्रथमे वटिकास्तिस्रः धृत्वा नवशरावके । शिवं खसर्पनं चैव पूजयित्वा प्रणम्य च । वारिणा गोलयित्वा तु पातुं देयं च रोगिणे । स्वेदोपवासरचितं क्लान्ते चात्यवले तथा ॥ द्वितीयेऽह्नि वटीयुग्मं वटीमेकां तृतीयके । यावन्तो वटीका देया-

स्रावज्जलशरावकम् ॥ तृष्णायाञ्च रसं दद्याज्जाङ्गलानां जलं तथा ॥ तुलापदधिसंयुक्तं भक्तं भोज्यं यथेप्सितम् ॥ लावपक्षिरसो देयः संस्कृतः सैन्धवादिभिः । पथ्यमग्निवलं वीक्ष्य वारिभक्तरसं तथा ॥ शिरस्खलनशूलादौ तैलं नारायणादि च ॥

Achinta shakti-rasa.

Take ⅛ tola each of mercury and sulphur and rub then together into kajjali (black sulphuret of mercury). Mix with it one fourth tola' in weight of the juice of each of the following :—bhringa-ra'ja, kesha-ra'ja, nirgundi, mandu kaparni, grisma-sundara, roots of white apara'jita', sha'lincha, thorny megha-na'da, and white surja'varta. Mix again with it one fourth tola in weight, each, of copper pyrites and maricha, and rub all these in a stone-mortar with a copper rod, so long as the compound does not turn black. Then, prepare pills one racti in weight each to be dried in a shady place. This medicine is very beneficial to a patient suffering from fever, perspiring, emaciated and exhausted by fasting, and grown very weak. Three such pills are to be given on the first day, two on the second, and one on the third—these being dissolved with cold water at the time of adminstration. It is necessary to drink thirty two tolas in weight of cold water for every pill taken by the patient on a certain day. Juice of meat of wild animals and such birds as la'ba (a sort of quail), and cold water should be drunk for the purpose of quenching thirst. Diet, boiled rice mixed with curd prepared from buffalo's milk and gruel, in due consideration, of course, of the strength and appetite of the patient. In case of giddiness and headache, rubbing of the patient's head with such oil as "na'ra'yana tailam" is considered salutary.

ज्वरधूमकेतु रसः ।

भवेत् समं सूतसमुद्रफेन-हिङ्गुलगन्धं परिमर्द्य यत्नात् । नव-ज्वरे वल्लमितं त्रिघस्नमार्द्राम्बुनायं ज्वर-धूमकेतुः ॥

Jwara-dhuma-ketu rasa.

Equal quantities of mercury, condensed sea-foam, hingula (cinnabar), and sulphur are to be rubbed for three days with ginger juice and made into pills, three ractis in weight, each. It is a good medicine for nava-jwara.

श्रीरामरसः ।

गन्धकं पारदं तुल्यं मरिचञ्च त्रिभिः समम् । वीजं नैकुम्भकं मर्द्यं दन्तीक्वाथेन यामकम् ॥ द्विगुञ्जः शूलविष्टम्भानिलमामज्वरं जयेत् । कथितं रामराजेन साकेतेशेन धीमता ॥

Sree-ra'ma rasa.

One part of mercury, one part of sulphur, one part of maricha and three parts of croton-seeds are to be rubbed together for three hours with the decoction of danti, and made into pills, two ractis in weight, each. It cures rheumatic fever, colic, flatulence, and diseases due to an excess of va'yu. This was taught by Ra'ja' Ra'machandra of Ayodhya.

प्रचण्डेश्वर रसः ।

अमृतं पारदं गन्धं मर्दयेत् प्रहरद्वयम् । सिन्धुवाररसैः पश्चाद् भावयेदेकविंशतिम् ॥ दातव्यं तिलमात्रया शृङ्गवेररसान्वितम् ।

उद्वेगे मस्तके तैलं तक्रञ्चापि प्रदापयेत् । प्रचण्डेश्वरसंज्ञोऽयं नव ज्वरविनाशकः ॥

Prachandeswara rasa.

Equal quantities of aconite, mercury, and sulphur are to be rubbed together for six hours and subjected to bha'vana with the juice of nirgundi leaves for 21 times, and made into pills of the size of a sesamum seed. Accompaniment—honey and ginger juice. In case of disagreeable sensation in the head, it is to be rubbed with some cooling oil, and butter milk should be prescribed as diet. This medicine cures nava-jwara.

चण्डेश्वर रसः ।

रसं गन्धं विषं ताम्रं मर्दयेदेकयामकम् । आर्द्रकस्वरसेनैव मर्दयेत् सप्तवारकम् ॥ निर्गुण्ड्याः स्वरसैः पश्चान्मर्दयेत् सप्तवारकम् । गुञ्जैकार्द्ररसेनैव दत्ता हन्ति ज्वरं क्षणात् ॥ सुशीतलजले स्नानं तृष्णार्थे क्षीरभोजनम् । आम्रञ्च पनसञ्चैव चन्दनागुरुलेपनम् ॥ एतत् समो रसो नास्ति वैद्यानां हृदयङ्गमः । एष चण्डेश्वरो नाम सर्व्वज्वरकुलान्तकृत् ॥

Chadeswara rasa.

Equal quantities of mercury, sulphur, aconite, and copper are to be rubbed together for three hours, subjected to bha'vana' for seven times each with the juice of the leaves of nirgundi, and of ginger, and then made into pills one racti in weight each. Accompaniment, ginger juice. Bath

in cold water and other cooling actions are to be resorted to. Milk is to be taken, when thirsty. This medicine cures all sorts of fever, very soon.

त्रिपुरभैरव रसः ।

विषटङ्कवलिम्लेच्छदन्तीवीजं क्रमाद्वृद्धं । दन्त्यम्बुमर्द्दितं यामं रसस्त्रिपुरभैरवः ॥ वल्लो व्योषेण चार्द्रस्य रसेन सितयाथवा ॥ दत्तो नवज्वरं हन्ति मान्द्यामानिलशोथकृत् ॥ हन्ति शूलं सविष्टम्भमर्शांसि क्रिमिजान् गदान् । पथ्यं तक्रेण भोक्तव्यं रसेऽस्मिन् रोग-हारिणि ॥

Tripura bhairava rasa.

One part of aconite, two parts of borax, three parts of sulphur, four parts of cinnabar, and five parts of croton-seeds, are to be rubbed together for three hours with the decoction of danti, and made into pills, three ractis in weight each. Accompaniment, honey with trikatu or ginger juice; or sugar only. Diet to be given with butter milk. This medicine cures nava-jwara, indigestion, rheumatism, dropsy, flatulence, piles, and worms.

उदकमञ्जरी रसः ।

सूतोगन्धष्टङ्कणः सोषणः स्यादेतैस्तुल्या शर्करा मत्स्यपित्तैः । भूयो भूयो भावयेच्च त्रिरात्रं वल्लो देयः शृङ्गवेरस्य वारा ॥ सम्यक् तापे वारिभक्तं सतक्रं दुग्धाकाद्यं पथ्यमत्र प्रदिष्टम् । अन्ना तीव्रं हन्ति सामं प्रभावात् पित्ताधिको मूर्द्ध्नि वारिप्रयोगः ॥

Udaka-manjari rasa

One part each of mercury, sulphur, borax, and maricha, and four parts of sugar are to be rubbed together with the bile of rohita fish and dried in the sun in day time and in open space at night. This process is to be repeated as many times as possible in course of three days (72 hours). Pills are then to be made, three ractis in weight, each. Accompaniment, honey and ginger-juice. If heat is felt after taking the medicine, the patient is to take boiled rice, saturated with cold water, butter-milk, and egg-fruit (brinjal). In excess of pittam, pour cold water upon the head, or apply a piece of wet cloth upon it. This medicine cures rheumatic fever, very soon.

त्रैलोक्यडुम्बुर रसः ।

सूतार्कगन्धचपलाजयपालतिक्ता पथ्या त्रिवित् विषतिन्दुकञ्च समांशम् । संमर्द्य वज्रिपयसा मधुना द्विगुञ्जस्त्रैलोक्यडुम्बुररसोऽभिनवज्वरघ्नः ॥

Trailakya-dumbura rasa.

Equal quantities of mercury, sulphur, copper, pippali, croton seeds, katuki, tribrit, and nux-vomica are to be rubbed with the milk of snuhi, and made into pills two ractis in weight, each. It cures nava-jwara, if taken with honey.

गदमुरारि रसः ।

रसबलिशिलालौहव्योषताम्राणि तुल्यान्यथ सदरदनागं भागमेतत् प्रदिष्टम् । भवति गदमुरारिर्वारिणा गुञ्जाद्वयं वै क्षपयति दिवसेन प्रौढ़मामज्वराख्यम् ॥

Gada-murari rasa.

Equal quantitis of mercury, sulphur, realgar, iron, trikatu, copper, cinnabar, and lead are to be pestled with water and made into pills, two ractis in weight, each. It cures soon rheumatic fever of a serious type.

क्षेमेश्वर रसः ।

शुद्धसूतं तथा गन्धं सूतार्द्धविषसंयुतम् । समस्तं मर्द्दयेत् ताल मूलीनीरैस्त्र्यहं बुधः । पूरयेत् कुपिकान्तश्च मुद्रयित्वा विशोषयेत् । सप्तभि र्मृत्तिकावस्त्रैर्वेष्टयित्वा तु शोषयेत् ॥ पुटेत् कुम्भोप्रमाणेन स्वाङ्गशीतं समुद्धरेत् । गृहीत्वा कूपिकामध्यादेभिः सह विमर्द्दयेत् ॥ अजाजी जीरकं हिङ्गु सर्ज्जिकाटङ्कणैर्युतम् । गुग्गुलुः पञ्चलवणं यवक्षारो यमानिका ॥ मरिचं पिप्पली चैव प्रत्येकञ्च समांशतः । एषां पुनः कषायेन भावयेत् सप्तधातपे । नागवल्लीदलयुतं पञ्चगुञ्जं रसेश्वरम् । दद्यान्नवज्वरे तीव्रे कोष्णं वारि पिबेदनु ॥ क्षेमेश्वरो रसो नाम्ना सन्निपातप्रकोपजित् । शीतज्वरे दाहपूर्व्वे गुल्मे शूले त्रिदोषजे ॥ वाञ्छितं भोजनं दद्यात् कुर्य्याच्चन्दनलेपनम् । तापोद्रेकस्य शमनं बलाधिष्ठानकारकम् ॥

Kshemeswara rasa.

Two parts each of mercury and sulphur, and one part of aconite are to be rubbed together for three days with the juice of musali. The compound is then to be dried and heated inside a glass bottle, by means of a ba'luka' jantram (see page 259 Vol. I) Cooled after heating, the compound is to be mixed with a quantity, equal to it, of each of the

following :—black jeera', jeera, hingu (asafoetida), sarji-ksha'ra, borax, guggulu, five salts (viz. sea-salt. rock-salt, bida salt, salt-petre, and sambara salt, see page 283, Vol. III). All these are then to be rubbed together and subjected to bha'vana' for seven times with the decoction of the same ingredients, (viz. black jeera', etc.). and made into pills, five ractis in weight, each. It is to be taken with a betel leaf. It is a very good medicine in fevers due to an excess of the three doshas. In nava-jwara of a virulent type, this medicine is to be taken with a little of hot water. This should also be prescribed in a particular type of fever which is attended with a sensation of heat, followed by that of coldness, and in gulma, and colic due to an excess of the three doshas. After taking this medicine, the patient may be allowed to take diet, to his liking. His body should also be smeared with sandal paste and other cooling unguents. This is for pacifying the heat in his body and increase of strengh.

रसराजेन्द्रः ।

पलं शुद्धस्य सूतस्य पलं ताम्रमयोरजः । अभ्रं नाम पलं वङ्गं पलं गन्धं च तालकम् ॥ पलं शुद्धविषं चूर्णं सर्व्वमेकत्र कारयेत् । मर्द्दयेत् काकमाच्याश्च आर्द्रकस्य रसेन च ॥ मात्स्यवाराहमायुर-च्छागमाहिषपित्तकैः । मर्द्दयेत् भिन्नभिन्नं च त्रिकटोरम्बभिस्तथा । सिद्धोऽयं रसराजेन्द्रः सन्निपातज्वरान्तकः ॥ गुञ्जामात्रं रसं दद्यात् सुरसारससंयुतम् । मेघधाराप्रवाहेण धारितं वारि मस्तके ॥ अनिवारो यदा दाहस्तदा देया च शर्करा । भोजनं दधिसंयुक्तं वारसैकन्तु दापयेत् ॥

Rasa-ra'jendra.

Four tola's in weight, each, of mercury, copper, iron, mica, lead, tin, sulphur, and aconite are to be rubbed together with the juices of ka'kama'chi and ginger, and then subjected to bha'vana with the biles of rohita fish, hog, peacock, goat, and buffalo, successively. It is then to be rubbed with the decoction of trikatu, and made into pills, one racti in weight, each. It is to be taken with honey and juice of tulasi leaves. Cold water in torrents is to be incessantly poured over the head of the patient, after he takes the medicine. Sugar dissolved with water should be given to drink, if intense heat is felt. Boiled rice with curd should also be given, only once a day.

सान्निपातसूर्य्यरसः ।

हिङ्गुलं गन्धकं ताम्रं मरिचं पिप्पली विषम् । शुण्ठी कनक-वीजं च श्लक्ष्णचूर्णानि कारयेत् ॥ विजयापत्रतोयेन त्रिदिनं भावयेत् ततः । द्विगुञ्जं पर्णखण्डेन अर्कक्वाथं पिबेदनु ॥ निहन्ति सन्निपातोत्थान् गदान् घोरान् सुदारुणान् । वातिकं पैत्तिकञ्चैव श्लैष्मिकं च विशेषतः ॥

Sannipa'ta surya rasa.

Equal quantities of cinabar. sulphur, copper, maricha, pippali, aconite, sunthi, and black dhutura seeds (all finely powdered and sifted through a piece of cloth) are to be mixed together and subjected to bha'vana' with the decoction of bhanga' for three times and made into pills, two ractis in weight each. This medicine is to be taken with a piece of betel leaf, after which a little of the decoction of arka leaves

is to be drunk. This medicine cures fever due to an excess of the three doshas.

त्रिदोषनीहारसूर्य्यरसः ।

रसेन गन्धं द्विगुणं क्रमानुरसैर्विमर्द्याष्ट दिनानि घर्म्मे ।
रसाष्टभागञ्च मृतं च दद्याद् विमर्द्दयेद् वह्निरसेन किञ्चित् ॥
पित्तैस्तु सम्भावित एव देयस्त्रिदोषनीहारविनाशसूर्य्यः ॥

Tridosha-niha'ra surya rasa.

One part of mercury and two parts of sulphur are to be rubbed together to form a ka'jjali (black powder). This is to be rubbed in the sun for eight days with the juice or decoction of chitraka, and dried. Then mix with it aconite, equal to one eighth part of the mercury, and rub the whole thing for a short while with the juice or decoction of chitraka roots, and then subject it to bha'vana' with the bile of fish, boar, peacock, goat, and buffalo (water cow), successively. Dose, one racti in weight. It cures fever due to an excess of the three doshas.

प्रतापतपन रसः ।

गन्धकं हिङ्गुलं तालं सूतकं लौहटङ्कनम् । खर्परं सर्जिकाक्षारं माञ्जिष्ठं हिङ्गुलं समम् ॥ रसेन मर्द्दितं पिण्डं निर्गुण्डी-दलसम्भवयोः । अष्टयामं पचेत् कुप्यां निरुध्य सिकताह्वये । ततः सिद्धं समादाय रक्तिकामार्द्रकेण च । सन्निपातविनाशाय प्रताप-तपनो रसः । दधिभक्तं तथा दुग्धं छागमांसं च भोजयेत् ॥

Prata'pa-tapana rasa.

Equal quantities of sulphur, cinnabar, orpiment, mercury, iron, borax, calamine (or zinc), sarjiksha'ra, powdered manjistha and cinnabar (for the second time) are to be rubbed together with the juice of leaves of nirgundi. When dried, the compound is to be put into a blind crucible, and subjected to heat for twenty four hours by means of the third kind of ba'luka' jantram (see page 260, Vol. I.) Take out the medicine when the cruicible is perfectly cooled by radiation of heat. Dose, one racti, to be taken with ginger juice. It cures fever due to an excess of the three doshas. Diet—curd, mixed with boiled rice, or milk, or soup of goat's meat.

स्वेदशैत्यारि रसः ।

ताम्रशुण्ठ्यर्कमूलानि द्विनिष्काणि पृथक् पृथक् । ऐक्यतः पञ्च-लवणात् पलं पिष्ट्वा पुटं ददेत् ॥ गन्धं शशाङ्कभस्मानि वेदनिष्कमितानि च । देवदालीरसैः पिष्ट्वा त्रिदिनं केकिपित्ततः ॥ स्वेदशैत्यापनुत्त्यर्थं वल्लमात्रां प्रयोजयेत् । दध्ना सम्मर्दयेत् पात्रे जलयोगं समाचरेत् । पथ्यं घृतं सिन्धु मुद्ग शक्तु खर्ज्जुरगोस्तनी ॥

Sweda shaitya'ri rasa.

Half a tola each of copper, shunthi, and root of arka plant, and four tolas of the five salts combined, are to be rubbed together and heated by putam. Then mix with it mercury, sulphur, and incinerated conch shell, one tola in weight, each, and rub the whole thing with the juice of devada'li, and subject it to bha'vana' for three times with the bile of peacock. Three ractis in weight of this medicine, taken with curd,

puts a stop to a simultaneous perspiration and feeling of cold. Cold water, in torrents, is to be poured upon the patient, if he feels heat after taking the medicine. Diet—clarified butter, rock salt, juice of mudga, sugar cane, dates, and grapes.

पञ्चवक्त्र रसः ।

गन्धेभटङ्कमरिचं विषं धुस्तुरजैर्द्रवैः । दिनं विमर्द्दितं शुष्कं पञ्चवक्त्रो भवेद् रसः ॥ आर्द्रकस्य द्रवेणैष दातव्यो रक्तिकामितः । सन्निपातज्वरे देयो घोरे तद्दोषनाशनः ॥

Pancha-bactra rasa.

Equal quantities of sulphur, mercury, borax, maricha, and aconite are to be rubbed together for one day with the juice of roots of dhutura, and made into pills one racti in weight, each. Taken with honey and juice of ginger, it cures virulent fever due to an excess of the three doshas.

वैद्यनाथ रसः ।

शाणं गन्धमथेश्वरस्य च तथा कृत्वा द्वयोः कज्जलीं । तिक्ताचूर्णमथाक्षमेव सकलं रौद्रे त्रिधा भावयेत् । पश्चात् तत् सुषवीरसेन नतुवा क्वाथेऽमले त्रैफले संशोष्या गुड़िका कलायसदृशी कार्य्या बुधैर्यत्नतः ॥ ज्ञात्वा दोषबलं रसेन सुषवीपत्रस्य पर्णस्य वा एकद्वित्रिचतुःक्रमेण वटिकां दद्यात् कदुष्णाम्बुना ॥ हन्ति शूलनिचयं नवज्वरं पाण्डुतामरुचिशोथसञ्चयम् । रेचने च दधिभक्तभोजनं वैद्यनाथरसनामकं हि तत् ॥

Baidya na'tha rasa

One fourth tola in weight of mercury and sulphur, each, are to be rubbed well, and reduced to kajjali or black powder. Mix one tola of powdered katuki with it. It is then to be subjected to bha'vana' for three times with the juice of black jeera' or triphala', and made into pills, two ractis in weight, each. It is to be taken with the juice of leaves of black jeera', or of betel leaves, and a little of hot water. Having regard to the nature of the doshas, one, two, three or four in number of such pills may be given a day. It cures all sorts of colic, nava-jwara, anemia, aversion to food, and dropsy. In case the taking of the medicine is followed by too much of the movement of the bowels, the patient is to be allowed to take boiled rice (or paste prepared from it), mixed with curd.

प्रतापमार्त्तण्ड रसः ।

विषहिङ्गुलजैपालटङ्कणं क्रमवर्द्धितम । रसः प्रतापमार्त्तण्डः सद्यो ज्वरविनाशनः ॥

Prata'pa martanda rasa.

One part of aconite, two parts of cinnabar, three parts of croton seeds, and four parts of borax are to be rubbed together with water and made into pills, one racti in weight, each. It cures fever very soon.

अमृतमञ्जरी रसः ।

हिङ्गुलं मरिचं टङ्कं पिप्पली विषमेव च । जातीकोषं समं सर्व्वं

जम्वीराद्भिर्विमर्दितम् ॥ गुञ्जाद्वयं त्रयं वापि प्रदेयं सान्निपातिके । कासश्वासौ जयत्याशु सर्व्वज्वरविनाशनः ॥

Amrita manjari rasa.

Equal quantities of cinnabar, maricha, borax, pippali, aconite, and jati-kosha are to be rubbed together with lime juice, and made into pills two or three ractis in weight each. It cures fever due to an excess of the three doshas, cough, asthama, and all sorts of fever.

मृत्युविघातन रसः ।

शुद्धसूतं तथा गन्धं खल्ले तत् कज्जलीकृतम् । अभ्रलौहकयोर्भस्म ताम्रभस्म समं समम् ॥ विषतालवराटी च शिला हिङ्गुलचित्रकम् । हस्तिशुण्डी चातिविषा त्र्यूषणं हेममाक्षिकम् ॥ चूर्णं विमर्दयेद् द्रावैरार्द्रकस्य दिनत्रयम् । निर्गुण्डीविजयाद्रावैस्त्रिदिनं मर्द्दयेत् पुनः ॥ काचकूप्यां निवेश्याथ वालुकायन्त्रके पचेत् । द्वियामान्ते समुद्धृत्य मर्द्दयेदार्द्रकद्रवैः ॥ मृत्युविघातनाख्योऽयं रसेन्द्रः सन्निपातहृत् । मृतवत् सन्निपातार्त्तो जीवत्येव न संशयः ॥

Mrityu-bigha'tana rasa.

One part of mercury and one part of sulphur are to be rubbed together, and made into a kajjali or black powder, with which is to be mixed one part each of the following :—mica, iron, copper, aconite, orpiment, cowri shell, realgar, cinnabar, root of chitraka, root of hasti-shundi, atibisha' and trikatu. Then rub the compound for three days each with the juice or decoction of ginger, nirgundi

leaves, and leaves of bhanga'. Then put it inside a glass bottle and heat it by Baluka' jantram for six hours. When cooled, the product is to be taken out, rubbed with ginger juice and made into pills, one racti in weight, each. It cures even a dying man attacked with a fever due to an excess of the three doshas

मृतोत्थापन रसः ।

शुद्धं सूतं तथा गन्धं शिला च विषहिङ्गुलम् । मृतकान्ताभ्रता-म्रायस्तालकं माक्षिकं समम् ॥ अम्लवेतसजम्वीरचाङ्गेरीणां रसेन च । निर्गुण्डीहस्तीशुण्डयोश्च द्रवैर्मर्द्यं दिनत्रयम् ॥ रुद्ध्वा तु भूधरे पाच्यं दिनान्ते तत् समुद्धरेत् । चित्रकस्य कषायेन मर्दयेत् प्रहरद्वयम् ॥ माषमात्रं प्रदातव्यं हिङ्गुव्योषार्द्रकद्रवैः सकर्पूरानुपानं स्यान्मृतस्योत्थापने रसे ॥ पीड़ितं सन्निपातेन गच्छन्नपि यमालयम् । तत्क्षणाज्जीवयत्येव पथ्यं क्षीरैः प्रयोजयेत् ॥

Mritol-ttha'pana rasa.

Equal quantities of mercury, sulphur, realgar, aconite, cinnabar, lode-stone, mica, copper, iron, orpiment, and copper-pyrites are to be rubbed together, for three days each with the juice of each of the following :—amlabetasa, jambira (lime fruit) cha'ngeri, nirgundi, and hasti-shundi. The compound is then to be heated by Bhudhara Jantram for twelve hours. When cooled, the medicine is to be rubbed for six hours with the decoction of chitraka roots Dose, six ractis, to be taken with honey, hingu, camphor, trikatu, and ginger juice. It cures sa'nnipa'tika fever (i.e. fever due to an excess of the three doshas). Diet to be given with milk.

सन्निपातभैरव रसः ।

हिङ्गुलस्य विशुद्धस्य सार्द्धतोलचतुष्टयम् । गन्धकस्य विषस्यापि प्रत्येकं तोलकद्वयम् ॥ समाषकद्वयश्चैव कनकात् तोलकत्रयम् । माषैकाधिकतोलैकं टंकनस्य तथैव च ॥ संमर्द्द्य जम्बीररसै र्वटी श्छायाविशोषिताः । गुञ्जैकपरिमाणास्तु कारयेत् कुशलो भिषक् ॥ एकांतु भक्षयेत् तासां गोलयित्वार्द्रकद्रवैः । घोरे त्रिदोषजे देयः सन्निपातकभैरवः ॥

Sannipa'ta-bhairava rasa.

Four and half tolas of cinnabar, two and one eighth tolas of sulphur and aconite, each, three tolas of dhutura seeds, and one and one sixteenth tola of borax are to be rubbed with the juice of lime-juice, and made into pills one racti in weight, each, to be dried in a shady place. Accompaniment, ginger-juice. It cures sa'nnipatika fever of a malignant type, even.

विश्ववन्द्य रसः ।

रसं गन्धं विषञ्चैव धुस्तूरं मरिचं तथा । शोधितञ्च तथा तालं माक्षिकञ्च समांशिकम् ॥ दन्तीक्वाथेन संभाव्य गुञ्जामात्रा तु चक्रिका । विश्ववन्द्यरसो नाम्ना हन्ति त्रिदोषजं ज्वरम् ॥

Biswa-vandya rasa.

Equal quantities of mercury, sulphur, aconite, dhutura seeds, maricha, orpiment, and copper pyrites are to be mixed together and subjected to bha'vana' with the decoction of roots of danti, and made into pills, one racti in weight, each. It cures all sorts of sa'nnipa'tika fever.

नीलकण्ठ रसः ।

शम्भोः कण्ठविभूषणं च मरिचं तालं तथा पारदं गन्धं चातिशुभं सुशोधितमितं जैपालवीजोत्तमम् । दन्तीमूलयुतं च मागधफलं सर्व्वं समांशं नयेत् तत् सर्व्वं परिमर्द्द्य चार्द्रकरसैर्गुञ्जाप्रमाणं रसम् ॥ दद्याद् घोरतरे त्रयोदशविधे ज्वरे च त्रैदोषके तन्द्रादाहसमन्विते च तृषया सम्पीड़िते मानवे ॥

Nilakantha rasa.

Equal quantities of aconite, maricha, orpiment, mercury, sulphur, croton seeds, roots of danti, and pippali are to be rubbed with the juice of ginger, and made into pills, one racti in weight, each. It cures all sorts of sa'nnipa'tika fever.

आनन्दसागर रसः ।

विषं त्रिकटुकं गन्धं टंकनं मृतशुल्वकम् । धुस्तुरस्य च वीजानि हिङ्गुलं नवमं स्मृतम् ॥ एतानि समभागानि दिनैकं विजयारसैः । मर्द्दयेच्चणकाभं तु रसमानन्दसागरम् ॥ भक्षयित्वा पिवेच्चानु रविमूलकषायकम् । सर्व्वोषं हन्ति सत्वरं सन्निपातं सुदारुणम् ॥

A'nanda sa'gara rasa.

Equal quantities of aconite, shunthi, pippali, maricha, sulphur, borax, copper, seeds of dhutura, and cinnabar are to be rubbed together with the decoction of bhanga' and made into pills, two ractis in weight, each. These are to be taken with honey and powdered trikatu (six ractis in weight), decoction of roots of arka plant being taken a little after

taking the medicine. This medicine cures sa'nnipatika fever, however malignant.

शीतारि रसः।

पारदं गन्धकं शुद्धं टङ्कणञ्च समं समम्। पारदाद्द्विगुणं देयं जैपालं तुषवर्जितम्॥ सैन्धवं मरिचं चिञ्चात्वग्भस्म शर्करापि च। प्रत्येकं सूततुल्यं स्यात् जम्बीरैर्मर्द्दयेद्दिनम्॥ द्विगुञ्जस्तप्ततोयेन वातश्लेष्मज्वरापहः रसः शीतारिनामायं शीतज्वरहरः परः॥

Shita'ri rasa.

Equal quantities of mercury, sulphur, borax, rock-salt, maricha, bark of tamarind reduced to ashes, and sugar, and croton seeds, double the quantity of mercury—all these are to be rubbed together for one day with lime-juice. Dose, two ractis to be taken with hot water. If cures fever due to va'yu and kapha, and that attended with a sensation of coldness.

नागादि रसः।

सीसकं रससिन्दूरं हरितालं विषं समम्। एकत्र मर्द्दयेत् सर्व्वं सर्षपाभां वटीं चरेत्॥ ज्वरविच्छेदकाले च सितया सह भोजयेत्। द्वित्रिवटीप्रयोगेन ज्वरशान्तिर्न संशयः॥

Na'ga'di rasa.

Equal quantities of rasa-sinduram (see page 105, Vol. I), orpiment, and aconite are to be rubbed together with water and made into pills of the size of mustard-seeds. Two or

three such pills a day, given at an interval of two hours, with sugar, during remission, cures fever.

बेताल रसः।

रसं गन्धं विषञ्चैव मरिचालं समांशिकम्। मर्द्दयेच्छिलया तावद् यावज्जायेत कज्जलम्॥ गुञ्जामात्रप्रमाणेन हरेद्द्वादश-संज्ञकम्। साध्यासाध्यं निहन्त्याशु सन्निपातं सुदारुणम्॥ दन्त-पङ्क्तिर्दृढा यस्य लोचने भ्रान्ततारके। चलिते चेन्द्रियग्रामे बेतालं विनियोजयेत्॥ व्याधिषु क्लिष्टदेहेषु मोहग्रस्तेषु देहिषु। दातुमर्हति बेतालं यमदूतनिवारकम्॥

(चलिते इति शक्तिरहिते।)

Beta'la rasa.

Equal quantities of mercury, sulphur, aconite, maricha, and orpiment are to be rubbed together and reduced to a black powder. This is then to be rubbed with water, and made into pills, one racti in weight, each. It cures all sorts of sa'nnipa'tika fever, even of virulent types.

सन्निपात-मृत्युञ्जय रसः।

विषं सूतकगन्धौ च पित्तं मत्स्यमयूरयोः। छागवाराहपित्ते च माहिष्यं चापि योजयेत्। हरितालञ्च सव्योषं वानरीबीज-संयुतम्। अपामार्गं चित्रमूलं जयपालञ्च कल्कयेत्॥ एतत् सर्व्वं समांशेन अजामूत्रेण मर्दयेत्। माषेण सदृशी कार्य्या वटिका सन्निषग्वरैः॥ महाज्वरे महाशीते महाशीतज्वरेऽपि च। मज्जगते सन्निपाते विसूच्यां विषमज्वरे॥ असाध्ये मानवे युञ्ज्यादेकाह-

ज्वरनाशिनी । जलोदरे शिथिलाङ्गे नासास्रावे च पीनसे ॥ अजीर्णे मूर्च्छनाभावे श्लेष्मभावेऽतिदुर्ज्जये । शोथकामलपाण्ड्वादि-सर्व्वरोगापहारकः ॥ सन्निपातमृत्युञ्जयो ज्ञानज्योतिःप्रकाशकः । भृङ्गराजरसेनायं रसराजः प्रदीयते ॥ निर्वातनिर्जनस्थाने बहुवस्त्रसमावृते । प्रस्वेदः क्षणमात्रेण जायते चिह्नमीदृशम् ॥ मूर्च्छितः पतितो भूमौ दह्यमानः पुनः पुनः । एवं चिह्नं समालोक्य वदेन्नैरुज्यमातुरे ॥ पथ्यं यद् याचते रोगी तद्दातव्यं प्रयत्नतः । दध्योदनं शीतजलं दातव्यं तद्विचक्षणैः । एवं महारसः श्रेष्ठः शिवेन प्रेरितो भुवि । कृपया सर्व्वभूतानां ज्ञानज्योतिः प्रकाशकः ॥

Sannipa'ta mrityunjaya rasa

Equal quantities of aconite, mercury, sulphur, biles of fish, peacock, goat, hog, and buffalo; orpiment, trikatu, seeds of ba'nari, roots of apa'ma'raga, roots of chitraka, and croton-seeds are to be rubbed together with goat's urine and made into pills, two ractis in weight each, to be taken with honey and juice of bhringara'ja. It cures all sorts of fever, especially, that which is attended with a sensation of intense coldness and is due to an excess of the three doshas. This medicine is equally efficacious in cholera, visama fever aika'hika fever, dropsy, catarrh, ascites, jaundice, pinasa, indigestion, anemia, etc.

The patient should be covered, after taking this medicine, with a piece of thick cloth, and kept in a lonly place, not agitated by drafts of air currents. The patient is to be considered freed from disease, as soon as he will be found to roll on his bed, over and over again, with loss of consciousness, and experiences a heating sensation all over his

body. He is then to be allowed to take diet, according to his own desire. Boiled rice with curd and cold water may, at that time, be given to him without any hesitation.

सन्निपात भैरवः रसः ।

रसं विषं गन्धकं च हरितालं फलत्रयम् । जयपालं त्रिवृत् स्वर्णं ताम्रसीसाभ्रलौहकम् ॥ माक्षिकं च समं कृत्वा सर्वमेकत्र मेलयेत् । मिलितानां रसेनैषां त्रिंशद् वारं विमर्दयेत् ॥ अलम्बुषा च श्वेतार्कः सूर्य्यावर्त्तश्च कारवी । काकजङ्घा शोणकश्च कुष्ठं व्योषविकङ्कतम् ॥ सूर्य्यमणिश्चन्द्रकान्तो निर्गुण्डी च महाजटा । धुस्तूरदन्तीपिप्पल्यः श्वार्कक्षीरं च लाङ्गली ॥ रसतुल्यं प्रदातव्यं दत्त्वा तोयं चतुर्गुणम् । शिष्टैकगुणतोयेन भावनाविधिरिष्यते ॥ भावनायां भावनायां शोषणं मुहुरिष्यते । ततश्च वटिकां कृत्वा भैरवाय बलिं ददेत् ॥ श्रीसन्निपातभैरवो नाम्ना रसेन्द्रकुञ्जरः । सर्व्वोपद्रवसंयुक्तं ज्वरं हन्ति न संशयः ॥ सान्निपातज्वरं हन्ति जीर्णञ्च विषमं तथा । ऐकाहिकं द्व्याहिकञ्च चातुर्थकमपि ध्रुवम् ॥ ज्वरञ्च जलदोषोत्थं सर्व्वदोषसमाकुलम् । भैरवस्य प्रसादेन जगदानन्दकस्थली ॥

Sannipa'ta bhairava rasa.

Equal quantities of mercury, aconite, sulphur, orpiment, triphala', seeds of croton, roots of tribrit, gold, copper, lead, mica, iron, and copper pyrites are to be subjected to bha'vana', for thirty times, with the decoction of the following combined, the whole thing being rubbed very well, and made into pills, one racti in weight each :—alambusha', roots of white

arka surya'varta, black jeera', ka'ka-jangha', kustha, shona', trikatu, bikankata, sandhya'mani, water lily, nirgundi, rudra-jata', dhutura', danti, pippali, milk of arka, and la'ngali, each equal in quantity. The total quantity of mercury to copper pyrites should be equal to the total quantity of alambusha' io la'ngali. These latter-mentioned articles, viz. alambusha' to la'ngali, should be boiled with four times their total weight of water, which is to be reduced by boiling to one fourth its original quantity. The first named drugs, viz. mercury to copper pyrites, should, as stated above, be subjected to bha'vana' with this decoction. This process is to be repeated for thirty times, and the compound rubbed each time, carefully. This medicine cures all sorts of sa'nnipa'tika fever.

कालाग्नि भैरव रसः ॥

शुद्धसूतं द्विधा गन्धं मर्दयेद् गोक्षुरद्रवैः । भावितश्च विशोष्याथ चूर्णयेदति चिक्कणम् ॥ चूर्णतुल्यं मृतं ताम्रं ताम्रादष्टांशिकं विषम् । हिङ्गुलं रसभागश्च द्वौ भागौ कनकस्य च ॥ वाणभागोऽत्र गोदन्तो वाणभागा मनः शिला । टङ्कनं नेत्रभागं च ऋतुभागश्च खर्परम् ॥ त्र्यम्बभागश्च जैपालं नेत्रभागं शुभं विषम् । माक्षिकश्चाग्निभागश्च लौहं वङ्गश्च भागकम् ॥ सर्व्वान् खल्लोदरे क्षिप्त्वा क्षीरेणार्कस्य मर्दयेत् । दशमूलकषायेण मर्दयेत् याममात्रकम् ॥ पञ्चमूलकषायेण तथैव च विमर्दयेत् । चणमात्रां वटीं कृत्वा बल ज्ञात्वा प्रयोजयेत् ॥ सर्व्वं तिदोषजं हन्ति सन्निपातं सुदारुणम् । पूर्व्ववद् दापयेत् पथ्यं जलयोगश्च कारयेत् ॥ पथ्यं शाल्योदनं देयं दधिभक्तसमन्वितम् । कालाग्निभैरवो नाम रसोऽयं भूरि पूजितः ॥

Ka'la'gni bhairva rasa.

One part of mercury and two parts of sulphur are to be rubbed together and reduced to kajjali or black powder, which is to be rubbed with the juice of gokshura, and subjected to bha'vana' with the same juice, and dried. This is then to be powdered very fine. Mix with it three parts of copper (which is to be three times in quantity of mercury), ⅜ part of aconite, one part of cinnabar, two parts of dhutura' seeds, five parts of godanta harita'lam (fell spar), five parts of realgar, three parts of borax, six parts of calamine, one part of croton-seeds. three parts of aconite, three parts of copper pyrites, one part of iron, and one part of tin. All these are to be rubbed together with the milk of arka, and then again rubbed for three hours, each, with the decoctions of dashamuli and panchamuli, successivly. Pills are then to be made, two ractis in weight, each. This medicine cures sa'nnipátika fever, however malignant. Diet, boiled sha'li rice, mixed with curd. Cooling actions, as referred to before, should be resorted to at the proper time.

त्रिदोषवड़वानल रसः ।

रसाष्टकोऽमृतं सप्त स्यात् षष्ठो गन्धतालयोः । दन्तीवीजानि षड् भागाः पञ्चभागं तु टंकणम् ॥ चत्वारि धूर्त्तबीजस्य व्योषस्य त्रितयो भवेत् । एतानि वह्निमूलस्य क्वाथेन परिमर्दयेत् ॥ आर्द्रकस्य रसेनाथ देयं गुञ्जाद्वयं हितम् । त्रिदोषवड़वानलः सन्निपातहरः परः ॥

Tridosha baraba'nala rasa.

Eight parts of mercury, seven parts of aconite, six parts of sulphur, six parts of orpiment, six parts of croton seeds,

five parts of borax, four parts of seeds of dhutura, and one part each of shunthi, pippali, and maricha are to be rubbed together with the decoction of roots of chitraka, and made into pills, two ractis in weight, each. Accompaniment, juice of ginger and honey. It is a very good medicine for sa'nni-pa'tika fever.

वड़वानल रसः ।

कान्तं च सूतं हरितालगन्ध समुद्रफेनं लवणानि पञ्च । नीलाञ्जनं तुत्थकमेव रूप्यं भस्मप्रवालानि वराटकाश्च ॥ वैक्रान्तशम्बुकसमुद्र-शुक्ति सर्व्वाणि चैतानि समानि कुर्य्यात् । सूतं भवेद् द्वादशभागकञ्च स्नूह्यर्कदुग्धेन विमर्द्दयेच्च ॥ दिनत्रयं वह्निरसैस्ततश्च निवेशयेत् ताम्रजसम्पुटे तत् । मृदा च संलिप्य रसं पुटेत् तद् रसस्ततः स्याद् वड़वानलाख्यः ॥ तत्पाद-भागेन विषं नियोज्य क्षयानुतोयेन पचेत् क्षणं तत् । वातप्रधाने च कफप्रधाने नियोजयेत् त्र्यूषणचित्र-युक्तम् ॥ दोषत्रयोत्थेऽपि च सन्निपाते देयो रसस्त्र्यम्बकचिन्तनेन ॥

Baraba'nala rasa.

Equal quantities of lode-stone, mercury, orpiment, sulphur, condensed sea-foam, five salts, blue anjanam, copper sulphate, silver, oral, cowri-shells, garnet, snail-shell (reduced to ashes in the same way as conch-shells), and shells of sea-oysters (reduced to ashes); and mix with these mercury, twelve times as much as each of these. Rub them all together with the milks of snuhi and arka. Rub them again for three days with the decoction of roots of chitraka, and put the lump inside a putam, made of copper, the external surfaces of which are to be coated with mud, and dried. The putam is

then to be heated by a la'baka putam When cooled, the medicine is to be taken out, mixed with one fourth its quantity of aconite subjected to bha'vana' with the decoction of roots of chitraka and heated for a few minutes. (Dose, one racti), to be taken with decoction of chitraka, powdered trikatu, and honey.

सिंहनाद रसः ।

लौहपात्रगते गन्धे द्राविते तत्र निक्षिपेत् । शुद्धसूतं समञ्चाभ्रं भार्गीद्रावं तयोः समम् ॥ निर्गुण्ड्याः पल्लवोत्थं च तुल्यं तुल्यं प्रदापयेत् ॥ पचेन् मृदग्निना तावत् यावच्छुष्कं द्रवं क्षयम् ॥ विषपादयुतः सोऽयं सिंहनाद रसोत्तमः । गुञ्जामात्रः प्रदातव्यः सन्निपातज्वरान्तकः । पुष्करचूर्णसंयुक्तो व्याघ्रीक्वाथसमन्वितः ॥

Sinha-na'da rasa.

Melt one part of sulphur in an iron pot and throw upon it one part of mercury, one part of mica, two parts of copper sulphate, two parts of decoction of bha'rgi, two parts of the juice of nirgundi leaves, and subject the whole thing to a mild heat, till the liquid portion is completely evaporated. Then reduce the lump to a very fine powder, and mix with it one fourth its quantity of aconite. This medicine cures sa'nnipátika fever. Dose one racti, to be taken with decoction of kantaka ri, mixed with powdered kustham.

चिन्तामणि रसः ।

रसविषगन्धकटङ्कणताम्रयवक्षारकं व्योषम् । तालकफलत्रयञ्च क्षौद्रं दत्त्वा शतं वारान् ॥ संमर्द्य रक्तिकमिता वटिकाः कुर्य्याद्

भिषक् प्राज्ञः । शुण्ठीपिष्टेन च सममेकां द्वे वाऽथवा तिस्रः ॥ संप्राश्य नारिकेलीजलमनुपेयं प्रयुञ्जीत । भेदानन्तरमेव प्रक्षालित-भक्तं तक्रमुपयोज्यम् ॥ शेषात् सैन्धवजीरं तक्रं पथ्यञ्च प्रयोक्तव्यम् । प्रशमयति सन्निपातज्वरं तथा जीर्णं विषमञ्च ॥ प्लीहानमाध्मानं कासश्वासवह्निमान्द्यम् । चिन्तामणीरसोऽयं किल नियतं भैरवेण निर्दिष्टः ॥

Chintamani rasa.

Equal quantities of mercury, aconite, sulphur, borax, copper, java-ksha'ra, trikatu, orpiment, and triphala' are to be rubbed together for a hundred times, and made into pills, one racti in weight, each. One to four such pills, as considered necessary, may be taken with powdered shunthi, cocoanut water being drunk after taking the medicine. In case of excessive movement of the bowels, boiled rice, washed with cold water and mixed with butter-milk, is to be given to the patient, who is also to drink butter-milk, mixed with powdered jeera' and rock-salt. This medicine cures sa'nni-pa'tika fever, jeerna fever, visama fever, enlarged spleen, flatulence, cough, asthma, and indigestion.

आरोग्य-चिन्तामणि रसः ।

सूतं गन्धकमभ्रकं सुविमलं सूतार्द्धभागं विषं तदर्द्धं जय-पालमम्लमृदितं तद्गोलकं वेष्टितम् । पर्णैर्मध्ये भुजङ्गवल्लिजनितै-र्निक्षिप्य खाते पुटं दत्त्वा कुक्कुटसंज्ञक सह दलैः संचूर्ण्य तत्र क्षिपेत् ॥ भागार्द्धं जयपालवीजममृतं तत्तुल्यमेकीकृतम् गुञ्जा-

नागरसिन्धुचित्रकयुतं सर्व्वान् ज्वरान् नाशयेत् । शूलं संग्रहणीगदं सजठरं दध्योदनसेविनाम् तापे सेचनकारिणां गदवतामारोग्य-चिन्तामणिः । अयमेव रसो देयो मृतकल्पे गदातुरे ॥ सन्निपाते तथा वाते द्वन्द्वदोषे विषमज्वरे ॥ अग्निमान्द्ये ग्रहण्याञ्च शूले चातिसृतौ तथा । शोथे दुर्नाम्नि चाध्माने तथा सामे नवज्वरे ॥

A'rogya-chinta-mani rasa

One part each of mercury, sulphur, and mica, half a part of aconite, and one fourth part of croton seeds are to be rubbed together with the juice of some sour vegetable and made into a lump, which is to be covered all over with some betel leaves confined in a samputam, and heated by means of a kukkuta putam. When cooled, the lump is to be powdered with the burnt betel leaves, and mixed with half a part each of croton-seeds and aconite. The whole thing is then to be rubbed with water, and made into pills, one racti in weight, each. These pills are to be taken with the accompaniment of honey, powdered shunthi, rock-salt, and juice of leaves of chitraka or decoction of roots of the same. Diet, boiled rice, mixed with curd. In case of heating sensation felt, cooling actions are to be resorted to. This medicine cures nava-jwara with a'ma, sa'nnipa'tika fever (both primary and chronic), attended with such symptoms as indigestion, chronic diarrhœa, colic, diarrhœa, piles, and dropsy.

कफाशनि रसः ।

दग्धशंखं त्रिकटुकं टङ्कनं रसगन्धकौ । विषञ्च पञ्चभिस्तुल्यमार्द्र-तोयेन मर्दयेत् ॥ वारत्रयं रक्तिकाञ्च वटीं कुर्य्याद् विचक्षणः ।

प्रातः सायञ्च वटिकाद्वयमार्द्रकवारिणा॥ कफाशनिः कण्ठरोधं शिरोरोगञ्च नाशयेत्। पीनसं कफसंघातं सन्निपातं सुदारुणम्॥

Kapha'shani rasa.

One part each of conch shell reduced to ashes, trikatu, borax, mercury, sulphur and five parts of aconite are to be rubbed together with ginger juice, for three times, and made into pills, one racti in weight each. One such pill should be taken twice a day—one in the morning and another in the afternoon. Accompaniment honey and ginger juice. It cures diphtheria, head disease, and sa'nnipa'tika fever however malignant.

दीपिकारसः।

सन्तप्तसीसभागं च पारदं गन्धकं कणाम्। समभागं पृथक् तच्च मेलयेच्च यथाविधि॥ जम्बीरस्य रसे सर्व्वं मर्दयेच्च दिनत्रयम्। मेघनादकुमार्य्योश्च रसे चापि दिनत्रयम्॥ दिनद्वयमजामूत्रे गवां मूत्रे दिनत्रयम्॥ भावयेच्च यथायोग्यं तस्मिन्ने तानि दापयेत्। सैन्धवं चित्रकं भागं सौवर्च्चलवणं तथा॥ तेन संमिलनं कृत्वा भावयेच्च पुनः क्रमात्। अनेन विधिना सम्यक् सिद्धो भवति तद्रसः॥ शर्कराघृतसंयुक्तं दद्याद्वल्लत्रयं रसम्। गोधुमचौदनं पथ्यं माषसूपं च वास्तुकम्॥ धात्रीफलसमायुक्तं सर्व्वज्वरविनाशनम्। दीपिकारस इत्येष तज्ज्ञैः परिकीर्त्तितः॥

Dipika rasa

Equal quantities of lead sufficiently heated, mercury,

sulphur, and pippali are to be rubbed together for three days, each, with lime juice, juice of thorny meghana'da and kanya'. The compound is then to be rubbed for two days with goat's urine, and for three days with cows urine. The subtance is then to be subjected to bha'vana' with all the liquids referred to above. Then mix with it rock-salt, powdered roots of chitraka and salt peter, each equal in quantity to the heated lead referred to above. These are then to be rubbed together and again subjected to bha'vana' with the liquids referred to above. Dose, nine ractis in weight to be taken with a little of clarified butter and sugar. Diet—food prepared from wheat, soup of ma'shagrams ba'stuka leaves, and a'malaki. This medicine also cures all sorts of fever.

विश्वपालक रसः।

सूतेन्द्रं परिमर्द्य पञ्चपटुभिः क्षारैस्त्रिभि स्ततः पिण्डं हिङ्गु-महौषधासुरिमये संस्वेद्य धान्योदके। निर्गुण्ड्यम्बुहुताशमन्थतिल-पर्ण्यु न्मत्तभृङ्गार्द्रककाम्रातागिरिकर्णिकाम्रवदलापञ्चाङ्गुलोत्थैर्जलैः॥ सूतेन्द्रेण समैर्विमर्द्य सहजैः पित्तैस्ततो भावयेत् दंष्ट्रिच्छागलुलाप-मत्स्यशिखिनां तत् सन्निपातान् जयेत्। विख्यातो भुवि विश्व-पालकरसो मारीचमाषो हितो विज्ञेयः सहितं दधीक्षुभवक वीर्य्यं भवेच्छीतलैः॥

Bishwa-pa'laka rasa.

Incinerated mercury is to be rubbed with the five kinds of salts and three kinds of alkalis, and made into a lump which is to be boiled in ka'nji mixed with hingu, shuthi, and mustard

seeds, by means of a dola'jantram. The mercury is then to be rubbed with the juice of each of the following :— leaves of nirgundi, roots of chitra, bark of agnimantha, leaves of tilaparni, leaves of dhutura', bhringa-ra'ja, ginger roots, ka'ma'ta', apara'jita', kaivarta mustaka, betel leaves and roots of eranda, each equal in quantity to the mercury. This is again to be subjected to bha'vana' with the biles of each of the following, in succession :—boar, goat, buffallo, rohita fish, and peacock. Pills are then to be made of the size of a black-pepper. Taken with adequate accompaniment, it cures sa'nnipa'tika-fever. Curd and juice of sugercane are to be taken by the patient, some time after he takes the medicine. Cooling actions increase the strength of the medicine.

सन्निपातगजाङ्कुश रसः ।

रसगन्धकताम्राभ्रं लाङ्गलीवह्निरामठम् । वन्ध्यापटोलनिर्गुण्डी सुगन्धानिम्बपल्लवाः ॥ पाठाक्षारत्रयं चैव लवोलधत्तुरतन्दुलैः । शृङ्गी-मधुकसारञ्च जम्बीराम्लेन मर्दयेत् ॥ कुर्य्याद्वि निष्कमानेन वटिका सा नियच्छति । सद्यो ददाहाभिन्यासं सन्निपातगजाङ्कुशः ॥

Sannipa'ta Gājankusha rasa.

Equal quantities of mercury, sulphur, copper, mica, la'ngali, roots of chitraka, hingu bandhya'-karkotaki, leaves of patola, leaves of nirgundi, sugandha' (tulasi leaves), leaves of nimba, pa'tha', the three alkalis (viz. java-ksha'ra, sarji-ksha'ra, and borax, combined), aconite, bola, dhutura', tanduliyaka, shringi poison, and sugar-like essence of flowers or

fruits of madhuka, are to be rubbed with the juice of lime fruit, and made into pills, one fourth of a tola'. each. This medicine cures even abhinya'sa (the worst type of sa'nnipa tika fever, including menengites), attended with perspiration and heating sensation.

महामृत्युञ्जय रसः ।

ताप्यतालकजैपालवत्सनाभमनःशिलाः । ताम्रगन्धकसूतश्च मुसली-रसमर्दितः ॥ महामृत्युञ्जयो नाम्ना कुक्कुटीपुटपाचितः । वल्लद्वयं प्रयुञ्जीत यथेष्टं दधिभोजनम् । नवज्वरं सन्निपातं हन्यादेष महारसः ॥

Maha'mrityunjaya rasa.

Equal quantities of copper pyrites, orpiment, croton-seeds, aconite, realgar, copper, sulphur, and mercury are to be rubbed with the juice of musali, and heated by kukkuta-putam. Dose, six ractis in weight each. Diet, a sufficient quantity of curd. It cures all sorts of navajwara including sa'nni-patika fever.

पञ्चवक्त्र रसः ।

शुद्धं सूतं विषं गन्धं मरिचं टङ्कनं कणाम् । मर्दयेद् धूर्त्तज-द्रावै दिनमेकं तु शोषयेत् ॥ पञ्चवक्त्रो रसो नाम द्विगुञ्जः सन्निपात-जित् । अर्कमूलकषायञ्च सत्र्यूषमनुपाययेत् ॥ दध्योदनं हितं तत्र जलयोगं च कारयेत् ॥

Panchabaktra rasa.

Equal quantities of mercury, sulphur, aconite, maricha, borax, and pippali are to be rubbed together for one day

with the juice of dhutura' leaves, and dried. It cures sa'nnipa'tika fever. Dose, two ractis each. Decoction of roots of arka, mixed with powdered trikatu, is to be drunk, a little after taking the medicine. Diet with curd, and washing the head with cold water are beneficial.

सन्निपातकुठार रसः ।

वङ्गं नागञ्च सूतञ्च नेपालं गन्धकं तथा । शुल्वं विषं समांशेन रसेनार्द्रस्य मर्दयेत् ॥ पुनर्मर्दयेत् निर्गुण्ड्याश्चाङ्गेर्य्या रसमर्दितः । एकवल्लप्रयोगेन रसोऽयं सन्निपातनुत् ॥

Sannipa'ta kutha'ra rasa.

One part each of tin, lead, mercury, sulphur, and aconite, and two parts of copper are to be rubbed together with the juices of ginger, nirgundi leaves, and cha'ngeri, and made into pills, three ractis in weight each. This medicine cures sa'nnipa'tika fever.

प्रतापलङ्केश्वर रसः ।

प्रत्येकं रसगन्धयोर्द्विपलयोः कृत्वा मषीं शुद्धयोरस्यां म्लेच्छतुलापलोचनममोघात्री प्रकुञ्चत्रयम् । पथ्याया वदरत्रिकं त्रिकटु षट् ग्राणं वचार्धश्रेणीविडङ्गाम्भोधरपत्रकद्विरदकिञ्जल्काश्व-गन्धाह्वयम् ॥ पिष्ट्वैतत् समधूकसारमखिलं कर्षोन्मितं नागस्य तत् प्रोन्मर्द्यार्द्धकरञ्जकामृतयुतं सागस्तिकञ्चूर्णकैः । भूधात्री विजया-सरित्पतिफलैर्ज्वालामुखीमार्कवैः प्रत्येकं विदधीत निश्चलमतिः सप्त क्रमाद् भावनाः ॥ पित्तैरत पञ्च विधाय पञ्चभिः करञ्जमालामृत-

धूपनं ततः । दत्त्वार्द्रकस्य स्वरसेन तन्दुलाकृतिं विदध्याद् गुटिकां भिषग्वरः ॥ देयैका सन्निपाते प्रतिहतविषये मोहनेत्रप्रसुप्तौ स्याद्गुल्मे साजमोदा पवनविकृतिषु त्र्यूषणेन ग्रहण्याम् । दातव्या जीरकेन द्विपतुरगनृणां प्राणसंरक्षणाय कारुण्याम्भोधिरेतद् दशवदन-नृपं वैद्यनाथोऽभ्यधत्त ॥

Prat, pa lankeshwara rasa.

Eight tolas of mercury and sulphur each, are to be rubbed together and made into kajjali or black powder, with which is to be mixed the following :—twelve tola's each of cinnabar, mahisha'ksha guggulu, realgar, and a'malaki, one and half tola' of haritaki and trikatu each, and one tola' in aggregate of bacha', renuka', biranga, musta', patrakam, gajapippali, na'ga-kesara, ashwagandha', and sugar-like essence of flowers or fruits of madhuka ; half a tola' each of karanja and aconite. All these are to be rubbed together and subjected to bha'vana with the juice or decoction of each of the following, in succession :—bhumi-a'malaki, bhanga', samudra phalam, roots of chitraka, and bhringara'ja. The compound is again to be subjected to bha'vana' with biles or boar, goat, buffallo, peacock, and rohita fish, in succession. Smoke, caused by the burning of karanja seeds mixed with one grain of aconite is then to be applied to the compound which is next to be rubbed with ginger juice and made into pills, one racti in weight, each. One such pill, rubbbed with a few drops of honey and a little of ginger juice, is to be given to a patient attacked by sannipatika fever, at a time when the strength of his senses and his conciousness have disappeared, causing an automatic drooping of the eye-lids. This medicine may also be applied wlth ajamoda' in gulma, with trikatu in

diseases due to va'yu, and with jeera' in chronic diarrhœa. This nectar-like medicine was revealed to king ra'vana for the benifit of men, horses and elephants, alike.

प्राणेश्वर रसः ।

गन्धकाभ्रसमः सूतो वाराहीरसमर्दितः । पाचितो वालुकायन्त्रे त्रिफलाव्योषचित्रकैः ॥ त्रिक्षारपञ्चलवणैः हिङ्गुगुग्गुलुदीप्यकैः । सजीरकैः सेन्द्रयवैः पृथग् रससमैर्युतः ॥ माषमात्रोऽनुपानेन द्विपलस्योष्णवारिणः । अभिन्यासानलभ्रंशग्रहणीपाण्डुगुल्मिनाम् ॥ कुर्य्यात् प्राणपरित्राणमतः प्राणेश्वरः स्मृतः । व्याधिदृढौ प्रयोगोऽस्य द्वौ वारौ वैद्यसम्मतः ॥

Pra'neshwara rasa.

One part each of sulphur, mica, and mercury is to be rubbed together with the juice of bárâhi-kanda, and then subjected to heat by ba'luka' jantrm. Mix with this compound one part each of triphala', trikatu, roots of chitraka, the three alkalis, (viz. java'-ksha'ra, sarji-ksha'ra, and borax, combined), the five salts (viz. saindhava, sa'mudra, sa'mbara, bira, and saubarchala, combined), hingu, guggulu, ajamoda', jeera', and seeds of kutaja. Dose, six ractis each, to be taken with eight tolas of hot water. It cures the worst type of sa'nnipa'tika fever, chronic diarrhœa, loss of appelite, anemia, and gulama. In serious cases this medicine may be applied twice a day.

मृतसञ्जीवन रसः ।

रसायोव्योषकङ्कुष्ठशिलातालाभ्रहिङ्गुलान् । कुम्भाग्निभृङ्गमारीषतन्दुलीयकमाक्षिकान् ॥ हस्तिशुण्डियुतांस्तुल्यां स्तदर्द्धशिवगन्धकान् ।

त्र्यहमार्द्राम्बुना पिष्ट्वा कूपीस्थं वालुकाग्निना ॥ जयाजम्बीरनिर्गुण्डी-चाङ्गेरीवारिनिक्षेपात् ॥ पक्वा चतुर्दशाहानि पिष्टार्द्रान्तं विशोषयेत् ॥ मृतसञ्जीवनाख्योऽयं रसो वल्लमितोऽशितः । द्राग् जयेदौषधं सन्निपातादीन् सकलान् गदान् ॥

Mrita-sanjibana rasa.

Equal quantities of incinerated mercury, iron, trikatu, kankustha, realgar, orpiment. mica, cinnabar, kumbhi, roots of chitraka, bhringara'ja, ma'risha, tanduliaka, copper pyrites, and hastishundi ; and purified mercury and sulphur, each equal in quantity to one fourth the weight of the foregoing materials combined—are to be rubbed together for three days with ginger juice and made into a lump. When dried, it is to be put upon an earthen basin and heated by the third kind of baluka' jantram. While thus heated, it is to be rubbed, over and over again, with the juice or decoction of bhanga', lime fruit mirgundi, and changeri, some quantities of those very same juices or decoctions being put upon the lump, while heated. The substance is thus to be heated for fourteen days, after which it is to be rubbed with the juice of ginger, and dried. This medicine cures sa'nnipa'tika and other fevers, soon. Dose, three ractis, each.

मृत्युनिसूदन रसः ।

विषतालककङ्कुष्ठशिलाहिङ्गुललौहकम् । प्रत्येकं रससंतुल्यं गन्धको द्विगुणो मतः । वह्नित्रिकटुभृङ्गाह्वहेममाक्षिकमभ्रकम् ॥ हस्तिशुण्डी विषं कुम्भी तन्दुलीयकताम्रकौ ॥ एषां प्रत्येकमेकैकं भागमादाय चूर्णयेत् ॥ आर्द्रकस्य द्रवेणैव मर्द्दयेच्च

दिनत्रयम् । जम्बीरस्य रसोग्राह्यः पलत्रयः परीक्षितः । त्रिफलायाश्च निर्गुण्ड्याः प्रत्येकञ्च पलत्रयम् ॥ रसस्य पलमात्रन्तु चाङ्गेर्याः परिकीर्त्तितम् । काचकूप्यां विनिक्षिप्य यन्त्रे पचेत् प्रयत्नवान् ॥ उद्धृत्यार्द्रकनिर्यासैर्म्मर्द्दयित्वा विशोषयेत् । मृत्यु-निसूदनाख्योऽयं रसेन्द्रो विदितो भुवि ॥ गुञ्जाद्वयं ददीतास्य सन्निपातापनुत्तये ॥

Mrityu-nisudana rasa.

One part of mercury, two parts of sulphur, and one part each of aconite, orpiment, kankustha, realgar, cinnabar, iron, roots of chitraka, trikatu, bhringara'ja, copper pyrites, mica, hastisundi, aconite, kumbhi, tanduliaka, and copper are to be rubbed together wih ginger juice, for three days. They are then to be rubbed with twelve tola's, each, of lime juice, decoction of triphala', and juice of nirgundi leaves, and with four tola's of juice of changeri. After being rubbed in this way, the compound is to be dried, put inside a glass bottle, and heated by means of a ba'luka' jantram. It is next to be rubbed with ginger juice and made into pills, two ractis in weight each. This medicine cures sa'nnipa'tika fever.

जलमञ्जरी रसः ।

टङ्कणं रसगन्धौ च मरिचानि समांशकम् । सर्व्वं जम्बीरनीरेण दिनानि त्रीणि मर्द्दयेत् ॥ संशोष्य शर्करायुक्तं मत्स्यपित्तेन भावयेत् । भावितं तद्रसं सिद्धमार्द्रकस्वरसैस्त्र्यहम् ॥ वल्लं वार-त्रयं देयं पानार्थं वारि शीतलम् । तक्रभक्तं भवेत् पथ्यं वृन्ताक-फलसंयुतम् ॥ सर्व्वान् नवज्वरान् हन्ति रसोऽयं जलमञ्जरी ।

Jalamanjari rasa.

Equal quantities of borax, mercury, sulphur, and maricha are to be rubbed together for three days with lime juice. When dried, sugar, equal in quantity to the foregoing, combined is to be mixed with the compound which is to be subjected to bha'vana' with the bile of rohita fish. It is next to be subjected to bha'vna' for three days with ginger juice. This medicine, in doses of three ractis at a time is to be given thrice a day, cold water being drunk after the medicine is taken. Diet, boiled rice with butter-milk, and curry, prepared from egg-fruits (brinjals). This medicine cures all sorts of navajwara.

पर्पटिका रसः ।

गन्धकञ्च रसं शुद्धं प्रत्येकं कर्षसम्मितम् । एकत्र कज्जलीं कृत्वा ततः कुर्वीत गोलकम् ॥ नवभाण्डे विनिक्षिप्य ताम्रपात्रेण गोपयेत् । दृढं निरुध्य तत्पात्रमग्नावारोपयेत् ततः ॥ व्रीहिस्फुटन-मात्रेण स्वाङ्गशीतं समुद्धरेत् । नवज्वरे प्रयुञ्जीत रसं पर्पटिका-ह्वयम् ॥ आर्द्रकस्य रसेनैव त्रिवल्लं त्रिदिनं भिषक् । ज्वरितं छादयेद्गाढ़ं यावत् स्वेदः समुद्भवेत् ॥ तक्रभक्तं भवेत् पथ्यं ज्वर-मुक्तस्य देहिनः । वातज्वरे विशेषेण रसः साधारणोऽप्ययम् ॥

Parpatika' rasa.

One tola' each of mercury and sulphur are to be rubbed together to form kajjali or black powder, which is to be rubbed with water and made into a lump. When dried, this lump is to be put inside a new earthen vessel, the mouth of which is to be covered with a copper leaf, the joint being

closed very carefully. The vessel is then to be heated by means of the third kind of ba'luka' jantram. The heating is to be stopped, as soon as a paddy-seed, kept at the top of the jantram, bursts. The medicine is to be taken out, after the jantram is cooled of itself. Dose, three ractis, each, to be given for three days in nava-jwara with ginger juice. After the application of this medicine, the body of the patient is to be covered with a piece of thick cloth. Boiled rice, mixed with butter-milk, is to be given to the patient, after remission of fever. It is efficacious in all sorts of nava-jwara, and especially in that due to an excess of va'yu.

कान्त रसः ।

कान्तलौहं रसो गन्धष्टंकणो तुल्यमानतः । त्रिदिनं सर्व्वमेकत्र मर्दयेत् निम्बुवारिणा ॥ रसतुल्येन मत्स्यस्य पित्तेन परिभावयेत् । सिद्धः कान्तरसो ह्येष प्रयोज्योऽभिनवज्वरे ॥ शृङ्गवेराऽनुपानेन मात्रया भिषगुत्तमैः ।

Ka'nta rasa.

Equal quantities of lode-stone, mercury, sulphur, and borax are to be rubbed together for three days with lime juice, and then subjected to bha'vana' with an equal quantity of bile of rohita fish. Dose, one racti, to be taken with ginger juice. It cures navajwara.

सुधांशुशेखर रसः ।

नागं वङ्गं रसं ताम्रं गन्धकं टङ्कणं तथा । सूतं विषं च नैपालं हरितालं समं समम् ॥ वटक्षीरेण संमर्द्य सर्व्वं कुर्य्यात् तु गोलकम् । अन्धमूषानिरुद्धं तत् गजपुटेन पाचयेत् ॥ स्वाङ्ग-

शीतं समुद्धृत्य भृङ्गराजेन मर्द्दयेत् । आर्द्रकस्य रसेनापि मर्द्दयेत् तत् पुनः पुनः ॥ द्विगुञ्जं मधुना सह रसेनार्द्रस्य दापयेत् । सुधांशुशेखरो नाम्ना जीर्णज्वरहरः परः ॥

Sudha'nshu-shekhara rasa.

One part each of lead, tin, sulphur, borax, aconite, and orpiment and two parts each of mercury and copper are to be rubbed together with milk of banyan tree, and made into a lump which is to be confined in a blind crucible and heated by gajaputam. When cooled of itself, the medicine is to be taken out and rubbed, over and over again, with the juice of bhringara'ja and ginger. Pills are then to be made, two ractis in weight each, to be taken with honey and ginger juice. It cures jwirna-jwara.

नवज्वर मुरारिः रसः ।

हरस्य गन्धकस्यैव कुनटी च समं समम् । मर्द्यं कर्कोटिकायाश्च रसेन विनियोजयेत् ॥ नवज्वरमुरारिः स्याद्दल्लं शर्करया सह । तन्दुलीयरसेनानुपानं शर्करयाऽपि वा ॥ गुञ्जाद्वयप्रमाणेन ज्वरान् हन्ति नवान् हठात् ।

Nava-jwara murari rasa.

Equal quantities of mercury, sulphur, and realgar are to be rubbed together with the juice of karkotaka, and ~~dried~~. Dose, three ractis each, to be taken with sugar and the juice of tanduliyaka, or sugar alone. It cures nava-jwara, very soon.

प्रतापरावण रसः ।

अपामार्गस्य मूलानां चूर्णं चित्रकमूलजैः । वल्कलैर्मर्द्दयित्वा च रसं वस्त्रेण गालयेत् ॥ तेन समीकृतं गन्धमभ्रकं पारदं विषम् । टङ्कनं तालकं चैव मर्द्दयेद् दिनसप्तकम् ॥ त्रिदिनं मुषलीकन्दैर्भावयेद् घर्म्मरक्षितम् । गोस्तनाकारमूषायामन्धायां तन्निधापयेत् ॥ सप्तभिर्मृत्तिकावस्त्रैर्वेष्टयित्वा पुटेल्लघु । रसतुल्यं लौहभस्म मृतवङ्गमहिस्तथा ॥ मधुकसारजलदं रेणुकं गुग्गुलुं शिलाम् । चाम्पेयञ्च समांशं स्याद् भागार्द्धं शोधितं विषम् ॥ तत् सर्व्वं मर्द्दयेत् खल्ले भावयेद् विषनीरतः । आतपे सप्तधा तीव्रे मर्द्दयेद् घटिकाद्वयम् ॥ कटुत्रयकषायेण कनकस्य रसेन च । फलत्रयकषायेण मुनिपुष्परसेन च । समुद्रफेननीरेण विजयापत्रवारिणा ॥ चित्रकस्य कषायेण ज्वालामुख्या रसेन च । प्रत्येकं सप्तधा भाव्यं तद्वत् पित्तैश्च पञ्चभिः ॥ सर्व्वस्य समभागेन विषेण परिधूपयेत् । विमर्द्य क्वाथयित्वा च रक्षयेद् कूपिकोदरे ॥ गुञ्जैकं वह्निनीरेण शृङ्गवेररसेन वा । दद्याच्च रोगिणे तीव्रशैत्यविस्मृतिशान्तये । क्षुरेण तालुमाहत्य घर्षयेदार्द्रनीरतः ॥ नोद्घटन्ते यदा दन्तास्तदा कुर्य्यादमुं विधिम् । सेचयेन्मन्त्रविद् वैद्यो वारां कुम्भशतैर्नरम् ॥ भोजनेच्छा यदा तस्य जायते रोगिणः परम् । दध्योदनं सितायुक्तं दद्यात् तक्रं सजीरकम् ॥ पाने पानं सिताजातं यदिच्छेत ददीत तत् । एवं कृते न शान्तिः स्यात् तापस्य च रुजस्य च ॥ सचन्द्रं चन्दनरसालेपनं कुरु शीतलम् । युथिकामल्लिकाजातीपुन्नागवकुलावृताम् ॥ विधाय शय्यां तत्रस्थ लेपनैश्चन्दनैर्मुहुः । रम्यवीणानिनादोत्थैर्गायनैः श्रवणामृतैः ॥ पुण्यश्लोककथाद्यैश्च सन्तापहरणं कुरु । दद्याद् वातेषु सर्व्वेषु सिन्धुजैः

सह वह्निभिः ॥ दद्याद् कणामाक्षिकाभ्यां कामलाक्षयपाण्डुषु । तत्तद्रोगानुपानेन सर्व्वरोगेषु योजयेत् । प्रतापरावणो रसः सन्निपातहरः परः ॥

Prata'pa ra'vana rasa.

Equal quantities of roots of apa'ma'rga and bark of the roots of chitraka are to pestled together, and their juice extracted by means of a piece of cloth. Then mix with this juice sulphur, mica, mercury, aconite, borax, and orpiment, each equal in quantity to the juice itself, Then rub all these together for seven days. After which, the substance is to be subjected to bha'vana' for three days with the juice of musali, and dried in the sun. The substance is then to be confined in a crucible of the shape of a cow's-teat. the outer surface of which is to be coated seven times with cloth mixed with mud. When dried, the crucible is to be subjected to heat by laghu-putam. When cooled, the substance is to be taken out and mixed with iron, tin, lead, the sugar-like essence of madhuka, musta renuka', guggulu, realgar, and na'gakeshara, each equal in quantity to mercury and aconite equal to half the quantity of the mercury. All these materials are to be rubbed together and subjected to bha'vana' for seven times in the scorching rays of the sun with the decoction of aconite, and then rubbed for forty-eight minutes. The compound is then to be subjected to bha'vana' for seven times each with the decoction of trikatu, juice of dhutura' leaves, juice or decoction of triphala', juice of va'saka flower, solution of condensed sea foam, juice of leaves of bhanga', decoction of roots of chitraka, juice of la'ngali and the biles of boar, goat, buffalo, peacock, and rohita fish. The substance is then to be kept for some time in a smoke, caused by the burning of

aconite equal in quantity to the substance itself, which is next to be rubbed again, and kept in an earthen pot Dose, one racti in weight, to be taken with the juice of chitraka roots or ginger. In case the patient is unable to swallow the medicine, the crown of his head is to be bled by means of a razor, and the medicine, mixed with ginger juice, is to be rubbed on the spot. After the application of this medicine, the patient may be allowed to take boiled rice with curd or butter milk mixed with sugar and powdered jeera', etc. He may also be given any other diet he likes. Should the uneasiness and heating sensation felt by the patient be not removed by this process sandal paste and other cooling unguents should be rubbed all over his body In all sorts of diseases, this medicine is to be used with a little of rock salt and powdered roots of chitraka ; in jaundice and anæmia with honey and pippali ; and with adequate accompaniments in all other diseases. This medicine was also invented by the great Ra'vana, king of Lanka'.

ज्वर मुरारिः रसः।

हिङ्गुलञ्च विषं व्योषं टङ्कनं नागराभया। शस्यं च जयपालस्य प्रतेाकं सममानतः॥ सर्व्वं विमर्दयेदद्भिः दापयेद रक्तिमानतः। ज्वरमुरारि संज्ञोयं सर्वज्वरविनाशनः॥

Jwara mura'ri rasa.

Equal quantities of cinnabar, aconite, triphala', borax, shunthi, haritaki, and croton seeds are to be rubbed together with water, and made into pills, one racti in weight each. It cures all sorts of fevers.

ज्वरमातङ्गकेशरी रसः।

पारदं गन्धकञ्चैव हरितालं च माक्षिकम्। कटुत्रयं तथा पथ्या क्षारौ द्वौ सैन्धवं तथा॥ निम्बस्य विषमुष्टेश्च बीजं चित्रकमेव च। एषां माषसितो भागो ग्राह्यः प्रतिसुसंस्कृतः॥ द्विमाषं कानकफलं विषस्यापि द्विमाषिकम्। निर्गुण्डीस्वरसेनापि शोषयेत् तत् प्रयत्नतः॥ सार्द्धरक्तिप्रमाणेन वटी कार्य्या सुशोभना। सर्व्वज्वरहरा चैषा भेदिनी दोषनाशिनी। आमाजीर्णप्रशमनी कामलापाण्डु रोगहा। वह्निदीप्तिकरी चैषा जठरामयनाशिनी॥ उष्णोदकानुपानेन दातव्या हितकारिणी। भाषितो लोकनाथेन ज्वरमातङ्गकेशरी॥

Jwara-ma'tanga-keshari rasa.

Six ractis each in weight of mercury, sulphur, orpiment, copper pyrites, trikatu, haritaki, jabaksha'ra and swarjiksha'ra combined, rock salt, seeds of nimba, nuxvomica, and roots of chitraka ; twelve ractis in weight of seeds of dhutura', and the same quantity of aconite are to be rubbed together, subjected to bha'vana' with the juice of nirgundi leaves, and made into pills one and half racti in weight each, to be taken with a little of hot water. It cures all sorts of fever, mucus, indigestion, jaundice, anæmia, and all sort of udararoga. It is a laxative, increaser of power of digestion, and destroyer of an abnormal excess of the three doshas.

चन्द्रशेखर रसः।

शुद्धसूतं समं गन्धं मरिचं टङ्कणं तथा। चतुस्तुल्या शिला योज्या मत्स्यपित्तेन भावयेत्॥ त्रिदिनं मर्दयेत् तेन रसोऽयं

चन्द्रशेखरः। द्विगुञ्जमार्द्रकद्रावै र्देयं शीतोदकं ततु॥ तक्रभक्तञ्च हन्ताकं पथ्यं तत्र प्रदापयेत्। त्रिदिनात् श्लेष्मपित्तोत्थमत्युग्रं नाशयेज्ज्वरम्॥

Chandra shekhara rasa.

One part each of mercury, sulphur, maricha, and borax, and four parts of realgar are to be mixed together, subjected to bha'vana' with the bile of fish, then rubbed for three days, and made into pills two ractis in weight each. Accompaniment, ginger juice mixed with cold water. It cures in three days fever due to an excess of pittam and ka'pha, however malignant.

ज्वरासुरारि रसः।

शुद्धसूतं तथा गन्धं विषञ्च दरदं पृथक्। कर्षप्रमाणं कर्षार्द्धं लवङ्गं मरिचं पलम्॥ शुद्धं कनकबीजञ्च पलद्वयमितं तथा त्रिवृता कर्षमेकञ्च भावयेद्दन्तिकाद्रवैः॥ सप्तधा च ततः कार्य्या वटी गुञ्जामिता शुभा। ज्वरासुरारि नामायं रसो ज्वरकुलान्तकः॥ अत्यन्ताजीर्णपूर्णे च ज्वरे विष्टम्भसंयुते। सर्व्वाङ्गग्रहणीगुल्मे चामवातेऽम्लपित्तके। कासे श्वासे क्षयरोगेऽप्युदरे सर्व्वसम्भवे॥ गृध्रस्यां सन्धिमज्जस्थे वाते शोथे च दुस्तरे॥ वल्गति शोहरोगे च वातरोगे चिरोत्थिते। देयश्च कुष्ठरोगेषु सिद्धगहननिर्म्मितः॥

jwara'sura'ri rasa.

One tola' each of mercury, sulphur, aconite and cinnabar, half a tola' of cloves, four tola's of maricha, eight tola's of seeds of dhutura' and one tola' of tribrit are to be rubbed

together and subjected to bha'vana' for seven times with the decoction of danti, and made into pills one racti in weight each. It cures all sorts of fever, indigestion flatulence, chronic diarrhœa, gulma, rheumatism, amlapittam, cough, asthma, consumption, udara-roga, sciatica, paralysis, and other diseases due to the derrangement of va'yu, swelling due to anaemia, and leprosy.

ज्वरभैरव रसः।

त्रिकटु त्रिफलाटङ्कविषं गन्धकपारदम्। जैपालञ्च समं मर्द्यं द्रोणपुष्पीरसैर्दिनम्॥ ताम्बूलेन समं प्रातः खादेद् गुञ्जामितां वटीम्। पथ्यं शिखरिणी देयं मुद्गयुषं प्रयत्नतः॥ नवज्वरं त्रिदोषोत्थं जीर्णञ्च विषमज्वरम्। दिनैकेन निहन्त्याशु रसोऽयं ज्वरभैरवः॥

Jwara bhairava rasa.

Equal quantities of trikatu, triphala', borax, aconite, sulphur, mercury, and croton seeds are to be rubbed together for one day with the juice of dronapuspi, and made into pills one racti in weight, each. Accompanimet, juice of betel leaves mixed with honey. It cures even in one day, navajwara due to an excess of the three doshas, jwirnajwara, and visama-jwara. Diet, juice of mudga and sugar dissolved with water.

आरोग्यभैरव रसः।

समभागांश संगृह्य पारदामृतगन्धकान्। जातीफलस्य भागार्द्धं

दत्त्वा कुर्य्याच्च कज्जलीम् ॥ सर्व्वार्द्धं पिप्पलीचूर्णं खल्लयित्वा निधापयेत् । गुञ्जैकं वा द्विगुञ्जं वा नागवल्लीदलैः सह ॥ आर्द्रकस्य रसेनापि द्रोणपुष्पीरसेन वा । शीतज्वरे सन्निपाते विसूच्यां विषमज्वरे ॥ पीनसे च प्रतिश्याये ज्वरेऽजीर्णे तथैव च । मन्देऽग्नौ वमने चैव शिरोरोगे च दारुणे ॥ प्रयोज्यो भिषजा सम्यग् रस आरोग्यभैरवः ॥

Arogya bhairava rasa.

Four parts of mercury, four parts of aconite, four parts of sulphur, and two parts of ja'tiphalam, and seven parts of powdered pippali are to be rubbed together with water and made into pills one or two ractis in weight each. Accompaniments, juice of betel-leaves, or of ginger, or of the leaves of of dronapuspi. This medicine cures fever accompained with a sensation of coldness, sa'nnipa'tika fever, cholera, visama-jwara, pinasa, fever attended with catarrh, indigestion, loss of appetite, vomiting, and head diseases.

ज्वरकेशरी रसः ।

शुद्धसूतं विषं व्योषं गन्धं त्रिफलमेवच । जयपालं समं कृत्वा भृङ्गतोयेन मर्द्दयेत् ॥ गुञ्जामात्रा वटी कार्य्या वालानां सर्षपाकृतिः । नारिकेलाम्बुना चापि सर्व्वज्वरविनाशिनी ॥ नारिकेलजलं शस्तं कर्षत्रयं पिवेदनु । सितया च समं पीता पित्तज्वरविनाशिनी ॥ मरिचेन प्रयुक्ता सा सन्निपातज्वरापहा । पिप्पलीजीरकाभ्याञ्च दाहज्वरविनाशिनी । ज्वरकेशरीनामायं रसो ज्वरविनाशनः ॥

Jwara-keshari rasa.

Equal quantities of mercury, aconite, trikatu, sulphur,

triphala', and croton-seeds are to be rubbed together with the juice of bhringa-ra'ja. and made into pills one racti in weight, each, for adults, and one mustard seed, each, for children up to the age of 15. This medicine may be applied in all sorts of fevers, with the accompaniment of three tola's in weight of cocoanut water, in fever due to an excess of pittam it may be given with sugar, in fever due to the three doshas with honey and powdered maricha, and in fever accompained with heating sensation with honey, pippali, and jeera'.

विद्याधर रसः ।

रसोगन्धस्ताम्रं त्रिकटु कटुकाटङ्गणवरा त्रिवृद्दन्ती हेमद्रुममणि विषमेतत् सममिदम् ॥ समस्तैस्तुल्यं स्याद् विमलजयपालोद्भवरज स्ततःस्नुक् चीरेण प्रगुणमृदितं दन्तिसलिलैः ॥ द्विगुञ्जाऽस्य प्रौढ़ं जयति वटिका साममतुल्यम् ज्वरं पाण्डुं गुल्मं ग्रहणिगुदकीलोद्भवरुजः ॥ मरुच्छूलाजीर्णं प्रवलमपि सामं क्रिमिगदं विवन्धं प्लीहानं यकृतमपि विद्याधररसः ॥

Vidya'dhara rasa.

An equal quantity of mercury, sulphur, copper, trikatu, katuki, borax, triphala', tribrit roots, roots of danti, seeds of dhutura', roots of arka, and aconite are to be mixed with croton seeds, equal in quantity to all the ingredients, mentioned above. The substance is then to be subjected to bha'vana' with the milk of shnuhi and decoction of danti, then rubbed very well, and made into pills two ractis in weight each. It cures rheumatic fever, anæmia', gulma, chronic diarrhœa', pain

in the rectum caused by lump of flesh due to piles, colic due to an excess of va'yu, indigestion with mucus, worms, constipation and enlargement of spleen and liver.

अर्द्धनारीश्वर रसः।

रसगन्धामृतञ्चैव समं शुद्धञ्च टङ्कणम्। मर्द्दयेत् खल्लमध्ये तु यावत् स्यात् कज्जलप्रभम्॥ नकुलारिमुखे क्षिप्त्वा मृदा संवेष्टयेद्बहिः। स्थापयेन्मृण्मये पात्रे उर्द्धाधो लवणं क्षिपेत्॥ भाण्डवक्त्रं निरुध्याथ चतुर्यामं हठाग्निना। स्वाङ्गशीतं समुद्धृत्य खल्ले कृत्वा तु कज्जलीम्॥ गुञ्जामात्रं प्रदातव्यं नस्यकर्म्मणि योजयेत्। वाम भागे ज्वरं हन्ति तत्क्षणाल्लोककौतुकम्॥ कुर्य्याद्दक्षिणभागेन चारोग्यं निश्चितं भवेत्। गोप्याद् गोप्यतमं प्रोक्तं गोपनीयं प्रयत्नतः। अर्द्धनारीश्वरो नाम रसोऽयं कथितो भुवि॥

Ardha na'rishwara rasa and
Tridoshada'ba'nala rasa.

Equal quantities of mercury, sulphur, aconite, and borax are to be rubbed together and made into a black powder which is to be put inside the mouth of a black cobra (killed only a short time ago), whcih is to be coated with mud and kept inside an earthen vessel which is then to be filled with salt on all sides of the snake. The mouth of the vessel is then to be closed with an earthen basin and mud. It is then to be subjected to strong heat for twelve hours. The medicine is to be taken out, after the vessel is cooled by radiation of heat, and rubbed again to from a black powder. One racti of this powder is to be used as a snuff which is followed by fever leaving at first the left half of the patient's body, and then leaving the other half, in a wonderful manner.

अर्कमूर्त्ती रसः।

लौहाष्टकं मारितमर्कभागं सूतं द्विभागं द्विगुणञ्च गन्धम्। विमर्द्दयेद् वह्नि रसेन तापे दिनत्रयस्मात्र विषं कलांशम्॥ विक्षिप्य पित्तैः परिभावितोऽयं रसोऽर्क-मूर्त्ति र्भवति त्रिदोषे॥ ताम्रस्य पात्रे तु दिनैकमात्रं निम्बुरसेनापि च पित्तवर्गैः। क्षुद्रार्द्रकाथेन रसेन सूतस्त्रिदोषदावानल एष सिद्धः॥ गुञ्जाद्वयं त्र्यूषणयुक्तमस्य दद्दीत चित्रार्द्र रसेन वापि। नासापुटे चापि नियोजनीया गुञ्जास्य शुण्ठी मरिचेन युक्ता॥

Arkamurti rasa.

Eight parts of iron, one part of copper, two parts of mercury, and two parts of sulphur are to be rubbed together in the heat of the sun, for three days, with the decoction of chitraka roots. The substance is then to be mixed with one sixteenth its weight of aconite, and subjected to bha'vana' by the biles of each of the following, in succession :—hog, goat, buffalo, peacock, and rohita fish. This medicine is called arkamurti rasa. If this medicine is placed in a copper pot and again subjected to bha'vana' with lime juice, the five kinds of biles mentioned above, decoction of kantaka'ri, and juice of ginger, it is called "tridoshada'ba'nala rasa". Dose, two ractis each. Accompaniment, honey with powdered trikatu, mixed with decoction of roots of chitraka or ginger juice alone. This medicine may also be used as a snuff, in doses of one racti each, mixed with a little of shunthi and maricha.

त्रिदोष-दावानल-कालमेघ रसः।

तालेन वङ्गं शिलया च नागं रसैः सुवर्णं रवितारपत्रम्। गन्धेन

लौहं दरदेन सर्व्वं पुटे मृतं योजय तुल्यभागम् ॥ तत्तुल्यसूतं द्विगुणञ्च गन्धं तुत्थञ्च गन्धेन समानभागम् ॥ निम्बूथ तोयेन विमर्द्य सर्व्वं गोलं प्रकृत्याऽथ मृदा विलिप्य ॥ पुटञ्च दत्त्वाऽथ विमर्दयैनं गन्धेन तुल्येन कृशानुनीरैः। विषं च दत्त्वाऽथ कलाप्रमाणमीषत् कृशानूत्थरसैः पचेत् तत् ॥ पित्तैस्तथा भावित एष सूतस्त्रिदोषदावानलकालमेघः। वल्लं ददीतास्य च पूर्वयुक्त्या दाहोत्तरे तं मधुपिप्पलीभिः ॥ मुद्गाश्च शाल्यन्नमिह प्रशस्तं पथ्यं भवेत् कोष्णमिदं दिनान्ते ॥

Tridosha da'ba'nala ka'lamegha rasa.

Incinerate tin with orpiment, lead with realgar, gold copper and silver with mercury, and iron with sulphur. Take an equal quantity of these incinerated metals, viz. tin, lead, gold, copper, silver, and iron. These are to be rubbed with cinnabar, equal in quantity to all of them combined, and heat the whole thing by laghu putam. The compound, thus prepared, is again to be mixed with mercury, equal to it in quantity, with sulphur, double its quantity, and copper sulphate equal to sulphur. Rub all of these with lime juice, make into a lump and subject it to heat by laghu putam. It is then to be mixed with an equal quantity of sulphur and rubbed with the decoction of chitraka roots. It is next to be mixed with one sixteenth its quantity of aconite, saturated with the decoction of chitraka roots, and subjected to a little heat. The substance is then to be subjected to bha'vana' with the biles of fish, goat, hog, buffalo, and peacock, and made into pills three ractis in weight each. This medicine is to be taken with honey and powdered pippali, in fever attended with much of heating sensation. The patient

is to be given in the afternoon boiled sha'li rice mixed with soup of mudga, both tepid warm.

कफकेतु रसः ।

टङ्कनं माधवी शङ्खं वत्सनाभं समं समम् । आर्द्रकस्वरसेनाथ दापयेत् भावनात्रयम् ॥ गुञ्जामात्रं प्रदातव्यं मार्द्रकस्वरसैर्युतम् । पीनसे श्वासकासे च शिरोरोगे गलग्रहे । कफरोगान् निहन्त्याशु कफकेतुरयं रसः ॥

Kaphaketu rasa.

Equal quantities of incinerated mercury, borax, pippali, incinerated conch-shell, and aconite, are to be rubbed together, subjected to bha'vana' for three times with ginger juice, and made into pills, one racti in weight each, to be taken with honey and ginger juice. It cures pinasa, asthma, cough, head diseases, galagraha, and other diseases due to an excess of phelgm.

कस्तूरीविजय रसः ।

हिङ्गुलञ्च विषं टङ्गं जातीकोषफलं तथा । मरिचं पिप्पली चैव कस्तूरी च समांशिका ॥ रक्तिद्वयं ततः खादेत् यथायोग्यानुपानतः । कस्तूरीविजयाख्योयं रसेन्द्रः सन्निपातहृत् ॥

Kasturi Vijaya rasa.

Equal quantities of cinnabar, aconite, borax, ja'tikosa ja'ti-phala, maricha, pippali, and musk are to be rubbed

together with water, and made into pills, two ractis in weight each. This cures sa'nnipa'tika fever.

कस्तूरीभैरव रसः ।

मृगमदरससूर्य्या* धातकी शूकशिम्बी रजतकनकमुक्ता विद्रुमं लौहपाठाः । क्रिमिरिपुघनविश्वा वारितालाभ्रधात्री रविदलरस-पिष्टः कस्तूरीभैरवोऽयम् ॥ ख्यातोऽयं रसराजेन्द्रः सर्वज्वरविनाशनः । आर्द्रकस्य रसैः सह विषमज्वरनाशनः ॥ द्वन्द्वजान् भौतिकान् वापि ज्वरान् कामादिसम्भवान् । अभिचारकृतांश्चैव तथा शत्रु-कृतान् पुनः ॥ निहन्याद् भक्षणादेव डाकिन्यादियुतां स्तथा । विल्वचूर्णजीरकाभ्यां मधुना सह पानतः ॥ आमातिसारं ग्रहणीं ज्वरातिसारमेव च । अग्निदीप्तिकरः शान्तः कासरोगनिकृन्तनः ॥ क्षपयेद् भक्षणादेव मेहरोगं हलीमकम् । जीर्णज्वरं नूतनं वा द्विकालीनञ्च सन्ततम् ॥ प्रक्षिप्तं भौतिकं वापि हन्ति सर्व्वान् विशेषतः । ऐकाहिकं द्व्याहिकं वा त्र्याहिकं चातुराहिकम् ॥ पाञ्चाहिकं षष्ठसंस्थं पाक्षिकं मासिकं तथा । सर्व्वान् ज्वरान् निहन्त्याशु भक्षणादार्द्रकद्रवैः ॥

Kasturi-bha'irava-rasa

Equal quantities of musk, incinerated mercury, copper,

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* मृगमद रस सूर्य्या इत्यत्र तत् स्थले मृगमदशशिसूर्य्या इत्येतदपि पाठान्तरं दृश्यते । अत्रापि शशीति शब्देन पारदभस्म एव बोद्धव्यं यतोऽसौ शब्दः पारदरौप्यवङ्गकर्पूरचन्द्रादीनां वह्वर्थानां वाचक एव ।

dha'taki flower, ba'nari seeds, silver, gold, pearls, coral, iron, pa'tha', brianga, musta', shunthi, ba'la', orpiment, mica, and a'malaki, are to be rubbed together with the juice of arka leaves and made into pills, one racti in weight each, to be taken with ginger juice. It cures all sorts of fevers, diarrhœa, both acute and chronic, cough, spermatorrhœa, and jaundice.

श्लेष्मकालानल रसः ।

हिङ्गुलसम्भवं सूतं गन्धकं मृतताम्रकम् । तुत्थं मनोह्वा तालञ्च कट्फलं धूर्त्तवीजकम् ॥ हिङ्गु च माक्षिकं कुष्ठं त्रिवृद् दन्ती कटुत्रिकम् । व्याधिघातफलं वङ्गं टङ्कनं समभागिकम् ॥ स्नुही-क्षीरेण वटिकाः कारयेत् कुशलो भिषक् । विज्ञाय कोष्ठं कालञ्च योजयेद् रक्तिकां क्रमात् ॥ वातश्लेष्मणि मन्देऽग्नौ पित्त श्लेष्माधिकेऽपि च । जीर्णज्वरे च श्वयथौ सन्निपाते कफोल्वणे ॥ वलासप्रवलं त्यक्ता धातुं वातात्मकं जयेत् । सेवनात् सर्व्वरोगघ्नः श्लेष्मकालानलो रसः ॥

Shleshma ka'la'nala rasa.

Equal quantities of mercury, sulphur, copper, copper-sulphate, realgar, orpiment, katphala, seeds of dhutura, hingu, copper pyrites, kustham, tribrit, danti, trikatu, a'ragbadha, tin, and borax are to be rubbed together with the milk of snuhi and made into pills, one racti in weight each. It cures all sorts of sa'nnipa'tika fever, ieerna-jwara, and dropsy. It also pacifies an excess of va'yu (but can not arrest waste) in that kind of cosumption called va'ta bala'saka (see page 41).

सन्निपातमार्त्तण्ड रसः ।

रसञ्च गन्धं द्विगुणं गृहीत्वा तत्पादभागं रवितारहेम । भस्मीकृतं योजय मर्द्दयाथ दिनत्रयं वह्निरसेन घर्म्मे ॥ विषञ्च दत्वात्र कलाप्रमाणमजादिपित्तैः परिभावयेच्च । वल्लद्वयञ्चास्य ददीत वह्नि-कटुत्रयार्द्रस्वरसप्रयुक्तम् ॥ तैलेन चाभ्यक्तवपुश्च कुर्यात् स्नानं जलेनैव सुशीतलेन । यावन्नवेद् दुःसहमस्य शीतं मूत्रं पुरीषञ्च शरीरकम्पः ॥ पथ्ये यदीच्छा परिजायतेऽस्य मरीचखण्डं दधिभक्तकञ्च । अल्पं ददीतार्द्रकयुक्तशाकं दिनाष्टकं स्नानमिदञ्च पथ्यम् ॥

Sannipa'ta ma'rtanda rasa.

Eight tola's of mercury sixteen tola's of sulphur, two tola's, of copper, two tola's of silver and two tola's of gold are to be mixed together, and rubbed in the sun, for three days with the decoction of chitraka roots. The substance is again to be rubbed and mixed with one sixteenth its weight of aconite, and subjected to bha'vana' with the biles of boar, goat, buffalo, peacock, and rohita fish. Pills are then to be made, six ractis in weight each, to be taken with honey, juice of ginger, decoction of chitraka roots, and powdered trikatu. Diet curd, boiled rice, powdered maricha, mixed with sugar, and curries prepared from patola, etc., with a little of ginger. The body of the patient is to be rubbed with a cooling oil, and there-after, he is to take a bath in cold water so long as shivering and a desire to answer the calls of nature do not arise. The bath is to be continued for eight days in succession, and diet to be the same all these days.

सूचिकाक्षेपण रसः ।

अमृतं गरलं दारु सर्व्वतुल्यञ्च हिङ्गुलम् । पञ्चपित्तेन संमर्द्द्य सर्षपाभां वटीं चरेत् ॥ सूचिकाक्षेपणो रसो ख्यातः शूलिप्रसादतः । सन्निपाते महाघोरे विसूच्यां च निदारुणे । दातव्या केवला वटी पयःपेटीजलेन वै ॥ अथवा सूचिकाच्छिन्ने रक्ताक्ते ब्रह्मद्वारके । सहस्रकलशैः स्नानमभ्यङ्गं तैलचन्दनैः । पयःपेटीशतं पानं भोजनं दधिभक्तकम् । इत्यादि शीतलं कार्यं कुर्याद् रुजाप्रशान्तये ॥

Suchika'-ksepana rasa.

One part each of aconite, poison of black cobra, and red gouripa'sa'nam and three parts of cinnabar are to be rubbed together with the biles of hog, buffalo, goat, peacock, and rohita fish, in succession, and made into pills of the size of a mustard seed, each. In sa'nnipa'tika fever of extremly virulent type and in cholera, one such pill is to be given to the patient with cocoanut water; or if he is unable to swallow it, the pill is to be rubbed with honey and mixed with the blood which issues out of the crown of his head, the skin of which has been pricked a little by means of a needdle. After the application of the medicine, the patient is to be given a bath in a profuse quantity of cold water, after his body has been rubbed well with oil prepared from sesamum seeds and with sandle-paste. He is also to be allowed to drink a sufficient quantity of cocoanut water, and to take boiled rice with curd. Other cooling actions may also be resorted to.

सूचिकाभरण रसः ।

रसगन्धकनागाभ्रं विषं स्थावरजङ्गमम् ।* मात्स्यमाहिषमायुरच्छागपित्तै विभावयेत् ॥ सूचिकाभरणो नाम भैरवेन प्रकीर्त्तितः । दातव्यः सूचिकाग्रेण पयःपेटीजलेन च ॥ त्रयोदशसन्निपाते विसूच्यामतिसारके । त्रिदोषजे तथा कासे दापयेत् कुशलो भिषक् ॥ पयःपेटीशतं दद्याद् भोजनं दधिभक्तकम् । तथा सुभर्जितं मांसं लेपनं तिलचन्दनैः । रोगिणो यत् प्रियं द्रव्यं तस्मै तच्च प्रदापयेत् ॥

Suchika'-bharana rasa.

Equal quantities of mercury, sulphur, lead, mica, aconite, and poison of black cobra are to be mixed together and subjected to bha'vana' with the biles of fish, buffalo, peacock, and goat. This medicine is to be applied at the crown of the head pricked by means of the point of a needle or to be swallowed with cocoanut water. It cures all sorts of sa'nnipa'tika fever, cough, cholera, and diarrhœa. The patient, after taking the medicine, is to drink water of a hundred cocoanuts, and to eat boiled rice with curd and meat well cooked with clarified-butter. Oil prepared from sesamum seeds and sandal paste should also be rubbed all over his body. He may also be allowed to take his favourite diet

घोरनृसिंहरसः ।

भागैकं मृतताम्रस्य द्विभागं मृतलौहकम् । त्रिभागं मृतवङ्गस्य

* रसगन्धकनागाभ्रमित्यत्र तत्स्थले रसगन्धकनागञ्च इत्येतत् पाठान्तरमपि दृश्यते ।

चतुर्भागं मृताभ्रकम् ॥ माक्षिकं रसगन्धौ च तथा शुद्धा मनःशिला । चत्वार्य्येतानि ताम्रस्य प्रत्येकं तुल्यमेव च ॥ गरलस्याभ्रतुल्यं स्यात् त्रिकटुस्याभ्रतुल्यकः । एतत् सर्व्वसमं देयं विषमुष्टिं च चूर्णितम् ॥ एतेषां द्विगुणं देयं वत्सनाभं सुशोधितम् । मात्स्यमाहिषमायुर-घृष्टि-पित्तैर्विभावयेत् ॥ चित्रकस्य द्रवेणैव प्रत्येकं याममात्रकम् । सर्षपाभा वटी कार्य्या शोषयेदातपे ततः ॥ दापयेद् वटिकामेकां पयःपेटीरसेन च । त्रयोदशसन्निपाते विसूच्यामतिसारके ॥ त्रिदोषजे तथा कासे दापयेत् कुशलो भिषक् । पयःपेटीशतं दद्याद् भोजनं दधिभक्तकम् । घोरनृसिंहनामायं रसानामुत्तमो रसः ॥

Ghora-nrisingha rasa.

One part of copper, two parts of iron, three parts of tin, four parts of mica, one part of copper pyrites, one part of mercury, one part of sulphur, one part of realgar, four parts of black cobra poison, four parts of trikatu, twenty two parts of nuxvomica, and eighty-eight parts of aconite are to be rubbed together and subjected to bha'vana' with the biles of rohita fish, buffalo, peacock, and boar. Pills are then to be made of the size of a mustard seed, each, which are to be dried in the sun. One such pill is to be applied with cocoanut water. It cures all sorts of sa'nnipa'tika fever, diarrhœa, and cough. The patient is to be allowed to drink water of a hundred cocoanuts and to eat boiled rice mixed with curd.

सन्निपातसूदन रसः ।

पारदं गन्धकं तालं वत्सनाभं त्रिभिः समम् । गरलं दारुमूषञ्च सर्व्वसमं च हिङ्गुलम् ॥ वटिकां मुद्गतुल्यां च कारयेत्

कुशलो भिषक् । सन्निपाते वटीमेकामार्द्रद्रावैः प्रदापयेत् ॥ सेवनान्ते यथाकाले भोजनं दधिभक्तकम् । प्रचुरवारिणा स्नानं तैलाभ्यङ्गादि कारयेत् ॥ रसो महाप्रभावोऽयं सन्निपातस्य सूदनः ॥

Sannipa'ta-sudana rasa.

One part of mercury, one part of sulphur, one part of orpiment, three parts of aconite, one part of red gouri pa'sa'na, one part of black cobra poison, and eight parts of cinnabar are to be rubbed together with water, and made into pills of the size of a mudga gram, each. Accompaniment, honey and ginger juice. Diet, same as in ghora-nrisingha rasa. This medicine cures all sorts of sa'nnipa'tika fever.

शिवाप्रसादनरसः ।

सूतकं गन्धकञ्चैव हरितालं मनःशिला । अभ्रकं वत्सनाभञ्च दारु जङ्गमजं विषम् ॥ सर्व्वं तुल्यमितं ग्राह्यं जैपालस्यार्द्धभागकम् । गृहीत्वा सर्व्वमेतत् तु खल्ले ततो विमर्द्दयेत् ॥ मात्स्यमाहिषमायुरच्छागपित्तैश्च भावयेत् ॥ वटिकां शीततोयेन कुर्य्याद्गुञ्जाप्रमाणतः । शिवाप्रसादनाख्योऽयं नारिकेलजलेन वै । भक्षयेत् सन्निपातार्त्तो मृत्युग्रस्तोऽस्वासुखी भवेत् ॥ सेवनान्ते पिवेत् तक्रं स्नायात् सुशीतलाम्भसा । तैलाभ्यङ्गं च शैत्यादि यथायोग्यं समाचरेत् ॥

Shiva'-prasa'dana rasa.

One part each of mercury, sulphur, orpiment, realgar, mica, aconite, gouri-pa'sa'na, and black cobra poison, and half a part of croton seeds are to be rubbed together,

subjected to bha'vana with the biles of fish, buffalo, peacock, and goat, rubbed with cold water, and made into pills one racti in weight, each. Accompaniment, cocoanut water. This medicine cures a man in a dying state, suffering from a sa'nnipa'tika fever. Such cooling actions as anointing the body with oil, bath in cold water, drinking of butter-milk, etc., are to be resorted to, as usual.

त्रैलोक्यचिन्तामणिः रसः ।

रसभस्म त्रयो भागा द्विभागश्च भुजङ्गमम् । वत्सनाभं च षड्-भागं भागैकं तालकं तथा ॥ गोदन्तं गगनं तुत्थं शिलागन्धक-टङ्कणम् । जयपालोन्मत्तदन्ती करवीरश्च लाङ्गली ॥ पलाशमूल-जैर्नीरैः सप्तधा भावितं दृढम् । चित्रमूलकषायेन चार्द्रकस्य च वारिणा ॥ मात्स्यमाहिषमायुरच्छागवाराहडौण्डुभम् । प्रत्येकं दशधा मर्द्दं शिलाखल्ले च संचयात् ॥ धान्याद्वयां वटीं कुर्य्याच्छुद्धवस्त्रेन धारयेत् । दातव्यश्चानुपानेन नारिकेलोदकेन च ॥ ताम्बूलञ्च ततो दद्याद् भक्ष्यं शीतोपचारकम् । तैलाभ्यङ्गं सदा स्नानं घृतमत्स्यादि-भोजनम् । शीतान्नं दधिसंयुक्तं पुराणान्नञ्च भक्षयेत् ॥

Trailokya chinta'mani rasa.

Three parts of incinerated mercury, two parts of black cobra poison, six parts of aconite, one part each of orpiment, godanta, mica, copper sulphate, realgar, sulphur, borax, croton seeds, dhutura seeds, roots of danti, roots of karavira, and langali are to be rubbed together, and subjected to bha'vana' for seven times with the juice or

decoction of roots of pala'sha. The substance is then to be rubbed with each of the following, in succession, and made into pills, one third of a racti in weight, each ; – decoction of roots of chitraka, juice of ginger, biles of fish. peacock, buffalo, goat, boar, and dundubha snake. The medicine is to be taken with cocoanut water, after which the patient is to chew betel leaves. Such cooling actions as referred to in the case of the fore going few medicines are to be resorted to. This medicine cures all sorts of sa nnipa tika fever.

कालानल रसः ।

रसं गन्धं मृताभ्रं च टङ्गनञ्च मनः शिला । हिङ्गुलं गरलं दारुविषं ताम्रञ्च तत्समम् ॥ विड़ालपदमात्रन्तु सर्व्वं शुद्धं विचूर्णयेत् । भावनाय च दातव्यं लाङ्गलीमूलकं तथा ॥ घोषामूलं तथा देयं मूलं लोहितचित्रकम् । अपुष्पफलभूधात्री मूलं भ्रमरकद्रकम् ॥ वराहमहिषी च्छागो मयूरो मत्स्य एव च । एतेषाञ्च ददेत् पित्त-मार्द्रकस्य रसेन च । प्रत्येकं मर्द्दितं शुष्कं कणामात्रप्रमाणतः ॥ दातव्या केवला वटी पयःपेटीजलेन वै । अथवा सूचिकाच्छिन्ने रक्ताक्ते ब्रह्मद्वारके ॥ प्रचुरैः सलिलैः स्नानं भोजनं तक्रभक्तकम् । शैत्यकार्य्यं यथाबुद्धि कारयेत् कुशलो भिषक् ॥

Ka'la'nala rasa

One tola each of mercury, sulphur, mica, borax, realgar, cinnabar, black cobra poison, and gouri-pa sa'na are to be rubbed together, subjected to bha vana with each of the following, in succession, and made into pills of the size

of a mustard seed :– roots of la'ngali, roots of ghosha (devada'li), roots of red chitraka, tender bhumi-a'malaki before the growth of flowers and fruits, juice of bhringara'ja leaves, juice of dhutura' leaves, biles of goat. boar, buffalo, peacock, rohita fish, and ginger juice. This medicine cures all sorts of sa'nnipa'tika fever. Such cooling actions as referred to in the case of sannipa'ta sudana rasa are to be resorted to.

सूचीमुखरसः ।

सूतं गन्धकतालकं मणिशिलां ताप्यं लवं तुत्थकं जैपालं विषटङ्कनं मधुफलं कृत्वा समांशं दृढ़म् । कृत्वा कज्ज्वलिकां विषोल्बणफणेः पित्तैश्च संभावयेत् क्षिप्रं । सीसककूपिके रसवरं सूचीमुखं नामतः ॥ ब्रह्मद्वारि विकीर्णलोहितलवे गुञ्जैकमात्रं ददेत् दत्त्वा संपुटवद्धतन्द्रिकधनुर्व्वाते सशाखाहिमे । कासं श्वासम-रोचकं प्रलपनं कम्पं च हिक्कातुरः मूकत्वं वधिरत्व मुन्मदमपस्मारं जयेत्तत्क्षणात् ॥

Suchi mukha rasa.

Equal quantities of mercury, sulphur, orpiment, realgar, copper pyrites, ja tiphala, copper sulphate, croton seeds, aconite, borax, and bikankata are to be rubbed together. The mercury and sulphur, in this case, are to be rubbed first of all, to form kajjali or black powder, with which the other ingredients are to be mixed and rubbed together. The compound is then to be subjected to bha'vana' with the bile of a poisonous snake. When dried, the medicine is to be kept in a pot made of lead. One racti of this medicine is to be mixed with blood, shed at the crown of the patient's head

by means of a needle It cures a patient in a dying state suffering from sa'nnipa'tika fever with such symptoms as drooping of the eye-lids, drowsiness, titanus, coldness of the extremities, cough asthma, aversion to food, delirium, shivering, hiccough, loss of power of speech, and power of hearing, insainty, and apoplexy.

मृतसंजीवनसूचिकाभरण रसः ।

वज्रवैक्रान्तयोर्भस्म प्रत्येकं निष्कसम्मितम् । शृङ्गीविषं द्विनिष्कं च त्रिनिष्कं चुलिकापटु ॥ पञ्च निष्कोऽग्निजारस्य सर्व्वमेकत्र मेलयेत् । तावद् भस्मरसं यावन्मर्द्दयेद्दिवसत्रयम् ॥ शार्ङ्गष्टादिक वर्गस्य क्षारनीरेण भावयेत् । त्रयोविंशति वाराणि विमर्द्य च विशोष्य च ॥ ततो विमर्द्य दिवसं क्षिपेद्दन्तकरण्डके । मृतसञ्जीवनाख्योऽयं सूचिकाभरणो रसः ॥

Mrita-sanjibana-suchikabharna-rasa

Incinerated diamond and vaikra'nta (garnet), one fourth tola, in weight, each ; half a tola of shringi poison, ¾ tola of nava sa'ra (sal-ammoniac), 1¼ tola of agni-ja'ra, and three tola's of incinerated mercury are to be mixed together, and rubbed well, for three days. They are then to be rubbed and subjected to bha vana', for twenty three times, with a solution of the alkali prepared from the sa'rngasta-varga (detailed below). They are then to be dried well, and rubbed once more, for a day, and kept in in a pot made of ivory.

सन्निपातेन तीव्रेण मुमुर्षो र्भूगतस्य च । तालुनि प्रच्छयित्वाथ रसमेनं विनिक्षिपेत् ॥ सूच्यातिसूक्ष्मया तोयमिश्रयाऽति प्रयत्नतः ।

ततस्तैलेन तं लिप्त्वा निवाते संनिवेशयेत् ॥ ततोऽर्द्धप्रहरादूर्द्ध्वं त्यक्तमूत्रपुरीषकम् । लब्धसंज्ञं प्रतापाढ्यं दोलयन्तं शिरो मुहुः ॥ आयुष्मन्तं विजानीयादन्यथा चान्यथा खलु ॥

This medicine is to be applied to a patient in a moribund condition, suffering from a sa'nnipa'tika fever of a virulent type, and laid on the ground in expectation of death. The flesh at the crown of the patients' head is to be cut a little with the point of a needle, wet with water, and the medicine applied on the spot, by mixing it with the blood that comes out of the spot. The body of the patient is then to be rubbed with oil, and he is to be kept in a place not agitated by wind. If, after the lapse of one and half hour, the patient dis-charges stool and urine, regains consciousness, moves his head again and again, and his whole body is found to be heated, he is taken to be saved from the clutches of death ; otherwise, not.

ततः शीताम्बसंपूर्णे कटाहे तं निवेशयेत् । तत्र चोत्क्वथितं तोयमपनीयापरं क्षिपेत् ॥ याचमानममुं पश्चात् पाययेत् ससितं पयः ॥ दधि वा सितयोपेतं नारिकेलजलं तथा । रम्भाफलानि दद्याच्च म्रियते सोऽन्यथा खलु ॥ लब्धसंज्ञं प्रभाषन्तं याचमानं फलादिकम् । तस्मादाकृष्य तैलाक्तं तैलं पिष्ट्वाऽपनीय च ॥ लेपयेद्गन्धकर्पूरैरापादतलमस्तकम् । इत्यादि शिशिरैर्द्रव्यैः सप्तरात्रमुपाचरेत् ॥

In the event of the above mentioned symptoms occurring, the patient is to be seated in a tub, full of cold water, which is to be thrown out as soon as it grows hot, and is to be

replaced by a fresh quantity of cold water. The process is to be repeated for some time. If the patient asks for food, he is to be allowed to drink sugar, dissolved with water or mixed with water, or cocoanut water, and to eat ripe banana fruits. If such diet is not given to him, he may die He is to be taken out of the tub, as soon as he regains consciousness and asks for food. Subsequently, the oil on his skin is to be removed by rubbing it with powdered rice, etc. After the removal of the oil, his whole body is to be smeared with thin sandal paste, mixed with camphor. These processes (viz cold bath, etc.) are to be performed for seven days, at a stretch.

कर्णाक्षिनासिकावक्त्रे क्षिपेत् पोतास्त्रयं मुहुः। अष्टमेऽहनि संप्राप्ते दद्द्यात्रोमूलजं रसम्॥ ससितं पाययेद्वेगमवतारयितुं भ्रमम्। वेगेऽवतारिते पश्चाद् यथेष्टं भोजनं दधि॥ श्वासोच्छ्वासयुतं चार्थ्यं मृतं जीवनलक्षणैः। कटाहे जलसंपूर्णे निक्षिपेद्बोधलब्धये॥ लब्ध बोधं तमाकृष्य पूर्व्ववत् समुपाचरेत्। जीवित्वा यावदायुष्यं म्रियते तदनन्तरम्॥

During these seven days, cold water is to be sprinkled over and over again, upon the ears eyes, nose, and face of the patient. On the eighth day, he is to drink a little of the juice of mandukaparni, mixed with sugar. This will counteract the intensity of the medicine. The patient is there-after to take a sufficient quantity of boiled rice, mixed with curd.

सन्निपाते महाघोरे मज्जन्तं मृत्युसागरे। उद्धरेत्तस्य धर्म्मस्य ब्रह्माप्यन्तं न विन्दति॥ सन्निपातमहामृत्युभयनिर्म्मुक्तमानवः।

अपि सर्व्वस्वदानेन प्राणाचार्य्यं प्रपूजयेत्॥ अन्यथा नरके तावद् यावत् कल्प-विकल्पना।

This medicine, if applied in the above-mentioned way, may cure even a patient who has last all symptoms of life, living a pretty long life and keeping a good state of health.

शार्ङ्गेष्टा च तथा व्याघ्री करीरस्तिलपर्णिका। इन्द्रवारुणिका मुस्ता हरिद्राङ्कोलमूलिका। अपामार्गः कणा स्वर्णं कटुतुम्बी च तिन्तिडी। शार्ङ्गेष्टादिकवर्गोऽयं सन्निपातहरः परः॥

The following are the sa'rgna'staka varga :—sha'rngasta (ka'kajangha'), kantaka'ri, sprouts of bamboo, tilaparni, indraba'runi, musta'. haridra, roots of a'nkola, apa'ma'rga, pippali black dhustura, bitter ala'bu, and tamarind. These are pacifiers of an excess of the three doshas. Water, dissolved with alkalies prepared from these, is to be used for the purpose of bha'vana', as referred to above, in the present case.

महाज्वरांकुश रसः।

शुद्धसूतं विषं गन्धं धुर्त्तबीजं त्रिभिः समम्। चतुर्णां द्विगुणं व्योषचूर्णं गुञ्जाद्वयं हितम्॥ जम्बीरस्य च मज्जाभिरार्द्रकस्य रसैर्युतम्। महाज्वराङ्कुशो नाम ज्वराष्टकनिसूदनः॥

Maha'-jwara'nkusha rasa.

One part, each, of mercury, sulphur, and aconite, three parts of seeds of dhutura, four parts, each, of shunthi, pippali, and maricha are to be rubbed together, and made into pills, two ractis in weight, each, to be taken with honey, juice of lime fruit, and of ginger. It cures all sorts of fever.

महाज्वरान्तक रसः।

पारदं गन्धकं ताम्रं हिङ्गुलं तालमेव च। लौहं वङ्गं माक्षिकञ्च खर्परञ्च मनःशिला॥ स्वर्णमभ्रं गैरिकञ्च टङ्कणं रूप्यमेव च। सर्व्वाण्येतानि तुल्यानि चूर्णयित्वा विभावयेत्॥ जम्बीरतुलसीचित्रविजयातिन्तिडीरसैः। एभिर्दिनत्रयं रौद्रे निर्ज्जले खल्लगह्वरे॥ चणमात्रां वटीं कृत्वा च्छायाशुष्कान्तु कारयेत्॥ महाग्निजननी चैषा सर्व्वज्वरविनाशिनी। एकजं द्वन्द्वजञ्चैव चिरकालसमुद्भवम्। ऐकाहिकं द्व्याहिकञ्च त्रिदोषप्रभवं ज्वरम्॥ चातुर्थकं तथात्युग्रं जलदोषसमुद्भवम्। सर्व्वान् ज्वरान् निहन्त्याशु भास्करस्तिमिरं यथा। महाज्वरान्तको नाम रसोऽयं मुनिभाषितः॥

Maha'-jwara'ntaka rasa.

Equal quantities of mercury, sulphur copper, cinnabar, orpiment, iron, tin, copper pyrites, calamine, realgar, gold, mica, red-ochre, borax, and silver, are to be mixed together and subjected to bha'vana', for three days, with the juices or decoctions of lime fruit, leaves of tulasi, roots of chitraka, leaves of bhanga', and leaves of tamarind. Pills are then to be made, two ractis in weight, each, and dried in a shady place. It cures all sorts of visama-jwara, including aika'hika, dwa'hika, and cha'turthaka, and nava-jwara, including sa'nnipa'tika. It also increases power of digestion.

ज्वरान्तक रसः।

रसस्य द्विगुणं गन्धं गन्धतुल्यञ्च टङ्कणम्। रसतुल्यं विषं योज्यं मरिचं पञ्चधा विषात्॥ कट्फलं दन्तीवीजञ्च प्रत्येकं मरिचोन्मितम्।

ज्वरान्तको रसो नाम मर्द्दयेद् याममात्रकम्॥ माषैकेन निहन्त्याशु ज्वरं जीर्णं त्रिदोषजम्॥

Jwara'ntaka rasa.

One part of mercury, two parts of sulphur, two parts of borax, one part of aconite, five parts of maricha, five parts of katphala, and five parts of croton seeds are to be rubbed together for three hours, and made into pills, six ractis in weight each. It cures jwirna jwara and sa'nnipatika' jwara.

ज्वरसूदन रसः।

शुद्धसूतं तथा गन्धं वीजं कनकसम्भवम्। महौषधं टङ्कनञ्च हरितालं तथा विषम्॥ भृङ्गराजाम्बुना सर्व्वं मर्द्दयित्वा वटीं चरेत्। खादेद् गुञ्जप्रमाणां तां यथादोषानुपानतः। रसोयं ज्वरसूदनो विषमज्वरनाशनः। ज्वरातिसारमन्दाग्नीन् नाशयेदविकल्पतः॥

Jwara sudana rasa.

Equal quantities of mercury, sulphur, seeds of dhutura', shunthi, borax, orpiment, and aconite are to be rubbed with the juice of bhringara'ja leaves, and made into pills, one racti in weight each. Accompaniment, according to the nature of the dosha. This medicine cures visama jwara, fever with diarrhœa, and indigestion.

ज्वरनिसूदन रसः।

शुद्धसूतं तथा गन्धं कर्षमानं नयेद् बुधः। महौषधं टङ्कनञ्च

हरितालं तथा विषम् ॥ रसार्द्धं मर्द्दयेत् खल्ले भृङ्गराजरसेन तु । त्रिदिनं भावनां दत्त्वा चतुर्थे वटिकां ततः ॥ कुर्य्याच्चणकमात्राञ्च पिप्पलीमधुसंयुताम् । ज्वरनिसूदनो नाम विषमज्वरनाशनः ॥

Jwaranisudana rasa.

One tola' each of mercury and sulphur, half a tola' each of shunthi, borax, orpiment, and aconite are to be rubbed together, and subjected to bha'vana', for three days, with the juice of bhringara'ja leaves. Pills are then to be made, on the fourth day, two ractis in weight each. Accompaniment, honey and powdered pippali. It cures visama jwara

चूड़ामणि रसः ।

मृतं सूतं प्रवालञ्च स्वर्णं तारञ्च वङ्गकम् । शुल्वं मुक्ता तीक्ष्णमभ्रं सर्व्वमद्भिर्विमर्दयेत् ॥ चूड़ामणिरसो ह्येष लब्धः शिव-प्रसादतः । वल्लमात्रप्रयोगेन नाशयेद् विविधं गदान् ॥ धातुस्थं सन्निपातोत्थं ज्वरं विषमसम्भवम् । कामशोकसमुद्भूतं त्रिदोष-जनितं तथा ॥ कासं श्वासञ्च विविधं शूलं सर्व्वाङ्गसंभवम् । शिरोरोगं कर्णशूलं दन्तशूलं गलग्रहम् ॥ वातपित्तसमुद्भूतां ग्रहणीं सर्व्वसंभवाम् । आमवातं कटीशूलमग्निमान्द्यं विसूचिकाम् ॥ अर्शांसि कामलां मेहं मूत्रकृच्छ्रादिकञ्च यत् । तत् सर्व्वं नाशयत्याशु विष्णुचक्रमिवासुरान् ॥

Chhura'mani rasa.

Equal quantities of incinerated mercury, coral, gold, silver, tin, copper, pearls, steel, and mica are to be rubbed

together with water, and made into pills, three ractis in weight, each. This medicine cures sa'nnipa'tika fever, chronic fever, and fever due to an excess of sexual desire and grief, cough due to an excess of the three doshas, asthama all sorts of colic, head diseases, pain in the ears and teeth, galagraha, chronic diarrhœa due to an excess of va'yu and pittam, rheumatism, lumbago, loss of power of digestion cholera, piles, and spermatorrhœa.

ज्वरनृसिंह रसः ।

पारदं गन्धकं तालं भल्लातकस्तथैव च । वज्रीक्षीरसमायुक्त-मेकत्र च विमर्द्दयेत् ॥ मृत्तिकभाजने स्थाप्यं मुद्रितव्यं विचक्षणैः । अग्निं प्रज्वालयेत् तत्र प्रहरद्वयसंख्यया ॥ शीतलं खल्लयेत् तत्र भावना च प्रदीयते । भृङ्गराजरसैरत्र गण्डदूर्व्वाभवै रसैः ॥ चित्र-कस्य रसेनापि भावना दीयते पुनः । पश्चात् तच्चूर्णयेद् यत्नात् कूपिकायाञ्च धारयेत् ॥ ज्वर उत्पद्यते यस्य चतुर्थे चापरे, पुनः । माषैकस्य रसो देयस्तत्क्षणान्नाशयेज्ज्वरम् ॥ ज्वरे शान्ते परं पथ्यं देयं मुद्गौदनं पयः ।

Jwara nrisingha rasa.

Equal quantities of mercury, sulphur, orpiment, and bhalla'taka are to be rubbed together with the milk of snuhi, and subjected to heat by putam, for six hours. When cooled of itself, the medicine is to be taken out and subjected to bha'vana for three days with the juices of bhringara'ja leaves, ganda durba', and roots of chitraka, and then powdered. This medicine cures cha'turthaka and other chronic fevers.

Diet, soup of mudga grams, and milk, to be given after remission of fever.

कस्तूरीभूषण रसः।

सुवर्णसिन्दुरं स्वर्णं लौहं तारं मृगाण्डजम्। जातीफलं जातीकोषं लवङ्गञ्च त्रिकण्टकम्॥ कर्पूरं गगनञ्चैव चोचं मूषलतालकम्। प्रत्येकं कर्षमानन्तु तुरङ्गञ्च द्विकार्षिकम्॥ विद्रुमं भस्मसूतञ्च मौक्तिकं माक्षिकं तथा। राजपट्टं शिखिग्रीवं सर्व्वं संचूर्ण्य यत्नतः॥ खल्ले तु चूर्णमादाय भावयेत् परिकीर्त्तितैः। निर्गुण्डीफञ्जिकावासारविमूलत्रिकण्टकैः॥ ज्वरमष्टविधं हन्ति कस्तूरीभूषणो रसः।

Kasturi bhusana rasa.

One tola' each of swarna sinduram, gold, iron, silver, musk, ja'tiphalam, ja'tikosam, cloves, gokshura, camphor, mica, cardamoms, musali, and orpiment and two tola's each of copper, coral, incinerated mercury, pearls, copper pyrites, ra'ja'varta, and copper sulphate are to be rubbed together and subjected to bha'vana' with the juice or decoction of each of the following :—leaves of nirgundi, bha'rgi, bark of va'saka, roots of arka and gokshura. Pills are then to be made one racti in weight each. It cures all sorts of fevers.

सुवर्णादि रसः।

सुवर्णं रससिन्दुरं प्रवालं वङ्गमेव च। लौहं ताम्रं तेजपत्रयमानिविश्वभेषजम्॥ सैन्धवं मरिचं कुष्ठं खदिरं द्विहरिद्रकम्।

रसाञ्जनं माक्षिकञ्च समभागञ्च कारयेत्॥ वारिणा वटिका कार्य्या रक्तिद्वयप्रमाणतः। भक्षयेत् प्रातरुत्थाय सर्व्वज्वरकुलान्तकृत्॥

Subarna'di rasa.

Equal quantities of gold, rasa sinduram, coral, tin, iron, copper, tejapatram, jama'ni, shunthi, rock salt, maricha, kustham, khadira, haridra' da'ruharidra', rasa'njanam, and copper pyrites are to be rubbed together with water and made into pills, two ractis in weight, each. This medicine is to be taken in the morning. It cures all sorts of fever.

क्षेमसुन्दर रसः।

भास्करो गन्धकः शर्व्वो देवी विहङ्गतोच्चाकम्। शोणितं गगनञ्चैव पुष्पकञ्च महेश्वरम्॥ भूनिम्बादिगणैर्भाव्यं मधुना गुड़िका दृढ़ा। चातुर्थकं तृतीयञ्च ज्वरं सन्ततकं तथा॥ आमज्वरं भूतकृतं सर्व्वज्वरमपोहति। पूजितः सर्व्वलोकेषु रसोऽयं क्षेमसुन्दरः॥

Ksemasundara rasa.

Equal quantities of copper, sulphur, mercury, sulphur, copper pyrites, iron, silver, mica puspa'njanam, and mercury are to be mixed together, and subjected to bha'vana with the decoction of bhunimbadigana (viz. kira'tatikta, devada'ru, shunthi, musta', katuki, indrajaba, dhanya', gajapippali, and the dashamulam). Pills are then to be made two ractis in weight each to be taken with the accompaniment of honey only. This medicine cures all sorts of rheumatic fever and such chronic fevers as tritiyaka, cha'turthaka, and fever due to the influence of evil spirits.

गिरिशकरुणा रसः ।

रसं गन्धं विषं लौहं धूर्त्तवीजन्तु तत् समम् । द्वौ भागौ ताम्रवङ्कस्य व्योषचूर्णञ्च तत्समम् ॥ जम्बीरस्य च मज्जाभि रार्द्रकस्य रसैर्युतम् । द्विगुञ्जां वटिकां खादेज्ज्वरमाशु व्यपोहति ॥ वातिकं पैत्तिकञ्चापि श्लैष्मिकं सान्निपातिकम् । ऐकाहिकं द्व्याहिकञ्च चातुर्थकविपर्य्ययम् ॥ असाध्यञ्चापि साध्यञ्च ज्वरञ्चैवातिदुस्तरम् । अग्निमान्द्येऽप्यजीर्णे च आध्मानेऽनिलसम्भवे ॥ अतिसारेऽर्द्दिते चैव अरोचकनिपीड़िते । ज्वरान् सर्व्वान् निहन्त्याशु भास्कर स्तिमिरं यथा । गिरिशकरुणा नाम सर्व्वज्वरव्यपोहकः ॥

Girisha karuna' rasa.

One part each of mercury, sulphur, iron, aconite, and seeds of dhutura', and two parts each of copper, roots of chitraka, and trikatu are to be rubbed together with the juices of lime fruit and ginger, and made into pills, two ractis in weight, each. This medicine cures all sorts of fevers, both primary and chronic, and removes such of their symptoms as loss of appetite, indigestion, flatulence, facial paralysis, diarrhœa, and aversion to food.

शर्व्वरीवल्लभ रसः ।

रसं गन्धं मृतं ताम्रं मृतमभ्रं फलत्रिकम् । त्र्यूषणं दन्तीवीजञ्च समं खल्ले विमर्द्दयेत् ॥ द्रोणपुष्पीरसैर्भाव्यं त्वजीर्णे शस्यते सदा । ज्वरमष्टविधं हन्ति सर्व्वशूलनिसूदनः ॥ गुञ्जैकं वा द्विगुञ्जं वा देयमार्द्रकवारिणा । शर्व्वरीवल्लभो रसो सर्व्वज्वरविनाशकः ॥

Sharvari ballava rasa.

Equal quantities of mercury, sulphur, copper, mica, triphala', trikatu, and seeds of croton are to be rubbed together and subjected to bha'vana' with the juice of dronapuspi. Pills are then to be made, two ractis in weight, each, to be dried in a shady place. Accompaniment, honey with ginger juice. This medicine is specially efficacious in a fever attended with indigestion. It cures all sorts of fevers and colic.

विषमज्वरे वमनप्रयोगः ।

कुमारीमूलकर्षैकं पिवेत् कोष्णजलेन हि । वमनेन ज्वरं हन्ति विषमं सुचिरन्तनम् ॥

Vomiting in visama jwara.

One tola' in weight of the roots of kanya', pestled with water, and mixed with one tola' in weight of tepid water, is to be drunk for the purpose of vomiting which helps in curing visama jwara.

अञ्जन भैरवः ।

सूततीक्ष्णकणागन्धमेकांशं जयपालकम् । सर्वैस्त्रिगुणितं जम्भवारिणा च सुपेषितम् । नेत्राञ्जनेन हन्त्याशु सर्व्वोपद्रवमुद्धतम् ॥

Anjana bhairava

Equal quantities of mercury, iron, pippali, and sulphur,

and croton seeds three times in weight of all these combined, are to be rubbed together with lime juice and dried. A little of this compound, rubbed with water, and used as a collyrium, cures all sorts of sa'nnipa'tika fevers

वातपित्तान्तक रसः।

मृतसूताभ्रमुस्तार्कतीक्ष्णमाक्षिकतालकम्। गन्धकं मर्द्दयेत् तुल्यं यष्टिद्राक्षामृतारसैः॥ धात्रीशतावरीद्रावैर्द्रवैः क्षीरविदारिजैः। दिनं दिनं विभाव्याथ सिताक्षौद्रयुता वटी॥ माषमात्रं निहन्त्याशु वातपित्तज्वरं क्षयम्। दाहं तृष्णां भ्रमं शोषं वातपित्तान्तको रसः। सिताक्षीरं पिबेच्चानु यष्टिक्वाथं सितायुतम्॥

Va'tapitta'ntaka rasa.

Equal quantities of mercury, sulphur, mica, musta' poison, copper, iron, copper pyrites, and orpiment are to be rubbed together, and subjected to bha'vana', for one day, each, with the juices of jastimadhu, grapes, guruchi, a'mala'ki, shata'bari and tuber of bida'ri. Pills are then to be made six ractis in weight, each. Accompaniment, sugar and honey. This medicine cures fever due to an excess of va'yu and pitta'm, consumption, sensation of heat, thirst, giddiness, and dropsy. Decoction of jastimadhu, mixed with sugar, is to be drunk, a little after taking this medicine.

ज्वरकुञ्जरपारीन्द्र रसः।

मूर्च्छितं रसकर्षैकं तदर्द्धं जारिताभ्रकम्। तारं ताप्यञ्च रसजं रसकं ताम्रकं तथा॥ मौक्तिकं विद्रुमं लौहं गिरिजं

गैरिकं शिला। गन्धकं हेमसारञ्च पलार्द्धञ्च पृथक् पृथक्॥ क्षीराबी सुरवल्ली च शोथघ्नी गणिकारिका। झाटामला जीवन्तिका च सतिक्ता तु सुदर्शना॥ अग्निजिह्वा पुतितैला सूर्पपर्णी प्रसारणी। प्रत्येकस्वरसं दत्त्वा मर्द्दयेत् त्रिदिनावधि॥ भक्षयेत् पर्णखण्डेन चतुर्गुञ्जाप्रमाणतः। महाग्निकारको रोगसङ्करघ्नः प्रयोगराट्। सन्ततं सततान्येद्युस्तृतीयकचतुर्थकान्। ज्वरान् सर्व्वान् निहन्त्याशु भास्कर स्तिमिरं यथा॥ कासं श्वासं प्रमेहञ्च सशोथां पाण्डु-कामलाम्। ग्रहणीं क्षयरोगञ्च सर्व्वोपद्रवसंयुतम्। ज्वरकुञ्जर-पारीन्द्रः प्रथितः पृथिवीतले॥

Jwara kunjara pa'rindra rasa.

One tola' in weight of mercury in swoon (i.e. kajjali or rasa sinduram), half a tola of mica, and two tola's each of silver, copper pyrites, cinnabar, calamine (or zinc), copper, pearls, coral, iron, bitumen, red ochre, realgar, sulphur, and copper sulphate are to be mixed together, and subjected to bha'vana', for three times, each, with the juice of each of the following, in succession :—kshirika, tulasi, punarnaba', agnimantha, a'malaki, devada'li, katuki, padma guruchi, la'ngali. lata' kasturi (jyotismati), mudga parni, and prasa'rini. Dose, four ractis each, to be taken with honey and juice of betel leaves. This medicine cures all sorts of fever, asthma, cough, spermatorrhœa, anæmia, dropsy, jaundice, chronic diarrhœa, and wasting diseases with symptoms.

व्याधिहारी रसः।

रसगन्धशिलातालं सर्व्वैरतिविषा समा। रसस्य द्विगुणं लौहं

रौप्यं लौहाद्धि सम्मितम् ॥ पिचुमर्द्दरसेनापि विष्णुक्रान्तरसेन च । सर्व्वं संमर्द्य वटिकाः कुर्य्याद् गुञ्जात्रयोन्मिताः ॥ हन्यादतिविषा-क्वाथसंयुतोऽयं रसोत्तमः । त्र्याहिकादीन् ज्वरान् सर्व्वान् रसांसीव रघूद्वहः ॥

Trya'hika'ri rasa.

One part each of mercury, sulphur, realgar, and orpiment, four parts of ativisa', two parts of iron, and half a part of silver are to be rubbed together with the juices of bark of nimba and leaves of apara'jita', and made into pills, three ractis in weight, each. Accompaniment, honey and decoction of ativisa'. This medicine cures tritiyaka (see page 40) and all other chronic fevers.

चतुर्थकारी रसः ।

रसगन्धकलौहाभ्रहरितालं समांशिकम् । रसार्द्धप्रमितं हेम सर्व्वं खल्लोदरे क्षिपेत् ॥ कृष्णधुस्तूरपयसा मुनिपुष्परसेन च । भावयित्वा वटी कार्य्या द्विगुञ्जफलमानतः ॥ चम्पकद्रावयोगेन सेवितोऽयं रसेश्वरः । चतुर्थकादीन् निखिलान् निहन्याद्विषम ज्वरान् ॥

Chaturthaka'ri rasa

Equal quantities of mercury, sulphur, iron, mica, and orpiment, and gold half in quantity of mercury, are to be mixed together, rubbed with the juices of leaves of black dhutura' and flower of ba'saka, and made into pills, two ractis in weight each. Accompaniment, honey and juice of the bark

of champaka tree. This medicine cures chaturthaka and all other chronic fevers.

विश्वेश्वर रसः ।

पारदं रसकं गन्धं तुल्यांशं मर्द्दयेद्रसे । अश्वत्थजे त्र्यहं पश्चाद्रसे कोलकमूलजे ॥ निदिग्धिकारसे काकमाचिकाया रसे तथा । द्विगुञ्जां वा त्रिगुञ्जां वा गोक्षीरेण प्रदापयेत् । रात्रिज्वरं निहन्त्याशु नाम्ना विश्वेश्वरो रसः ॥

Bishweshwara rasa.

Equal quantities of mercury, sulphur, and calamine are to be mixed together, and subjected to bha'vana', for three days each, with the juices of roots of ashwatha, roots of badari tree, leaves of kantaka'ri, and leaves of ka kama'chi. Pills are then to be made, two or three ractis in weight each, to be taken with cow's milk. It is a very good medicine for night-fever.

चन्द्रनाथ रसः ।

पारदो गन्धकश्चैव त्रिक्षारं लवणत्रयम् । गुग्गुलुर्वत्सनाभं च प्रत्येकन्तु द्विमाषिकम् ॥ कृष्णोन्मत्तजटानीरैर्भावयेत् सप्तवारकम् । गोक्षुरेन्द्रकुमारीषकरञ्जचित्रतेजिका ॥ भूकूष्माण्डवक्षीभिस्त्रिफला-वृहतीरसैः । मर्द्दिता वटिका कार्य्या कृष्णलाफलसन्निभा ॥ ततो वटीद्वयं दत्त्वा यत्नैः शाल्यादिभि र्हतिः । रसः सर्व्वज्वरं हन्ति-क्षणमात्रान्न संशयः ॥ रसोऽयं चन्द्रनाथाख्यः क्षणादेव ज्वरं जयेत् ।

Chandrana'tha rasa.

One eighth tola´ in weight each, of mercury, sulphur, the three alkalies (viz. swarjiksha'ra. javaksha'ra, and borax, combined in equal quantities), three salts (viz. rock salt, bira salt, and sawvarchala salt, combined in equalquantities), guggulu, and aconite are to be mixed together and subjected to bha'vana', for seven times, with the juice of roots of black dhutura'. The compound is then to be rubbed with the juice or decoction of each of the following, in succession, and made into pills one racti in weight each :—gokshura, seeds of kutaja, ma'risa, karanja, roots of chitraka, lata'-kasturi, bhumijhinti, triphala', and brihati. Two such pills are to be taken at a time, and the body of the patient is to be covered with a thick piece of cloth, after he takes the medicine. This medicine cures all sorts of fevers, very soon.

पर्णखण्डेश्वर रसः।

समांशं मर्द्दयेत् खल्ले रसं गन्धं शिलां विषम्। निर्गुण्डीस्वरसैर्भाव्यं त्रिवारञ्चार्द्रकद्रवैः॥ गुञ्जैकं भक्षयेत् पर्णे ज्वरं हन्ति महाद्भुतम्॥

Parna khandeshwara rasa

Equal quantities of mercury, sulphur, realgar, and aconite are to be mixed together, and subjected to bha'vana', for three times each, with the juices of leaves of nirgundi and ginger. Pills are then to be made, one racti' in weight each, to be taken with a piece of betel-leaf. This cures fever wonderfully.

रसराज रसः।

भागैकं रसराजस्य भागश्च हेममाक्षिकात्। भागद्वयं शिलायाश्च गन्धकस्य त्रयो मताः॥ तालकाद्दशभागाश्च शुल्बं स्याद् भागपञ्चकम्। भल्लातकात् त्रयो भागाः सर्व्वमेकत्र चूर्णयेत्॥ वज्रीक्षीरप्लुतं कृत्वा दृढ़े मृन्मयभाजने। विधाय सुदृढ़ां मुद्रां पचेद् यामचतुष्टयम्॥ स्वाङ्गशीतं समुद्धृत्य खल्लयेत् सुदृढ़ं पुनः। गुञ्जाचतुष्टयञ्चास्य पर्णखण्डेन दापयेत्॥ रसराजः प्रसिद्धोऽयं ज्वरमष्टविधं जयेत्।

Rasara'ja rasa

One part of mercury, one part of copper pyrites; two parts of realgar, three parts of sulphur, ten parts of orpiment, five parts of copper, and three parts of bhalla'taka are to be rubbed together and saturated with the milk of snuhi. The compound is then to be kept inside a strong earthen pot, the mouth of which is to be closed by means of an earthen basin, the joint being cemented with mud and rags. The pot is then to be heated for twelve hours. When cooled by radiation of heat, the medicine is to be taken out and powdered very fine. Dose, four ractis each, to be taken with honey and juice of betel leaves. This madicine cures all sorts of fevers.

ज्वरारि रसः।

दरदवलिरसानां शुल्बनागाभ्रकाणाम्। सुभगविटशिलानां सर्व्वमेकत्र योज्यम्॥ विपिनन्नृपदलोत्थैर्भावितं शोषयेत् तत्। दिवसदशसमाप्तौ रक्तिकैकाश्च कुर्य्यात्॥ एकैकां भक्षयेदस्य चार्द्रकस्य

रसैर्युताम्। क्षणादेव ज्वरं हन्ति ज्वरारिः स निगद्यते। सर्व्व-शूलविनाशी च कफपित्तविनाशनः॥

Jwara'ri rasa.

Equal quantities of cinnabar, sulphur, mercury, copper, lead mica, borax, bira salt, and realgar are to be mixed together, and subjected to bha'vana', for ten times, with the juice of leaves of a'ragbadha, and made into pills, one racti in weight each. Accompaniment honey and ginger juice. It cures fever very quickly. It pacifis an excess of kapha and pittam, and is also a good medicine for colic.

ज्वराशनि रसः।

रसं गन्धं सैन्धवञ्च विषं ताम्रं समं भवेत्। सर्व्वचूर्णसमं लौहं तत्समं चूर्णमभ्रकम्॥ लौहे च लौहदण्डेन निर्गुण्ड्याः स्वरसेन च। मर्दयेद् यत्नतः पश्चान्मरिचं सूततुल्यकम्॥ पर्णेन सह दातव्यो रसो रक्तिकसम्मितः। सर्व्वज्वरहरः श्रेष्ठो ज्वरान् हन्ति सुदारुणान्॥ कासं श्वासं महाघोरं विषमाख्यं ज्वरं वमिम्। धातुस्थं प्रबलं दाहं ज्वरं दोषत्रयोद्भवम्॥

Jwara'shani rasa.

Equal quantities of mercury, sulphur, rock salt, aconite, and copper, iron equal in quantity to all the above combined, and mica, equal to iron, are to be mixed together, and rubbed in an iron mortar with the juice of nirgundi leaves, by means of an iron rod. Again mix with the compound, powdered maricha, equal in quantity to mercury. Rub all these

together, and make into pills, one racti in weight each. Accompaniment, honey and juice of betel leaves. It cures all sorts of fevers, cough, and specially all sorts of chronic fevers fever affecting the dha'tus, a sensation of intense heat, and fever due to the excess of the three doshas.

ज्वरकालकेतु रसः।

रसं विषं गन्धकतालकञ्च मनःशिलाभल्लातकञ्च। विमर्द्य वज्रीपयसा समांशं गजाह्वयं तत्र पुटं विदध्यात्॥ द्विगुञ्जमत्रैव मधुप्रयुक्तं ज्वरं निहन्त्यष्टविधं महोग्रम्। पुरा भवान्यै कथितो भवेन नृणां हिताय ज्वरकालकेतुः॥

Jwara ka'laketu rasa.

Equal quantities of mercury, sulphur, aconite, copper, realgar, oily substance extracted from seeds of bhalla'taka, and orpiment are to be rubbed together with the milk of snuhi, and subjected to heat by gajaputam. Pills are then to be made, two ractis in weight each, to be taken with honey. This medicine cures all sorts of fever.

पार्वतीकरुणा रसः।

रसगन्धकलौहानि ताम्रं तारं हिरण्यकम्। हरितालं खर्परञ्च कांस्यं वङ्गञ्च विद्रुमम्॥ मुक्तामाक्षिककाशीशं शिला च टङ्कणं समम्। कर्पूरञ्च समं दत्त्वा भावनासप्तसप्तकम्॥ भार्गी वासा च निर्गुण्डी नागवल्ली जयन्तिका। कारवेल्लं पटोलञ्च शक्राशनं पुनर्नवा॥ आर्द्रकञ्च ततो दद्यात् प्रत्येकं वारसप्तकम्। पार्वतीकरुणा नाम

सर्व्वज्वरविनाशनः ॥ वातिकं पैत्तिकञ्चैव श्लैष्मिकं सान्निपातिकम् । द्वन्द्वजं विषमाख्यञ्च धातुस्थञ्च ज्वरं जयेत् ॥ कासं श्वासं तथा शोथं पाण्डुरोगं हलीमकम् । प्लीहानमग्रमांसञ्च यकृतञ्च विनाशयेत् ॥

Pa'rvati karuna' rasa.

Equal quantities of mercury, sulphur, iron, copper, silver, gold, orpiment, calamine, bell-metal, tin, coral, pearls, copper pyrites, iron sulphate, realgar, borax, and camphor are to be mixed together, and subjected to bhava'na' for seven times each, in succession, with the juice or decoction of each of the following :—va'rgi, ba'saka, nirgundi, betel leaves, jayanti, ka'rabella, leaves of patola, leaves of bhanga', punarnaba', and ginger. Pills are then to be made, one racti in weight each. This medicine cures all sorts of fevers, cough, asthma, dropsy, anaemia, jaundice, enlargement of spleen and liver.

त्रिपुरारि रसः ।

हुताशमुखसंशुद्धं रसं ताम्रञ्च गन्धकम् । लौहमभ्रं विषं चैव सर्व्वं कुर्य्यात् समांशकम् ॥ रसार्द्धं मृतरूप्यञ्च शृङ्गवेराम्बुमर्द्दितम् । द्विगुञ्जं मधुना देयं सितयार्द्ररसेन वा ॥ ज्वरमष्टविधं हन्ति वारिदोषभवं तथा । प्लीहानमुदरं शोथमतिसारं विनाशयेत् । रोगानेतान् निहन्त्याशु शङ्करस्त्रिपुरं यथा ॥

Tripura'ri rasa

Equal quantities of mercury, sulphur, copper, iron, mica, and aconite, and silver half in quantity of mercury, are to

be rubbed together with the juice of ginger, and made into pills, two ractis in weight, each. Accompaniment, sugar, or honey, or ginger juice with honey. This medicine cures all sorts of fevers, enlargement of spleen, udara-roga, dropsy, and diarrhœa.

सर्व्वज्वराङ्कुश रसः ।

शुद्धसूतं तथा गन्धं मरिचं नागरं कणाम् । त्वचं जैपालकं कुष्ठं भुनिम्बं मुस्तकं पृथक् ॥ चूर्णयित्वा समांशन्तु कज्जल्या सह मेलयेत् । निर्गुण्ड्याः स्वरसे चापि आर्द्रकस्य रसे तथा ॥ भावनां कारयित्वा तु वटिकां कारयेद् भिषक् । वटिकां भक्षयित्वा तु वस्त्रवेष्टञ्च कारयेत् ॥ एषा सर्व्वज्वराङ्कुशा ज्वराणां कुलनाशिनी । पृथग् दोषांश्च विविधान् समस्तान् विषमज्वरान् ॥ प्राकृतं वैकृतं चापि वातश्लेष्मकृतं तथा । अन्तर्गतं वहिःस्थञ्च निरामं साममेव वा । ज्वरमष्टविधं हन्ति वृत्तमिन्द्राशनिर्यथा ॥

Sarva jwara'nkusha rasa.

One part of mercury and one part of sulphur are to be rubbed together, and reduced to kajjali or black powder. Then, mix with this, one part each of the following :—maricha, shuthi, pippali, cardamom, croton seeds, kustham, kira'ta tikta, and musta (all finely powdered). The compound is then to be subjeceted bha'vana' with the juices of leaves of nirgundi and ginger, and made into pils, one racti in weight each. The body of the patient is to be covered with a piece of cloth, after he takes the medicine. It cures all sorts of fever.

पुरुषोत्तमरसः।

अभ्रं ताम्रं रसं गन्धं विषञ्चैव समम् समम्। द्विगुणं धुस्तूर-वीजञ्च व्योषं पञ्चगुणं मतम्॥ आर्द्रकस्य रसेनैव वटी कार्य्या द्विगुञ्जिका। अनुपानं प्रयोक्तव्यं यथादोषानुसारतः॥ पुरुषोत्तमनामायं रसः सर्व्वज्वरप्रणुत्। वातिकं पैत्तिकञ्चैव श्लैष्मिकं सान्निपातिकम्॥ विषमाख्यं ज्वरं हन्ति धातुस्थं विषमज्वरम्। प्लीहानं यकृतं गुल्ममग्रमांसं सशोथकम्॥ हिक्कां श्वासञ्च कासञ्च मन्दानलमरोचकम्। नाशयेन्नात्र सन्देहो वृक्षमिन्द्राशनि र्यथा॥

Purusottama rasa.

One part each of mica copper, mercury, sulphur, and aconite, two parts of seeds of 'dhutura', and five parts of trikatu are to be rubbed together with the juice of ginger, and made into pills, two ractis in weight each. Accompaniment is to be decided upon in consideration of the doshas. It cures all sorts of fever, enlargement of spleen or liver, gulma, dropsy, hiccough, asthma, cough, indigestion, and loss of appetite.

ब्रह्मरन्ध्र रसः।

रसाभ्रं गन्धकं तालं हिङ्गुलं मरिचं तथा। टङ्कनं सैन्धवोपेतं सर्व्वांशममृतं तथा॥ सर्व्वपादसमोपेतमहिषीपित्तमर्द्दितम्। ब्रह्मरन्ध्रे प्रयोक्तव्यं संन्यासाज्ञानसङ्गमे॥ सहस्रकलसैः स्नानं लेपनं चन्दनादिभिः। इक्षुमुद्गरसं भोज्यं तक्रभक्तं यथेप्सितम्॥

Brahma-randhra rasa.

Equal quantities of mercury, sulphur, mica, orpiment, cinnabar, maricha borax, and rock salt, and aconite equal in quantity to all the above-mentioned combined, are to be rubbed together with the bile of a she-buffalo, equal to one fourth the weight of the foregoing materials combined. A little of this medicine is to be applied at the crown of the patient's head lacerated by means of a razor, at a time when he has lost his consciousness attacked by a sa'nnipa'tika fever. His body is then to be smeared with sandal paste, and plenty of cold water is to be poured over his head. He is then to be allowed such cooling diet as boiled rice mixed with curd, sugar cane soup of mudga grams etc.

स्वच्छन्दनायक रसः।

सूतगन्धकलौहानि रौप्यं चैभिर्विमर्द्दयेत्। सूर्य्यावर्त्तञ्च निर्गुण्डी तुलसी गिरिकर्णिका॥ अग्निवल्ल्यार्द्रकं वह्निर्विजया जयया सह। काकमाचिरसञ्चैवं पञ्चपित्तैश्च भावयेत्॥ अन्ध मूषागतं पश्चाद् वालुकायन्त्रगं दिनम्। विपचेच्चूर्णितं खादेन्माष-कञ्चार्द्रकद्रवैः॥ निर्गुण्डीदशमूलानां कषायं सोषणं पिवेत्। अभिन्यासं निहन्त्याशु रसः स्वच्छन्दनायकः। मुद्गयूषमजादुग्धं पथ्यमत्र प्रयोजयेत्॥

Swach-chhanda-na'yaka rasa.

Equal quantities of mercury, sulphur, iron, and silver are to be rubbed together, for three days, with the juices of the following :—surya'varta, nirgundi, tulasi, white apara'jita', agniballi,

ginger, chitraka roots haritaki, bhanga', and ka'kama'chi. The compound is then to be subjected to bha'vana' with the biles of goat, hog fish, buffalo, and peacock, duly dried, confined in a blind crucible, and heated for twelve hours by means of the third kind of Baluka Jantram Six ractis in weight of this medicine is to be taken once a day with honey and ginger juice; decoction of nirgundi leaves and dasa mulam mixed with powdered maricha, being drunk a little after taking this medicine. This medicine cures abhinya'sa (the worst kind of Sa'nnipa'tika fever and menengitis). Diet, goat's milk and soup of mudga grams.

श्लेष्मशैलेन्द्र रसः।

गन्धकं पारदञ्चाभ्रं त्र्यूषणं जीरकद्वयम्। शठी शृङ्गी यमानी च पुष्करं रामठं तथा॥ सैन्धवं यावशूकञ्च टङ्गणं गजपिप्पली। जातीकोषाजमोदे च लौहं यासलवङ्गकम्॥ धुस्तरबीजं जैपालं कट्फलं चित्रकं तथा। प्रत्येकं कार्षिकञ्चैषां श्लक्ष्णचूर्णं प्रकल्पयेत्॥ पाषाणे विमले पात्रे घृष्टं पाषाणमुद्गरैः। बिल्वमूलरसं दत्त्वा चार्कचित्रकदन्तिकाः॥ शिखरी काञ्जिका वासा निर्गुण्डी गणिकारिका। धुस्तूरकृष्णजीरञ्च पारिभद्रकपिप्पली॥ कण्टकार्य्याद्र्योश्चैव मूलान्येतानि दापयेत्। एषां मूलरसं दत्त्वा घृष्टमातपशोषितम्॥ गुञ्जाप्रमाणां वटिकां कारयेत् कुशलो भिषक्। वटीचतुष्टयं खादेत् नित्यमार्द्रकवारिणा॥ उष्णतोयानुपानेन श्लेष्मव्याधिं व्यपोहति। विंशतिं श्लैष्मिकांश्चैव शिरोरोगांश्च दारुणान्॥ प्रमेहान् विंशतिं चैव पञ्चगुल्मनिसूदनः। उदरान्यन्त्रवृद्धिञ्चाप्यामवातविनाशनः। पञ्चपाण्ड्वामयान् हन्ति क्रिमिस्थौल्यामयानपि। सोदावर्त्तं ज्वरं

कुष्ठं गात्रकण्ड्वामयांस्तथा॥ यथा शुष्केन्धने वह्निस्तथा वह्निविवर्द्धनः।

Shlesma-shailendra rasa.

One tola' each of sulphur, mercury, mica, trikatu, jeera black jeera', shathi, karkatashringi jama'ni puskara-mulam (or kustham), hingu, rock-salt, javaksa'ra borax. gajapippali. ja'tikosa, ajamoda', iron, dura'labha', cloves, seeds of dhutura', katphala, and roots of chitraka are to be rubbed together, and subjected to bha'vana' with the juice or decoction of the roots of the following, in succession:—bilva, arka, chitraka, danti, apa'ma'rga, laghu jivanti, ba'saka, nirgundi, agnimantha, dhustura leaves, black jeera', pari-bhadra, pippali, kantaka'ri, and ginger. Pills are then to be made, one racti in weight each. Accompaniment, juice of ginger, mixed with hot water. It cures all sorts of diseases, due to an excess of phlegm, and specially spermatorrhœa, head diseases, gulma, udararoga, hernia, rheumatism, anæmia, worms, obesity, uda'varta, fever and skin diseases. It increases appetite.

पर्पटीरसः।

शुद्धसूतं द्विधा गन्धं मर्द्दयं भृङ्गरसेन च। मृतं ताम्रं लौहभस्म पादांशेन तयोः क्षिपेत्॥ लौहपात्रे च विपचेच्चालयेत् लौहचाटुना। तत् क्षिपेत् कदलीपत्रे गोमयोपरि संस्थिते॥ पश्चाच्च चूर्णयेद् खल्ले निर्गुण्ड्या भावयेद् दिनम्। जयन्तीत्रिफलाकन्यावासाभार्गीकटुत्रिकैः॥ भृङ्गाग्निमुलमुण्डीभिर्भावयेद्दिनसप्तकम्। अङ्गारैः स्वेदयेत् किञ्चित् पर्पट्याख्यो महारसः॥ चतुर्गुञ्जामितो

भक्ष्यः सम्यक् श्लेष्मज्वरं जयेत्। पथ्याशुण्ठ्यमृतक्वाथमनुपानं प्रयोजयेत्॥

Parpati rasa

One part of mercury, and two parts of sulphur are to be rubbed together and made into a black powder, which is then to be rubbed with the juice of bhringara'ja. The compound is then to be mixed with one fourth its quantity of copper and iron, each, and the whole thing is to be heated in an iron pot, the substance being rolled, over and over again, by means of an iron rod, in course of the heating. When sufficiently melted, the medicine is to be poured upon a banana leaf placed upon cowdung, and immediately presed by a bundle made of another piece of a banana leaf containing, within it, a quantity of cowung. When solidified and cooled, the medicine is to be powdered, and subjected to bha'va'na', for one day, with the juice of the leaves of nirgundi. It is then to be subjected to bha'vana', for seven days, with the juice or decoction of the following, combined :—jayanti, triphala', kanya', va'saka, bha'rgi, trikatu, bhringara'ja, roots of chitraka, and mundiri This medicine cures all sorts of fever due to an excess of phlegm. Accompaniment, honey with the decoction of haritaki, shunthi, and guruchi.

लौहसमस्त रसः।

चित्रकं त्रिफला व्योषं विड़ङ्गं मुस्तकं तथा। श्रेयसी पिप्पलीमूलमुशीरं देवदारु च॥ किराततिक्तकं वालं कटुकी कण्टकारिका। शोभाञ्जनस्य वीजञ्च मधुकं वत्सकं समम्॥ लौहं सर्वसमं

ग्राह्यं लौहतुल्या च कज्जली। वारिणा मर्द्दनात् सर्वं माषमात्रां वटीं चरेत्॥ लौहसमस्तनामायं रसो ज्वरकुलान्तकः। प्लीहानमग्रमांसञ्च यकृतञ्च विनाशयेत्॥

Lauha samasta rasa.

Equal quantities of roots of chitraka, triphala', trikatu., biranga, musta', gajapippali, roots of pippali, ushira, devada'ru, chitraka, ba'la', katuki, kantaka'ri, seeds of sobhanjanam, jastimadhu, and indrajava are to be mixed with iron and kajjali (black sulphuret of mercury), each equal in quantity to all the materials from "roots of chitraka' to "indrajava' combined. All these are then to be rubbed together with water, and made into pills, six ractis in weight, each. This medicine cures all sorts of fever and enlargement of spleen and liver.

लक्ष्मीविलास रसः।

पलं कृष्णाभ्रचूर्णस्य तदर्द्धौ रसगन्धकौ। तदर्धं चन्द्रसंज्ञस्य जातीकोषफले तथा॥ वृद्धदारकवीजञ्च वीजं धुस्तरकस्य च। त्रैलोक्यविजयावीजं विदारीमूलमेव च॥ नारायणी तथा नागवला चातिवला तथा। वीजं गोक्षुरकस्यापि नैचुलं वीजमेव च॥ एतेषां कार्षिकं चूर्णं पर्णपत्ररसैः पुनः। निक्षिप्य वटिका कार्य्या त्रिगुञ्जाफलमानतः॥ निहन्ति सन्निपातोत्थान् गदान् घोरांश्चतुर्व्विधान्। वातोत्थान् पैत्तिकांश्चैव नास्त्यत्र नियमः क्वचित्॥ कुष्ठमष्टादशाख्यांश्च प्रमेहान् विंशतिं तथा। नाड़ीव्रणं व्रणं घोरं गुदामयं भगन्दरम्॥ श्लीपदं कफवातोत्थं रक्तमांसाश्रितञ्च यत्। मेदोगतं धातुगतं चिरजं कुलसम्भवम्॥ गलशोथमन्त्रवृद्धिमतिसारं सुदारुणम्।

आमवातं सर्व्वरूपं जिह्वास्तम्भं गलग्रहम्॥ उदरकर्णनासाक्षि-मुखवैकृतमेव च। कासपीनसयक्ष्मार्शः स्थौल्यदौर्गन्ध्यनाशनः॥ सर्व्वशूलशिरःशूलप्रमदागदसूदनः। वटिकां प्रातरेकैकां खादेन्नित्यं यथाबलम्॥ अनुपानमिह प्रोक्तं मांसपिष्टं पयोदधि। वारिभक्त-सुरामीधु-सेवनात् कामरूपधृक्॥ वृद्धोऽपि तरुणस्पर्द्धी न च शुक्रस्य संक्षयः। न च लिङ्गस्य शैथिल्यं न केशो यान्ति पक्वताम॥ नित्यं स्त्रीणां शतं गच्छन् मत्तवारणविक्रमः। तार्क्ष्येन्द्रसंनिभा दृष्टि र्जायते पौष्टिकः परः॥

Laksmi-bila'sa rasa

Four tola's in weight of mica, two tola's of mercury and sulphur each. and one tola' each of briddhada'raka, seeds of dhustura, seeds of bhanga', roots of shata'bari roots of na'gabala', roots of atibala', seeds of gokshura, and samudra phalam are to be rubbed together with the juice of betel leaves, and made into pills three ractis in weight each. It cures all sorts of fevers, leprosy, spermatorrhœa, ulcer, fistula, philaria, scrofula, hernia rheumatism, paralysis of the tongue, udara-roga, cough, pinasa, piles, obesity, etc. It is a good aphrodisiac. It is desirable to take meat or milk, after taking this medicine.

महाराजरसः।

रसगन्धकमभ्रञ्च प्रत्येकं कर्षसम्मितम्। वृद्धदारकवङ्गञ्च लौहं कर्षार्द्धकं क्षिपेत्॥ स्वर्णं ताम्रं कर्पूरञ्च प्रत्येकं कर्षपादिकम्। शक्राशनं वरी चैव श्वेतसर्ज्जं लवङ्गकम्॥ कोकिलाक्षं विदारी च

मुषली शूकशिम्बिकम्। जातीफलं तथा कोषं बला नागबला तथा॥ माषद्वयमितं भागं तालमूल्या रसेन च। पिष्ट्वा च वटिका कार्य्या चतुर्गुञ्जाप्रमाणतः॥ मधुना भक्षयेत् प्रात र्विषमज्वरशान्तये। धातुस्थांश्च ज्वरान् सर्व्वान् हन्यादेव न संशयः॥ वातिकं पैत्तिक-ञ्चैव श्लैष्मिकं सान्निपातिकम्। ज्वरं नानाविधं हन्ति कासं श्वासं क्षयं तथा॥ बलपुष्टिकरं नित्यं कामिनीं रमयेत् सदा। न च शुक्रं क्षयं याति न बलं ह्रासतां व्रजेत्॥ जर्ध्वगं श्लेष्मणं हन्ति सन्निपातं सुदारुणम्। कामलां पाण्डुरोगञ्च प्रमेहं रक्तपित्तकम्॥ महाराजरसः ख्यातो राजयोग्यश्च सर्व्वदा॥

Maha'ra'ja rasa.

One tola', each, of mercury, sulphur, and mica ; one fourth tola', each, of seeds of briddha-da'raka, tin, and iron ; one fourth tola' of gold, copper, and camphor, each, and one eighth tola', each, of seeds of bhanga', shata'bari, white resin, cloves, kokila'ksha, bida'ri, musali, ba'nari, ja'tiphala, ja'tikosa, **bala'**, and na'gabala' are to be rubbed together with the juice of musali, and made into pills, four ractis in weight, each. Accompaniment, honey only. It cures all sorts of fevers. cough, asthma, consumption, jaundice, anæmia, and hemeptosis.

सर्व्वज्वरहर लौहम्।

द्विपलं जारितं लौहं रसं गन्धं त्रितोलकम्। तोलकं त्रिफला व्योषं विडङ्गं मुस्तकं तथा॥ श्रेयसी पिप्पलीमूलं हरिद्रे द्वे च चित्रकम्। आर्द्रकस्य रसेनैव वटिकां कारयेद् भिषक्॥ गुञ्जाद्वयां वटीं कृत्वा भक्षयेदार्द्रकद्रवैः। सर्व्वज्वरहरं लौहं सर्व्वज्वर

विनाशनम् ॥ वातिकं पैत्तिकञ्चैव श्लैष्मिकं सान्निपातिकम् । विषमज्वरभूतोत्थज्वरं प्लीहानमेव च ॥ मासजं पक्षजञ्चैव तथा संवत्सरोत्थितम् । सर्व्वान् ज्वरान् निहन्त्याशु भास्करस्तिमिरं यथा ॥

Sarva jwara hara lauham.

Eight tola's in weight of iron, three tola's of mercury, three tola's of sulphur, and one tola', each, of tirphala'. trikatu, biranga, musta', gajapippali, roots of pippali, haridra', da'ru haridra', and roots of chitraka are to be rubbed together with ginger juice, and made into pills, two ractis in weight, each. Accompaniment, honey and ginger juice It cures all sorts of fever and enlargement of spleen.

कल्पद्रुम रसः ।

रसं गन्धं विषं ताम्रं समभागं विचूर्णयेत् । भावयेत् पञ्चभिः पित्तैः क्रमशः पञ्चवासरम् । निर्गुण्डीस्वरसेनैव मर्द्दयेत् सप्तवासरम् । आर्द्रकस्य रसेनैव भावयेच्च त्रिधा पुनः ॥ सर्षपाभा वटी कार्य्या छायया परिशोषिता । ततः सप्तवटी योज्या यावच्च त्रिगुणा भवेत् ॥ वयोऽग्निदोषकं बुद्ध्वा प्रयोज्या भिषजां वरैः । वायुरश्चामनुपानं च कज्जलीपिप्पलीयुतम् ॥ पानशेषे तु प्रस्वाप्य वस्त्रैराच्छादयेन्नरम् । घर्म्माभ्यागमनं यावत् ततो रोगात् प्रमुच्यते ॥ रोगिनं स्वापयित्वा तु भोजयेत् ससितं दधि । एष कल्पद्रुमो नाम रसः परमदुर्ल्लभः ॥ असाध्यं चिरकालोत्थं जीर्णञ्च विषमज्वरम् । हन्ति ज्वरातिसारौ च ग्रहणीं पाण्डुकामलाम् । न देयः श्वासकासे च शूलयुक्ते नरे तथा ॥

Kalpadruma rasa.

Equal quantities of mercury, sulphur, aconite, and copper are to be mixed together, and subjected to bha'vana' with the biles of boar, goat, buffalo, rohita fish, and peacock, in succession ; then, for seven days, with the juice of leaves of nirgundi, and, for three days, with ginger juice. Pills are then to be made of the size of a mustard seed, which are to be dried in a shady place. Having regard to the doshas, power of digestion, and age of the patient, seven to twenty one of such pills may be given, a day, to him, who is to sleep, covered with a piece of cloth so long as he does not perspire. After sleep, he is to drink some curd, mixed with sugar. Accompaniment of this medicine, one racti of black sulphuret of mercury, mixed with powdered pippali, and a little of hot water. This medicine cures even an obstinate jirna-jwara, visama jwara, fever with diarrhœa, both acute and chronic, anæmia, and jaundice. This medicine is not to be given to a patient suffering from asthma, cough, and colic.

कल्पतरु रसः ।

शुद्धं शङ्करशुक्रमत्र तुलितं मारारिनारीरज स्तद्वत् तावदुमापतिस्फुटगलालङ्कारवस्तु स्मृतम् । तावतैव मनःशिला च विमलस्तावत् तथा टङ्कनम् शुण्ठी द्व्यक्षमिता कणा च मरिचं दिक्पालसंख्याक्षकम् ॥ विषादिवस्तूनि शिलोपरिष्टाद् विचूर्णयेद्वाससि शोधयेच्च । ततस्तु खल्ले रसगन्धकौ च चूर्णञ्च तद्यामयुगं विमर्द्दयम् ॥ कल्पतरुर्नामधेयो यथार्थनामा रसः श्रेष्ठः । समीरणश्लेष्मगदान् हरते मात्रास्य स्मृता गुञ्जैका ॥ आर्द्रकेन सममेष भक्षितो हन्ति वातकफसम्भवं

ज्वरम् । श्वासकासमुखस्रेकशीततावह्निमान्द्यविसूचीश्च नाशयेत् ॥ नस्ये नासाविव हरति शिरोऽर्त्तिं कफवातजाम् । मोहं महान्तमपि च प्रलापं क्षवथुग्रहम् ॥

Kalpataru rasa.

One tola', each, of mercury, sulphur, aconite, realgar, bimala, and borax ; two tola's, each, of shunthi and pippali, and ten tola's of maricha are to be rubbed together and reduced to a very fine powder. Mercury and sulphur are first of all to be rubbed together to form a kajjali or black powder, before they are mixed with the powders of the other ingredients. Dose, one racti, to be taken with honey and ginger juice. This medicine cures asthma cough, constant discharge of sticky water from the mouth, coldness, indigestion, cholera, and fever due to an excess of va'yu and phelgm. The snuff of this medicine cures diseases of the head, due to an excess of kapha and va'yu, loss of consciousness, delirium, and stop of sneezing.

विद्यावल्लभ रसः ।

रसम्लेच्छशिलातालाश्चन्द्रद्व्यम्बरार्कभागिकाः । पिष्ट्वा तान् सुषवीतोयैस्ताम्रपात्रोदरे क्षिपेत् ॥ न्यस्तं शरावे संरुध्य वालुकायन्त्रगं पचेत् । स्फुटन्ति व्रीहयो यावत् तच्छिरःस्थाः शनैः शनैः ॥ संचूर्ण्य शर्करायुक्तं द्विगुञ्जं भक्षयेत् ततः । विषमाख्यान् ज्वरान् हन्ति तैलाम्लादि विवर्ज्जयेत् ॥

Vidya'-ballabha rasa.

One part of mercury, two parts of copper, three parts

of realgar, and twelve parts of orpiment are to be rubbed together with the juice or decoction of black jeera', and kept in a pot made of copper, which is to be confined within two earthen basins. the joint of which is to be duly closed before it is heated by means of the third kind of ba'luka' jantram, till paddy seeds kept upon the jantram burst. When cooled by radiation of heat, the medicine is to be taken out and powdered. Dose two ractis each; to be taken with sugar only. It cures all sorts of chronic fever. Anointing the body with oil, taking sours, etc., are to be absolutely prohibited while taking this medicine.

जयमङ्गल रसः ।

हिङ्गुलसम्भवं सूतं गन्धकं शुद्धटंकणम् । ताम्रं वङ्गं माक्षिकञ्च सैन्धवं मरिचं तथा ॥ समं सर्व्वं समाहृत्य द्विगुणं स्वर्णभस्मकम् । तदर्द्धं कान्तलौहञ्च रूप्यभस्मापि तत्समम् ॥ एतत् सर्व्वं विचूर्ण्याथ भावयेत् कनकद्रवैः । शेफालिदलजैश्चापि दशमूलरसेन च ॥ किराततिक्तकक्वाथैस्त्रिवारं भावयेत् सुधीः । भावयित्वा ततः कार्य्या गुञ्जाद्वयमिता वटी ॥ अनुपानं प्रयोक्तव्यं जीरकं मधुसंयुतम् । जीर्णज्वरं महाघोरं चिरकालसमुद्भवम् ॥ ज्वरमष्टविधं हन्ति समस्तान् विषमज्वरान् । मेदोगतं मांसगतमस्थिमज्जगतं तथा । अन्तर्गतं महाघोरं वहिःस्थञ्च विशेषतः ॥ नानादोषोद्भवञ्चैव ज्वरं शुक्रगतं तथा । निखिलं ज्वरनामानं हन्ति श्रीशिवशासनात् ॥ जयमङ्गलनामायं ख्यातः शिवप्रसादतः । वलपुष्टिकरश्चैव सर्व्वरोगनिवर्हणः ॥

Jaya mangala rasa.

One eighth tola', each, in weight of mercury, sulphur,

borax, copper, tin, copper pyrites, rock salt, and maricha, one fourth tola' of gold, and one eighth tola', each, of iron and silver are to be mixed together, and subjected to bha'vana', for three times, each, with the following, in succession :—juice of dhutura leaves, juice of shepha'li leaves, decoction of the dashamulam, and decoction of kira'tatikta. Pills are then to be made, two ractis in weight each. Accompaniment, honey with powdered jeera'. It cures all sorts of fever It is a good medicine for strength and nutrition. (Some are of opinion that the text in sanskrit is to be so interpreted as to mean two tola's of gold, one tola' of iron, and one tola' of silver, in the above recipe).

विषमज्वरान्तक रसः ।

हिङ्गुलसम्भवं सूतं गन्धेन कज्जलीकृतम् । पर्पटीरसवत् पाच्यं सूतांघ्रि हेमभस्मकम् ॥ लौहं ताम्रमभ्रकञ्च रसस्य द्विगुणं तथा । वङ्गकं गैरिकञ्चैव प्रवालञ्च रसार्द्धकम् ॥ मुक्तामङ्खं शुक्तिभस्म प्रदेयं रसपादिकम् । मुक्तास्फोटे च संस्थाप्य लघुपुटेन पाचयेत् ॥ भक्षयेत् प्रातरुत्थाय द्विगुञ्जाफलमानतः । अनुपानं प्रयोक्तव्यं कणाहिङ्गु ससैन्धवम् ॥ ज्वरमष्टविधं हन्ति वातपित्तकफोद्भवम् । प्लीहानं यकृतं गुल्मं साध्यासाध्यमथापि वा ॥ सन्ततं सततात्वञ्च विषम-ज्वरनाशनम् । कामलां पाण्डुरोगञ्च शोथं मेहमरोचकम् ॥ ग्रहणी-मामदोषं च कासं श्वासञ्च तत्र तत् । मूत्रकृच्छ्रातिसारञ्च नाशयेद-विकल्पतः ॥ अग्निञ्च कुरुते दीप्तं वलवर्णप्रसादनः । विषमस्य ज्वरस्यायमन्तकः कथितो भुवि ॥

Kisama jwara'ntaka rasa.

Four parts each, of mercury and sulphur are to be rubbed

well to form a black powder, which is to be melted in the way referred to in "parpati rasa" (see page 166) The solidified compound is then to be powdered very fine, and mixed with one part of gold, eight parts, each, of iron, copper, and mica ; two parts, each, of tin, red ochre, and coral ; and one part, each, of pearls conch shell, and oyster shell are to be mixed together with water, and confined within two oyster shells, which are to be coated with mud and dried. This is then to be heated. by means of the la'baka putam. When cooled by radiation of heat, the medicine is to be taken out. Accompaniment, powdered pippali, hingu, and rock-salt, with a few drops of honey. It cures all sorts of fever, anæmia, jaundice, spleen, liver, dropsy, spermatorrhœa, averssion to food, and chronic diarrhœa.

षड़ानन रसः ।

आरं कांस्यं मृतं ताम्रं दरदं पिप्पलीं विषम् । तुल्यांशं मर्द्दयेत् खल्वे यामञ्च गुड़ुचीरसैः ॥ मधुना मर्द्दयित्वा तु गुञ्जामात्रं लिहेत् सदा । ज्वरे मन्दानले चैव वातपित्तज्वरेषु च ॥ ज्वरे वैषम्यतरुणे जीर्णज्वरे विशेषतः । मुद्गान्नं मुद्गयूषं वा तक्रभक्तञ्च केवलम् ॥ नारिकेलोदकं देयं मुद्गपथ्यं विशेषतः । षड़ाननो रसो नाम सर्व्वज्वरकुलान्तकः ॥

Sara'nana rasa.

Equal quantities of brass, bell-metal, copper, cinnabar, pippali, and aconite are to be rubbed together, for three hours, with the juice of guruchi, and made into pills, one

racti in weight each, to be taken with honey. This medicine cures all sorts of fevers including jeerna-jwara and indigestion. Diet, soup of mudga grams, butter milk. and cocoanut water.

वसन्तमालतीरसः ।

स्वर्णं मुक्ता दरदमरिचं भागवृद्ध्या प्रदिष्टम् खर्पराष्टौ प्रथम-मखिलं मर्द्दयेन् म्रक्षणेन् । यावत् स्नेहो व्रजति विलयं निम्बु नीरेन तावद् गुञ्जाद्वन्द्वं मधुचपलया मालतीप्राग्वसन्ता ॥ सेवितेयं हरेत् तूर्णं जीर्णञ्च विषमं ज्वरम् । व्याधीनन्यांश्च कामादीन् प्रदीप्तं कुरुतेऽनलम् ॥

Basanta ma'lati rasa.

One part of gold, two parts of pearls, three parts of cinnabar, four parts of maricha, and eight parts of calamine are, first of all, to be rubbed with a little of butter, and then with the juice of lime fruit, so long as the oily part of the butter does not disappear altogether. Pills are then to be made, two ractis in weight each, to be taken with powdered pippali and honey. This medicine cures jeerna-jwara, visama jwara, and cough It also increases power of digestion.

विषमज्वरहृद् रसः ।

पारदं गन्धकं तुल्यं सूतार्द्धं जीर्णताम्रकम् । ताम्रतुल्यं माक्षिकञ्च लौहं सर्व्वसमं नयेत् ॥ जयन्त्याः स्वरसेनैव कोकिलाक्ष-रसेन च । वासकार्द्रपर्णरसैः पञ्चधा च विमर्द्दयेत् ॥ पृथक् कलाय-मानां तु वटिकां कारयेद् बुधः । विषमज्वरहृद्रसो विषमज्वर-

नाशनः ॥ वह्निदीप्तिकरो हृद्यः प्लीहगुल्मविनाशनः । चक्षुष्यो बृंहणो वृष्यः श्रेष्ठः सर्व्वरुजापहः ॥

Visama-jwara-hrid rasa.

Two parts, each, of mercury and sulphur, one part each of copper and copper pyrites, and six parts of iron are to be rubbed together, for five times each, with the juices of the following, in succession :—leaves of jayanti, leaves of kokila'ksha, leaves of va'saka, ginger, and betel leaves. Pills are then to be made, two ractis in weight, each. This medicine cures visama jwara, gulma, and enlarged spleen. It increases power of digestion is beneficial to eye-sight, increaser of strength and nutrition, and curer of almost all the diseases.

पूर्णानन्द रसः ।

पारदं गन्धकं शुद्धं ताम्रमभ्रञ्च माक्षिकम् । हिरण्यं तारतालञ्च कर्षमेकं पृथक् पृथक् ॥ मृतकान्तं पलं देयं सर्व्वमेकीकृतं शुभम् । वक्ष्यमाणौषधैर्भाव्यं प्रत्येकं दिनसप्तकम् ॥ कारवेल्ल-रसेनापि दशमूलरसेन च । पर्पटस्य कषायेण क्वाथेन त्रैफलेन च ॥ गुड़ूच्याः स्वरसेनापि नागवल्लीरसेन च । काकमाचीरसेनैव निर्गुण्ड्याः स्वरसेन च ॥ पुनर्नवार्द्रकाम्भोभिर्भावनां परिकल्पय च । रक्तिकाद्विक्रमेनैव वटिकाः कारयेद्भिषक् ॥ पिप्पलीगुड़संयुक्ता वटिका ज्वरनाशिनी । ज्वरमष्टविधं हन्ति चिरकालसमुद्भवम् ॥ विविधं वारिदोषोत्थं नानादोषोदभवं तथा । सततादिज्वरं हन्ति साध्यासाध्यमथापि वा ॥ क्षयोद्भवञ्च धातुस्थं कामशोकभवं

तथा। भूतावेशज्वरश्चैव द्वन्द्वदोषभवं तथा। अभिघातज्वरं चैवमभिचारसमुद्भवम्॥ अभिन्यासं महाघोरं विषमञ्च त्रिदोषजम्॥ शीतपूर्व्वं दाहपूर्व्वं विषमं शीतलं ज्वरम्। प्रलेपकज्वरं घोरमर्द्धनारीश्वरं तथा॥ प्लीहज्वरं तथा कासं चतुर्थकविपर्य्ययम्। पाण्डुरोगगणान् सर्व्वानग्निमान्द्यमहागदान्॥ एतान् सर्व्वान् निहन्त्याशु पक्षार्द्धेन न संशयः। शाल्यन्नं तक्रसहितं भोजयेद् द्विजसंयुतम्॥ ककारपूर्व्वकं सर्व्वं वर्ज्जनीयं विशेषतः। मैथुनं वर्ज्जयेत् तावद् यावन् न बलवान् भवेत्। पूर्णानन्दरसो नाम्ना दुर्लभो वसुधातले।

Purna'nada rasa.

One tola', each, of mercury, sulphur, copper, mica, copper pyrites, gold, silver, and orpiment; and four tola's of lodestone are to be subjected to bha'vana' with each of the following, in succession :—juice of leaves of ka'rabella, decoction of dashamulam, decoction of parpata, decoction of triphala', decoction of guruchi juice of betel leaves juice of ka'ka'machi leaves, juice of leaves of nirgundi, juice of punarnava', and juice of ginger. Pills are then to be made, two ractis in weight each. This medicine cures, in a week, any kind of fever (except, of course, fever due to consumption). It also cures indigestion, anæmia, spleen, and cough. Accompaniment, old molasses and powdered pippali. Diet boiled sha'li rice, butter-milk, and fish.

चिरसुन्दर रसः।

भागत्रयं स्वर्णभस्म द्विभागं तारमभ्रकम्। लौहात् पञ्च प्रवालञ्च

मौक्तिकं त्रयसम्मितम्॥ भस्मसूतं सप्तकञ्च सर्व्वं मर्द्द्यं तु कन्यया। छायाशुष्का वटी कार्य्या छागीदुग्धानुपानतः॥ क्षयं हन्ति तथा कासं गुल्मञ्चापि प्रमेहनुत्। जीर्णज्वरहरश्चायमुन्मादस्य निकृन्तनः॥ सर्व्वरोगहरश्चापि वारिदोषनिवारणः। एष वैद्ययशःप्रदः रसोऽयं चिरसुन्दरः॥

Chira-sundara rasa.

Three parts of gold, two parts of silver and mica, each, five parts of iron, three parts of coral, three parts of pearls, and seven parts of incinerated mercury are to be rubbed with the juice of kanya', and made into pills, one racti in weight, each, to be dried in a shady place. Accompaniment, goat's milk. It cures consumption, cough, gulma, spermatorrhœa, insanity, and jeerna jwara.

हिमांशुशेखर रसः।

शुद्धसूतं तथा गन्धं कारयेत् कज्जलीं शुभाम्। मृतसूतं हेम तारं लौहमभ्रञ्च ताम्रकम्॥ तालसत्त्वं वङ्गभस्म मौक्तिकं च प्रवालकम्। सुवर्णमाक्षिकञ्चापि चूर्णयित्वा विभावयेत्॥ निर्गुण्डी नागवल्ली च काकमाची च पर्पटी। त्रिफला कारवेल्लञ्च दशमूली पुनर्नवा॥ गुड़ूची त्रूषकश्चापि भृङ्गश्च केशराजकः। एतेषाञ्च रसेनैव भावयेत् त्रिदिनं पृथक्॥ गुञ्जामाना वटी कार्य्या हिमांशुशेखरो रसः। पिप्पलीगुड़संयुक्तां लिहेच्च वटिकां शुभाम्॥ ज्वरमष्टविधं हन्ति निरामं साममेव च। सप्तधातुगतञ्चापि नानादोषोद्भवं तथा॥ सततादिज्वरं हन्ति साध्यासाध्यमथापि वा। अभिघाताभिचारोत्थं जीर्णज्वरं विशेषतः॥

Hima'ngshu-shekhara rasa.

Equal quantities of kajjali (black sulphuret of mercury, containing equal quantities of mercury and sulphur, rubbed together) incinerated mercury, gold silver iron, mica, copper, essence of orpiment (or, arsnic, duly purified in the same way as orpiment), tin, pearls coral, and copper pyrites are to be mixed together and subjected to bha'vana', for three times each, with the juice or decoction of each of the following, in succession :—leaves of nirgundi betel leaves ka'kama'chi, parpata, triphala' leaves of ka'rabella, dashamulam, punarnava', guruchi, roots of va'saka bhringara'ja, and keshara'ja. Pills are then to be made, one racti in weight, each. Accompaniment powdered pippali with old molasses It cures all sorts of fevers.

मृतजीवन रसः ।

कुष्माण्डचूर्णतिलजैः प्रविशुद्धतालं गाढं विमर्द्य सुपवीसलिलेन तुल्यम् । सूतेन हिङ्गुलभुवा सिकताख्ययन्त्रे गोलं विधाय परिवृत्तकपालमध्ये ॥ पत्रेण तं दिनपतेरपिधाय रुद्ध्वा सन्धिं तयोर्गुडसुधाखटिकाशिवाभिः । वह्नौ पचेत् मृदनि चात्र शिरःस्वशालिविवर्णमात्रमवधिं प्रविधाय धीमान् ॥ वल्लं ततः सुरसमिश्रममुष्य दद्यात् सर्पिः सिताकणपयोमधु चानुपेयम् ॥ जंतुं ज्वरान् प्रविषमानिह वान्तिशान्त्यै मौली सुशीतलजलस्य ददीत धाराम् ॥ भयामयान्तं रसराजमौलीभूषामणिं तं मृतजीवनाख्यम् । सुधारसेनेव रसेन येन संजीवनं स्यात् सहसातुराणाम् ।

Mritajivana rasa.

Equal quantities of orpiment and mercury are to be rubbed well with the juice of black jeera' to form a lump, which is to be wrapped up with the leaves of arka, and confined within two earthen basins the joint of which is to be cemented by means of a paste prepared with powdered molasses, lime, chalk, and haritaki. The samputam thus prepared, is to be heated by means of the third kind of ba'luka' jantram, till paddy seeds kept upon the jantram become discoloured. When cooled by radiation of heat, the medicine is to be taken out, and used in doses of three ractis, each, to be taken with the juice of tulasi leaves. Clarified butter, sugar, powdered pippali milk and honey are to be taken by the patient, a little after he takes the medicine. It cures all sorts of visama jwara. Cold water, in torrents, is to be poured upon the head of the patient, if he vomits after taking the medicine.

पञ्चानन रसः ।

शम्भुस्तद्गलभूषणं समरिचं दैत्येन्द्ररक्तं रविः पक्षा सागरलोचनं शशियुगं भागोऽर्कसंख्यान्वितः । खल्ले तत् परिमर्द्दितं रविजलैर्गुञ्जैकमात्रं ददेत् । सिंहोऽयं ज्वरदन्तिदर्पदलनः पञ्चाननाख्यो रसः ॥ पथ्यं च देयं दधिभक्तकञ्च सिन्धूत्थपथ्या मधुना समेतम् । गन्धानुलेपो हिमतोयपानं दुग्धञ्च देयं शुभदाडिमञ्च ॥

Pancha'nana rasa

Equal quantities of mercury, aconite, maricha, vaikra'nta

(garnet), copper, copper pyrites, iron pyrites, sulphur, orpiment, realgar, silver, and tin are to be rubbed together with the juice of roots of arka and made into pills, one racti in weight, each. It is a very good medicine of fever. Diet, boiled rice with curd, rock-salt, haritaki, and honey. The following are slso salutary to the ptient :—smearing the body with perfumed sandal paste, and drinking of cold water, milk, and juice of sweet pomegranates.

सदाशिव रसः ।

पारदं रसकं तालं तुत्थं टंगणगन्धकं । सर्व्वमेतत् समं शुद्धं कारवेल्या रसैर्दिनम् ॥ मर्द्दयेत्तेन कल्केन ताम्रपात्रोदरं लिपेत् । अंगुलार्द्धार्द्धमानेन तत् पचेत् सिकताह्वये ॥ यन्त्रे यावत् स्फुटन्त्येव व्रीहयस्तस्य पृष्ठतः । ताम्रपात्रं समुद्धृत्य चूर्णयेन्मरिचैः समम् ॥ सदाशिवरसो नाम द्विगुञ्जं वातिकज्वरे । दातव्यं पर्णखण्डेन मुहूर्तान्नाशयेज्ज्वरम् ॥ त्रिदिनैर्विषमं तीव्रमेकद्वित्रि-चतुर्थकम् ॥

Sada'shiva rasa.

One tola' in weight, each, of mercury, calamine, orpiment, copper sulphate, borax, and sulphur is to be rubbed with the juice of the leaves of ka'rabella, and made into a paste with which is to be smeared, one fourth of an anguli thick, the inner surface of a pot, made of six tola's in weight of copper only. The pot is then to be placed upside down, upon an earthen basin another basin of the same kind being placed upon the pot. The joint of the two basins is

to be cemented by mud, etc. The samputam, thus prepared, is to be heated by means of the third kind of ba'luka' jantram, till the paddy seeds kept upon the jantram burst. When cold, the medicine is to be taken out powdered, and mixed with an equal quantity of powdered black-pepper. Dose, two ractis each to be taken with honey and juice of betel leaves. This medicine cures, in a short time, fever due to an excess of va'yu. It cures, in three days, all sorts of visama jwara, including aika'hika, dya'hika, trya'hika, and chaturthaka fevers.

चतुर्थकनिवारण रसः ।

त्रिभागं तालकं विन्द्यादेकभागं तु पारदम् । तदर्द्धं गन्धकं चैव तदर्द्धं तु मनःशिला ॥ कारवल्लीदलरसैर्मर्द्दयेद् प्रहरत्रयम् । पाचितो वालुकायन्त्रे चतुर्थकनिवारणः ॥

Chaturthaka niba'rana rasa

Three parts of orpiment, one part of mercury, half a part of sulphur, and half a part of realgar are to be rubbed together with the juice of leaves of ka'rabella, and heated, for nine hours, by means of the third kind of ba'luka' jantram, till the paddy seeds kept upon the jantram burst. When cooled, the medicine is to be taken out, powdered, (and used in doses of one racti, each). This medicine cures chaturthaka fever.

चतुर्थकगजाङ्कुशः ।

स्याद्रसेन समायुक्तो गन्धकः सुमनोहरः । हिमावल्लीत्रिगुणितो

निर्गुण्डीरसमर्द्दितः॥ सप्त वारानि तद्योज्यमार्द्रकस्वरसेन तु। सम्ततादिज्वरं हन्याच्चतुर्थकगजाङ्कुशः॥

Chaturthaka gaja'nkusha rasa.

One part, each, of mercury, sulphur, and three parts of hima'balli (swarnakhiri) are to be rubbed together, for seven times, with the juice of the leaves of nirgundi. This medicine, taken in proper doses, with the accompaniment of honey and ginger juice, cures all sorts of visama jwara, including chaturthaka fever.

भूतभावन रसः।

कण्टकारी सिन्धुवारस्तथा पूतिकरञ्जकम्। एतेषां रसमादाय धृत्वा खर्परखण्डके॥ प्रक्षेप्यं गन्धकं तत्र ज्वालं मृद्वग्निना ददेत्॥ गन्धके च द्रुतापन्ने तत्समं पारदं क्षिपेत्। मिश्रीकृत्य ततो द्वाभ्यां द्रुतं तमवतारयेत्। आमर्द्दयेत् तथा तत् तु यथा स्यात् कज्जलप्रभम्॥ ततस्तु रक्तिकामस्य माषकं जीरकस्य च। माषकं लवणस्यापि पर्णे धृत्वा निषेवयेत्॥ ज्वरे त्रिदोषजे घोरे जलमुष्णं पिबेदनु। छर्द्दां शर्करया दद्यात् सामे दद्यात् तथा गुड़म्। क्षये च्छागभवं क्षीरं प्रदद्यादनुपानकम्। रक्तातीसारे कूटजमूलवल्कलजं रसम्। रक्तवान्तौ तथा दद्यादुडुम्बरभवं जलम्। सर्व्वव्याधिहर श्चैव भूतभावननामकः। आयुर्वृद्धिकरत्वेव मृतस्यापि प्रबोधयेत्॥

Bhuta Bha'bana rasa.

Juices of kantaka'ri, nirgundi, and putikaranja are to

be kept in an earthen pot which is to be subjected to a mild heat, powdered sulphur being thrown upon the juice, while so heated. When the sulphur melts, an equal quantity of mercury is to be thrown upon it. When both mixed together, the pot is quickly to be removed from the oven, and the mercury and sulphur rubbed to form a black powder. One racti of this black powder, mixed with six ractis of powdered jeera' and six ractis of rock salt, is to be taken with a betel leaf. A little after taking this medicine, the patient is to drink the following:— hot water in sa'nnipa'tika fever, sugar dissolved with water in vomiting, old molasses in mucus, goat's milk in consumption, decoction of the roots of kutaja in diarrhoea attended with bleeding, and the juice of urumbara in vomiting of blood. This medicine is a curer of all the diseases, and is an increaser of longevity. It revives consciousness even at the last stage of the disease.

शीतघ्न रसः।

कुष्माण्डक्षारचूर्णोदकतिलजपृथक्पाचितं शुद्धतालं तुल्यं सूतेन पिष्ट्वा त्रिदिवसमसकृत् कारवेल्लद्रवेण। क्षिप्त्वा तत् खर्परान्तर्दिनं पतिपिहितं रन्ध्रमप्यन्धयेत् तं नीरन्ध्रं चूर्णपथ्यागुड़लवणखटी-मृद्भिरप्यन्तरालम्॥ तद् वालुकापूर्णघटे विदध्याच्छनैः पचेत् तावदुपर्य्यमुस्य। व्रीहिर्विवर्णत्वमुपैति यावत ततस्तु शीतं विदधीत चूर्णम्॥ सिद्धं तच्च समाददीत तुलसीतोयेन वल्लोन्मितं पश्चात् क्षौद्रकणासिताज्यपयसा कृत्वानुपानं गदी। भुञ्जीताथ पयोऽन्नमुद्ग-सहितं साज्यञ्च हन्यान्नृणां तापं कालवशेन सञ्चितमयं शीतघ्ननामा रसः॥

Shitaghna rasa.

Orpiment is first of all to be purified by being boiled with an alkali prepared from kusma'nda, lime water, and sesamum oil, in succession. It is then to be mixed with an equal quantity of mercury and rubbed for three days with the juice of the leaves of ka'rabella, and made into a lump, which is to be completely wrapped up by means of a copper leaf. This is then to be confined within two earthen basins, the joint of which is to be cemented by means of a paste prepared from powdered haritaki, molasses, salt, chalk, and mud, mixed together. When dried, the samputam is to be heated by means of the third kind of ba'luka' jantram, so long as paddy seeds placed upon the jantram do not burst. When cooled by radiation of heat, the medicine is to be taken out, and powdered. Dose, three ractis each, to be taken with honey, juice of tulasi leaves, powdered pippali, sugar, clarified-butter, and a little of milk, all mixed together. Diet, milk boiled rice, soup of mudga grams, and clarified butter. This medicine cures fever.

बृहज्ज्वरान्तक लौहम्।

रसं गन्धं तोलकञ्च जातीकोषफले तथा। हेमभस्म तु पादिकं तोलार्द्धं रूप्यलौहकम्॥ अभ्रं शिलाजतु चैव भृङ्गराजञ्च मुस्तकम्॥ केशराजमपामार्गं लवङ्गञ्च फलत्रिकम्॥ वराङ्गवल्कलञ्चैव पिप्पली-मूलमेव च। सैन्धवञ्च विड़ञ्चैव गुड़ूचीचूर्णमेव च॥ कण्टकारी रसोनञ्च धन्याकं जीरकद्वयम्। चन्दनं देवकाष्ठञ्च दार्व्वीन्द्रियव-मेव च॥ किराततिक्तकं वालं तोलकञ्च समाहरेत्। द्वितोलं

मरिचं देयं भावयेदार्द्रजै रसैः॥ माषार्द्धं भक्षयेत् प्रातर्मधुना मधुरीकृतम्। ज्वरं नानाविधं हन्ति शुक्रस्थं चिरकालजम्॥ साध्यासाध्यविचारोऽत्र नैव कार्य्यो भिषग्वरैः। अस्थिधातुगतञ्चापि नाशयेन्नात्र संशयः॥ भूतोत्थं श्रमजञ्चापि सन्निपातज्वरं तथा। असाध्यञ्च ज्वरं हन्ति यथा सूर्य्योदयस्तमः॥ गरुड़ञ्च समालोक्य यथा सर्पः पलायते। तथैवास्य प्रसादेन ज्वरः शीघ्रं पलायते॥ बलदं पुष्टिदञ्चैव कामलापाण्डुरोगनुत्॥ वीर्य्यस्तम्भकरं चैव मन्दाग्निनाशनं परम्। सदा तु रमते नारीं न वीर्य्यं क्षयतां व्रजेत्। प्रमेहं विविधञ्चैव विविधां ग्रहणीं तथा॥ अनुपानविशेषेण सर्व्वव्याधिं विनाशयेत्॥

Brihat jwara'ntaka lauham.

One tola' in weight, each, of mercury, sulphur, ja'tikosa, and ja'tiphala ; one fourth tola' of gold, half a tola' of iron and silver, each ; one tola' each of mica, bitumen, bhringara'ja, musta', keshara'ja, apa'ma'rga, lavanga, triphala, cardamom, roots of pippali, rock salt, bira-salt, sugar-like essence of guruchi, kantaka'ri, garlic, dhanya', jeera', black-jeera', red sandal wood, devada'ru, da'ruharidra', roots of kutaja, kira'ta-tikta, and ba'la ; and two tola's of maricha are to be rubbed together with ginger juice, and made into pills three ractis in weight, each. This medicine is to be taken in the morning with honey. It cures all sorts of fevers, jaundice, anaemia, spermatorrhœa, chronic diarrhœa, etc. It is a good aphrodisiac.

विक्रमकेशरी रसः।

शुल्वमेकं द्विधा तारं मर्द्दयेद् विधिवद् भिषक्॥ पश्चाद् विषं

रसं गन्धं मेलयित्वा तु भावयेत्। एकविंशतिवारांश्च लिम्पाक वल्कलद्रवैः॥ रसः सिद्धः प्रदातव्यो गुञ्जामात्रो ज्वरान्तकृत्। सर्व्वज्वरहरः ख्यातो रसो विक्रमकेशरी॥

Bikrama keshari rasa.

One part of copper, two parts of silver, and one part each of aconite, mercury, and sulphur are to be rubbed together, and subjected to bha'vana', for twenty one ti s, with the juice of the bark of the roots of a lime tree. Pills are then to be made, one racti, in weight, each. Th medicine cures all sorts of fevers.

मेघनाद रसः।

तारं कांस्यं सूतं ताम्रमेभिस्तुल्यञ्च गन्धकम्। क्वाथेन मेघनादस्य पिष्ट्वा रुद्ध्वा पुटे पचेत्॥ षड्भिः पुटैर्भवेत् सिद्धो मेघनादो ज्वरापहः। भक्षयेत् पर्णखण्डेन विषमज्वरनाशनः॥ अस्य मात्रा द्विगुञ्जा स्यात् पथ्यं दुग्धौदनं हितम्। नागरातिविषामुस्त-भूनिम्बामृतवत्सकम्॥ सर्व्वज्वरातिसारघ्नं क्वाथमस्यानुपाययेत्। तरुणं वा ज्वरं जीर्णं तृष्णां दाहञ्च नाशयेत्॥

Meghana'da rasa.

Equal quantities of silver, bell-metal, mercury, and copper; and sulphur, equal in quantity to all of them, taken together, are to be rubbed with the juice of meghana'da, and heated by gajaputam. The rubbing and heating are to be performed

for six times. Dose, two ractis each, to be taken with a bit of betel leaf. This medicine cures visama jwara. Diet, boiled rice with milk. In fever attended with diarrhœa a decoction of the following is to be drunk after taking this medicine:—shunthi, ativisa', musta', kira'tatikta, guruchi, and kutaja—two tola's in all, to be boiled with thirty two tola's of water reducible to eight tola's. This medicine also cures navajwara, jeerana-jwara, thirst. and sensation of heat.

चतुर्थकनिसूदन रसः।

रसगन्धकयोः कृत्वा कज्जलीं भाण्डमध्यगाम्। तत्राधोवदनां ताम्रपात्रीं संरुध्य शोषयेत्॥ पादाङ्गुष्ठप्रमाणेन चुल्यां ज्वालेन तां दहेत्। मासद्वयं ततस्तत्स्थां रसपात्रीं समाहरेत्। चूर्णयेद् रक्तिकाद्वयं त्रितयं वा विचक्षणः। ताम्बूलीदलयोगेन दद्यात् सर्व्वज्वरेष्वमुम्॥ जीरसैन्धवसंलिप्तवक्त्राय ज्वरिणे हितम्। चतुर्थकादिकं ज्वरं विषमं च नवं तथा। साधारणं सन्निपातं जयत्येष न संशयः॥

Chaturthaka nisudana rasa.

Equal quantities of mercury and sulphur are to be rubbed together to form a kajjali or black powder, which is to be kept in an earthen pot. A copper pot is to be placed, upside down, upon the black powder. The mouth of the earthen pot is then to be closed by means of an earthen basin, the joint being cemented by means of rags, mixed with mud. When dried, the pot is to be placed upon an oven, and heated in such a way as the flames of the fire do not exceed the

height of the toe. The heating is to be performed for sixty days. The copper pot is then to be taken out and powdered. This powder, taken in doses of two or three ractis each, with honey and juice of betel leaves, cures all sorts of fevers including chaturthaka fever. The mouth of the patient is to be coated with a paste made of pestled jeera' and rock-salt, before he takes the medicine. This medicine is efficacious in sa'nnipa'tika fever also.

दिगम्बर रसः ।

वज्राभ्रं सिन्दूरं चैव जीरकञ्च विचूर्णितम् । ताम्रं कनकवीजं च सर्वं वासारसेन च ॥ कण्टकारीरसेनैव धात्रीमुस्तरसेन च । गुडूच्याः स्वरसेनैव भावयित्वा पृथक् पृथक् ॥ मर्दयित्वा वटी कार्य्या गुञ्जामात्रा प्रयोजिता । विषमाख्यान् ज्वरान् सर्वान् प्लीहानं यकृतं वमिम् । रक्तपित्तं वातरक्तं ग्रहणीं श्वासकासकौ । अरुचिं शूलहृल्लासावर्शांसि च विनाशयेत् ॥ रसो दिगम्बराख्योऽयं वृष्य श्चातिवलप्रदः ॥ महेशप्रियपुत्रेण भूदेवेन विकल्पितः ॥

Digambara rasa.

Equal quantities of mica rasasindura, powderd jeera', copper, and seeds of dhutura are to be mixed together and subjected to bha'vana' with the juice of each of the following, in succession :—leaves of ba'saka, kantaka'ri leaves amalaki, musta and guruchi. The compound is then to be rubbed with water and made into pills, one racti in weight, each. This medicine cures all sorts of visama jwara, enlargement of spleen and liver, vomiting, hemeptosis, va'tarakta, chronic

diarrhœa, asthma, cough, aversion to food, colic hiccough, and piles.

उमाप्रसादन रसः ।

मेघपारदवैगन्धविषव्योषपटूनि च । जीरकद्वयमेतानि समभागानि कारयेत् ॥ सिन्दुवाररसेनापि रसोनस्य रसेन च । अपामार्गरसेनापि सप्तवारं विमर्द्दयेत् ॥ तत् पक्वं वालुकायन्त्रे गुञ्जामात्रं प्रयोजयेत् । सनागवल्लीमरिचं ततः शीताम्बु पाययेत् । उमाप्रसादनो नाम रसः शीतज्वरापहः । चतुर्थकं त्र्याहिकं वा नाशयेत् किमुतापरान् ॥

Uma'prasa'dana rasa

Equal quantities of mica, mercury, sulphur, aconite, trikatu, rock salt, jeera', and black jeera' are to be rubbed together, for seven days with juices of nirgundi, garlic, and apa'ma'rga. The compound is then to be put inside an earthen putam and heated by means of the third kind of the ba'luka' jantram. This medicine, in doses of one racti each, taken with honey, juice of betel leaves, and powdered maricha, cures fever with the sensation of cold. A little of cold water is to be drunk, after taking the medicine. It also cures such obstinate fevers as trya'hika and chaturthaka, not to speak of the other kinds of fevers.

ज्वराङ्कुश रसः ।

टङ्कनं रसगन्धौ च समभागौ प्रकल्पयेत् । नेपालं द्विगुणं

दत्त्वा मर्द्दयेत् खल्वमध्यतः ॥ श्लक्ष्णतां याति तद् यावत् तावत् तन् मर्द्दयेच् छनैः । सैन्धवं मरिचं शङ्खं चिञ्चाक्षारं च माक्षिकम् ॥ तुल्यमेतत् त्रयं कृत्वा निम्बुतोयेन मर्द्दयेत् । वटकान् चणतुल्यां स्तु भक्षयेच्च दिनत्रयम् ॥ ऐकाहिकं चतुर्थकं द्व्याहिकं त्र्याहिकं तथा । सर्व्वज्वरं विनाशयेज् ज्वराङ्कुशाह्वयो रसः ॥

Jwara'nkusha rasa.

One part of borax, one part of mercury and sulphur combined, and two parts of copper are to be rubbed well to form a very fine powder, with which is to be mixed two fifth parts, each, of the following :—rock-salt, maricha, conch-shell, alkali prepared from bark of tamarind, and copper pyrites. These are then to be rubbed together with lime juice, and made into pills, two ractis in weight, each. This medicine, taken with suitable accompaniments, cures in three days all sorts of fevers including such visama jwaras as aika'hika, dwya'hika, trya'hika, and chaturthaka fevrs.

चन्द्रोदय रसः ।

रसगन्धौ तथा वङ्गमभ्रकं समभागतः । मेलयित्वाऽथ वङ्गेन समं सूतं विमर्द्दयेत् ॥ तत्रैकीकृत्य गन्धाभ्रे पेष्य जम्बीरवारिणा । सामान्यं पुटमादद्यात् सप्तधा साधितं रसम् । कुमार्य्या चित्रकेणापि भावयित्वाऽथ सप्तधा । गुड़ेण जीरकेनापि ज्वरे जीर्णे प्रयोजयेत् ॥ कासे श्वासे कुमार्य्या च त्रिफलाक्काथयोगतः । उन्मादं च धनुर्व्वातममृताक्काथयोगतः । इत्येवं रोगतापघ्नो रसश्चन्द्रोदयाह्वयः ॥

Chandrodaya rasa.

Equal quantities of mercury, sulphur, tin, and mica, are to be mixed together (by rubbing mercury, first of all, with the tin and then with sulphur, and last of all with mica) and rubbed with lime juice, and heated by laghu putam. This rubbing and heating is to bo performed for seven times. The compound is then to be subjected to bha'vana' with the juice of kanya', for seven times, and heated each time, as before. It is next to be subjected to bha'vana', for seven times, with the decoction of roots of chitraka and heated each time, as before. Accompaniments, molasses with powdered jeera' in jeerna jwara ; juice of kanya' with honey in asthma and cough ; decoction of triphala' with honey in insanity ; and decoction of guruchi with honey in titanus.

पर्पटी प्रयोगः ।

सर्व्वेश्वरवज्रविजयरसरसेन्द्रजीवेन्द्रादिपर्पटीसंज्ञका रसभैषज्याः सर्व्वज्वरेषु प्रयुज्यन्ते । तेषां निर्म्माणप्रणाली अग्रे ग्रहणीरोगाधिकारे द्रष्टव्या ॥

Application of parpati.

There is a class of medicine, called 'parpati'. The mode of their preparation and application will be given in details in the chapter containing the treatment of chronic diarrhœa. Of these medicines, those named sarveshwara, bajra, bijaya, rasa, rasendra, sutendra, jeevendra, etc. are the principal ones. These, if properly applied, cure all sorts of fevers.

तृतीयोऽध्यायः ।

अथ ज्वरातिसाराधिकारः ।

अथ ज्वरातिसार-निदानम् ।

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CHAPTER III.

Jwaratisara fever with diarrhœa.

Symptoms of the disease.

पित्तज्वरे पित्तभवोऽतिसार स्तथातिसारे यदि वा ज्वरः स्यात् । दोषस्य दूष्यस्य समानभावाज्ज्वरातिसारः कथितो भिषग्भिः ॥

Sometimes, fever, due to an excess of pittam, is attended with diarrhoea due to the same cause. Diarrhoea also is sometimes attended with fever. Such a combination of fever and diarrhoea is called "jwara'tisa'ra—"

ज्वरातीसारिणामादौ कुर्य्याल्लङ्घनपाचने । प्रायस्तावामसम्बन्धं विना न भवतो यतः ॥

One suffering from jwara'tisa'ra should, first of all, be made to fast and to take such medicines as can digest the undigested chyle, which is invariably a partial cause of both fever and diarrhoea. Fasting and digesting medicines do away with the undigested chyle, and help to pacify the diseases.

ज्वरातिसारे रसप्रयोगः ।

सुखसञ्जीवनो रसः ।

मागधी वत्सनाभञ्च तयोस्तुल्यञ्च हिङ्गुलम् । सुखसञ्जीवनी ख्याता जम्वीररसमर्द्दिता ॥ मूलकवीजसंतुल्या वटिका सुखदायिनी । पानीया शीततोयेन ज्वरातीसारनाशिनी । विसूच्यां सन्निपाते च ज्वरे चैवातिदुस्तरे ॥

Iatro-chemical medicines applicable in jwara'tisa'ra.

Sukha sanjibani rasa.

One part each of pippali and aconite and two parts of cinnber are to be rubbed together with the juice of lime fruit, and made into pills of the size of a seed of raddish. This is to be taken with cold water. It cures fever with diarrhœa It may also be applied in cholera and sa'nnipa'tika fever, however malignant.

सिद्धप्राणेश्वर रसः ।

गन्धं शाभ्रं पृथग् वेदभागमन्यच्च भागिकम् । सर्जिटङ्गयवक्षाराः पञ्चैव लवणानि च ॥ वराव्योषेन्द्रवीजानि द्विजीराग्नियमानिकाः । सहिङ्गु वीजसारञ्च शतपुष्पा सुचूर्णिता ॥ सिद्धप्राणेश्वरः सूतः प्राणिनां प्राणदायकः । माषैकं भक्षयेदस्य नागवल्लीदलैर्युतम् ॥ उष्णोदकानुपानञ्च दद्यात् तत्र पलत्रयम् । अतिसारे ज्वरान्विते केवले वा ज्वरेऽपि च ॥ घोरे त्रिदोषजे रोगे ग्रहण्यामस्रगामये । वातोदरोद्भवे शूले शूले च परिणामजे ॥

Siddha pra'neshwara rasa.

Four parts. each, of sulphur mercury, and mica, and one part, each, of sarjiksa'ra, borax, javaksa'ra, the five salts, triphala', trikatu, indrajaba jeera', black jeera', roots of chitraka, jama'ni, hingu, biranga, and shatapuspa' are to be rubbed together (with water), and made into pills, six ractis in weight each. Accompaniment, juice of betel leaves. Twelve tola's of hot water is to be drunk after taking the medicine. It cures diarrhœa, with or without fever, chronic diarrhœa dysentery, and colic due to flatulence, and acidity.

कनकसुन्दर रसः।

हिङ्गुलं मरिचं गन्धं पिप्पली टङ्कणं विषम्। कनकस्य च वीजानि समांशं विजयाद्रवैः॥ मर्द्दयेद् याममात्रन्तु चणमात्रां वटीं चरेत्। भक्षणाद् ग्रहणीं हन्ति रसः कनकसुन्दरः॥ अग्निमान्द्यं ज्वरं तीव्रमतिसारञ्च नाशयेत्। पथ्यं दध्योदनं दद्याद् यद्वा तक्रान्नमण्डकम्॥

Kanaka sundara rasa.

Equal quantities of cinnabar, maricha, sulphur, pippali, borax, aconite, and seeds of dhustura are to be rubbed for three hours, with the water in which bhanga' has been kept immersed for some time. Pills are then to be made, two ractis in weight each. This medicine cures loss of appetite, fever, and malignant diarrhœa. Diet, curd or butter-milk with paste prepared from boiled rice.

कनकप्रभा रसः।

सुवर्णवीजं मरिचं मरालपादं कणाटङ्कनसूतनीलम्। गन्धं जयाद्भिर्दिवसं विमर्द्य गुञ्जाप्रमाणां वटिकां विदध्यात्॥ एषातिसारग्रहणीं ज्वराग्निमान्द्यं निहन्यात् कनकप्रभेयम्। दध्योदनं पथ्यमनुष्णवारि मांसं भजेत् तित्तिरिलावकानाम्।

Kanaka prabha rasa.

Equal quantities of seeds of dhutura', maricha, hangsapa'di, pippali, borax mercury, aconite and sulphur are to be rubbed, for one day, with the water in which leaves of bhanga' have been kept immersed for some time, and made into pills, one racti in weight each. This medicine cures diarrhœa, acute or chronic, with or without fever. and loss of appetite. Diet, curd with boiled rice, cold water, and juice of meat of such birds as la'ba (a sort of quail) and tittiri (francoline partridge).

गगनसुन्दर रसः।

टङ्कनं दरदं गन्धमभ्रकञ्च समं समम्। दुग्धिकाया रसेनैव भावयेच्च दिनत्रयम्। द्विगुञ्जं मधुना देयं वल्लेन श्वेतसर्ज्जसः॥ विविधं नाशयेद्रक्तं ज्वरातीसारमुल्वणम्। पथ्यं तक्रं पयश्छागमामशूलं विनाशयेत्। अग्निवृद्धिकरो ह्येष रसो गगनसुन्दरः।

Gagana sundara rasa.

Equal quantities of borax, cinnabar, sulphur, and mica

are to be mixed together, and subjected to bha'vana', for three days, with the juice of dugdhika'. Pills are then to be made, two ractis in weight, each. Accompaniment. three ractis of white resin and a little of honey. This medicine cures all sorts of fevers with diarrhœa and dysentery, and colic due to mucus. It increases power of digestion. Diet, butter-milk, goat's milk (duly boiled and cooled).

प्रेतसञ्जीवन रसः ।

रसगन्धौ समौ ग्राह्यौ सूतपादं विषं क्षिपेत् । सर्व्वतुल्यं मृतञ्चाभ्रं मर्द्यं धुस्तुरजैर्द्रवैः । सर्पाक्ष्याश्च द्रवैर्यामं कषायेनाथ भावयेत् । धातक्यतिविषा मुस्तं शुण्ठी जीरकवालकम् ॥ यमानी धान्यकं विल्वपाठापथ्यकणान्वितम् । कूटजस्य त्वचं वीजं कपित्थं वालदाड़िमम् । प्रत्येकं कर्षमात्रं स्यात् कुट्टितं क्वाथयेज्जलैः । चतुर्गुणं जलं दत्वा यावत् पादावशेषितम् ॥ अनेन त्रिदिनं भाव्यः पूर्वोक्तो मर्दितो रसः । रुद्ध्वा तद् वालुकायन्त्रे क्षणं मृदग्निना पचेत् ॥ प्रेतसञ्जीवनो नाम चास्य गुञ्जचतुष्टयम् । दातव्यमनुपानेन चासाध्यमपि साधयेत् ॥ षट्-प्रकारमतीसारं साध्यासाध्यं जयेद् ध्रुवम् । नागरातिविषामुस्तं देवदारु कणा वचा ॥ यमानी वालकं धन्या कूटजत्वक्हरीतकी । धातकीन्द्रयवौ विल्वं पाठा मोचरसं समम् । चूर्णितं मधुना लेह्यमनुपानं सुखावहम् ॥

Preta sanijibana rasa

One part of mercury and sulphur, each, one fourth part of aconite, and mica, equal in quantity to all of

them are to be rubbed together with the juices of leaves of dhutura and sarpa'ksi, for three hours. The compound is then to be subjected to bha'vana', for three days, with the decoction of the following :—dha'taki flowers, ativisa', musta', shunthi, jeera', ba'la', jama'ni, dhanya', dried green bilwa fruits, pa'tha', haritaki, pippali, bark of kutaja, seeds of kutaja, kapittha fruit, and green pomegranate, each of these being two tola's in weight cut into pieces, and boiled with hundred and twenty tola's of water, reducible to thirty two tola's. After the compound is thus subjected to bha'vana' and dried, it is to be confined in an earthen pot covered with an earthen basin, the joint being cemented as usual, with rags and mud. The pot is then to be heated by the third kind of ba'luka' jantram. Dose, four ractis each. Four ractis in weight of the powder of the following ingredients, combined in equal quantities, are to be licked with a little of honey, after the medicine is taken. This medicine cures all sorts of diarrhœa.

ज्वरातिसारे पथ्यानि ।

अतिसारे ज्वरे चैव पथ्यं यद् यद् विधीयते । ज्वरातिसार-रोगेऽपि तेषां युक्तं प्रदीयते ॥

Diet in fever with diarrhœa.

Some items of diet prescribed separately in fever and diarrhœa may be selected, having regard to the condition of the disease.

अथातिसाराधिकारः ।

अथातीसार-निदानम् ।

गुर्व्वतिस्निग्धरूक्षोष्ण-द्रवस्थूलातिशीतलैः । विरुद्धाध्यशनाजीर्णै विषमैश्चापि भोजनैः ॥ स्नेहाद्यैरतियुक्तैश्च मिथ्यायुक्तैर्विषैर्भयैः । शोकाद्दुष्टाम्बुमद्यातिपानैः सात्म्यर्त्तुपर्य्ययैः ॥ जलाभिरमणैर्वेग-विघातैः क्रिमिदोषतः । नृणां भवत्यतीसारो लक्षणं तस्य वक्ष्यते । संशम्यापां धातुरग्निं प्रवृद्धः शकृन्मिश्रो वायुनाधः प्रणुन्नः । सरत्यतीवातिसारं तमाहु व्याधिं घोरं षड्विधं तं वदन्ति ॥

Diarrhœa.

Its causes.

The following are the causes of diarrhœa:—taking of food-stuff which are heavy, too much fatty, too much coarse, much hot, mainly liquid, ill-chewed. or too much cold, incogenial by combination ; taking of food before the previous meal is digested, taking of food not well cooked ; taking of food at irregular hours and in excessive quantities ; excessive or wrong use of oil, etc. for purpose of applying douches purgatives, and vomiting ; taking of organic poison, panic, grief, much drinking of impure water, and taking of unaccustomed food, having recourse to new practices, unusual reverse of weather, exeessive bath or excess of sports in water, suppressing calls of nature, and activites of worms in the intestines.

The disease is called atisa'ra (diarrhœa). simply because it literally means an excessive discharge. What

actually happens in this disease is this ; the watery portion of the polluted dha'tus (such constituents of the body as chyle) lessens the intensity of the digesting fire (heat in the stomach), is mixed with the stool, and is driven down by va'yu in excessive quantities.

अतिसारे रसप्रयोगः ।

अभयनृसिंह रसः ।

दरदञ्च विषं व्योषं जीरकं टङ्गनं समम् । गन्धकञ्चाभ्रकञ्चैव भागैकं शुद्धसूतकम् ॥ सर्व्वतुल्यमहिफेनं मर्द्दयेन् निम्बुकद्रवैः । एकैकं भक्षयेच्चानु जीरकमधुना सह ॥ त्रिदोषोत्थमतीसारं सज्वरं वाथ विज्वरम् । सर्वरूपमतीसारं संग्रहग्रहणीं जयेत् ॥ रसोऽभयनृसिंहोऽयमतीसारे सुपूजितः ॥

Iatro chemical medicines in diarrhœa.

Abhaya nrisingha rasa.

Equal quantities of cinnabar, aconite, trikatu, jeera', borax, sulphur, mica, and mercury are to be mixed together and rubbed with lemon juice. Pills are then to be made, one racti in weight, each, to be taken with honey and powder of fried jeera'. This medicine cures diarrhœa, due to an excess of the three doshas and chronic diarrhœa also.

प्राणेश्वर रसः ।

रसगन्धकमभ्रञ्च टङ्गणं शतपुष्पकम् । यमानी जीरकाख्यञ्च प्रत्येकं कर्षयुग्मकम् ॥ कर्षमेकं यवक्षारं हिंगु पटुकपञ्चकम् ।

विरङ्गेन्द्रयवं सर्ज्जरसकं चाग्निसंमितम्। घृष्ट्वा च वटिका कार्य्या नाम्ना प्राणेश्वरो रसः॥

Praneshwara rasa.

Two tola's, each, of mercury, sulphur, mica, borax, shatapuspa, jama'ni, and jeera'; and one tola' each of jabaksa'ra, hingu, the five salts, biranga, indrajava, resin, and roots of chitraka are to be rubbed well with water, and made into pills, two ractis in weight, each. This medicine cures diarrhœa.

अमृतार्णव रसः।

हिंगुलोत्थो रसो लौहं गन्धकं टंकणं शठी। धान्यकं वालकं मुस्तं पाठा जीरं घुणप्रिया॥ प्रत्येकं तोलकं चूर्णं छागीक्षीरेण पेषितम्। माषैका वटिका कार्य्या रसोऽयममृतार्णवः॥ वटिकां भक्षयेत् प्रातर्गहनानन्दभाषिताम्। धन्याजीरकयूषेण विजया-शणवीजतः॥ मधुना च्छागदुग्धेन मण्डेन शीतवारिणा। कदली-मोचकरसैः कञ्चटकद्रवेण वा। अतीसारं जयेदुग्रमेकजं द्वन्द्वजं तथा। दोषत्रयसमुद्भूतमुपसर्गसमन्वितम्॥ शूलघ्नो वह्निजननो ग्रहण्यर्शोविकारनुत्। अम्लपित्तप्रशमनः कासघ्नो गुल्मनाशनः॥

Amrita'rnava rasa.

One tola' each of mercury, sulphur, iron, borax, shathi, dhanya', ba'laka, musta' pa'tha'; jeera' and ativisa' are to be

rubbed together with goat's milk, and made into pills, six ractis in weight, each. This medicine is to be taken in the morning with honey and any one of the following:— decoction of dhanya' and jeera', bhanga', powdered seeds of shana, goat's milk, paste prepared from boiled rice, cold water, juice of banana flower, and juice of kanchata grass. This medicine cures all sorts of diarrhœa, acute or chronic, colic, piles, amlapitta, congh, gulma, and loss of digestive power.

दर्दुर रसः।

सुश्लक्ष्णतीक्ष्णचूर्णं तु रसेन्द्रसमभागिकम्। काञ्चनाररसैर्घृष्ट्वा सर्व्वातीसारनाशनम्॥ पिष्टः समेन तीक्ष्णेन काञ्चनाराम्बुमर्द्दितः। पुटपाकोऽतिसारघ्नः सुतोऽयं दर्दूराह्वयः॥

Dardura rasa.

Equal quantities of steel and mercury are to be rubbed with the juice of ka'nchana'ra. The compound may then be used as it is or may be heated by putam. (Dose two ractis, each, to be taken with honey only).

आनन्दभैरव रसः।

हिङ्गुलं वत्सनाभं च मरिचं टंकणं कणा। मर्द्दयेत् समभागं च रसो ह्यानन्दभैरवः॥ गुञ्जैकां वार्द्धगुञ्जां वा बलं ज्ञात्वा प्रदापयेत्। मधुना लेहयेच्चानु कूटजस्य फलं त्वचम्॥ चूर्णितं कर्षमात्रं तु त्रिदोषोत्थातिसारजित्। दध्यन्नं दापयेत् पथ्यं

गावाज्यं तक्रमेव वा ॥ पिपासायां जलं शीतं विजया च हिता निशि ॥

A'nanda bhairava rasa.

Equal quantities of cinnabar, aconite maricha, borax, and pippali are to be rubbed together. Dose, half to one racti, each. One tola of the powder of the bark or seeds of kutaja is to be taken with honey, after taking this medicine. Diet, boiled rice with curd or butter milk. Cold water is to be drunk when the patient gets thirsty. It is desirable to take a little of bhanga' at night, while taking this medicine.

सुधासार रसः ।

पृथक्पलिकगन्धाश्मसूतसञ्जातकज्जलीम् । प्रद्राव्य निक्षिपेद् व्योम पलिकं गतचन्द्रिकम् ॥ काष्ठेनालोड्य तत् सर्व्वं क्षिपेत् कूटजपत्रके । पुनः संचूर्ण्य यत्नेन भावयेत्तदनन्तरम् ॥ वालतिन्दुफलद्रावैः चीरैरौदुम्बरैस्तथा । आरग्वधरसैश्चापि दुग्धिनीस्वरसैस्तथा ॥ पुटपक्वस्य वालस्य दाड़िमस्य रसैः शुभैः । कृष्णकाम्बोजिकामूलरसैः कुटजवल्कलैः । तुल्यांशविश्वगान्धारीचूर्णं द्विपलिकं क्षिपेत् । मुस्तावत्सकदीप्याग्निमोचसारं सजीरकम् ॥ वत्सनाभं च कर्षांशं प्रत्येकं तत्र निक्षिपेत् । विचूर्ण्य भावयेद् पुनः शुण्ठीक्वाथेन सप्तधा ॥ इत्थं सिद्धो रसः पिष्टः करण्डे विनिवेशयेत् । सुधासार इति ख्यातः सुधारससमो गुणैः ॥

दीपनः पाचनो ग्राही हृद्यो रुचिकरस्तथा । दोषत्रयातिसारं

च दुर्ज्जयं भेषजान्तरैः ॥ आमं चैवामरक्तं च ज्वरातिसारमेव च । सातीसारां विसूचीं च प्रतिवध्नाति तत्क्षणात् ॥ मान्यमानव्यतिक्रान्तिरिव पुण्यफलोदयम् ॥ पिष्टविश्वाब्दकल्केन विधाय खलु चक्रिकाम् ॥ निक्षिपेत् स्वेदनीयन्त्रे पक्वार्द्धघटिकावधि । आकृष्य तज्जलैरेवं संप्रमर्द्य हरेद्रसम् ॥ सुधासाररसं तत्र क्षिप्तं धानकसम्मितम् । पूर्व्वोदितेषु रोगेषु प्रददीत भिषग्वरः ॥ गोतक्रेणाजदध्ना वा पथ्यं देयं हितं मितं । वालरम्भाफलं गुर्वीफलं विल्वफलं तथा ॥ मधुकमामपेशी च वृन्ताकं च प्रशस्यते । सर्व्वातिसारं ग्रहणीं च हिक्कां मन्दाग्निमानाहमरोचकं च ॥ निहन्ति सद्यो विहितमपाके द्वित्रिप्रयोगेण रसोत्तमोऽयम् । (षड्भिस्तु रक्तिकाभिः स्यान्माषको हेमधानकौ) ॥

Sudha'-sa'ra rasa.

Four tola's, each, of mercury and sulphur, are to be rubbed together to form kajjali, or black powder, which is to be melted. Four tola's of mica are to be thrown upon this melted kajjali, the whole thing being rolled and rubbed by means of a wooden rod. While still in melted condition, it is to be thrown upon leaves of kutaja. The compound is then to be reduced to powder, and subjected to bha'vana' with each of the following :—juice of green tinduka fruits, milk of udumbara, juice of bark of a ragbadha, juice of dugdhini, juice of green pomegranate fruit, mildly heated by putam, juice of the roots of black ka'mbojika' (gunja' or somara'ji), and juice of the bark of kutaja. The following is then to be mixed with it :—four tola's, each, of powdered shunthi, and kantaka'ri ; and

one tola', each, of musta', indrajava, black jeera', roots of chitraka, exudation of the sha'lmali tree, jeera', and aconite. The compound is next to be subjected to bha'vana', for seven times, with the decoction of shunthi. This medicine increases the digesting heat. It increases appetite. Dose, six ractis each, to be given with an extract of shunthi and musta', pestled together, made into a lump, and heated by means of the swedani jantram for twelve minutes. Diet, butter milk prepared from cow's milk or curd prepared from goat's milk, mixed with other items of suitable food stuff, such as green bannana fruit, gurbi, green bilva fruit, green mangoe fruit, cut into piece and dried, honey, and egg fruit. This medicine, if appilied twice or thrice a day, cures, very quickly, all sorts of diarrhoea, acute or chronic, hicough, loss of power of digestion, intestinal obstruction, dysentery, diarrhœa with fever, cholera, diarrhœa with mucus, and aversion to food.

नागसुन्दर रसः।

नागभस्मरसव्योमगन्धै रर्द्धपलोन्मितैः। कुर्वीत कज्जलीं स्वच्छां प्रक्षिपेत् तदनन्तरम्। द्विपलोन्मितरालायां द्रुतायां परिमिश्रिताम्॥ मृष्टैर्यं वाचसिन्धूत्यवचाव्योषद्विजीरकैः। सपथ्याविजयादीप्यैस्तुल्यां-शैरवचूर्णितैः॥ मेलयेत् प्राज्ञन्‌ कल्कं भावयेत्तदनन्तरम्। महानिम्बत्वचासारैः काम्बोजीमूलजद्रवैः॥ रसैर्नागवलायाश्च गुडूच्याश्च त्रिधा त्रिधा। ततश्च गुटिकाः कार्य्या वदरास्थिप्रमाणतः। हन्यादेव हि नागसुन्दररसो वल्लोन्मितः सेवितो। नानातीसरणामयं गुदपरिभ्रंशं तथा विम्विशम्॥

Na'ga sundara rasa.

Two tola's each of lead, mercury, mica, and sulphur are to be rubbed together and reduced to a very fine powder. Eight tola's of resin are to be melted and mixed with the powder, which is again to be mixed with one tola' in weight of the powder of each of the following:— bark of banian, bibhitaki, rock-salt, bacha', trikatu, jeera', black jeera', haritaki, bhanga', and jama'ni. The compound is then to be subjected to bha'vana' for three times each with the juices of the following:—bark of maha'nimba, roots of gunja', na'gabala', and guruchi. Pills are then to be made, two ractis in weight each. This medicine cures all sorts of diarrhoea dislocation of the rectum, and dysentery.

सुधासिन्धु रसः।

द्वौ भागौ गन्धकस्याष्टौ शङ्खचूर्णस्य योजयेत्। एकमेव रसस्यांशमर्कक्षीरेण मर्द्दयेत्। चित्रकस्य द्रवेणैव शोषयित्वा पुनः पुनः। एकीकृत्य रसेनाथ क्षारं दत्त्वा तदर्द्धकम्॥ अर्कक्षीरेण कुर्वीत गोलकानथ शोषयेत्। निरुध्य चूर्णलिप्तेऽथ भाण्डे दद्यात् पुटं तथा। सुधासिन्धुरसो ह्येष संग्रहण्यतिसारनुत्। गुञ्जाचतुष्टयं चास्य मरीचाज्यसमन्वितम्। ददीत दधिभक्तं च पथ्यं विघ्ननाशे तथा।

Sudha' sindhu rasa.

Two parts of sulphur, eight parts of conch-shell, and one part of mercury are to be rubbed together with

milk of arka. The compound is then to be subjected, for seven times, to bha'vana' with the decoction of the roots of chitraka. It is next to be mixed with half its quantity of ja'baksa'ra, rubbed with the milk of arka, made into lumps, and dried. These lumps are then to be put into an earthen pot, the inner sufarce of which has been smeared with lime. The mouth of the pot is then to be duly closed by an earthen basin, the joint being cemented by mud and rags. The pot is then to be subjected to heat by putam. This medicine cures diarrhœa, acute and chronic. Dose, four ractis, each, to be taken with powdered maricha and a little of clarified butter. Diet, boiled rice with curd.

विश्वनाथ रसः ।

मृतपारदभागैकं चत्वारः शुद्धगन्धकात् । यामं च मर्द्दयेत् खल्वे तेन पूर्य्या वराटिकाः । टङ्कनं तु गवां क्षीरैः पिष्ट्वा तेन मुखं क्षिपेत् । वराटानां प्रयत्नेन रुद्ध्वा भाण्डे पुटे पचेत् । स्वाङ्गशीतं समुद्धृत्य ततश्चूर्णा वराटकाः । विश्वनाथरसो नाम्ना क्षौद्रैर्गुञ्जा-चतुष्टयम् ॥ नागरातिविषामुस्तादेवदारुवचान्वितम् । कषाय-मनुपानं स्याद्वातातीसारनाशनः ।

Bishwanath rasa.

one part of incinerated mercury, and four parts of sulphur are to be rubbed together, for three hours. The powder, so formed, is to be put inside as many cowri-shells as necessary. The upper part of the gaps in the shells is to be closed by means of a paste prepared by borax

pestled with cow's milk. These shells are then to be subjected to heat by putam. When cooled by radiation of heat, the cowries are to be taken out and powdered very fine. Dose, four ractis each, to be taken with honey. Decoction of shunthi, ativisa', musta', devada'ru and bacha', is to be drunk after taking this medicine which cures diarrhœa due to an excess of va'yu.

गिरिश सुन्दर रसः ।

शुद्धसूतं समं गन्धं मरिचं टङ्कणं तथा । स्वर्णवीजं समं मर्द्यं भार्गीद्रावैर्दिनार्द्धकम् ॥ सूततुल्यं मृतं चाभ्रं रसः गिरिशसुन्दरः । अस्य गुञ्जाद्वयं हन्ति पित्तातिसारमुग्रकम् ॥

Girisha sundara rasa.

Equal quantities of mercury, sulphur, maricha, borax, and seeds of black dhutura' are to be rubbed with the juice of bha'rgi for six hours. The compound is then to be mixed with mica, equal in quantity to mercury. This medicine cures diarrhœa, even of a virnlent type. Dose, two ractis, each.

पुर्णचन्द्रोदय रसः ।

शुद्धं च तालकं लौहं गगनं च पलं पलम् । कर्पूरं पारदं गन्धं प्रत्येकं वटकोन्मितम् ॥ जातिकोषमुरापत्रं शठीतालिश केशरम् । व्योषं चोचं कणामूलं लवङ्गं पिचुसम्मितम् ॥ भक्षयेत् प्रातरुत्थाय गुञ्जाद्वयप्रमाणतः । नानारूपमतिसारं ग्रहणीं

सर्व्वरूपिणीम्॥ अम्लपित्तं तथा शूलं शूलञ्च परिणामजम्।
रसायनवरश्चायं वाजीकरण उत्तमः॥

Purna chandrodaya rasa.

Four tola's, each, in weight of orpiment, iron, and mica, and one tola', each, of camphor, mercury, sulphur, ja'tikosa, mura'ma'ngsi, tejapatra, shathi, ta'lishapatra, na'ga-keshara, trikatu, cardamom, roots of pippali, and cloves are to be rubbed together, and taken early in the morning, in doses of two ractis a day. It cures all sorts of diarrhoea, acute and chronie, and colic felt at the time of digestion of food.

कारुण्यसागर रसः।

भस्मसूतं द्विधा गन्धं तथा चैव मृताभ्रकम्। दिनं सार्षपतैलेन पिष्ट्वा यामं विपाचयेत्। रसैर्मार्कवमूलोत्थैः पिष्ट्वा यामं विपाचयेत्। त्रिक्षारपञ्चलवणविषव्योषाग्निजीरकैः। सविड़ङ्गैस्तुल्यभागैरयं कारुण्यसागरः। माषमात्रं ददीतास्य भिषक् सर्व्वातिसारके॥ सज्वरे विज्वरे वापि सशूले शोणितोद्भवे। निरामे शोथयुक्ते वा ग्रहण्यां सान्निपातिके॥ अनुपानं विनाप्येष कार्य्यसिद्धिं करिष्यति॥

Ka'runya Sa'gara rasa.

One part of incinerated mercury, two parts, each, of sulphur, and mica, are to be rubbed for one day with mustard oil, and heated for three hours. The compound

is again to be rubbed with the juice of the roots of bhringara'ja and heated for three hours. The compound is then to be mixed with an equal quantity of the combined powders of the following, (each equal in quantity) :— the thre alkalies (viz ; jabaksa'ra, swarjiksara), and borax, taken in equal quantities), the five salts, aconite, trikatu, roots of chitraka, jeera', and biranga. Pills are then to be made, six ractis in weight each This medicine cures all sorts of diarrhoea, acute or chronic, with fever or without fever, dysentery, colic and dropsy. Accompaniment is not so essential to this medicine.

आनन्द वैभव रसः।

दरदं मरिचं टङ्गममृतं मागधीसमम्। स्वच्छपिष्टन्तु गुञ्जैकं रसमानन्दवैभवम्॥ लेहयेन्मधुना चानु कूटजस्य फलत्वचोः। चूर्णितं कर्षमात्रन्तु त्रिदोषोत्थातिसारजित्॥ दध्यन्नं दापयेत् पथ्यं दध्याजं तक्रमेव च। पिपासायां जलं देयं विजया च हिता निशि॥

Ananda baibhaba rasa.

Equal quantities of cinnaber, maricha, borax, aconite, and pippali are to be rubbed together, and taken in doses of one racti each. One tola' in weight of powdered seeds and bark of kutaja combined with a little of honey is to be taken, a little after taking the medicine. This medicine cures diarrhoea due to an excess of the three doshas. Diet, butter milk and curd prepared from goat's milk and boiled rice. Cold water may be allowed to quench the thirst. Taking a little of bhanga', at night, is considered salutary..

प्रताप भैरव रसः ।

हिङ्गुलञ्च विषं व्योषं टङ्कणं गन्धकं समम् । जम्बीररससंयुक्तं मर्द्दयेद् यामकद्वयम् ॥ कासश्वासातिसारेषु ग्रहण्यां सान्निपातिके । अपस्मारेऽनिले मेहेऽप्यजीर्णे वह्निमान्द्यके ॥ गुञ्जमात्रः प्रदातव्यो रसः प्रताप भैरवः ।

Prata'pa bhairava rasa.

Equal quantities of cinnabar, aconite, trikatu, borax, and sulphur are to be rubbed together, for six hours, with the juice of lime fruit, and made into pills, one racti in weight each. This medicine cures cough, asthma, diarrhœa, both acute and chronic, apoplexy, diseases due to the derangement of va'yu, sperma'torrhoea, indigestion and loss of appetite.

महेशमङ्गल रसः ।

हिङ्गुलमहिफेनञ्च मुस्तकेन्द्रयवं तथा । जातीफलञ्च कर्पूरं टङ्कनञ्च विमर्द्दयेत् ॥ जलेन वटिका कार्य्या द्विगुञ्जापरिमाणतः । ज्वरातिसारिणे चैव तथातीसाररोगिणे ॥ ग्रहण्यां च प्रदद्दीत रसो महेशमङ्गलः ॥

Mahesha mangala rasa.

Equal quantities of cinnabar, opium, musta, indrajava, ja'tiphala, camphor, and borax are to be rubbed with water and made into pills two ractis in weight each.

This medicine cures diarrhoea, with or without fever, dysentery, and chronic diarrhoea.

दाक्षायणी रसः ।

पारदाभ्रकसिन्दूरं गन्धं जातीफलं समम् । कूटजस्य फलञ्चैव धुस्तूरबीजानि टङ्कनम् ॥ व्योषं मुस्ताभया चैव चूतवीजं तथैव च । विल्वकं सर्ज्जबीजञ्च दाडिमीफलवल्कलम् ॥ एतानि समभागानि निक्षिपेत् खल्लमध्यतः । विजयास्वरसेनैव मर्द्दयेत् श्लक्ष्णचूर्णितम् ॥ गुञ्जाफलप्रमाणान्तु वटिकां कारयेद्भिषक् । एकां कुटजमूलत्वक्-कषायेण प्रयोजयेत् ॥ आमातिसारं हरति कुरुते वह्निदीपनम् । मधुना विलुशुण्ठेन रक्तग्रहणिकां जयेत् ॥ शुण्ठीधान्यकयोगेन चातिसारं निहन्त्यसौ । जातीफलरसो ह्येष ग्रहणीगदहारकः ।

Da'ksa'yani rasa.

Equal quantities of mercury, mica, rasa-sinduram, sulphur, ja'tiphala indrajava, seeds of dhustura, borax, trikatu, musta', haritaki, seeds of mango, green bilva cut into pieces and dried, seeds of swarja, and bark of the pomegranate fruit are to be rubbed together with the water in which bhanga' has been kept immersed for some-time. Pills are then to be made, one racti in weight each. Accompaniment, decoction of the bark of roots of kutaja, mixed with honey. This medicine cures diarrhoea, with a'ma (undigested chyle, in the form of mucus or other-wise), and increases power of digestion. It is to be taken, in dysentery, with honey and decoction of green bilva fruit cut into pieces and dried ; and with honey and decoction of shunthi and dhanya', in diarrhoea.

षड् निष्क तैलम् ।

षड्निष्कं तिलतैलस्य निष्कं जम्बीरजं रसम् । लवणं पञ्चगुञ्जं च अङ्गुल्या मर्द्दयेद् दृढ़म् ॥ आमवातातिसारघ्नं लिहेत् पथ्यं च पूर्ब्बवत् ॥

Sarniska tailam.

One and a half tola' of oil prepared from tila (sesamum), one fourth tola' of lime juice, and five ractis of rock-salt are to be rubbed steadily by means of the fingers, and licked, This cures diarrhoea. Diet, as stated below.

अतिसारे पथ्यानि ।

वमनं लङ्घनं निद्रा पुराणाः शालिषष्टिकाः । विलेपी लाजमण्डश्च मसूरतुवरीरसः ॥ शशैणलावहरिणकपिञ्जलभवा रसाः । सर्व्वे क्षुद्रझषाः शृङ्गी खल्लिसो मधुरालिका ॥ तैलं छागघृतक्षीरे दधि तक्रं गवामपि । दधिजं वा पयोजं वा नवनीतं गवाजयोः ॥ नवं रम्भापुष्पफलं क्षौद्रं जम्बुफलानि च । भव्यं महार्द्रकं विश्वं शालुकञ्च विकङ्कतम् । कपित्थं वकुलं विल्वं तिन्दुकं दाड़िमद्वयम् । तालकं कञ्चटदलं चाङ्गेरी विजयारुणा ॥ जातीफलञ्च ह्रीवेरं जीरकं गिरिमल्लिका । कुस्तुम्बरु महानिम्बं कषायः सकलो रसः । अन्नपानानि सर्व्वाणि दीपनानि लघूनि च ॥

Diet and actions beneficial in diarrhœa.

Vomiting, fasting, sleeping, boiled rice prepared from sha'li and sasti paddy two or three years old, bilepi (grains of rice over boiled), paste prepared from paddy fried and devoid of husk, soup of masura and a'dhaki, juice of the meat of hare, la'ba, antelope, deer, and kapinjala ; all sorts of small fish, oil prepared from tila, goat's milk, clarified butter prepared from goat's milk, curd, butter-milk and butter prepared from goat's milk or cow's milk, green flowers, and fruits of banana, honey, jambu fruits, bahuba'ra, a'mra-haridra', shunthi, tuber of water lily, bikankata, kapittha, bakula fruits, green bilva fruits roasted, tinduka and pomegranates, green kernel of palm fruit, kanchata cha'ngeri, bhanga', red coloured pot-herbs, ja'tiphala, ba'laka, jeera', bark of kutaja, dhanya', maha'nimba, all sorts of food stuff astringent in taste, and those which are considered light and increaser of power of digestion.

अतिसारे अपथ्यानि ।

स्वेदोऽञ्जनं रुधिरमोक्षणमम्बुपानम् स्नानं व्यवायमपि जागरधूमनस्यम् । अभ्यञ्जनं सकलवेगविधारणञ्च रूक्षाणसात्म्य-मशनञ्च विरुद्धमन्नम् ॥ गोधूममाषयववास्तुककाकमाचीनिस्पावकन्द मधु शिग्रु रसालपूगम् । कुष्माण्डतुम्बिवदरं गुरु चान्नपानं ताम्बूलमिक्षुगुड़मद्यमुपोदिका च ॥ द्राक्षाम्लवेतसफलं रसोनञ्च धात्री दुष्टाम्बुमस्तु गुरुवारि च नारिकेलम् । संस्नेहनं मृगमदोऽखिलपत्रशाकं क्षारः सराणि सकलानि पुनर्नवा च ॥ एर्व्वारुकं लवणमम्लमपि प्रकोपिवर्गोऽतिसारगदपीड़ितमानवेषु ॥

Diet and actions injurious in diarrhœa

Fomentation, application of collyrium, shedding of blood, drinking of water in exeess, bath, sexual intercourse, keeping late hours at night, smoking, snuff, anointing the body with oil, suppressing calls of nature, taking of food which is coarse, unaccustomed, and incongenial by combination, wheat, ma'sha grams, barley, ba'stuka, ka'kama'chi, beans, potato, and other tubers, shobhanjana. mango, betel nuts, kushma'nda,, ala'bu, plums, food difficult to digest, betel leaves, sugar cane, molasses, wine putika' grapes, fruits of amla-betasa, garlic, a'malaki, impure water, curd churned without water, kanji (gruel), cocoanut, oily substances, musk, all sorts of pot herbs, alkalis, laxatives, punarnava', karkati, salt, and sours are harmful to patients suffering from diarrhoea.

अथ ग्रहणीरोगाधिकारः ।

ग्रहणीरोगनिदानम् ।

अतिसारे निवृत्तेऽपि मन्दाग्ने रहिताशिनः । भूयः संदूषितो वह्निर्ग्रहणीमभिदूषयेत् ॥ एकैकशः सर्व्वशश्च दोषैरत्यर्थमूर्च्छितैः । सा दुष्टा बहुशो भुक्तमाममेव विमुञ्चति । पक्वं वा सरुजं पूति मूहुर्वद्धं मूहुर्द्रवम् । ग्रहणीरोगमाहुस्तमायुर्व्वेदविदो जनाः ॥ अरुचिः स्वरथुर्मान्द्यं ग्रहणीरोगलक्षणम् ।

Grahani (Chronic Diarrhœa).

Even after the cure of diarrhoea, the digesting heat in the stomach is in a weak condition for some time.

Unhealthy diet, taken at this stage, still weakens the digesting heat which damages the grahani na'ri (or the muscle which, by its contraction, retains food in stomach) which, affected by one or more of the three doshas, discharges, now and then, food from the stomach, either undigested or digested but stinking badly, sometimes in the form of loose and sometimes in the form of formed and solid stool. The attendant evils in this disease are aversion to food, swelling of the limbs, and dullness of the digesting heat.

ग्रहणीरोगे रसप्रयोगः ।

वज्रकपाट रसः ।

मृतसूताभ्रकं गन्धं यवक्षारं च टङ्कणम् । वचा जया समं सर्व्वं जयन्तीभृङ्गजद्रवैः ॥ सजम्बीरै स्त्र्यहं मर्द्यं शोषयेत् तं च गोलकम् । मन्दवह्नौ शनैः स्वेद्यं यामार्द्धं लौहपात्रके ॥ रससाम्ये प्रतिविषा देया मोचरस स्तथा । भावयेद्विजयाद्रावैः शोष्यं पेष्यं च सप्तधा ॥ रसो वज्रकपाटोऽयं निष्कार्द्धं मधुना लिहेत् ॥

Iatro Chemical medicines applicable in grahani.

Bajra kapa'ta rasa.

Equal quantities of incinerated mercury, mica, sulphur, jabaksha'ra, borax, bacha', and bhanga' are to be rubbed together for three days with the juices of leaves of jayanti, leaves of bhringara'ja, and lime fruit, made into a lump and dried. This lump is then to be put into an iron pot, and heated for one and half hour by mild

heat. The compound is then to be mixed with an equal quantity of ativisa', and exudation of the bark of sha'lmali, each. It is then to be subjected to bha'vana', for seven times, with the decoction of bhanga', rubbing it well every time and then dried. Dose, twelve ractis, each, to be taken with honey.

अग्निकुमार रसः ।

दग्धां कपर्दिकां पिष्ट्वा त्र्यूषणं टङ्कणं विषम् । गन्धकं शुद्धसूतं च तुल्यं जम्बीरजैर्द्रवैः ॥ मर्द्दयेद् भक्षयेन्माषं मरिचाज्यं लिहेदनु । निहन्ति ग्रहणीरोगं पथ्यं तक्रौदनं हितम् ॥

Agni kuma'ra rasa.

Equal quantities of ashes of cowri shell, trikatu, borax, aconite, sulphur, and mercury are to be rubbed together with the juice of lime fruit, and made into pills, six ractis each. A little of clarified butter mixed with powdered maricha, is to be taken, after taking the medicine. Diet, butter milk, mixed with boiled rice.

सुवर्णसुन्दर रसः ।

हिङ्गुलं मरिचं गन्धं पिप्पली टङ्कणं विषम् । कनकस्य च वीजानि समांशं विजयाद्रवैः ॥ मर्द्दयेद् याममात्रं तु चणमात्रं वटीकृतम् । भक्षयेद् ग्रहणीं हन्ति रसः कनकसुन्दरः । अग्निमान्द्यं

ज्वरं तीव्रमतिसारं च नाशयेत् । दध्यन्नं दापयेत् पथ्यं गव्याज्यं तक्रमेव वा ॥

Suvarna sundara rasa.

Equal quantities of cinnabar, maricha, sulphur, pippali, borax, aconite, and seeds of dhutura' are to be rubbed together with the decoction of bhanga' for three hours, and made into pills, two ractis in weight each. This medicine cures diarrhoea, weakness of the digesting heat, fever and diarrhoea, however malignant. Diet, curd or butter-milk, with boiled rice.

त्रिमूर्त्ति रसः ।

रसाभ्रगन्धाः क्रमवृद्धभागा जयारसेन त्रिदिनं विमर्द्दाः । गद्याणकार्द्धं मधुना समेतं ददीत पथ्यं दधि भक्तकं च ॥

Trimurti rasa.

One part of mercury, two parts of mica, and three parts of sulphur are to be rubbed together, for three days, with the decoction of bhanga'. Dose, one fourth of a tola', each, to be taken with honey. Diet, curd with boiled rice.

पोट्टलीरसः ।

कपर्द्दतुल्यं रसगन्धकल्कं लौहं मृतं टङ्कणकं च तुल्यम् । जयारसेनैकदिनं विमर्द्य चूर्णेन संपेष्य पुटेत भाण्डे । ददीत तां पोट्टलिकां च दोषत्रयप्रधानग्रहणीनिवृत्त्यै ॥

Pottali rasa.

Equal quantities of ashes of cowri shell, kajjali (or black powder prepared from equal quantities of mercury and sulphur, rubbed together), iron, and borax are to be rubbed together, for one day each, with the decoction of bhanga' and lime water, confined in a crucible, and heated by putam. This medicine cures grahani due to an excess of the three doshas.

वह्निज्वाला रसः ।

नष्टपिष्टं चतुर्माषमेकैकं रसगन्धयोः। अभ्रकं माषमानं च मातुलुङ्गाम्लमर्दितम्॥ शोषितं सप्तधा चैव द्विमाषं तूषणं पृथक्। त्रिशूलीभृङ्गचाङ्गेरीसातलातीच्छापर्णिका। श्वेतापराजिता कन्यामत्स्याक्षीग्रीष्मसुन्दरा॥ करिणीकर्णमोटीकरुदन्तीचित्रकार्द्र-कात्। धुस्तूरकाकमाचीभ्यां मुषल्याश्च पृथग्रसैः॥ मर्दितं द्विपलैः कुर्य्याद्वटिका माषसम्मिता। ग्रहण्यां पर्णखण्डेन व्योषयुक्ता निषेविता॥ अरुचिं राजयक्ष्माणं मन्दाग्निं सूतिकागदान्। शमयेद्वटिका नाम्ना वह्निज्वालेति गीयते॥

Bahni jwa'la' rasa.

One fourth tola' of mercury and sulphur, each, are to be rubbed together to form a kajjali or black powder, with which is to be mixed six ractis of mica. The compound is then to be rubbed, for seven times, with the juice of ma'tulunga and made into a lump, drying it

in the sun, after each act of rubbing. It is then to be mixed with twelve ractis of powdered trikatu and rubbed, separately, with eight tola's of the juice of each of the following, in sucecssion :—trishuli bhringa-ra'ja, changeri sa'tala', brischika'li, white apara'jita', kanya', hilamocika', grisma-sundara', karini (hastishundi), karnamoti (babbula). rudanti, roots of chitraka, ginger, dhutura', ka'kama'chi, and ta'lamuli. Dose six ractis each, to be taken with a piece of betel leaf and six ractis of powdered trikatu This medicine also cures aversion to food. consumption, loss of power of digestion, and sutika.

वज्रधर रसः ।

रसगन्धकताम्राभ्रं क्षारौ त्रीन् वरुणा त्वचम्। अपामार्गस्य च क्षारं लवणं द्विद्विमाषकम्॥ चाङ्गेर्य्या हस्तिशुण्ड्याश्च रसैः पिष्टं पचेत् पुटे। भक्षयित्वा ततो गुञ्जां ग्रहण्यां काञ्जिकं पिवेत्॥ पक्तिशूले च कासे च मन्दाग्नावार्द्रकद्रवम्। अम्लपित्ते च धारोष्णं क्षीरं वज्रधरो ह्ययम्।

Bajra' dhara rasa.

One eighth tola', each of mercury, sulphur, copper, mica. javaksha'ra, sarji-ksha'ra borax, bark of barun, roots of ba'saka, alkali prepared from apa ma'rga, and rock-salt are to be rubbed together with the juices of cha'ngeri and hasti shundi, and heated by putam. Dose, one racti, each. A little of ka'nji is to be drunk after taking this medicine, which may also be applied in parina'ma shula, cough, and weakness of the digesting heat, with ginger

juice and honey; and in amlapitta (acidity combined with biliousness) with milk, still warm after milching.

ग्रहणीकपाट रसः।

रसेन्द्रगन्धातिविषाभयाभ्रं क्षारद्वयं मोचरसो वचा च। जया च जम्बीररसेन पिष्टं पिण्डीकृतं स्याद् ग्रहणीकपाटः॥
तस्यार्द्धमाषान् मधुना प्रभाते शम्बूकभस्माज्यमधूनि लिह्यात्। सक्षीरिणीजीरकमाणिमन्थतोन्स्थानि चादौ दधिभोजनं च॥

Grahani kapa'ta rasa.

Equal quantities of mercury, sulphur, ativisa' haritaki, mica sarjiksha'ra, exudation of sha'lmali, bacha', and bhanga are to be rubbed together with lime juice and made into a lump. Dose, three ractis each, to be taken with a few drops of honey. A few ractis of burnt shambuka shells, mixed with honey and clarified butter is to be licked after taking this medicine. A little of kshirini, jeera', rock-salt, and mustard should be taken before taking this medicine.

अग्निविवर्द्धन रसः।

हंसपादीरसैः पिष्टं रसगन्धकयोः पलम्। कोलं च विषचूर्णस्य वालुकायन्त्रपाचितम्॥ शाणं विषस्यार्द्धपलं मरिचस्य विमिश्रयेत्। दीपनोऽग्निविवर्द्धनो ग्रहण्यां च विशेषतः॥ स वातश्लेष्मजान् रोगान् क्षणादेवापकर्षति। सन्निपातज्वरश्वासक्षयकासांश्च नाशयेत्॥

Agni bibardhana rasa.

Four tola s, each, of mercury and sulphur are to be rubbed with the juice of hansapa'di, mixed with half a tola' of aconite, and heated by the third kind of ba'luka' jantram. The product is then to be mixed with one fourth tola' of aconite and two tola's of powdered maricha. This medicine increases power of digestion, specially in chronic diarrhœa. It also cures, quickly, diseases due to an excess of va'yu and kapha, sa'nnipa'tika fever, asthma, consumption, and cough.

मार्कण्डेय रसः।

शुद्धसूतश्च गन्धश्च हिङ्गुलं टङ्कणं तथा। व्योषं जातीफलञ्चैव लवङ्गं तेजपत्रकम्॥ एलावीजं मुस्तकञ्च चित्रकं करिपिप्पली। नागरं सजलञ्चाभ्रं धातक्यतिविषा तथा॥ शिग्रुजं शाल्मली चैव अहिफेनं पलाशकम्। एतानि समभागानि सूक्ष्मचूर्णानि कारयेत्॥ खादेदस्मात् प्रतिदिनं माषकं सितया सह। संग्रहग्रहणीं हन्ति मन्दाग्निञ्च विशेषतः॥ धातुवृद्धिवयोवृद्धिबलपुष्ट्यग्निकारकम्। मार्कण्डेयरसो ज्ञातो महादेवप्रसादतः॥

Ma'rkandeya rasa.

Equal quantities of mercury, shulphur, cinnabar, borax, trikatu, ja'tiphala, cloves, tejapatra, cinnamon, musta', roots of chitraka, gajapippali, shunthi, ba'laka, mica, dha'taki-flower, ativisa', seeds of shobha'njana, sha'lmali, opium and pala'sha are to be mixed together, and taken in doses

of six ractis, each, with sugar only. This medicine cures diarrhoea and loss of appetite. It increases the dha'tus, strength, longevity, and nutrition.

ग्रहणीशार्द्दूल रसः।

रसगन्धकलौहाभ्रं हिङ्गु लवणपञ्चकम्। हरिद्रे पाकलञ्चैव वचा मुस्ता विड़ङ्गकम्॥ त्रिकटु त्रिफला चित्रमजमोदा यमानिका। गजोपकुल्या क्षाराणि तथैव गृहधूमकम्॥ एतेषां कार्षिकं चूर्णं विजयाचूर्णकं समम्। माषद्वयमिदं चूर्णं शालितण्डुलवारिणा॥ भक्षयेत् प्रातरुत्थाय ग्रहणीगदनाशनम्। अग्निञ्च कुरुते दीप्तं वड़वानलसन्निभम्॥ सर्व्वातिसारशमनं तृष्णाज्वरविनाशनम्। पक्वापक्वमतीसारं नानावर्णं सवेदनम्॥ आमातिसारमखिलं विशेषाच्छ्वयथुं जयेत्। असाध्यां ग्रहणीं हन्ति पाण्डुप्लीहचिरज्वरान्। ग्रहणीशार्द्दूलो रसः सर्व्वरोगकुलान्तकः॥

Grahani shardula rasa.

One tola' in weight, each, of mercury, shulphur, iron mica, hingu, pancha lavana, haridra', da'ruharidra', kustha, bacha', musta', biranga, trikatu, triphala', roots of red chitraka, ajamoda', jama'ni, gaja-pippali, java-ksha'ra, sarji ksha'ra, borax, salt-petre, sal-ammoniac, and carbon deposited by smoke, and bhanga', equal in quantity to all the abovementioned combined, are to be mixed together, and taken in the morning, in doses of 12 ractis, each with water in which sha'li rice has been kept immersed for some time. This medicine cures chronic diarrhoea, weakness of the

digesting heat, fever, thirst, all sorts of diarrhoea, swelling, anemia, enlarged spleen, and chronic fever.

ग्रहणीभैरव रसः।

रसगन्धकयोश्चापि जातीफललवङ्गयोः। प्रत्येकं शाणमानञ्च श्लक्ष्णचूर्णीकृत शुभम्॥ सूर्य्यावर्त्तरसेनैव विल्वपत्ररसेन च। शृङ्गाटकस्य पत्राणां रसैः प्रत्येकशः पलैः॥ चण्डातपेन संशोष्य वटिका कारयेद्भिषक्। विल्वपत्ररसेनैव दापयेद्रक्तिकाद्वयम्॥ दध्ना च भोजनीयञ्च ग्रहणीरोगनाशनः। पाण्डुरोगमतीसारं शोथं हन्ति तथा ज्वरम्। ग्रहणीभैरवो नाम रसः परमदुर्लभः॥

Grahani bhairava rasa.

One fourth tola', each, of mercury, sulphur, ja'tiphala, and cloves are to be mixed together and rubbed with four tola's of the juice of each of the following, in sucecession, and dried in the intense heat of the sun, each time:—surya'varta, leaves of bilva, and leaves of shringa'taka. Pills are then to be made, two ractis in weight, each, to be taken with the juic of bilva leaves. Diet, boiled rice with curd. This medicine cures diarrhoea, acute and chronie, anemia dropsy, and fever.

संग्रहणीहर रसः।

पारदं गन्धकञ्चैव अहिफेनं समोचकम्। त्रिकटु त्रिफला चैव सममेकत्र कारयेत्॥ भङ्गाभृङ्गद्रवैश्चैतद् भावयेच्च पुनः पुनः।

रक्तित्रयं ततश्चास्य मधुना सह भक्षयेत् ॥ असाध्यां ग्रहणीं हन्ति रसः संग्रहणीहरः ॥

Samgrahanihara rasa.

Equal quantities of mercury, sulphur, opium, exudation of sha'lmali, trikatu, and triphala' are to be mixed together, and subjected to bha'vana, for seven times, each, with the juices of bhanga and bhringara'ja'. Pills are then to be made, three ractis in weight, each, to be taken with honey. This medicine cures diarrhoea, acute and chronic.

वड़वामुख रसः ।

शुद्धसूतं समं गन्धं मृतताम्राभ्रटङ्कनम् । सामुद्रञ्च यवक्षारं सर्जिसैन्धवनागरम् ॥ अपामार्गस्य च क्षारं पलाशवरुणस्य च । प्रत्येकं सूततुल्यं स्यादम्लयोगेन मर्द्दयेत् ॥ हस्तिशुण्डोद्रवैश्चाम्लौ मर्द्दयित्वा पुटेल्लघु । माषमात्रः प्रदातव्यो रसोऽयं वड़वामुखः । ग्रहणीं विविधां हन्ति संग्रहग्रहणीं ज्वरम् ॥

Baraba'mukha rasa.

Equal quantities of mercury, sulphur, copper, mica, borax, sea-salt, java ksha'ra, sarji ksha ra, rock-salt, shunthi, ksha'ras (alkalis) prepared from apa ma'rga, pala sha, and baruna are to be rubbed together with some sour vegetable juice and with the juice of hastishundi. The compound is then to be heated by laghuputam. Dose,

six ractis, each This medicine cures grahani, fever, and even grahani of long standing.

हंसपोट्टली रसः ।

दग्धकपर्द्दकान् पिष्ट्वा त्र्यूषणं टंकणं विषम् ॥ गन्धकं शुद्धसूतञ्च तुल्यं जम्बीरजैर्द्रवैः ॥ मर्द्दयेद् भक्षयेन्माषं मरिचाज्यं लिहेदनु । निहन्ति ग्रहणीरोगं पथ्यं तक्रौदनं हितम् ॥

Hansa pottali rasa .

Equal quantites of burnt cowri shells, trikatu, borax, aconite, sulphur, and mercury are to be rubbed together with lime juice, and made into pills, six ractis in weight, each. Powdered maricha, mixed with clarified butter, is to be licked in after taking the medicine. Diet, butter-milk with boiled rice. This medicine cures grahani.

ग्रहणीवज्रकपाट रसः ।

सूतं गन्धं यवक्षारं जयन्त्युग्राभ्रटङ्कनम् । जयन्तीभृङ्गजम्बीर द्रवैः पिष्ट्वा दिनत्रयम् ॥ यामार्द्धं गोलकं स्वेद्यं मन्देन पावकेन च । शीते जयारससमैः शाल्मलीविजयाद्रवैः ॥ भावयेत् सप्तधा वज्रकपाटः स्याद् रसोत्तमः । माषद्वयं त्रयं वास्य मधुना ग्रहणीं जयेत् ॥

Grahani bajra kapa'ta rasa.

Equal quantities of mercury, sulphur, java ksha'ra, jayanti. mica, and borax are to be mixed together, and

rubbed, for one day each, with the juices of jayanti, bhringa ra'ja, and lime fruit, and made into a lump. This is to be kept in an earthen pot, the mouth of which is to be covered with an earthen basin. This pot is then to be heated by a mild heat for one and half hour. When cooled, the compound is to be subjected to bha'vana' for seven times, with the juices of leaves of bhanga', sha'lmali, and haritaki. Dose, 12 to 18 ractis, each to be taken with honey. This medicine cures grahani

नृपवल्लभ रसः ।

जातीफललवङ्गाब्दत्वगेलाटङ्करामठम् । जीरकं तेजपत्रञ्च यमानी विश्वसैन्धवम् ॥ लौहमभ्रं च ताम्रञ्च रसगन्धकमेव च । मरिचं त्रिवृतं रूप्यं प्रत्येकं द्विपलोन्मितम् ॥ धात्रीरसे वटीं कुर्य्याद् द्विगुञ्जाफलमानतः । हन्ति शूलं तथा गुल्ममामवातमुदारणम् ॥ हृच्छूलं पार्श्वशूलञ्च चक्षुःशूलं हलीमकम् । शिरःशूलं कटीशूलमानाहमष्ठशूलकम् ॥ क्रिमिकुष्ठानि दद्रूनि वातरक्तं भगन्दरम् । उपदंशमतिसारं ग्रहण्यर्शः प्रवाहिकाम् । रसोऽयं नृपवल्लभो महेशकरुणासमः ॥

Nripaballabha rasa

Eight tola's, each, of ja'tiphala, lavanga, musta', guratwak, ela', borax, hingu, jeera', tejapatra, jama'ni, shunthi, rock-salt, iron, mica, copper, mercury, sulphur, maricha, trivrit, and silver are to be rubbed together with the juice of a'malaki, and made into pills, two ractis each, to be takan with honey only. This medicine cures gulma,

rheumatism, colic, worms, leprosy, ring-worms, fistula, syphilis, diarrhœa, piles, and grahani.

नृपेन्द्रवल्लभ रसः ।

माक्षिकं लौहमभ्रञ्च वङ्गं रजतहाटकम् । ग्रन्थियमानिका चोचं ताम्रं नागरटङ्कणम् ॥ सैन्धवं वालकं मुस्तं धन्याकं गन्धकं रसम् । शृङ्गी कर्पूरकञ्चैव प्रत्येकं माषकोन्मितम् ॥ माषद्वयं रामठं स्यान्मरिचानां चतुष्टयम् । जातीकोषं लवङ्गञ्च पत्रञ्च तोलकोन्मितम् ॥ नाभिशङ्खं विडङ्गञ्च शाणं माषद्वयं विषम् । कर्षषट्कं सत्रिमाषं सूक्ष्मैलानां ततः क्षिपेत् ॥ विड़ं कर्षद्वयं सर्व्वं छागीक्षीरेण पेषयेत् । चतुर्गुञ्जामितं खादेत् सानाहग्रहणीं जयेत् ॥

Nripendra ballabha rasa.

Six ractis, each, of copper-pyrites, iron, mica, tin, silver, gold, roots of pippali, jama'ni, guratwak, copper, shunthi, borax, rock-salt, ba'laka, musta', dhanya', sulphur, mercury, karkata-shringi, and camphor; twelve ractis of hingu; twenty four ractis of powdered maricha; one tola', each, of ja'tikosha, lavanga, and teja-patra; one fourth tola', each, of shankha na'bhi and biranga; one eighth tola' of aconite; six tola's and eighteen ractis of small ela'; and two tola's of bira-salt are to be rubbed together, with goat's milk, and made into pills four ractis in weight, each. This medicine cures grahani attended with a'na'ha.

राजेन्द्रवल्लभ रसः।

कर्षत्रयं मृतं कान्तं मृताभ्रं मृतताम्रकम्। मृतं तारं माक्षिकञ्च कर्षं कर्षं प्रदापयेत्॥ मृतं स्वर्णं मृतं तारं टङ्कणं शृङ्गमेव च। वसिरं दन्तीमूलञ्च मरिचं तेजपत्रकम्॥ यमानी वालकं मुस्तं शुण्ठी धन्या तथैव च। सिन्धूद्भवं च कर्पूरं विड़ङ्गं चित्रकं विषम्॥ पारदं गन्धकञ्चैव तोलमानं प्रदापयेत्। तोलद्वयं त्रिवृच्चूर्णं लवङ्गं तच्चतुर्गुणम्॥ जातीकोषफलञ्चैव वराङ्गकन्तु तत्समम्। सर्वेषामर्द्धभागन्तु विड़कं तत्र मिश्रयेत्॥ सर्व्वमेकीकृतं यद् यत् त्रुटिचूर्णञ्च तत्समम्। भावना च प्रदातव्या छागीदुग्धेन सप्तधा॥ मातुलुङ्गरसैः पश्चाद् भावयेत् सप्तवारकम्। छायाशुष्कां वटीं कृत्वा भक्षयेद् दशरत्तिकाम्॥ राजेन्द्रवल्लभो रसः सर्वलोकसुखप्रदः॥ मन्दानलं संग्रहणीं प्रवृद्धामामानुबन्धां क्रिमिपाण्डुरोगम्। छर्द्यम्ल-पित्तं हृदयामयञ्च गुल्मोदरप्लीहभगन्दरञ्च॥ अर्शांसि वै पित्तकृतानशेषान् सोमं सशूलाष्टकमेव हन्ति। साजीर्णविष्टम्भ-विसर्पदाहं विलम्बिकामप्यलसं प्रमेहम्॥ कुष्ठान्यशेषाणि च कासशोषं हन्यात् सशोथं ज्वरमूत्रकृच्छ्रम्॥

Ra'jendra ballabha rasa.

One tola, each, of ka'nta lauha (lode stone), mica, copper. pearls, copper-pyrites, gold, silver, borax, karkata shringi. gaja-pippali, roots of danti, maricha, teja-patra, jama'ni, ba'laka, musta', shunthi, dhanya', rock-salt, camphor, biranga, roots of chitraka, aconite, mercury, and sulphur, two tola's of roots of trivrit, eight tola's each, of lavanga,

ja'tiphala, ja'tikosha, and guratwak; bira salt, half in quantity to all the above-named ingredients; and powdered small ela', half in quantity to all the above-named, including bira salt, are to be mixed together, and subjected to bha'vana', for seven times each, with goat's milk and juice of ma'tulunga. Pills are then to be made, ten ractis in weight, each, to be dried in a shady place. This medicine cures weakness of the digesting heat, grahani of long standing attended with mucus, worms, anemia, heart disease, acidity and biliousness, vomiting, enlargement of spleen, fistula, pills due to the excess of pit'am, diabetes, colic, spermatorrea, erysipelas, leprosy, fever, stricture, and cough due to consumption.

वासुदेव रसः।

हिङ्गुलस्थितमहेश्वरवीजं पातयन्त्रविधिना हरणीयम्। गन्धटङ्कण-मृताभ्रकतुल्यं कोकिलाक्षमथ चायसखल्वे॥ मर्द्दनीयमभिधारणयुक्ते धमहीनदहनोपरिसंस्थे। यावदेष जलशोषणदक्षो जीरकार्द्रक-युतेन स वल्लः॥ संग्रहज्वरमतिस्रुतिगुल्मानर्शरुग् च विनिहन्ति समूहम्। वासुदेवकथितो रसराजश्चण्डसंग्रहगदैक कपाटः॥

Ba'sudeva rasa.

Equal quantities of mercury, sulphur, borax, and mica are to be rubbed together, in an iron mortar, with the juice of kokila'ksha, and put upon fire free from smoke, till the drying up of the watery portion of the compound.

Dose, three ractis, each, to be taken with decoction of jeera' mixed with ginger juice. This medicine cures grahani of long standing, fever, diarrhœa, gulma, and piles.

लघु सिद्धाभ्रक रसः ।

समांशं रसगन्धाभ्रदरदं च विशोधितम् । लौहखल्ले विनिक्षिप्य गवाज्येन समान्वितम् ॥ मर्द्दकेनापि लौहेन मर्द्दयेद्दिवसद्वयम् । द्रोणीचूल्ल्यां न्यसेत् खल्लं साङ्गारायां प्रयत्नतः ॥ इति सिद्धो रसेन्द्रोऽयं लघुसिद्धाभ्रको मतः । वल्लतुल्यो रसो जीरवारिणा सहितः पिबेत् ॥ सद्यो हरति वेगेन ग्रहणीमतिदुर्धराम् । अतिसारं महाघोरं सातिसारं ज्वरं तथा ॥ पाचनो दीपनो हृद्यो गात्रलाघवकारकः । नागार्जुनप्रचारितः सद्यः प्रत्ययकारकः ॥

Laghu siddha'bhraka rasa.

Equal quantities of mercury, sulphur, mica, and cinnabar are to be rubbed together, for two days, in an iron mortar, by means of an iron rod, with clarified butter, prepared from cow's milk; and then dried by being kept upon a pot containing a charcoal fire, freed from smoke. Dose; three ractis, each, to be taken in the morning with the decoction of jeera' and honey. This medicine cures very soon, grahani, however malignant, virulent diarrhœa, and fever attended with diarrhœa. It helps digestion, increases appetite, strengthens the heart, and causes the lightness of the whole body.

सर्व्वारोग्य रसः ।

रसं पलमितं तुल्यशुद्धनागेन संयुतम् । द्रावयित्वायसे पात्रे सतैले निक्षिपेत् क्षितौ । ततो द्रुते विनिक्षिप्य गन्धके तद्विलोड्य च । पुनरायसपात्रे तत् क्षिप्त्वा प्रद्राव्य निक्षिपेत् । तत्तुल्यं शोधितं तालं पुनः संचूर्ण्य पूर्व्ववत् । तत्तुल्यां जारयेत् सम्यक् कुनटीं परिशोधिताम् । तत्तुल्यं चूर्णितं तस्मिन् क्षिपेन्नागं निरुत्थकम् । तावदेव मृतं ताम्रं सर्व्वमन्यच्च तत्समम् । तीक्ष्णायः खर्परं व्योम हिङ्गुलं च शिलाजतु । पृथक् कर्षांशमानेन षटकोलं कट्फलं मिशी । दीप्यकं च चतुर्जातं रेणुकोशीरवल्लकम् । तुम्बरुं भार्ङ्गिकां रास्नां कङ्कोलं चोरपुष्करम् । विड़ङ्गं चिरतिक्तं च वीजानुग्मस्तकस्य च । पलद्वयं च लाङ्गल्याः सर्व्वेषां द्वादशांशकम् । वत्सनाभं सितं भुरि विनिक्षिप्य ततः परम् । त्रिफलानां दशाङ्घ्रीणां कषायेण ततः परम् ॥ जयन्त्यार्द्रकवासानां मार्कवस्य रसैस्तथा । भावयित्वा च कर्त्तव्या वटकाश्चणकोन्मिताः । एकैका वटिका सेव्या कुर्य्यात्तीव्रतरां क्षुधाम् । हिक्कायां च विसूच्यां च सेव्यं स्वादु च शीतलम् । सामां च ग्रहणीं सदाङ्गतुदनं शोषोत्कटं पाण्डुतामार्त्तिं वातकफत्रिदोषजनितां शूलं च गुल्मामयम् । हिक्काध्मानविसूचिकां च कसनं श्वासार्शसो विद्रधिं सर्व्वारोग्यरसः क्षणाद्विजयते रोगांस्तथान्यानपि ॥

Sarva'rogya rasa.

Four tola's of purified lead is to be melted in an iron cauldron containing some oil prepared from tila (sesamum).

Four tola's of mercury is to be poured upon the melted lead, and both to be mixed together. This compound is then to be thrown upon the earth and then upon four tola's of melted sulphur contained in another iron pot placed upon a mild fire. The three things are then to be rolled together, and mixed as before with four tola's of powdered orpiment, and four tolas of realgar. The compound is then to be powdered, mixed and rubbed with the following :— four tolas, each, of incinerated lead, copper pyrites, tiksna iron, calamine reduced to ashes, mica, cinnabar, and bitumen; and two tola's, each, of satkola, katphala, madhurika, jama'ni, chaturja'ta, renuka', ushira, biranga, tumbaru, bhanga', ra'sna', kankola, chora-puspi, puskaramula, kaivarta musta', kira'ta-ticta, and seeds of dhutura; eight tola's of la'ngali, and aconite one twelfth of the aggregate quantity of all the above-mentioned. These are then to be mixed with a sufficient quantity of sugar, and subjected to bha'vana' with the juice or decoction of the following, in succession :—triphala', dashamula, jayanti, ginger, ba'saka, and bhringara'ja Pills are then to be made, two ractis in weight, each, to be taken once a day, with a few drops of honey. This medicine gives rise to intense appetite. It cures cholera, hiccough, acute grahani, sensation of being pricked with needles all over the body, consumption, anemia, all sorts of colic, gulma, cough, asthma, piles, tumour, and other diseases.

ग्रहणीगजकेशरी रसः ।

रसगन्धकयोः कृत्वा कज्जलीं तोलमानयोः । द्रावयित्वायसे पात्रे तस्मिन्नेव विनिक्षिपेत् ॥ चराचरभवं भस्म तथा माक्षिक

सम्भवम् । गन्धपाषाणसंयुक्तं प्रत्येकं सूततुल्यकम् ॥ तत्काष्ठेन विलोड्याथ निक्षिपेत् कदलीदले । तत आच्छाद्य सञ्चूर्ण्य निधायायसभाजने ॥ अक्षमात्रं क्षिपेद्भस्म तत्र माक्षिकसंभवम् । सम्यङ् निश्चन्द्रतां नीतं व्योमभस्म पलोन्मितम् ॥ विषं विषां च गान्धारीं मोचसारं सजीरकम् । सर्व्वं समांशकं कृत्वा रसे चार्द्धांशतः क्षिपेत् । सर्व्वमेतन्मर्द्दयित्वा भावयेदतियत्नतः । जयन्त्याश्च महाराष्ट्र्या गण्डाकिन्याश्वगन्धया ॥ पञ्चकोलकषायैश्च कुर्य्याच्च चूर्णं ततः परम् । इति सिद्धो रसः सोऽयं ग्रहणीगजकेशरी ॥ नामतो नन्दिना प्रोक्तः क्रमतश्च सुधानिधिः । वल्लेन प्रमितश्चायं रसः शुण्ठ्या घृतान्वया ॥ सेवितो ग्रहणीं हन्ति सत्सङ्ग इव विग्रहम् । पथ्यमत्र प्रदातव्यं स्वल्पाज्यं दधितक्रयुक् ॥ हितं मितं च विशदं लघु ग्राहि रुचिप्रदम् । पाचनो दीपनोऽत्यर्थमामघ्नो रुचिकारकः ॥ तत्तदोषधियोगेन सर्व्वातीसारनाशनः । वध्नात्यपि मलं शीघ्रं नाध्मानं कुरुते नृणाम् ।

Grahani-gaja-keshari-rasa.

One tola', each, of mercury and sulphur are to be rubbed together to form a black powder which is to be melted by a mild heat of smokeless char-coal fire, in an iron pot in which one tola, each, of burnt and powdered cowri shells and copper pyrites, and two tola's of sulphur are to be thrown. All these are then to be mixed together, and rolled by means of a wooden rod. When the compound is completely melted and turns liquid, it is to be thrown upon a piece of banana leaf, placed upon the level surface of fresh cowdung kept on the ground, and immediately pressed by means of

a lump of fresh cowdung, contained in another piece of banana leaf. The compound is then to be powdered in an iron mortar and mixed with one tola' of copper pyrites, four tola's of mica, and one tola', each, of aconite, ativisa', dura'labha', exudation of sha'lmali, and jeera'. The mixed substance is then to be subjected to bha'vana' with the juice or decoction of jayanti, kanchata, ganja', aswagandha', and panchakola. It is next to be dried and powdered. Dose, three ractis, each, to be taken with powdered shunthi and clarified butter. This medicine cures grahani. Diet, small quantities of clean, light, and beneficial food having the property of contracting the bowels, mixed with a little of clarified butter, curd, or butter-milk. This medicine increases appetite, digests food, aad does away with mucus. With suitable accompaniments, it cures all sorts of diarrhoea. It forms stool without causing flatulence.

शीघ्रप्रभाव रसः।

पारदं गन्धकं व्योम तीक्ष्णं तालं मनःशिला। सौवीरमञ्जनं शुद्धं विमलं च समांशकम्॥ एभिः कज्ज्वलिकां कृत्वा स्वल्पतैलेन भर्ज्जयेत्। ग्रन्थिकं जीरकं चित्रं दीप्यकं मुस्तकं विषम्। बालाम्रं बालबिल्वं च मोचसारं समांशकम्। विचूर्ण्य पूर्व्ववत् कल्कं तदर्द्धेन विनिक्षिपेत्॥ पुनर्व्विमर्दयेद् यत्नादेकरूपं भवेद् यथा। भावयेत् सप्तवाराणि पञ्चकोलकषायतः॥ अरलुत्वग्रसेनापि दशवाराणि भावयेत्। अनेन क्रमयोगेन रसो निष्पद्यते ह्ययम्॥ जग्धो विश्वघनाम्बुना स हि रसः शीघ्रप्रभावाभिधो निष्कार्द्धप्रमितो महाग्रहणिकारोगेऽतिसारामये। आध्माने ग्रहणीभवे रुचिहते वार्त्ते च मन्दानले मुक्ते चापि मले पुनश्चलमलाशङ्कासु हिक्कासु च॥

Shighra prabha'va rasa.

Equal quautities of mercury, sulphur, mica, steel, orpiment, realgar, sauvira'njana, and bimala are to be rubbed together and fried with a little of tila oil. The compound is then to be mixed with the powder of each of the following, each half in quantity of mercury :—roots of pippali, jeera', roots of chitraka, jama'ni, musta', aconite, green mango fruits, green bilva fruits cut into pieces and dried, and exudations of sha'lmali. The compound is then to be subjected to bha'vana' for seven times, with the decoction of panchakola, and for ten times with the decoction of bark of shyonaka. This medicine, taken with the decoction of shunthi and musta', in doses of twelve ractis a day, cures grahani, diarrhœa, flatulence, aversion to food, rheumatism, weakness of the digesting heat, movement of the bowels, and hiccough.

नृपतिवल्लभ रसः।

जातीफललवङ्गाब्दत्वगेलाटङ्गरामठम्। जीरकं तेजपत्रञ्च यमानी विश्वसैन्धवम्॥ लौहमभ्रं रसो गन्धस्ताम्रं प्रत्येकशः पलम्। मरिचं द्विपलं दत्त्वा छागीक्षीरेण पेषयेत्। धात्रीरसेन वा पेष्यं वटिकाः कुरु यत्नतः। श्रीमद्गहननाथेन विचिन्त्य परिनिर्म्मितः। सूर्य्यवत् तेजसा चायं रसो नृपतिवल्लभः। अष्टादश वटीं खादेत् पवित्रः सूर्य्यदर्शकः॥ हन्ति मन्दानलं सर्वमामदोषं विसूचिकाम्। प्लीहगुल्मोदराष्ठीला-यकृत् पाण्डुत्वकामलाम्॥ हृच्छूलं कण्ठशूलञ्च पार्श्वशूलं तथैव च। कटिशूलं कुक्षिशूलमानाहमष्टशूलकम्। कासश्वासामवातांश्च श्लीपदं शोथमर्व्वुदम्॥ गलगण्डगण्डमालामन्त्र

पित्तञ्च गदं भीम्। क्रिमिं कुष्ठाणि दद्रूनि वातरक्तं भगन्दरम्। उपदंशमतिसारं ग्रहण्यर्शः प्रमेहकम्॥ अश्मरीं मूत्रकृच्छ्रञ्च मूत्राघातं सुदारुणम्। ज्वरं जीर्णं तथा पाण्डु तन्द्रालस्यं भ्रमं क्लमम्। दाहञ्च विद्रधिं हिक्कां जड़गद्गदमूकताम्। मौक्यञ्च स्वरभेदञ्च व्रध्नवृद्धिविसर्पकान्॥ उरुस्तम्भं रक्तपित्तं गुदभ्रंशारुचिं तृषाम्। कर्णनासामुखोत्थांश्च दन्तरोगांश्च पीनसान्॥ स्थौल्यञ्च शीतपित्तञ्च स्थावरादि विषाणि च। वातपित्तकफोत्थांश्च द्वन्द्वजान् सान्निपातिकान्॥ सर्वानेव गदान् हन्ति चण्डांशुरिव पापहा। वलवर्णकरो हृद्य आयुष्यो वीर्य्यवर्द्धनः। परो वाजीकरः श्रेष्ठः पाटवमन्त्रसिद्धिदः॥ अरोगी दीर्घजीवी स्याद् रोगी रोगात् प्रमुच्यते। रसस्यास्य प्रसादेन वुद्धिमान् जायते नरः॥

Nripati ballabha rasa.

Four tola's, each, of ja'tiphala, lavanga, musta', guratwak, ela', borax, hjngu, jeera', tejapatra, jama'ni, shunthi, rock-salt, iron, mica, mercury, sulphur, and copper, and eight tola's of maricha are to be rubbed with goat's milk or juice of a'malaki, and made into pills, three ractis in weight, each. Eighteen of such pills should be taken by a patient (one to three being taken a day, as necessary). This medicine cures weakness of the digesting heat, mucus, cholera, enlarged spleen, gulma, udara-rogas, asthila', grahani, and many other diseases.

विधुमौलि रसः।

रसगन्धकलौहाभ्रं नागं चित्रं त्रिवृत् समम्। टङ्कं जातीफल हिङ्गुत्वगेलाब्दलवङ्गकम्॥ तेजपत्रमजाजी च यमानी विश्वसैन्धवम्

प्रत्येकं तोलकं चूर्णं तथा मरिचतारयोः॥ निरुत्थकस्तं हेम तथा द्वादशरक्तिकम्। आर्द्रकस्य रसेनैव धात्र्याश्च स्वरसैस्तथा॥ भावयित्वा प्रदातव्यो माषद्वयप्रमाणतः। भक्षयेत् प्रातरुत्थाय पथ्यं भक्षेद् यथोचितम्॥ अग्निमान्द्यमजीर्णञ्च दुर्णामग्रहणीं जयेत्। आमाजीर्णप्रशमनः सर्व्वरोगनिसूदनः। विधुमौलिरसो नाम्ना सर्व्वोदररुजापहः॥

Bidhı mauli rasa.

One tola', each, of mercury, sulphur, iron, mica, lead, roots of chitraka, borax, ja'tiphala, hingu, guratwak, ela', musta', lavanga, teja-patra, jeera', jama'ni, shunthi, rock-salt, maricha, and silver, and twelve ractis in weight of gold are to be mixed together, subjected to bha'vana' with the juices of ginger and am'alaki, and made into pills, twelve ractis in weight, each. This medicine, taken early in the morning, once a day, with a few drops of honey, cures grahani, indigestion, piles, weakness of the digestsng heat, and all sorts of diseases affecting the abdomen.

संग्रहणीकपाट रसः।

मुक्ता सुवर्णं रसगन्धटंकमभ्रं कपर्द्दोऽमृततुल्यभागः। सर्वैः समं शङ्खकचूर्णमत्र भाव्यञ्च खल्वेऽतिविषाद्रवेण॥ गोलञ्च कृत्वा मृद्कर्पटस्थं संपाच्य भाण्डे दिवसार्द्धकञ्च। सर्व्वाङ्गशीतो रस एष भाव्यो धुस्तुरचित्रामुषलीद्रवैश्च॥ लौहस्य पात्रे परिभावितश्च सिद्धोभवेत् संग्रहणीकवाटः। वातोत्तरायां मरिचाज्ययुक्तः पित्तोत्तरायां मधुपिप्पलीभिः॥ कफोत्तरायां विजयारसेन कटुत्रयेणाज्ययुतो

ग्रहण्याम्। क्षयज्वरे चार्शसि षट्प्रकारे सामातिसारेऽरुचिपीनसे च॥ मेहे च कृच्छ्रे गतधातुवर्द्धने गुल्माद्ययक्ष्मास्य महामयघ्नम्॥

Sangrahani kapa'ta rasa.

One part, each, of pearls, gold, mercury, sulphur, borax, mica, burnt cowri shells, and aconite; and eight parts of burnt conch-shells are to be mixed together, subjected to bha'vana' with the decoction of ativisa', made into a lump, and wrapped up in a piece of cloth. This is then to be put in an earthen pot (the mouth of which is to be covered by means of an earthen basin, the joint being closed by mud and rags), which is to be heated for six hours, by a mild heat. When cooled, the medicine is to be taken out, powdered, kept in an iron pot, and subjected to bha vana' with the juices of dhutura', roots of chitraka, and musali. Pills are then to be made, two ractis in weight, each. Accompaniment, clarified butter and maricha, in excess of va yu; honey and pippali, in excess of pittam; and trikatu mixed with bhanga' water and clarified butter. This medicine cures grahani of long standing fever due to waste, piles, diarrhœa, aversion to food, pinasa, spermatorrhœa, stricture, and decrease of the dhatus.

ग्रहणीगजेन्द्र रसः।

रसगन्धकलौहानि शङ्खटङ्कणरामठम्। शठी तालीशमुस्तानि धन्याजीरकसैन्धवम्॥ धातक्यतिविषा शुण्ठी गृहधूमो हरीतकी। भल्लातकं तेजपत्रं जातिफलं लवङ्गकम्॥ त्वगेला वालकं विल्वं मेथी शक्राशनं समम्। छागीदुग्धेन वटिका रसवैद्येन कारिता॥

गहनानन्दनाथेन भाषितेयं रसायने। वटी गजेन्द्रसंज्ञेयं श्रीमता लोकरक्षणे॥ ग्रहणीं विविधां हन्ति ज्वरातिसारनाशिनी। बलवर्णाग्निजननी सेविता च चिरायुषे॥ शूलगुल्माम्लपित्तांश्च कामलाश्च हलीमकम्। कण्डूं कुष्ठं विसर्पञ्च गुदभ्रंशं क्रिमिं जयेत्॥ माषद्वयीं वटीं खादेच्छागीदुग्धानुपानतः। वयोऽग्नि-बलमावीक्ष्य युक्त्या च त्रुटिवर्जनम्॥

Grahani gajendra rasa.

Equal quantities of mercury, sulphur, iron, burnt conch-shells, borax, hingu. shathi, ta'lishapatra, musta', dhanya', jeera, rock-salt, dha'taki flower, ativisa', shunthi, condensed powder of carbon deposited by smoke emited by fire prepared from cowdung, husks, wood, or char-coal, haritaki, bhalla'taka teja-patra, jati-phala, lavanga, guratwak, ela', ba'laka, bilva methi, and bhanga' are to be rubbed together with goat's milk, and made into pills twelve ractis, each, to be taken with goat's milk. This medicine cures grahani, diarrhoea, colic, amlapitta, gulma, anemia, itches kustha, worms, erysipelas, and dislocation of the rectum.

दरदादि रसः।

दरदं गन्धपाषाणं तुगाक्षीर्य्यहिफेनकम्। तथा वराटिकाभस्म सर्व्वं क्षीरेण मर्द्दयेत्॥ रक्तिकायुग्ममानेन छागीदुग्धेन वटीं चरेत्। ग्रहणीं विविधां हन्ति रक्तातिसारमुल्वणम्।

Darda'di rasa.

Equal quantities of cinnabar, sulphur, banshalochana

opium, and burnt cowri-shells are to be rubbed together with milk and made into pills, two ractis in weight, each, which are to be dried in a shady place. This medicine cures grahani and blood dysentery.

वह्निदीपन रसः ।

तारमौक्तिकहेमानि सारश्चैकैक भागिकः। द्विभागो गन्धकः सूतस्त्रिभागो मर्द्दयेदिमान्॥ कपित्थस्वरसैर्गाढ़ं मृगशृङ्गे ततः क्षिपेत्। पुटेन्मध्यपुटेनैव तत उद्धृत्य मर्द्दयेत्॥ बलारसैः सप्तधैवमपामार्गरसैस्त्रिधा। लोध्रप्रतिविषामुस्तधातकीन्द्रयवामृताः॥ प्रत्येकमेषां स्वरसैर्भावना स्यात् त्रिधा त्रिधा। माषमात्रो रसो देयो मधुना मरिचै स्तथा॥ हन्ति सर्व्वानतीसारान् ग्रहणीं सर्व्वजामपि। शमनो ग्रहणीरुजां रसोऽयं वह्निदीपनः॥

Bahni dipana rasa

One part, each, of silver, pearls, gold, and iron ; two parts of sulphur, and three parts of mercury are to be rubbed together with the juice of the leaves of kapittha, put inside a deer's horn, and heated by Gajaputam. When cooled, the compound is to be taken out, powdered, and subjected to bha'vana', for seven times, with the juice of bala' ; and for three times, each, with the juices of each of the following, in succession :—apa ma rga, lodhra, ativisa', musta', dha'taki flower, seeds of kutaja, and guruchi. Pills are then to be made. six ractis in weight, each, to be taken with honey and powdered maricha. This medicine cures diarrhoea and grahani.

जातीफलादि रसः ।

अभ्रस्य सूतस्य च गन्धकस्य प्रत्येकशो माषचतुष्टयन्तु। विधाय शुद्धोपलपात्रमध्ये सुकज्जलीं वैद्यवरः प्रयत्नात्॥ जातीफलं शाल्मलि वेष्टमुस्तं सटङ्गणं सातिविषं सजीरम्। प्रत्येकमेषां मरिचस्य शाण-प्रमाणमेकं विषमाषकञ्च॥ विचूर्ण्य सर्व्वान्यवलोड्य पश्चाद् विभावयेत् पत्रभवैरमीषाम्। इन्द्राणिकेन्द्राशनकः सजम्बुः जयन्तिका दाड़िमकेशराजौ॥ अविद्धकर्णापि च भृङ्गराजो विभाव्य सम्यग्वटिका विधेया। कोलास्थिमाना च वहुप्रकारं सामं निहन्त्यत्र यथानुपानम्॥ कुर्य्याद् विशेषादनलावलम्वं कासञ्च पञ्चात्मकमम्ल-पित्तम्। इयं निहन्ति ग्रहणीं प्रवृद्धां मर्त्त्यस्य जीर्णग्रहणीमसाध्याम्॥ चिरोद्भवां संग्रहकोष्ठदुष्टिं शोथं समग्रं गुदजानसाध्यान्। आमानुवन्धन्त्वतिसारमुग्रं जयेद् भृशं योगशतैरसाध्यम्॥ विवर्ज्ज-नीयांस्त्विह भृष्टमत्स्या मत्स्यस्तथा पाण्डरवर्ण एव। रम्भाफलं मूलमथौदनञ्च वुधैर्विधेयं न कदाचिदत्र॥ जातीफलाद्या वटिका विधेया यशोऽर्थिनो वैद्यवरस्य हृद्या। अनेकसम्भावितमर्त्त्यलोक नानाविधव्याधिपयोधिनौका॥

Ja'tiphala'di rasa.

One fourth tola', each, of mica, mercury, and sulphur are to be rubbed together to form a kajjali (black powder), with which is to be mixed one fourth tola', each, of ja'tiphala, sha'lmali bark, musta', borax. ativisa', jeera', and maricha ; and one sixteenth tola of aconite. The compound is then to be rubbed and subjected to bha'vana' with the juices of

the leaves of each of the following, in succession :—nirgundi, bhanga', jambu, jayanti, pomegranates, keshara'ja, pa'tha', and bhringara'ja. Pills are then to be made, six ractis in weight, each. This medicine cures grahanj, cough, and amlapitta. It increases power of digestion. The fallowing are prohibited at the time of taking this medicine :—fried fish, fish white-coloured, banana and raddish.

गन्धक रसः ।

रसगन्धकयोः कर्षं शाल्मीक सुशोधितम् । ततः कज्ज्वलिकां कृत्वा मृदुपाकेन साधयेत् ॥ जात्याः फलं तथा कोषं लवङ्गारिष्ट पत्रके । सिन्धुवारदलं चैव एलावीजं तथैव च । एतेषां कर्षमात्रेण तोयेन सह मर्द्दयेत् ॥ शुक्तागृहे पुनः स्थाप्य पुटपाकेन साधयेत् । घनपङ्के वह्निलिप्त्वा पुटमध्ये निधापयेत् ॥ गुञ्जाषट्कप्रमाणेन प्रत्यहं भक्षयेन्नरः । एतत् प्रोक्तं कुमाराणां रक्षणाय महौषधम् ॥ ज्वरघ्नं दीपनञ्चैव बलवर्णप्रसादनम् । दुर्व्वारं ग्रहणीरोगं जयत्येव प्रवाहिकाम् ॥ सूतिकाञ्च जयेदेतदपि वैद्यविवर्ज्जिताम् । बालानां गदयुक्तानां स्त्रीणाञ्चापि विशेषतः ॥ रसगन्धकमेतद्धि सर्व्वव्याधि-विनाशनम् ॥

Gandhaka rasa.

One tola' each of mercury and sulphur are to be rubbed together. to form a black powder, which is to be melted in an iron pot, and mixed there with one tola' each of ja'tiphala, ja'tikosha, lavanga, leaves of nimba, leaves of nirgundi, and ela', all being then rubbed together with water. The lump

is then to be put inside two oyster shells. which are to be coated with deep mud. This is then to be dried and heated by laghu putam. When cooled, the medicine is to be taken out and powdered. Dose, six ractis, to be taken with honey. This medicine cures grahani, diarrhoea, sutika', dysentery, children's diseases, and fever. It is especially efficacious in diseases affecting women and children.

मधुमालती रसः ।

टङ्कणक्षारगन्धाश्मरसो जातीफलं तथा ॥ विल्वं खदिरसारञ्च जीरकं श्वेतधूनकम् । कपिहस्तकवीजञ्च तथैव वकपुष्पकम् । एषां शाणं समादाय श्लक्ष्णचूर्णानि कारयेत् ॥ विल्वपत्रककार्पासफलं शालिञ्चदुग्धिका । शालिञ्चमूलं कूटजत्वचं कञ्चटपत्रकम् ॥ सर्व्वेषां स्वरसेनैव वटिकां कारयेद् भिषक् । रक्तिकैकप्रमाणेन खादयेद् दिवसत्रयम् ॥ दधिमस्तु ततः पेयं पलमात्रप्रमाणतः । अपि योगशताक्रान्तां ग्रहणीमुद्धतां जयेत् ॥ आमशूलं ज्वरं कासं श्वासं शोथं प्रवाहिकाम् । रसोऽयं मधुमालती नाम्ना शुक्रप्रचारितः । रक्तस्रावकरं द्रव्यं कार्य्यं नैवात्र युक्तितः ॥ कृष्णवार्त्ताकुमत्स्यञ्च दधितक्रञ्च शस्यते ॥

Madhuma'lati rasa.

One fourth tola, each, of the powder of borax, javaksha'ra, sulphur, mercury, ja'tiphala, green bilva fruit cut into pieces and dried, khadira, jeera', white resin, seeds of ba'nari, and flowers of baka are to be rubbed together with the juice or decoction of each of the following :—leaves

of bilva, seeds of ka'rpa'sa (cotton plant), sha'lincha, dugdhika', roots of sha'lincha, bark of kutaja, and leaves of kanchata. Pills are then to be made, one racti in weight, each. One such pill is to be taken every day for three days only. Four tol'as of mastu of curd is to be drunk after taking this medicine. Black egg fruit, black fish, curd, and butter milk are beneficial. Things having the property of inducing hæmorrhage (such as betel leaves, garlic, hingu, sleeping in daytime) are to be avoided. This medicine cures grahani colic due to mucus, fever, cough, asthma, ascites, and dysentery.

द्विजसुप्ति रसः ।

रसस्य शाणं संगृह्य काञ्जिकेन तु शोधयेत् । चित्रकस्य रसेनापि त्रिफलायाश्च बुद्धिमान् ॥ रसार्द्धं गन्धकं शुद्धं भृङ्गराजरसेन वा । द्वाभ्यां संमूर्च्छनं कृत्वा स्वरसैः शाणसंमितैः ॥ खल्लयेत् तु शिलाखण्डे क्रमशो वक्ष्यमाणजैः । निर्गुण्डीमण्डूकीश्वेताकुचेला ग्रीष्मसुन्दरैः ॥ भृङ्गाह्वकेशराजैश्च जयेन्द्राशनकेतृकटैः । सर्षपाभां वटीं कृत्वा दद्यात् तां ग्रहणीगदे ॥ सामवातेऽग्निमान्द्ये च ज्वरे प्लीहोदरेषु च । वातश्लेष्मविकारेषु तथा श्लेष्मगदेषु च ॥ दधिमस्तु विनिक्षिप्य मर्द्दयित्वा यथावलम् । दातव्या गुड़िकाः सप्त रोगिणे ग्रहणीगदे ॥ अम्ब्वतक्रादिसेवान्तु कुर्व्वीत स्वेच्छया बहु । श्रीमता वैद्यनाथेन लोकानुग्रहकारिणा । स्वप्नान्ते ब्राह्मणस्येयं भाषिता लिखितापि च ॥

Dwija-supti rasa.

One fourth tola' in weight of mercury is to be specially purified with kan'ji, decoction of roots of chitraka and decoction of triphala', and is to be rubbed with one eighth tola' of sulphur, purified with the juice of bhringara'ja. They are then to be rubbed together with one fourth tola' of the juice of each of the following, in succession :—nirgundi, mandukaparni, white apara'jita', pa'tha', grisma-sundara, bhringara'ja, keshara'ja, jayanti, leaves of bhanga', and utkata. Pills are then to be made of the size of a mustard seed, each. In grahani, seven such pills at a time are to be given to the patient, with the accompaniment of mastu. Diet. butter milk, etc. This medicine cures rheumatism, indigestion, fever, excess of phlegm, and enlarged spleen.

आमपर्पटी रसः ।

पक्वेष्टकाहरिद्राभ्यामागारधूमकेन च । शोधितं पारदञ्चैव कर्षार्द्धं तुलया धृतम् ॥ भृङ्गराजरसैः शुद्धं गन्धकं रससम्मितम् । द्वाभ्यां कज्जलिकां कृत्वा भाव्यमेभिश्च भेषजैः । निर्गुण्डीपत्रमण्डूकी केशराजस्तथैव च । निदाघसुन्दरश्चापराजिता सोमराजिका ॥ रक्तचित्रकपत्रं च भाव्यमेषां रसैः क्रमात् ॥ सर्षपाभा वटी कार्य्या छायायां तां विशोषयेत् । ततः सप्त वटीं दद्याद् दधिमस्तु समाप्लुताः । नित्यं दध्ना च भोक्तव्यं कोष्ठदुष्टिनिवृत्तये । ग्रहणीमतिसारञ्च ज्वरदोषञ्च नाशयेत् । अग्निदार्ढ्यकरः श्रेष्ठ आमपर्पटिकाह्वयः ।

A'ma parpati rasa.

Half a tola' of mercury, specially purified with powdered brick, powdered turmeric, and carbon deposited by smoke emited by fire made of wood, charcoal, or cowdung is to be

rubbed with half a tola' of sulphur, purified with the juice of bhringara'ja, and made into a kajjali or black powder which is to be subjected to bha'vana' with the juice of each of the following, in succession :--leaves of nirgundi, manduka-parni, keshara'ja, grisma-sundara, apara'jita', somara'ji, and red chitraka leaves. Pills are then to be made of the size of a mustard seed, each. Seven such pills are to be taken with mastu of curd. This medicine cures diarrhoea, acute and chronic. Diet. boiled rice with curd.

शम्भूप्रसाद रसः।

गिरिजाभवबीजकज्जलीं परिमर्द्दयार्द्ररसेन शोषिता। कूटजस्य तु भस्मना पुनर्द्विगुणेनाथ विमर्द्द्य मिश्रिता॥ मर्द्दयित्वा प्रदातव्य मस्य गुञ्जाचतुष्टयम्। अजाक्षीरेण दातव्यं क्वाथेन कूटजस्य वा। यूषं देयं मसूरस्य वारिभक्तञ्च शीतलम्। दध्ना सह पुनर्देयं ग्रासादौ रक्तिकाद्वयम्॥ वर्द्धयेद्दशपर्य्यन्तं ह्रासयेत् क्रमशस्तथा। निहन्ति ग्रहणीं सर्व्वां विशेषात् कुक्षिमार्द्दवम्॥ शम्भूप्रसादनामायं रसः संग्रहणीहरः॥

Shambhu prasa'da rasa.

Equal quantities of sulphur and mercury are to be rubbed together to form a kajjali or black powder. which is then to be rubbed with ginger juice, and dried. It is then to be mixed with double its quantity of bark of kutaja, reduced to ashes. Dose, four ractis each on the first day with the accopmpaniment of goa't milk or decoction of kutaja. Diet, soup of masura grams and boiled rice, washed with cold water.

Two ractis of this medicine, with the accompaniment of curd, is to be given to the patient on the next day. This dose is to be increased by one racti every day till the maximum of ten ractis a day is reached This maximum dose of ten ractis a day is to be continued so long as the patient is not completely cured. The dose is then to be reduced by one racti a day, and the medicine stopped altogether when the dose reaches one racti a day. This medicine cures all sorts of grahani.

विजय रसः।

हाटकं रजतं ताम्रं दत्तः शम्भुप्रसादके। विजयाख्यस्तु स ज्ञेयः सर्व्वरोगनिसूदनः॥

Bijaya rasa.

Addition of gold, silver, and copper, to shambhu prasa da rasa, increases its potency, and it is then called bijaya rasa. This medicine cures all sorts of diseases.

अभ्ररसायनम्।

अथ शुद्धस्य सूतस्य गन्धकस्याभ्रकस्य च। प्रत्येकं कर्षमात्रन्तु ग्राह्यं रसगुणैषिणा॥ ततः कज्जलिकां कृत्वा व्योषचूर्णं प्रदापयेत्। केशराजस्य भृङ्गस्य निर्गुण्ड्याश्चित्रकस्य च॥ ग्रीष्मसुन्दरकस्याथ जयन्त्याः स्वरसं तथा। मण्डूकपर्ण्याः स्वरसं तथा शक्राशनस्य च॥ श्वेतापराजितायाश्च स्वरसं पर्णसम्भवम्। दापयेत् तत्र

तुल्यञ्च विधिज्ञः कुशलो भिषक् । रसतुल्यं प्रदातव्यं चूर्णं मरिच-सम्भवम् । देयं रसार्द्धभागेन चूर्णं टङ्कणसम्भवम् ॥ शुभे शिलामये पात्रे घर्षणीयं प्रयत्नतः । शुष्कमातपसंयोगाद् वटिकां कारयेद् भिषक् ॥ कलायपरिमाणान्तु खादेत् तास्तु प्रयत्नतः । दृष्ट्वा वयश्चाग्निवलं यथाव्याध्यनुपानतः ॥ हन्ति कासं क्षयं श्वासं वात श्लेष्मभवं रुजम् । परः वाजीकरः श्रेष्ठो वलवर्णाग्निवर्द्धनः ॥ ज्वरे चैवातिसारे च सिद्ध एष प्रयोगराट् । नातः कार्य्यतरः कश्चित् विद्यतेऽभ्ररसायनात् ॥ भोजने शयने पाने नास्त्यत्र नियमः क्वचित् । दधि चावश्यकं भक्ष्यं प्राह नागार्ज्जुनो मुनिः ॥

(अत्र रसतुल्यमित्यनेन यथोक्तभावनायुक्तसम्मिलितसर्वद्रव्य-संतुल्यमित्येतद् वोद्धव्यम्) ।

Abhra rasa'yanam.

One tola', each, of mercury and sulphur are to be rubbed together to form a black powder, with which is to be mixed one tola' in weight of mica and one tola' of powdered trikatu The compound is then to be subjected to bha'vana' with four tola's, each, of the juices of keshara'ja, bhringara'ja, nirgundi, roots of chitraka, grisma-sundara, jayanti manduka parni, bhanga', white apara'jita, and betel leaves. It is then to be mixed with an equal quantity of powdered maricha and half its quantity of borax. All these are then to be rubbed with water and made into pills, two ractis each, to be dried in the sun Accompaniment is to be decided upon in consideration of the age of the patient, his power of digestion, and the nature of his disease. Diet, curd with any edible desired. This medicine cures

diarrhœa, fever, diseases due to an excess of va'yu and kapha, waste, cough, asthma, etc. It is a good aphrodisiac.

पीयुषवल्ली रसः ।

सूतकं गन्धकञ्चाभ्रं तारं लौहं च टङ्कणम् । रसाञ्जनं माक्षिकञ्च शाणमिकं पृथक् पृथक् ॥ लवङ्गं चन्दनं मुस्तं पाठा जीरकधान्यकम् । समङ्गातिविषालोध्रं कूटजेन्द्रयवं त्वचम् ॥ विश्वं जातीफलं विल्वं कनकं दाड़िमच्छदम् । समङ्गा धातकी कुष्ठं प्रत्येकं रससम्मितम् । भावयेत् सर्व्वमेकत्र केशराजरसैः पुनः ॥ चणकाभा वटी कार्य्या छागीदुग्धेन पेषिता । अनुपानं प्रदातव्यं दग्धविल्वसमं गुड़म् । अतीसारं ज्वरं तीव्रं रक्तातीसार-मूलणम् । ग्रहणीं चिरजां हन्ति शोथं दुर्नामकं तथा । आमशूल-विदग्धघ्नं संग्रहग्रहणीहरम् । पिच्छामदोषकं चैव पिपासादाह-रोगकम् । हृल्लासारोचकच्छर्दि गुदभ्रंसं सुदारुणम् । पक्वापक्वमतीसारं नानावर्णं सवेदनम् । कृष्णारुणञ्च पीतञ्च मांसधावनसन्निभम् । प्लीहागुल्मोदरानाहं सूतिकारोगसङ्करम् । असृग्दरं निहन्त्येव वन्ध्यानां गर्भदः परः ॥ कामलं पाण्डुरोगञ्च प्रमेहानपि विंशतिम् । एतान् सर्व्वान् निहन्त्याशु मासार्द्धे नात्र संशयः ॥ पीयुषवल्लिका नाम्ना अश्विभ्यां निर्म्मिता पुरा । परम्पराप्राप्त एष रसस्त्रैलोक्य दुर्लभः ॥

Pijusaballi rasa.

One fourth tola', each, in weight of mercury, sulphur, mica, silver, iron, borax, stibnite, copper pyrites,

lavanga, red sandal, musta', pa'tha', jeera', dhanya, bara'ha kra'nta', ativisa', lodhra, bark of kutaja, seeds of kutaja, guratwak, ja,tiphala, shunthi, green bilva fruits cut into pieces and dried, seeds of dhutura', bark of pome-granates, bara'hakra'nta', dha'taki flower, and kustham are to be mixed together, and subjected to bha'vana' with the juice of keshara'ja. The compound is then to be rubbed with goat's milk and made into pills two ractis in weight each. Accompaniment, kernel of roasted bilva fruit with molasses. This medicine cures dysentery, grahani, fever, enlarged spleen, gulma, a'na'ha, hiccough, aversion to food, vomiting, dislocation of the rectum, anaemia, jaundice, spermatorrhœa, sterility, and menarrhœgia.

अगस्त्य रसः।

रसवलिसमभागं तुल्यहिङ्गुलयुक्तं द्विगुणकनकवीजं नागफेनेन तुल्यम्। सकलविहितचूर्णं भावयेद् भृङ्गनीरै ग्रहणिजलधिशोषे सूतराजो ह्यगस्त्यः॥

Agastya rasa.

One part of kajjali (black sulphuret of mercury), one part of cinnabar, two parts of seeds of dhutura', and four parts of opium are to be rubbed with the juice of bhringara'ja, and made into pills, one racti in weight, each, to be taken with a few drops of honey.

अग्निसुत रसः।

भागो दग्धकपर्द्दकस्य च तथा शङ्खस्य भागद्वयं भागो गन्धकसूतयोर्मिलितयोः पिष्ट्वा मरिचादपि। भागस्य त्रितयं नियोज्य

सकलं निम्बरसे चूर्णितं नाम्ना वह्निसुतो रसोऽयमचिरान् मान्द्यं जयेद्दारुणम्॥ घृतेन खण्डात् सह भक्षितेन क्षीणान् नरान् हस्तिसमान् करोति। समागधीचूर्णघृतेन लीढ्वा नरः प्रमुच्येद् ग्रहणीविकारान्। शोषज्वरारोचकशूलगुल्मान् पाण्डूदरार्शो ग्रहणीविकारान् तक्रानुपानो जयति प्रमेहान् युक्त्या प्रयुक्तोऽग्निसुतो रसेन्द्रः॥

Agnisuta rasa.

One part of burnt cowri shells, two parts of burnt conch shells, one part of kajjali (black sulphuret of mercury), and three parts of powdered maricha are to be rubbed together with lime juice and made into pills, three ractis, each. It cures weakness of the digesting heat. It makes a thin man plump and strong, if taken with clarified butter and molasses. In grahani, it is to be taken with powdered jeera' and clarified butter. If taken with butter-milk, it cures loss of strength, fever, aversion to food, colic, gulma, anaemia, udara, piles, grahani, and spermatorrhœa.

शिवसाधन रसः।

रसं गन्धं विषं व्योषं टङ्कणं लौहभस्मकम्। अजमोदाहिफेनञ्च सर्व्वतुल्यं मृताभ्रकम्॥ चित्रकस्य कषायेण मर्द्दयेद् याममात्रकम्। मरिचाभां वटीं खादेदजीर्णं ग्रहणीं तथा। नाशयेन् नात्र सन्देहो रसोऽयं शिवसाधनः॥

Shiva sa'dhana rasa.

Equal quantities of mercury, sulphur, aconite, trikatu,

borax, iron, ajamoda', and opium ; and mica equal in quantity to all the foregoing combined, are to be rubbed for three hours with the decoction of roots of chitraka, and made into pills, two ractis in weight each. This medicine cures indigestion and grahani.

हिरण्यगर्भपोट्टली रसः।

एकांशो रसराजस्य शाणौ द्वौ हाटकस्य च। मुक्ताफलस्य चत्वारो भागाः षड् दोर्वनिःस्वनात्॥ त्र्यंशं वलेर्वराट्याश्च टंकणो रसपादिकः। पक्वनिम्बुकतोयेन सर्व्वमेकत्र मर्द्दयेत्। मूषामध्ये न्यसेत् कल्कं तस्य वक्त्रं निरोधयेत्। गर्त्तेऽरत्निप्रमाणे तु पुटेत् त्रिंशद् वनोपलैः। स्वांगशीतलतां ज्ञात्वा रसं मूषोदरान् नयेत्। ततः खल्लोदरे मर्द्द्यं सुधारूपं समुद्धरेत्॥ एतस्यामृतरूपस्य दद्याद् गुञ्जाचतुष्टयम्। घृतमाक्षिकसंयुक्तमेकोनत्रिंशदूषणैः॥ मन्दाग्नौ रोगसंघे च ग्रहण्यां विषमज्वरे। गुदाङ्कुरे महाशूले पीनसे श्वासकासयोः॥ अतिसारे ग्रहण्याञ्च श्वयथौ पाण्डुके गदे। सर्व्वेषु कोष्ठरोगेषु यकृत्प्लीहादिकेषु च॥ वातपित्तकफोत्थेयु द्वन्द्वेषु त्रयजेषु च। दद्यात् सर्व्वेषु रोगेषु श्रेष्ठमेतद्रसायनम्॥

Hiranya garbha pottali rasa.

One part of mercury, two parts of gold, four parts of pearls, six parts of bell-metal, three parts of sulphur, three parts of burnt cowri shells, and one furth part of borax are to be rubbed together with the juice of ripe lemon fruits, and confined in a cruicible. This is then to be heated by putam, one aratni in length, breadth, and height, each, by

means of thirty pieces of cowdung cakes, found dried in pasturage. When cooled, the medicine is to be powdered. Dose, four ractis, to be taken with clarified butter, honey, and twentynine black peppers. This medicine cures weakness of digesting heat, chronic fever, diarrhœa, grahani, and swelling due to anaemia.

कतिपया रसहीना योगाः।

(१)

वह्निशुण्ठी विड़ं विल्वं लवणं पेषयेत् समम्। पिवेदुष्णाम्भसा चानु वातोत्थां ग्रहणीं जयेत्॥

Recipes of certain medicines having no minerals in them:—

(1)

Roots of chitraka; shunthi, bira salt, bilva, and rock-salt are to be taken in equal quantities and rubbed with water. Dose, ¼ of a tola', each, to be taken with hot water. This medicine cures grahani due to excess of va'yu.

(२)

दग्धशम्बूकसिन्धूत्थं तुल्यं क्षौद्रेण लेहयेत्। निष्कैकैकं निहन्त्याशु ग्रहणीरोगमुत्कटम्॥

(2)

Equal quantities of burnt shambuka shells and rŏck-salt are to be mixed together and taken with honey. It cures chronic diarrhœa, however malignant. (Dose, ¼ tola).

सौवर्च्चलादि चूर्णम् ।

(३)

सौवर्च्चलं जीरकधान्य-युग्मं जया यवानीकणनागरं च । कपित्थसारेण समं प्रगृह्य दद्यीत तक्रैः निशि तीव्रपित्ते ॥ गद्याण-मात्रं मधुखण्डयुक्तं तक्रेण युक्तं त्वरुचिप्रशान्त्यै । वातप्रधाने च कफप्रधाने रात्रौ कषायं कूटजस्य दद्यात् ॥

Sauvarchala'di powder.

(3)

Equal quantities of sauvarchala salt, jeera, black jeera', dhanya', shatapuspi, bhanga', jama'ni, pippali shunthi, and kernel of kapittha are to be mixed together and applied in grahani due to an abnormal excess of pittam. Dose, ½ a tola' to be taken with butter-milk at night. For pacification of aversion to food, this medicine is to be taken with butter-milk, mixed with honey aud sugar. In grahani due to an excess of va'yu and kapha, it is desirable to let the patient drink decoction of kutaja at night as an additional remedy.

(४)

कृशान्वजाजीद्वयमाक्षिकेण कटुत्रयेनापि युतं त्वनुष्णम् । चाङ्गेरिकाजीरकयुग्मधान्यं दुग्धेन्दु शाकाय दद्यीत दध्ना ॥

(4)

Equal quadtities of roots of chitraka, jeera' and black-jeera' taken with honey, or powdered trikatu, taken with

curd cure chronic diarrhœa. The following pot-herbs are to be taken with diet :—cha'ngeri, jeera', black jeera', dugdhika, and dhanya'. (Dose, ¼ tola').

(५)

मुस्तावत्सकपाठाग्निव्योषप्रतिविषाविषम् ॥ धातकीमोचनिर्य्यास-चूतास्थि ग्रहणीहरम् ॥

(5)

Equal quantities of musta', kutaja, pa'tha', roots of chitraka, trikatu, ativisa', aconite, dha'taki flower, exudation of sha'lmali, and kernel of stones of mangoes, mixed together, cure grahani (Dose, ¼ tola of the compound, to be taken with honey or curd or bntter-milk).

दुग्धवटी ।

अमृतं भानुभागञ्च तत्सममहिफेनकम् । तदर्द्धं कान्तलौहञ्च सर्व्वाद्विगुणहिङ्गुलम् ॥ दुग्धेन वटिकां कृत्वा द्विगुञ्जं परिमाणतः । दुग्धेन च सदा भक्ष्या प्रातःकाले विशेषतः ॥ तृष्णायां च क्षुधाकाले गोदुग्धं शृतशीतलम् । निर्जलञ्च पिबेत् सदा वारि च लवणं त्यजेत् ॥ ग्रहणीं चिरजां हन्ति सशोथं विषमज्वरम् । अग्निञ्च कुरुते दीप्तमम्लपित्तं निहन्त्यलम् ॥

Dugdha-bati.

Twelve parts of aconite and opium, each, six parts

of load-stone, and sixty parts of cinnaba'r are to be rubbed together with milk, and made into pills, two ractis, each. One such pill is to be taken in the morning rubbed with a little of milk. Diet, absolutely pure milk (not mixed with water) just boiled and cooled, to be taken in quantities just sufficient to pacify hunger and thirst. Salt and drinking of water are to be strictly prohibited. In intense thirst a little of cocoanut water may be allowed. This medicine cures grahani of long standing, ascites, chronic fever, and amlapitta.

पीयूष वटी।

रसं गन्धं विषं ताम्रं गगनं लौहतालकम्। हिङ्गुलं शाल्मलीक्षारमहिफेनं समांशकम्॥ यवार्द्धवटिका कार्य्या दुग्धेन सह दापयेत्। गोदुग्धं हि सदा पथ्यं वारि च लवणं त्यजेत्॥ हन्ति शोथं तथात्युग्रं ग्रहणीञ्च सुदारुणाम्। ज्वरमष्टविधं हन्ति सद्य एव न संशयः॥

Piyusa-bati.

Equal quantities of mercury, sulphur, aconite, copper, mica', iron, orpiment, cinnabar, alka'li, prepared from bark of sha'lmali, and opium are to be rubbed with milk, and made into pills, half a java in weight, each. One such pill is to be taken with milk in the morning. It cures ascites and grahani. Diet, absolutely pure milk just boiled and then cooled. Prohibitions as in Dugdhabati.

पर्पटीसेवने साधारणविधि:।

आदौ शंकरमभ्यर्च्य स्वस्थचित्तेन्द्रियोऽपि सन्। प्रभाते भक्षयेदेनां प्राग् रक्तिद्वयसम्मिताम्। रक्तिकादिक्रमाद् वृद्धिर्भक्ष्या नैव दशोपरि। आरोग्यदर्शनं यावत् तावद् ह्रासस्ततः परम्। तृष्णायां च क्षुधाकाले निर्जलं तु पिवेत् सदा। गोदुग्धं शृतशीतलं नात्र कालविचारणा॥ शालिषष्टिकयोरन्नं सदुग्धं सितया युतम्। गोधूमरोटकं चैव पोलिकां च तथैव च॥ सद्यो विरचिता लाजास्तच् चूर्णं लाजमण्डकम्। अश्नीयात् सर्वमेतत् तु क्षुधाकाङ्क्षानुसारतः॥ फलेषु पापिताम्रौ केवलौ स्वल्पमानतः। भक्षणीयौ मले वद्धे नातिसारे कदाचन॥ अन्यदपि न भोक्तव्यं द्रव्यं किञ्चित् कदाचन। लवणं नैव भक्ष्यं तु त्याज्यं वारि विशेषतः। नाजीर्णे भोजनं नैव पथ्यकालव्यतिक्रमः। स्नानाभ्यंगं दिवानिद्रां व्यायाममतिभाषणम्। रात्रौ जागरणञ्चैव रौद्रानलनिषेवणम्। कट्वम्लतिक्तलवणमुष्णखाद्यं विशेषतः। तुहिनशीतलं चैव सर्व्वदा यत्नतस्त्यजेत्॥ त्याज्यानि यानि यानि तु रसभस्मनिषेवणे। तानि तु वर्जयेन् नित्यं पर्पटीसेवनेऽपि च॥ तृष्णायां च क्षुधाकाले सत्वरं पानभोजनम्। विहितं सर्वकालेषु निशीथेऽपि निशात्यये। क्षुधाकाले व्यतिक्रान्ते यदि वायुः प्रकुप्यति। भिनत्भिनत्ति शिरःशूले विरेके वमथौ तथा॥ तृट्क्लेशे सहनातीते पित्ताधिक्ये तथैव च॥ नारिकेलपयः पेयं प्रयोजनानुसारतः। पातव्यं नाधिकं तत् तु शिशिरे हि विशेषतः॥ न पश्येन् न स्पृशेद् गच्छेद् स्त्रियमपि कदाचन। निर्भयं तु पिवेद् दुग्धं क्षुत्तृष्णाया प्ररोचितः॥ स्वप्ने शुक्रच्युतौ सत्यं क्षीरं पिवेत् तु तत्क्षणात्॥ विदध्यात् तु ततः परं प्रतिक्रियां कवीश्वरः॥

General directions to be followed at the time of taking a class of medicines called "parpati" :—

The medicine is to be taken only once a day, a little after sunrise. The dose on the first day is two ractis only. This is to be increased by one racti a day, till it reaches the minimum of ten ractis on the 9th day. It should not be increased any more. This minimum dose of ten ractis a day is to be continued so long as the disease is not cured. Then, after the cure is effected, the dose of the medicine is to be reduced by one racti a day, till it reaches one racti; after which the medicine is to be stopped altogether. Diet, absolutely pure cow's milk (unmixed with water), only just boiled and not condensed, is to be cooled and then drunk, whenever the patient gets hungry or thirsty. The quantity of milk drunk, each time, should be just as much as required to pacify hunger and thirst, and not in excess of that. Neither should it be less. The following may also be taken along with milk; boiled rice prepared from sha'li or sastika paddy, a little of sugar or sugar-candy, home-made bread prepared from flour (not fermented), paddy fried and devoid of husk (meant to be taken as fresh as possible), powder of the same, and paste prepared from the same. Of fruits, only a little of ripe pa'pita' and a'tripya may be taken, if there be constipation. In case of diarrhœa, no fruit should be allowed. No other articles of food-stuff should be allowed to be taken by the patient. Salt and water (for drinking) should be prohibited altogether. The patient should not drink or eat anything, so long as he does not feel thirst or hunger; neither should he delay eating or drinking, when he gets hungry or thirsty.

In other words, he is to drink milk as soon as he feels thirsty, and he is to drink milk, with or without some food, as soon as he feels hungry. The following are to be strictly avoided :— bath, rubbing the body with oil or any thing else, sleeping in day time, physical exercise, too much talking, keeping late hours at night, exposure to the sun and fire, pungents, sours, bitters, salt, hot food, and much cold food. Prohibitions to be observed at the time of taking incinerated mercury (see vol 1, pages 199 to 205) should also be observed at the time of taking any of the parpatis. There must be no delay in taking food at the time of hunger and thirst, even at mid night and the fag-end of the night. In the event of the derangement of va'yu, caused by failure of taking food at the proper time, giving rise to an unpleasant sensation or pain in the brain, vomiting, purgation, intense thirst, and excess of pittam, it is desirable to drink cocoanut water, as much as required. This is however not to be drunk in excess, especially in winter (and in cold countries). Sexual intercourse and even touching and interviewing of wife and other tempting women should be avoided altogether. Milk is to be drunk without hesitation, as much as is necessary to quench thirst or to satisfy hunger. In case of nocturnal emission of semen, while asleep, milk is to be drunk immediately, and steps should be taken to stop its recurrence. (The following are a few of the "parpatis".

रसपर्पटी ।

शुद्धं रसं तथा गन्धं समभागेन मर्दयेत् । ग्रतः कज्जलिका कार्य्या

शोभना कज्जलोपमा॥ ध्मापयेल् लौहदर्व्यां तां वदराङ्गारवह्निना। मृदुना धूमहीनेन मृत्शरावस्थितेन च॥ उपक्रमो यदा शङ्को दर्व्यां धुमोद्गमस्य तु। अवतार्य्या तदा तूर्णं भूमौ दर्वी कृशानुतः॥ दर्व्यां विचालयेत् तां तु काष्ठिकया मुहुर्मुहुः। तैलोपमा यदा सा स्यात् तूर्णं तां ढालयेत् तदा॥ गोमयोपरि संस्थिते घृताक्ते कदलीदले। संपीड्यान्येन पत्रेण गोमयगर्भकेन हि। पीड़न-चिपिटीकृता गव्याज्यस्तोकभर्जिता। निहन्ति विविधान् रोगान् मलदोषसमुत्थितान्॥ ख्यातैषा रसपर्पटी कल्पारम्भात् सुपूजिताः। शम्भुं प्रणम्य भक्त्यां पूजां कृत्वा च विष्णुचरणाब्जे। रसगन्धकपर्पटिका भक्ष्या तेनातिसिद्धिदा भवति॥ अर्शोरोगं ग्रहणीं सामां शूलातिसारौ च। कामल-पाण्डुव्याधिं प्लीहानञ्चातिदारुणम्॥ गुल्मजलोदरभस्मकरोगं हन्त्यामवातांश्च अष्टादशैव कुष्ठान्यशेष शोथादिरोगांश्च॥ इयमम्लपित्तप्रशमनी त्रिदोषदमनी क्षुधाति-कमनीया। अग्निं निमग्नमुदरे ज्वालाजटिलं करोत्याशु॥ रसगन्धकपर्पटिका त्वपवार्य्य व्याधिसंघातम्। वलीपलितशून्यं पुरुषं दीर्घायुषं कुरुते॥ व्याधिप्रभावहरणापमृत्युत्रासनापकरणाञ्च मर्त्यानाममृतघटी रसगन्धकपर्पटी जयति॥

Rasa parpati.

Equal quantities of mercury and sulphur are to be rubbed together to form a kajjali or black powder, which is to be melted in an iron ladle placed upon fire, made of char coal (prepared preferably from wood of badara), and devoid of smoke. While melting the kajjali is to be rolled by means of a stick, so long as the former does not completely melt. It is then to be thrown forthwith

upon a banana leaf, placed upon a small dais made of cowdung, and pressed immediately by means of a lump of cowdung contained in another piece of a banana leaf, external surfaces of the two leaves being smeared with a little of clarified butter. By this pressure, the melted kajjali will become very thin and widened. This is called parpati. The whole of the kajjali may thus be trans-formed into parpati, which is next to be smeared with a little of clarified butter and heated by a very mild heat, for a few minutes.

Duly taken, this medicine cures piles, grahani, colic, diarrhœa, jaundice, anemia, enlargement of spleen, gulma, dropsy, bhasmaka'gni (abnormal hunger), ascites, leprosy, amlapitta, and many other diseases.

रसेन्द्रपर्पटी।

रसस्तद्द्विगुणो गन्धो यत्नेन कज्जलीकृतौ। तयोः सह विमर्दयेत् सूततुल्यं च ताम्रकम्॥ पर्पटी क्रियते सर्वं रसपर्पटिकाक्रमात्। रसेन्द्रपर्पटी ह्येषा विविधरोगनाशिका॥

Rasendra parpati.

One part of mercury and two parts of sulphur are to be rubbed together to form a kajjali (black powder with which is to be mixed one part of copper. The compound is then to be transformed into a "parpati" in the same way as "rasa parpati." This medicine cures many diseases.

सूतेन्द्रपर्पटी।

रसस्य पञ्चभागाश्च तथैव ताम्रभस्मनः। मुक्ता वैक्रान्तो माणिक्यं

प्रवालस्य वराटिका ॥ भागैकं गृह्यते भस्म प्रत्येकस्य पयस्तरम् * । गन्धकः सर्वतुल्यं च सर्वं मर्द्यं प्रयत्नतः ॥ पर्पटी क्रियते पश्चात् सर्वव्याधिविनाशिनी । महेश्वरप्रसादेन सिद्धभूदेवकल्पिता ॥

Sutendra parpati.

Five parts of mercury are to be rubbed with fifteen parts of sulphur to form a black powder, with which are to be mixed five parts of copper and one part, each, of pearls, vaikra'nta (garnet), ruby, corals, and cowri shells (all reduced to ashes, as usual). The compound is then to be transformed into a "parpati" in the some way as "rasa-parpati". This medicine cures all sorts of diseases.

लौह पर्पटी ।

रसं तद्‌द्विगुणं गन्धं कज्जलीकृत्य यत्नतः । शुद्धलौहस्य चूर्णन्तु रसतुल्यं प्रदापयेत् ॥ एकीकृत्य ततो यत्नात् लौहपात्रे प्रमर्द्दितम् । घृतप्रलिप्तदर्व्या तु स्वेदयेन् मृदुनाग्निना ॥ द्रवीभूतं समाहृत्य ढालयेत् कदलीदले । शीतपयोऽनुपानं वा क्वाथं वा धन्याजीरयोः । रक्तिद्वयात् समारभ्य वर्द्धयेद् दशरक्तितः ॥ सेवनीया यथाविधि यावदारोग्यदर्शनम् । सूतिकाञ्च ज्वरञ्चैव ग्रहणीमति दुस्तराम् ॥ आमशूलातिसारांश्च पाण्डुरोगं सकामलम् । प्लीहानमग्निमान्द्यञ्च भस्मकञ्च तथैव च ॥ आमवातमुदावर्त्तं कुष्ठान्यष्टादशैव तु । एवमादींस्तथा रोगान् गराणि विविधानि च ॥ हन्त्येषा लौहपर्पटी योग्यकालनिषेवणात् ॥

* पयसि जले तरति हंसवदिति पयस्तरं वारितरमित्यर्थः ।

Louha parpati.

One part of mercury and two parts of sulphur are to be rubbed together to form a kajjali or black powder, with which is to be mixed one part of iron. All of these are to be rubbed together in an iron mortar and transformed into parpati, in the same way as "rasa parpati." Accompaniment, cold milk or decoction of jeera' and dhanya'. This medicine cures sutika', diarrhœa, anemia, jaundice, weakness of the digesting heat, and bhasmaka (abnormal hunger.)

स्वर्ण पर्पटी ।

रसोत्तमं पलं शुद्धं तोलकं स्वर्णभस्मकम् । पञ्चतोलमितं गन्धं सर्व्वं पाषाणखल्वके । मर्द्दयेद् दृढ़पाणिभ्यां यावत् कज्वलतां व्रजेत् ॥ ततः पाकविधानज्ञः पर्पटीं कारयेत् सुधीः । रक्तिकादि-क्रमेणैव योजयेदनुपानतः ॥ ग्रहणीं विविधां हन्ति स्वल्पशोषं विशेषतः । शूलमष्टविधं हन्ति तथा सर्व्वरुजापहा ॥

Swarna parpati.

Four tola's of mercury, one tola of incinerated gold, and five tola's of sulphur are to be rubbed together to form a kajjali or black powder. This is next to be transformed into a parpati in the same way as rasa-parpati (see page). This medicine cures grahani, phthisis in early stage, colic, etc.

पञ्चामृत पर्पटी ।

अष्टौ गन्धकतोलका रसदलं लौहं तदर्द्धं शुभं लौहार्द्धञ्च वराभ्रकं

सुविमलं ताम्रं तथाभ्रार्द्धकम् । पात्रे लौहमये च मर्द्दनविधौ चूर्णीकृतस्त्वेकतो दर्व्यां वादरवह्निनातिमृदुना पाकं विदित्वा दले । रम्भाया लघु ढालयेत् पटुरियं पञ्चामृता पर्पटी ख्याता क्षौद्रघृतान्विता प्रतिदिनं गुञ्जाद्वयं दृष्टितः । नानावर्णग्रहण्यामरुचिसमुदये दुष्टदुर्णामकादौ छर्द्यां दीर्घातिसारे ज्वरभवकसिते रक्तपित्ते क्षयेऽपि । वृष्याणां वृष्यराज्ञी वलीपलितहरा नेत्ररोगैकहन्त्री तुन्दं दीप्तस्थिराग्निं पुनरपि नवकं रोगिदेहं करोति । (रसदलं रसस्य दलं गन्धकार्द्धमित्यर्थः । कसिते इति कासरोगे ।)

Pancha'mrita parpati.

Eight tola's of sulphur, four tola's of mercury, two tola's of iron, one tola' of mica, and half a tola' of copper are to be rubbed together in an iron mortar to form a black powder, which is next to be transformed into a parpati, in the same way as "rasa parpati." Accompaniment, clarified butter and honey. This medicine cures grahani, aversion to food, vomiting, diarrhœa, fever, cough, hemeptosis, waste in early stage, and eye-diseases.

महेश पर्पटी ।

सूतताम्रसुवर्णानां प्रत्येकं सममानतः । गृहीत्वा मेलयेत् तत्र गन्धकं सर्व्वतुल्यकम् ॥ सर्व्वं विमर्द्दितं खल्वे निश्चन्द्रं कज्जलीकृतम् । पर्पटीं कारयेद् यत्नात् नाम्ना महेशपर्पटी ॥ सर्व्वरोगविघातिका रसानां मौलिसंस्थिता । रसायनवरा सा हि सिद्धभूदेवपूजिता ॥

Mahesha parpati.

One part, each, of mercury, copper, and gold; and three parts of sulphur are to be rubbed together to form a kajjali or black powder, which is to be transformed into a parpati. This cures all sorts of diseases.

विजय-पर्पटी ।

गन्धकं चूर्णितं कृत्वा भाव्यं भृङ्गरसेन तु । सप्तधा वा त्रिधा वापि पश्चाच्छुष्कं विचूर्णयेत् ॥ चूर्णयित्वायसे पात्रे कृत्वा वह्निगतं सुधीः । द्रुतं भृङ्गरसे क्षिप्तं तत उद्धृत्य शोषयेत् ॥ तस्य गन्धं पलञ्चैव गन्धार्द्धं शुद्धपारदम् । सूतार्द्धं भस्मरौप्यञ्च तदर्द्धं स्वर्णभस्मकम् ॥ तदर्द्धं मृतवैक्रान्तं मौक्तिकञ्च विनिक्षिपेत् । एकीकृत्य ततः सर्वं कुर्य्यात् पर्पटिकां शुभाम् ॥ लौहपात्रे समरसं मर्द्दितं कज्जलीकृतम् । वदराङ्गारवह्निस्थे लौहपात्रे द्रवीकृतम् ॥ मयूर-चन्द्रिकाकारं लिङ्गं वा यदि दृश्यते । आद्ययोर्दृश्यते सूतः खरपाके न दृश्यते ॥ मृदौ न सम्यग् भङ्गः स्यान्मध्ये भङ्गश्च रूप्यवत् । खरे लघुर्भवेद् भङ्गो रूक्षः सूक्ष्मोऽरुणच्छविः ॥ मृदुमध्यौ तथा खाद्यौ खरस्त्याज्यो विषोपमः । ज्वराव्याधिशताकीर्णं विश्वं दृष्ट्वा पुरा हरः ॥ विदधौ रसराजेन्द्रं नाम्ना विजयपर्पटी ॥ दुर्व्वारां ग्रहणीं हन्ति दुःसाध्यां वहुवार्षिकीम् ॥ आमशूलमतीसारं सामञ्चैव सुदारुणम् । अतिसारं षड़र्शांसि क्षयं च सपरिग्रहम् ॥ शोथञ्च कामलां पाण्डुं प्लीहानञ्च जलोदरम् । पक्तिशूलञ्चाम्लपित्तं वातरक्तं वमिं क्रिमिम् ॥ अष्टादशविधं कुष्ठं प्रमेहान् विषमज्वरान् । वातपित्तकफोत्थांश्च ज्वरान् हन्ति सुदारुणान् ॥ सेवकोऽस्या भवेदेव

वपुषा निर्म्मलः सुधीः। जीवेद् वर्षशतं श्रीमान् वलीपलितवर्ज्जितः॥ प्रातः भुनक्ति सततं नियतं द्विगुञ्जां यस्तां स विन्दति तुलां कुसुमायुधस्य। आयुश्च दीर्घमनघं वपुषः स्थिरत्वं हानिं वलीपलितयोरतुलं वलञ्च॥

Vijaya parpati.

Eight tola's of sulphur, specially purified with the juice of bhringara'ja, four tola's of mercury, two tola's of silver, one tola' of gold, half a tola' of vaikra'nta (garnet, reduced to ashes), and half a tola of pearls are to be rubbed together to form a black powder which is next to be transformed into a "parpati", in the same way as "rasa-parpati". This medicine cures grahani of long standing, colic due to mucus, diarrhœa, phthisis, anemia, jaundice, amlapitta, va'ta-racta, fevers of all sorts, and senility.

वज्रपर्पटी।

वज्रं हेम रसस्तारं मौक्तिकं ताम्रमभ्रकम्। सर्व्वतुल्येन गन्धेन क्रियते वज्रपर्पटी॥ अमृतसंनिभा चैषा पर्पटीकुलभूषणा। सर्व्वरोगनिसूदनी जरामृत्युपवारिणी॥

Bajra parpati.

Equal quantities of diamond, gold, mercury, silvea, pearls, copper, and mica ; and sulphur, equal in quantity to all the above-mentioned combined, are to be rubbed together to form a kajjali or black powder, which is to be transformed into a parpati in the same way as "rasa-parpati". This medicine cures all the diseases and retards senility and death.

चतुर्थोऽध्यायः।

अथाग्निवैषम्याधिकारः।

अथाग्निवैषम्यनिदानम्।

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CHAPTER IV.

Irregularity of the digesting heat.

Its causes, symptoms, and indications.

मन्दस्तीक्ष्णोऽथ विषमः समश्चेति चतुर्व्विधः। कफपित्तानिलाधिक्यात् तत्साम्याज्जाठरोऽनलः॥ विषमो वातजान् रोगान् तीक्ष्णः पित्तनिमित्तजान्। करोत्यग्निस्तथा मन्दो विकारान् कफसम्भवान्॥ समा समाग्नेरशिता मात्रा सम्यग् विपच्यते। स्वल्पापि नैव मन्दाग्नेर्विषमाग्नेस्तु देहिनः। कदाचित् पच्यते सम्यक् कदाचिच्च न पच्यते॥ मात्रातिमात्राप्यशिता सुखं यस्य विपच्यते। तीक्ष्णाग्निरिति तं विद्यात् समाग्निः श्रेष्ठ उच्यते। तीक्ष्णाग्निः प्रवृद्धो भृशं भस्मक एव कथ्यते।

The digesting heat in the stomach may be of four different kinds, according to the different state of the doshas (or abnormel excess of va'yu, pittam, and kapha). In other words, an abnormal excess of kapha (phlegm) gives rise to *manda'gni* or weakness of the digesting heat ; an abnormal excess of pittam (animal heat) gives rise to *tiksna'gni* or

intenseness of the digesting heat; abnormal excess of va'yu (wind) gives rise to *bisama'gni* or want of uniformity in the digesting heat, and an equilibrium in the condition of the three doshas gives rise to *sama'gni* or normality of the digeting heat. The first kind gives rise to diseases due to an abnormal excess of kapha; the second to diseases due to an abnormal excess of pittam, and the third gives rise to diseases due to an abnormal excess of va'yu. Of all these four kinds of digesting heat, the sama'gni is the best. Tiksha'gni. in its excessiveness, is called *bhasmaka'gni*.

अजीर्ण निदानम्।

**अत्यम्बुपानाद् विषमाशनाच् च। संधारणात् स्वप्नविपर्य्ययाच्च॥
कालेऽपि सात्म्यं लघु चापि भुक्तम्। अन्नं न पाकं भजते नरस्य॥
आमाजीर्णं जरत् पित्तं विष्टब्धाजीर्णमेव च। रसशेषकृतं चैव
अजीर्णं स्याच् चतुर्विधम्॥**

Causes of indigestion.

The following are the causes of indigestion, which is due to weakness of the digesting heat:—Drinking of excessive quantity of water (i, e, water drunk in excess of the quantity required to satisfy thirst), taking of food at irregular hours and in irregular quantities (see page 19), suppressing calls of nature, ann sleeping in day time

Indigestion is of four kinds, viz. a'ma'jirna or indigestion due to a'ma (undigested part of the chyle giving rise to mucus). bidagdha'jirna or jaratpitta (in which food in the stomach is putrefied before digestion, causing the putrefaction

of the bile, and forming toximia), bistambha'jirna (i, e, indigestion attended with flatulence), and rasa-sesha'jirna (explained below).

आमाजीर्ण लक्षणम्।

**तत्रामे गुरुतोत्क्लेदः शोथो गण्डाक्षिकूटगः। उद्गारश्च यथा
भुक्तमजीर्णस्य प्रवर्त्तते॥**

Symptoms of a'm'jirna :—

Heaviness of the body, nausea, swelling of the cheeks and pupils of the eyes. belching of wind having the same taste as the food taken, which remains in the stomach, long undigested.

विदग्धाजीर्ण (जरत्पित्त) लक्षणम्।

**विदग्धे भ्रमतृण्मूर्च्छाः पित्ताच्च विविधा रुजः। उद्गारश्च
सधूमाम्लः स्वेदो दाहश्च जायते॥**

Symptoms of bidagdha'jirna :—

giddiness, thirst, loss of consciousness various ailments due to pittam, belching smoke-like vapour with sour taste, perspiration, and sensation of heat.

विष्टब्धाजीर्ण लक्षणम्।

**विष्टब्धे शूलमाध्मानं विविधा वातवेदनाः। मलवाताप्रवृत्तिश्च
स्तम्भो मोहांगपीड़नम्॥**

Symptoms of bistambha'jirna :—

colic, flatulence, all sorts of pain in the stomach, due to the derangement of va'yu, constipation, and non-discharge of wind from the stomach, loss of consciousness, and pain in the limbs.

रसशेषाजीर्ण लक्षणम् ।

रसशेषेऽन्नविद्वेषो हृदयाशुद्धिगौरवे ।

Symptoms of rasa-seha'jirna :—

The essence of food eaten is called the "rasa" (chyle). The digested part of this chyle is transformed into blood, and the part undigested is called "rasa-shesa". So long as this undigested part of the chyle is not digested the patient feels aversion to food, uneasiness in the heart, and heaviness of the limbs.

अथ विसूचिकादि निदानम् ।

अजीर्णमामं विष्टब्धं विदग्धञ्च यदीरितम् । विसूच्यलसकौ तस्माद्भवेच्चापि विलम्बिका ॥ सूचीभिरिव गात्राणि तुदन् सन्तिष्ठतेऽनिलः यस्याजीर्णे न सा वैद्यैर्विसूचीति निगद्यते ॥ न तां परिमिताहारा लभन्ते विदितागमाः । मूढास्तामजितात्मानो लभन्तेऽशनलोलुपाः ॥ मूर्च्छातिसारौ वमथुः पिपासा शूलो भ्रमोद्वेष्टन जृम्भदाहाः । वैवर्णकम्पौ हृदये रुजश्च भवन्ति तस्यां

शिरसश्च भेदः ॥ कुक्षिरानह्यतेऽत्यर्थं प्रताम्येत् परिकूजति । निरुद्धो मारुतश्चैव कुक्षावुपरि धावति ॥ वातवर्चोनिरोधश्च यस्यात्यर्थं भवेदपि । तस्यालसकमाचष्टे तृष्णोद्गारौ च यस्य तु ॥ दुष्टन्तु भुक्तं कफमारुताभ्यां प्रवर्त्तते नोर्द्ध्वमधश्च यस्य । विलम्बिकां तां भृशदुश्चिकित्स्यामाचक्षते शास्त्रविदः पुराणाः ॥

Symptoms of cholera, etc.

The three kinds of indigestion, referred to above, viz. a'ma, bistabdha, and bidagdha, give rise to bisuchi, alasaka, and bilambika' respectively.

Bisuchi (cholera) :—

In this disease, va'yu (wind), vehementhy in excess, due to indigestion, gives rise to pricking sensation all over the body. Those who are acquainted with the principles of hygiene and medicine and follow them strictly are rarely attacked with this disease (except by infection). The victims of this disease are generally those persons who cannot control their desire and are greedy.

Symptoms of bisuchi :—loss of consciousness, severe movement of the bowels, vomiting, thirst, pain resembling colic in the abdomen, giddiness, cramps in the hands and the feet, yawning, sensation of heat, discolouration, shivering, and pain in the breast and the head.

Alasaka.

This disease is accompanied with painful flatulence, making the patient groan and loose his senses. Wind in the

abdomen, failing to make its way downwards, force itself up and affect the heart, throat, and head, etc., giving rise sometimes to rattling sound in the abdomen. Discharge of stool and urine in this disease is completely stopped, followed by intense thirst and belching. The food taken fails to force its way, up or down, and remains undigested and unchanged in the upper region of the stomach.

Bilambika'.

In this disease, food, polluted by phlegm and va'yu, cannot go up or down, but remains absolutely idle and confined in the upper part of the stomach. This is more serious than alasaka.

अथ अग्निवैषम्यचिकित्सा ।

नारीक्षीरेण संयुक्तां पिबेदौडुम्बरीं त्वचम् । आभ्यां वा पायसं सिद्धं पिबेदत्यग्निशान्तये ॥ यत्किञ्चिद् गुरु मेध्यञ्च श्लेष्मकारि च भेषजम् । तदत्यग्निहितं सर्व्वं भुक्त्वा प्रस्वपनं दिवा ॥

Treatment of irregularity of the digesting heat.

Bhasmaka'gni or abnormal intensity of hunger is appeased by taking bark of udumbara, pestled with human milk. Rice and bark of udumbara, boiled with human milk and sugar, serve the same purpose. The following are also beneficial to those suffering from bhasmaka'gni :—such food and herbs as baffalos' milk which is heavy and nutritious, but giving rise to phlegm ; and sleeping in day time.

मुहुर्मुहुरजीर्णेऽपि भोज्यमस्योपकल्पयेत् । निरिन्धनोऽन्तरं लब्ध्वा यथैनं न निपातयेत् ॥

A patient suffering from bhasmaka'gni should be allowed to take food, even before the previous meal is completely digested ; otherwise, the digesting fire in the stomach may dry up the dha'tus or constituent ingredients of the body, in the absence of a sufficient quantity of food to consume, leading even to the death of the patient.

तत्रामे वमनं कार्य्यं विदग्धे लङ्घनं हितम् । विष्टब्धे स्वेदनं शस्तं रसशेषे शयीत च ॥

It is desirable to vomit in a'ma'jirna, to fast in bidagdha'-jirna, to foment the abdomen in bistabdha'jirna, and to fast and sleep in day time in rasashesa'jirna.

अन्नं विदग्धं हि नरस्य शीघ्रं शीताम्बुना वै परिपाकमेति । तत् तस्य शैत्येन निहन्ति पित्तमाक्लेदिभावाच्च नयत्यधस्तात् ॥

Food putrefied by pittam, before the former is digested, may quickly be digested by coming in contact with cold water, which, by its coolness, does away with pittam which then turns into a sort of dirt, capable of moving downwards. (It is therefore desirable, in bidagdha'jirna, to drink cold water only, without eating anything else.)

विष्टब्धे स्वेदनं पथ्यं पेयञ्च लवणोदकम् । रसशेषे दिवास्वप्नो लङ्घनं वातवर्ज्जनम् ॥

In bistabdha'jirna, it is desirable to foment the abdomen and to drink saline water. In rasa-shesa'jirna, the following

are beneficia :—sleeping in day time, fasting, and staying at a place r tected from draughts of air.

अग्निमान्द्यादौ रसप्रयोगः ।
आदित्यरसः ।

दरदञ्च विषं गन्धं त्रिकटु त्रिफला समम् । जातीफलं लवङ्गञ्च लवणानि च पञ्च वै ॥ सर्व्वमेतत् कृतं चूर्णमम्लयोगेन सप्तधा । भावयित्वा वटी कार्य्या गुञ्जार्द्धप्रमिता बुधैः ॥ रसो ह्यादित्य-सं ज्ञोऽयमजीर्णक्षयकारकः । भुक्तमात्रं पाचयति जठरानलदीपनः ॥

Iatro medical treatment of indigestion, etc
A'ditya rasa.

Equal quantities of cinnabar, aconite, sulphur, trikatu, triphala', ja'tiphala, lavanga, and the five salts are to be rubbed together, and subjected to bha'vana', for seven times, with some sour vegetable juice. Pills are then to be made, half racti, each. This medicine cures indigestion and increases the intensity of the digesting heat.

वड़वानल रसः ।

शुद्धसूतस्य कर्षैकं गन्धकं तत्समं मतम् । पिप्पली पञ्चलवणं मरिचञ्च फलत्रयम् ॥ क्षारत्रयं समं सर्व्वं चूर्णं कृत्वा प्रयत्नतः ॥ निर्गुण्ड्याश्च द्रवेणैव भावयेद्दिनमेकतः ॥ वड़वानलनामायं मन्दाग्निञ्च विनाशयेत् ।

Baraba'nala rasa

One tola, each, of mercury and sulphur are to be rubbed together to form a kajjali or black powder, with which is to be mixed one tola', each, of the following :—

Pippali, pancha-lavanam, maricha, triphala', the three ksa'ras, (viz. javaksa'ra, sarjiksa'ra, and borax). All these are to be rubbed together and subjected to bha'vana' for one day with the juice of nirgundi. Pills are then to be made, one racti in weight, each. This medicine cures weakness of the digesting heat.

हुताशन रसः ।

गन्धं शटङ्कणं चैकं विषमत्र त्रिभागिकम् । अष्टभागन्तु मरिचं जम्बाम्भोमर्द्दितं दिनम् ॥ तद्वटीं मुद्गमानेन कृत्वार्द्रेण प्रयोजयेत् । शूलारोचकगुल्मेषु विसूच्यामग्निमान्द्यके ॥ अजीर्णे सन्निपातादौ शैत्ये जाड्ये शिरोगदे ।

Huta'shana rasa.

One part, each, of sulphur, mercury and borax, three parts of aconite, and eight parts of maricha are to be rubbed together, for one day, with lime-juice, and made into pills, two ractis in weight, each. Accompaniment, ginger juice with honey. This medicine cures colic, aversion to food, gulma, cholera, indigestion, dullness of the digesting heat, and ailments in the brain.

अजीर्णकण्टक रसः ।

शुद्धसूतं विषं गन्धं समं सर्व्वं विचूर्णयेत् । मरिचं सर्व्वतुल्यांशं

कण्टकार्य्याः फलद्रवैः॥ मर्द्दयेद् भावयेत् सर्व्वमेकविंशतिवारकम्। त्रिगुञ्जां वटिकां खादेद् सर्व्वाजीर्णप्रशान्तये। अजीर्णकण्टकः सोऽयं रसो हन्ति विसूचिकाम्॥ वारिणा तिलपर्ण्यास्तु मूलं पिष्ट्वा पिबेदनु॥

Ajirna-kantaka rsaa.

One part, each, of mercury, sulphur, and aconite, and three parts of maricha are to be rubbed together, and subjected to bha'vana, for twenty-one times, with the juice of kantaka'ri. Pills are then to be made three ractis in weight, each. This medicine cures all sorts of indigestion and cholera. Roots of tilaparni, pestled with water, are to be taken after taking the medicine.

रामबाण रसः।

पारदामृतलवङ्गगन्धकं भागयुग्ममरिचेन मिश्रितम्। जातिकाफलमथार्द्धभागिकम् तिन्तिड़ीफलरसेन मर्द्दितम्॥ माषमात्रमनुपानयोगतः सद्य एव जठराग्निदीपनः। संग्रहग्रहणिकुष्ठकर्णकं साम्रवातखरदूषणं जयेत्॥ वह्निमान्द्यदशवक्त्रनाशनो रामबाण इव विश्रुतो रसः।

Ra'maba'na rasa.

One part, each, of mercury, aconite, lavanga, and sulphur, two parts of maricha, and half a part of ja'tiphala are to be rubbed together with the juice of green tamarind, and made into pills, six ractis in weight, each. Accompaniment,

to be decided upon with reference to the comparative condition of the dosas. The medicine cures grahani of long standing, rheumatism, and indigestion.

अग्निसहाय रसः।

रसेन्द्रगन्धौ सह टङ्गणेन समं विषं योज्यमिह त्रिभागम्। कपर्द्दशङ्खाविह नेत्रभागौ मरिचमत्राष्टगुणं प्रदेयम्॥ सुपक्कजम्बीररसेन घृष्टः सिद्धो भवेदग्निसहाय एषः। विसूचिकाजीर्णसमीरणार्त्तं दद्यादृद्विवल्लं ग्रहणीगदे च॥

Agnisaha'ya rasa.

One part, each, of mercury, sulphur, and borax; three parts, each, of aconite, cowrishell, and conch-shell, and eight parts of maricha are to be rubbed together with the juice of ripe lime fruits, and made into pills, six ractis in weight, each. This medicine cures cholera, indigestion, and grahani.

महाग्निकारक रसः।

शुद्धं सूतं द्विधा गन्धं गन्धतुल्यञ्च टङ्गणम्। फलत्रयं यवक्षारं व्योषं पञ्च पटूनि च॥ द्वादशैतानि सर्व्वाणि रसतुल्यानि योजयेत्। संमर्द्द्य सप्तधा सर्व्वं भावयेदार्द्रकद्रवैः॥ संशोष्य चूर्णयित्वा तु भक्षयेदार्द्रकाम्बुना। माषमात्रं वयो वीक्ष्य नानाजीर्णप्रशान्तये॥ महाग्निकारको रसस्तेजसा कालभास्करः॥

अग्निमान्द्यभवान् रोगाञ्छोथं पाण्डुामयं जयेत्। दुर्नाम-

ग्रहणीसामरोगान् हन्ति न संशयः ॥ यथेष्टाहारचेष्टस्य नास्त्यत्र नियमः क्वचित् ।

Maha'gnika'raka rasa.

One part of mercury, two parts of sulphur, two parts of borax, and one part, each, of triphala', javaksha'ra, trikatu, and the five salts are to be mixed together and subjected to bha'vana', for seven times, with the juice of ginger.

The compound is then to be dried and powdered. Dose, one-fourth tola', each, to be taken with ginger juice. This medicine cures all sorts of indigestion, swelling due to anemia, piles, and diarrhœa of long standing.

पाशुपत रसः ।

शुद्धसूतं द्विधा गन्धं त्रिभागं तीक्ष्णभस्मकम् । त्रिभिः समं विषं देयं चित्रकक्वाथभावितम् ॥ धूस्तूरबीजस्य भस्मापि द्वात्रिंशद्भाग-संयुतम् । कटुत्रयं त्रिभागं स्याल्लवङ्गैला च तत्समम् ॥ जातीफलं तथा कोषमर्द्धभागं नियोजयेत् । तथार्द्धं लवणं पञ्च स्नुह्यर्कैरण्डतिन्तिड़ी ॥ मयुराश्वत्थजक्षारं तत्र दद्यात् विचक्षणः । हरीतकीं यवक्षारं सर्जिकां हिङ्गुजीरकम् ॥ टंकणं सूततुल्यञ्च अम्लयोगेन मर्द्दयेत् । भोजनान्ते प्रयोक्तव्यो गुञ्जाफलप्रमाणतः ॥ रसः पाशुपतो नाम सद्यः प्रत्ययकारकः । दीपनः पाचनो हृद्यः सद्यो हन्ति विसूचिकाम् ॥ तालमूलीरसेनैव उदरामयनाशनः । मोचरसेनातिसारं ग्रहणीं तक्रसैन्धवैः ॥ सौवर्चलकणाशुण्ठीयुतः शूलं विनाशयेत् । अर्शो हन्ति च तक्रेण पिप्पल्या कफरोगकम् ॥ वातरोगं निहन्त्याशु शुण्ठीसौवर्च्चलान्वितः । शर्कराधान्ययोगेन पित्तरोगं निहन्त्ययम् ॥

Pa'shupata rasa.

One part of mercury, two parts of sulphur, three parts of steel, and six parts of aconite are to be mixed together and subjected to bha'vana' with the decoction of roots of chitraka. The compound is then to be mixed with the following :—

thirty-two parts of ashes of seeds of dhustura', three parts of trikatu, three parts of lavanga, three parts of ela', half a part of ja'tiphala, half a part of ja'tikosha, half a part of pancha lavana, half a part, each, of the alkalies prepared from snuhi, arka, eranda, tintiri, apa'ma'rga, ashwattha, and one part, each, of haritaki, javaksha'ra, sarjiksha'ra, hingu, jeera' and borax. All these are to be rubbed together with lime juice, and made into pills, one racti in weight, each, to be taken after meal. This medicine cures loss of power of digestion and cholera. It is to be taken with the juice of musali, in udara-roga ; with the exudation of sha'lmali in diarrhœa ; with butter-milk and rock-salt in grahani ; with sauvarchala-salt, pippali, and shunthi in colic ; with butter-milk in piles ; with pippali in diseases due to kapha ; with shunthi and sauvarchala salt in diseases due to an excess of va'yu ; and with sugar and juice of dhanya' in diseases due to an abnormal excess of pittam. This medicine increases appetite and power of digestion, and cures cholera very quickly,

अमृतकल्प रसः ।

शुद्धौ पारदगन्धौ च समानौ कज्जलीकृतौ । तयोरर्द्धं विषं शुद्धं तत्समं टङ्कणं भवेत् ॥ भृङ्गराजद्रवै भाव्यं त्रिदिनं यत्नतः पुनः ।

मुद्गप्रमाणा वटिका कर्त्तव्या भिषजां वरैः॥ वटीद्वयं हरेत् शूलमग्निमान्द्यं सुदारुणम्। अजीर्णं च जयत्याशु धातुपुष्टिं करोति च॥ अमृतकल्पनामायं रसो नानारुजापहः। अनुपान-विशेषेण सम्यग्गुणकरो भवेत्॥

Amritakalpa rasa.

Equal quantities of mercury and sulphur are to be rubbed together to form a kajjali or black powder, with which is to be mixed aconite and borax, each equal in quantity to mercury. All these are to be rubbed together and subjected to bha'vana', for three days, with the juice of bhringara'ja. Pills are then to be made, two ractis in weight, each. This medicine cures colic, dullness of the digesting heat, indigestion, etc., if taken with suitable accompaniment.

क्षुधासिन्धु रसः।

त्रिकटु त्रिफला चैव विषं लवणपञ्चकम्। क्षारत्रयं रसो गन्धो प्रत्येकं समभागिकम्॥ सलिलेन वटी कार्य्या गुञ्जामात्रा मनीषिभिः। भक्षयेद् वटिकामेकां लवङ्गैः पञ्चभिः सह॥ क्षुधासिन्धु रसो नाम सूर्य्येण निर्म्मितः पुरा। आमवातं तथा गुल्मं ग्रहणी मम्लपित्तकम्॥ मन्दाग्निं नाशयत्याशु वृत्रमिन्द्राशनिर्यथा।

Ksudha'sindhu rasa.

Equal quantities of trikatu, triphala', aconite, the five salts, the three ksa'ras, mercury, and sulphur are to be rubbed

together with water, and made into pills, one racti in weight, each. This medicine is to be taken with a few drops of honey and five lavangas. It cures rheumatism, gulma, grahani, amlapitta, and dullness of the digesting heat.

भक्तविपाक रसः।

माक्षिकं रसगन्धौ च हरितालं मनःशिला। त्रिवृद् दन्ती वारिवाहं चित्रकञ्च महौषधम्॥ पिप्पली मरिचं पथ्या यमानी कृष्णजीरकम्। रामठं कटुका चैव सैन्धवं साजमोदकम्॥ जातीफलं यवक्षारं समभागं विचूर्णयेत्। आर्द्रकस्य रसेनैव निर्गुण्ड्याः स्वरसेन च॥ सूर्य्यावर्त्तरसेनैव तुलस्याः स्वरसेन च। आतपे भावयेद्वैद्यः खल्लपात्रे च निर्म्मले। पेषयित्वा वटीं खादेद् गुञ्जाफलप्रमाणतः॥ भक्तोत्तरीये वहुभोजनान्ते मुहुर्मुहु र्वाञ्छति भोजनानि। आमानुवन्धे च चिराग्निमान्द्ये विड्विग्रहे पित्तकफानुवन्धे॥ शोथोदरे चार्शोगदेऽप्यजीर्णे शूले त्रिदोषप्रभवे ज्वरे च। शस्तो रसो भक्तविपाकसंज्ञः सुखं विपाक्याशु निरस्य कोष्ठम्॥

Bhacka-bipa'ka rasa.

Equal quantities of copper pyrites, mercury, sulphur, orpiment, realgar, tribrit, danti, musta', roots of chitraka, shunthi, pippali, maricha, haritaki, jama'ni, black jira', hingu, katuki, rock-salt, ajamoda' ja'tiphala, and javaksa'ra are to be mixed together, and subjected to bha'vana', for once only, with the juices of each of the following :—

ginger, leaves of nirgundi, surya'varta, and tulashi. Pills

are then to be made, one racti in weight, each. This medicine cures mucus, indigestion, constipation, ascites, piles, colic, and fever due to an abnormal excess of the three dosas.

अग्नितुण्डी रसः।

शुद्धसूतं विषं गन्धमजमोदा फलत्रयम्। सर्जिक्षारं यवक्षारं वह्निसैन्धवजीरकम्॥ सौवर्चलविडङ्गानि सामुद्रं त्र्यूषणं तथा। विषमुष्टि समं सर्व्वं जम्बीराम्लेन मर्द्दयेत्॥ मरिचाभां वटीं खादेदग्निमान्द्यप्रशान्तये। (त्र्यूषणं तथा इत्यत्र टङ्कणं सममिति वा पाठः)।

Agni-tundi rasa.

Equal quantities of mercury, aconite, sulphur, jama'ni, triphala', sarjiksa'ra, jabaksa'ra, roots of chitraka, rock-salt jeera', sauvarchala salt, biranga, sea-salt, and trikatu (bora'x, according to another text); and nuxvomica', equal in quantity to all the above named, combined, are to be rubbed together with lime juice, and made into pills of the size of a maricha (black pepper). This medicine cures loss of power of digestion.

पञ्चामृत रसः।

अभ्रकं पारदं ताम्रं गन्धकं मरिचानि च। समभागमिदं चूर्णं चाङ्गेरीरसमर्द्दितम्॥ मर्द्दिते हि रसे भूयो जयन्तीसिन्धुवारयोः। भावनापि च कर्त्तव्या गुञ्जापरिमिता वटी॥ तप्तोदकानुपानेन चतस्रस्तिस्र एव वा। वह्निमान्द्ये प्रदातव्यो रसः पञ्चामृताह्वयः॥

Pancha'mrita rasa

Equal quantities of mica'. mercury, copper, sulphur, and maricha are to be rubbed together with the juice of cha'ngeri, and subjected to bha'vana' for once, each, with the juices of leaves of jayanti and nirgundi. Pills are then to be made, one racti in weight each. Three or four such pills, a day, may be given to a patient, with the accompaniment of hot water. The medicine cures weakness of the digesting heat.

ज्वालानल रसः।

क्षारद्वयं शिवं गन्धं पञ्चकोलसमं समम्। सर्व्वतुल्या जया देया तदर्द्धं शिग्रुवल्कलम्॥ एतत् सर्व्वं जयाशिग्रुवह्निमार्कवजै रसैः। भावयेत् त्रिदिनं घर्म्मे ततो लघु पुटे पचेत्॥ भावयेत् सप्तधा चार्द्रद्रवै र्ज्वालानलो भवेत्। पाचनो दीपनो ह्यर्शोदरामय नाशनः॥

Jwa'la'nala rasa.

Half a part, each, of sarjiksa'ra and javaksa'ra, one part, each, of mercury and sulphur, and one-fifth part, each, of pippali, roots of pippali, chavya, roots of chitraka, and shunthi; four parts of leaves of bhanga; and two parts of ba'rk of shigru—all these are to be mixed together, and subjected to bha'vana' for three times, each, with the juice or decoction of each of the following :—leaves of bhanga', ba'rk of shigru, roots of chitraka, and leaves of bhringara'ja. The compound is next to be heated by laghuputam, and then

subjected to bha'vana', for seven times, with ginger juice. This medicine cures all sorts of diseases affecting the abdomen. It is digesting, increaser of appetite, and beneficial to the heart.

वह्निप्रदीपन रसः ।

साद्धं कर्षं रसेन्द्रस्य गन्धकस्य तथैव च । विषं कर्षत्रयं दद्यात् सर्व्वतुल्यं मरीचकम् ॥ दग्धशङ्खञ्च तत्तुल्यं पञ्च कर्षाणि नागरात् । सर्जिकारामठकणा-सिन्धुसौवर्च्चलं विड़म् ॥ सामुद्रमौद्भिदञ्चैकं भावयेत् निम्बकद्रवैः । कृशानुसदनं शूलं ग्रहणीमम्लपित्तकम् । सत्वरं नाशयेदेव रसो वह्निप्रदीपनः ॥

Bahni pradipana rasa.

One and a half tola', each, of mercury and sulphur; three tola's of aconite, six tola's, each, of maricha and burnt conch-shell, five tola's of shunthi, and one tola', each, of sarjiksa'ra, hingu, pippali, rock-salt, sauavarchala salt, bira salt, sea-salt, and nitre are to be mixed together, subjected to bha'vana' with lemon juice, and made into pills. This medicine cures grahani, amlapitta, colic, and dullness of the digesting heat.

लवङ्गादि रसः ।

लवङ्गजातीफलधान्यकुष्ठं जीरद्वयं त्र्यूषणत्रैफलञ्च । एलात्वचं टङ्कवराटमुस्तं वचाजमोदा विड़सैन्धवञ्च ॥ तदर्द्धकं पारदगन्धकाभ्रं लौहञ्च तुल्यं सुविचूर्ण्य सर्व्वम् । तत्नागवल्लीदलतोयपिष्ट

वल्लप्रमाणां वटिकाञ्च कृत्वा ॥ प्रातर्विदध्यादपि चोष्णतोयैरियं निहन्याद् ग्रहणीविकारम् । आमानुवन्धं सरुजं प्रवाहं ज्वरं तथा श्लेष्मभवं सशूलम् ॥ कुष्ठाम्लपित्तं प्रवलं समीरं मन्दानलं कोष्ठगतञ्च वातम् । रसो लवङ्गाद्यो वसुप्रणीतस्तथा सवातं विनिहन्ति शीघ्रम् ॥

Lavanga'di rasa.

Epual quantities of lavanga, ja'tiphala, dhanya', kustha, jeera', black jeera', trikatu, triphala', ela', guratwak, borax, burnt cowrishell, musta', bacha', jama'ni, bira-salt and rock-salt; mercury, sulphur and mica', combined in equal quantities, equal to all the ingredients from lavanga to rock-salt, combined; and iron, equal in quantity to all those (viz. lavanga to rocksalt), combined, are to be rubbed together with the juice of betel leaves. Pills are then to be made, three ractis in weight each, to be taken with hot water. This medicine cures grahani, dysentery, fever, colic, due to an exeess of kapha, leprosy, amlapitta, weakness of the power of digestion, and flatulence.

मज्जसारादि रसः ।

मज्जसारो लवङ्गञ्च पिप्पली सिन्धुकामृतम् । शुण्ठी धुस्तरबीजञ्च दरदं टङ्गणं तथा ॥ समं सर्व्वं समाहृत्य जम्भाम्भसा विमर्द्दयेत् । वल्लमाना वटी कार्य्या चाग्निमान्द्यप्रशान्तये ॥

Majja-sa'ra'di rasa.

Equal quantities of ja'tiphala, lavanga, pippali, rock-salt,

aconite, shunthi, seeds of dhustura, cinnabar, and borax are to be rubbed together with lime-juice, and made into pills, three ractis in weight, each. This medicine cures dullness of the digesting heat.

शङ्खेश्वर रसः । महाशङ्खेश्वर रसः ।

दग्धशङ्खस्य चूर्णं हि तथा लवणपञ्चकम् । चिञ्चिकाक्षारकंचैव कटुकत्रयमेव च ॥ तथैव हिंगुकं ग्राह्यं विषगन्धकपारदम् । अपामार्गस्य वृक्षेश्च क्वाथैर्लिम्पाकजैरसैः ॥ भावयेत् सर्व्वचूर्णं तदम्लवर्गै र्विशेषतः । यावत् तदम्लतां याति गुड़िकाम्लतरूपिणी । सद्यो वह्निकरा चैव भस्मकञ्च नियच्छति । भुक्ताकण्ठन्तु तस्यान्ते खादेश्च गुड़िकामिमाम् ॥ तत्क्षणाज्जारयत्याशु सर्व्वाजीर्णविनाशिनी । ज्वरं गुल्मं पाण्डुरोगं कुष्ठं शूलं प्रमेहकम् ॥ वातरक्तं महाशोथं वातपित्तकफानपि । निर्म्मूलं दह्यते शीघ्रं तुलकं वह्निना यथा ॥ दुर्नामारिरयञ्चाशु रसो शंखेश्वरो स्मृतः ॥ लौहवङ्गयुतो सोऽयं महाशङ्खेश्वरः स्मृतः । प्रभाते कोष्णतोयानुपानमेव प्रशस्यते ॥

Shankheshwara rasa and Maha'shankheshwara rasa.

Equal quantities of burnt conch shell, the five salts, alka'li prepared from ba'rk of tama'rind, trikatu, hingu, aconite, mercury, and sulphur are to be mixed together and subjected to bha'vana' with the juice or decoction of leaves of apa'ma'rga, roots of chitraka and with lime juice of the amlavarga (see page 301, vol 1), in such a way as to make the compound sour in taste. Dose, two ractis each.

This medicine is called "Maha'shankheshwara rasa", if iron and tin are mixed with it. These medicines are to be taken in the morning with a little of tepid water. They cure weakness of the digesting heat, temporary indigestion, fever, gulma, anemia, leprosy, colic, spermatorrea, piles, etc. Even an unusually heavy meal is digested quickly by means of this medicine.

महाशंख रसः ।

पटुपञ्चकहिंगुशङ्खचिञ्चाभसितव्योषवलीश्वरामृतानि । शिखिशेखरिकाम्लवर्गनिम्बुभृशभाव्यानि यथाम्लतां व्रजन्ति ॥ महाशङ्खरसः ख्यातो भोजनान्ते निषेवयेत् । कृशानुदीपनो हन्ति महार्शोग्रहणीमुखान् ॥

Maha'shankha rasa.

Pancha-lavanam, hingu, burnt conch-shell, ashes of the ba'rk of tama'rind, trikatu, sulphur, mercury, and aconite, are to be mixed together and subjected to bha'vana' with the decoction of roots of chitraka, juice of leaves of apa'ma'rga, juice of the amlavarga (see Page 301, vol. 1), and lemon juice, in such a way as to make the compound sour in taste. Pills are then to be made. This medicine taken after meal, cures piles and grahani, and increases power of digestion.

सन्दीपन रसः ।

कणामूलं वह्निदन्ती पारदं गन्धकं कणा । त्रिक्षारं पञ्चलवणं मरिचं नागरं विषम् ॥ अजमोदामृता हिंगु क्षारं तिन्तिड़िका-

भवम् । संचूर्ण्य समभागन्तु द्विगुणं शङ्खभस्मकम् ॥ अम्लद्रव्येन संभाव्य वटी कोलास्थिसंमिता । अम्लदाड़िमतोयेन लिम्पाकस्वरसेन च ॥ भक्षयेत् प्रातरुत्थाय नाम्ना सन्दीपनः शुभः । तक्रमस्तुसुरासीधु-काञ्जिकोष्णोदकेन वा ॥ शशैणादिरसेनैव रसेन विविधेन च । मन्दाग्निं दीपयत्याशु वड़वाग्निसमप्रभः ॥ अर्शांसि ग्रहणीरोगं कुष्ठमेहभगन्दरम् । प्लीहानमश्मरीं श्वासं कासं महोदरक्रिमीन् ॥ हृद्रोगं पाण्डुरोगं च विबद्धानुदरे स्थितान् । तान् सर्व्वान् नाशयत्याशु भास्करस्तिमिरं यथा ॥

Sandipana rasa.

One part, each, of roots of pippali, roots of chitraka, roots of danti mercury, sulphur, pippali, the three alka'lis (java-ksa'ra, sarjiksa'ra, and bora'x, combined), pancha-lavanam, maricha, shunthi aconite, ajamoda', guruchi, hingu. ashes of the bark of tama'rind; and two parts of burnt conch-shell are to be rubbed together and subjected to bha'vana' with the juices of the amlavarga (see page 301, vol 1). Pills are then to be made, six ractis in weight, each. Accompaniment, any one of the following :—

juice of sour pomegranates, lemon juice, butter-milk, watery portion of curd, liquor, sidhu, ka'nji (see page 379 and 381, vol 3), and hot water. This medicine increases the digesting heat, and cures piles grahani, worms, leprosy, spermatorrea, fistula, stone-disease, asthma, anemia, and jaundice, etc. Diet, juice of the meat of hare, deer, etc.

सर्व्वामयघ्न रसः ।

दन्तीवीजमकल्मषं सदहनं शुण्ठीलवङ्गं समम् । गन्धं पारदटङ्गणञ्च मरिचं श्रीवृद्धदारो विषम् ॥ खल्ले यामयुगं विमर्द्य

विधिना दन्तीद्रवैर्भावना । देयाः पञ्चदशानु निम्बुकजलैस्त्रेधा त्रिधा चित्रकैः ॥ त्रेधा चार्द्रकजै रसैः शुभधिया सप्तैव चाविगिना । पश्चाच्चणकलायसंमितवटी कार्य्या भिषक्संमता ॥ क्षुद्वोधप्रकरस्त्रिशूलशमनो जीर्णज्वरध्वंसनः । कासारोचकपाण्डुतोदरगदान् पामामरुङ्नाशनः ॥ वस्त्राटोपहलीमकामयहरो मन्दाग्निसन्दीपनः । सिद्धोऽयं वै महेश्वरप्रकटितः सर्वामयघ्नो रसः ॥

Sarvámayaghna rasa.

Equal quantities of croton seeds, roots of chitraka shunthi, lavanga, sulphur, mercury, borax, maricha, seeds of briddha-da'raka, and aconite are to be rubbed together for six hours, and then subjected to bha'vana', for fifteen times, with the juice of danti, for three times with lemon juice, for three times with the decoction of the roots of chitraka, for three times with ginger juice, and for seven times with the decoction of the seeds of briddha-da'raka. Pills are then to be made, two ractis in weight, each. This medicine increases appetite, and cures colic, remittent-fever, cough, aversion to food, anemia, udara-roga, itches, dysentery flatulence, and jaundice.

शंख रसः ।

चिञ्चाक्षारपलं पटुव्रजपलं निम्बूरसे कल्कितं तस्मिन् शंखपलं प्रतप्तमसकृत् संस्थाप्य शीर्णावधि । हिङ्गुव्योषपलं रसामृतवली निक्षिप्य निष्कांशिकान् वद्धः शंखरसः क्षयग्रहणीकारुक्पक्ति-शूलादिषु ॥

Shankha rasa.

Four tolas, each, of the ashes of the bark of ta'ma'rind and pancha-lavanam are to be rubbed together with lime juice and dissolved with the same juice. Four tolas of purified conch-shell are to be heated by fire, and immersed in the solution. The process is to be repeated over and over again till the conch-shell is sufficiently roasted to be reduced to ashes. The conch-shell thus reduced to ashes is to be mixed with four tolas, each, of hingu and trikatu and one-fourth tola, each, of mercury, sulphur, and aconite. Pills are then to be made, one racti in weight, each. This medicine cures waste, grahani, and colic felt at the time of digestion of food.

कम्बुरसः ।

द्वौ क्षारौ रसगन्धकौ सलवणौ व्योषञ्च तुल्यं विषं चिञ्चाशंख-चतुर्गुणं रसवरे लिम्पाकजाते कृतम् । वारं वारमिदं सुपाकचरितं लौहं क्षिपेद्धिङ्गुकं भृष्टं वङ्गसमं सुमर्द्दितमिदं गुञ्जाप्रमाणो भवेत् ॥ ख्यातः कम्बुरसो महाग्निजननः शूलान्तकृत् पाचनः कासश्वासविनाशनः क्षयहरो मन्दाग्निसन्दीपनः । वात व्याधिमहोदरादिशमनस्तृष्णामयोच्छेदकः सर्व्वव्याधिविनाशनः क्रिमिहरो दुष्टामयध्वंसनः ॥

Kambu rasa.

One part, each, of javaksa'ra, sarjiksa'ra, mercury, sulphur, rocksalt, trikatu, and aconite, and four parts, each, of

ashes of bark of tamarind and burnt conch shell are to be mixed together and soaked in lime juice, over and over again, and then dried and subjected to heat by putam. The compound is then to be mixed with one part, each, of iron, hingu, and tin—all of these being rubbed together and made into pills one racti in weight, each. This medicine increases appetite and cures colic, cough, asthma, waste, diseases due to va'yu, udara-roga, worms, etc.

अजीर्णारि रसः ।

शुद्धसूतं तथा गन्धं पलमानं पृथक् पृथक् । अभया द्विपला चैव नागरस्त्रिपलः स्मृतः ॥ कृष्णा च मरिचं तद्वत् सिन्धूत्थं त्रिपलं पृथक् । चतुष्पला च विजया मर्द्दयेन् निम्बुकद्रवैः ॥ पुटानि सप्त देयानि घर्म्ममध्ये पुनः पुनः । अजीर्णारिरयं प्रोक्तः सद्यो दीपनः पाचनः । भक्षयेद् द्विगुणं भक्ष्यं पाचयेद्रेचयेदपि ॥

Ajirnári rasa

Four tola's, each, of mercury and sulphur, eight tola's of haritaki, twelve tola's each, of shunthi, pippali, maricha, and rocksalt, and sixteen tola's of bhanga' are to be rubbed with lemon juice, and subjected to the sun's heat by putam, for seven times. This medicine immediately increases appetite, and digests food, even double in quantity to the ordinary meal. It also serves to clear the bowels.

भास्कर रसः ।

विषं सूतं फलं गन्धं त्र्यूषणं टङ्कजीरकम् । एकैकं द्विगुणं लौहं शंखमभ्रं वराटकम् ॥ सर्व्वतुल्यं लवङ्गञ्च जम्बीरे भावयेद् भिषक् । सप्तवासरपर्य्यन्तं ततः स्याद् भास्करो रसः ॥ गुञ्जाद्वयप्रमाणेन वटीं कुर्य्याद् विचक्षणः । ताम्बूलीदलयोगेन वटीं संचर्व्य भक्षयेत् ॥ शूल रोगेषु सर्वेषु विसूच्यामग्निमान्द्यके । सद्योवह्निकरो ह्येष तन्त्रनाथेन भावितः ॥

Bha'skara rasa.

One part, each, of aconite, mercury, triphala', sulphur, trikatu, borax, and jeera'; two parts, each, of iron, burnt conch-shell, mica, and burnt cowri-shell; and fifteen parts of powdered lavanga are to be mixed together, and subjected to bha'vana', for seven days with lime juice. Pills are then to be made, two ractis in weight, each. This medicine cures all sorts of colic, cholera, and indigestion.

प्रदीपन रसः ।

रसनिष्कं गन्धनिष्कं निष्कमात्रं प्रदीपनम् ॥ मानमर्द्धं प्रदातव्यं चुल्लिकालवणं तथा ॥ मर्द्दयित्वा प्रदातव्यमथास्य माषमात्रकम् ॥ अजीर्णे चाग्निमान्द्ये च दातव्यो रसवल्लभः ॥ (प्रदीपनमिति चित्रकमुलं न तु तदाख्यं विषं तत् तु भैषज्ये परित्याज्यम्) ॥

Pradipana rasa.

One-fourth tola', each, of mercury, sulphur, and roots of chitraka; and one-eighth tola' of sal-ammoniac are to be rubbed together and made into pills, six ractis in weight, each. This medicine cures dullness of the digesting heat and indigestion.

महोदधि रसः ।

एकैकं विषसूतञ्च जाती टङ्कं द्विकं द्विकम् । कृष्णात्रयं विश्वषट्कं गन्धं कपर्दकं द्विकम् ॥ देवपुष्पं वाणमितं सर्व्वं संमर्द्य यत्नतः । महोदधिरसो नाम्ना नष्टमग्निं प्रदीपयेत् ॥

Mahodadhi rasa.

One part, each of aconite and mercury; two tola's, each, of ja'tiphala and bora'x; three tola's of pippali, six tola's of shunthi; two tola's, each, of sulphur and burnt cowri-shells, and five parts of lavanga, are to be rubbed together with water, and made into pills, one racti, in weight, each. This medicine increases the digesting heat.

रसनागादि रसः ।

रसस्यैकं पलं दत्त्वा नागञ्च गन्धकं पलम् । क्षारत्रयं पलं देयं लवङ्गं पलपञ्चकम् ॥ दशमूली जयाचूर्णं तद्द्रवेन तु भावयेत् ।

चित्रकस्य रसेनाथ भृङ्गराजरसेन तु ॥ शिग्रु मूलद्रवैश्चापि ततो भाण्डे निरुध्य च । याममात्रं पचेदग्नौ मर्द्दयेदार्द्रकद्रवैः । ताम्बूलीपत्रसंयुक्तं खादेन्निष्कमितं सदा ॥

Rasa-na'ga'di rasa.

Four tola's, each, of mercury, lead, sulphur, and the three ksa'ras (viz. bora'x, javaksa'ra, and sarjiksa'ra, combined) ; twenty tola's each, of lavanga, dashamula, and bhanga', are to be mixed together, and subjected to bha'vana' with the juice or decoction of dashamula, bhanga' roots of chitraka, leaves of bhringra'ja, and bark of the roots of shigru. Dose, one fourth tola', each to be taken with betel leaves.

बड़वाग्नि रसः ।

टङ्कणं मरिचं तुत्थं पृथक् कर्षत्रयं भवेत् । सिन्दूरं द्वादशं निष्कं त्रिंशन्निष्कमयोमलम् ॥ चूर्णान्येतानि संयोज्य स्थापयेत्कुडव-भाजने । शुद्धदेहो नरस्तस्य सेवेत माषमात्रकम् ॥ अद्यात् पथ्यं ततः स्वल्पं ततस्ताम्बूलभाग् भवेत् । उदराग्निर्नरस्यास्य बड़वाग्निसमो भवेत् । बहुनात्र किमुक्तेन रसायनमयं नृणाम् । काण्डपत्रारसे घृष्टं पुटपक्वं वरारसे । मार्कवस्वरसे घृष्टं सप्तकृत्वस्त्वयोमलम् ॥

Baraba'gni rasa,

Three tola's, each, of bora'x, maricha, copper-sulphate, and rasa-sindura (see page 105. vol. 1), and seven and half

tola's of mandura (see page 91, vol, 3) are to be rubbed together. Dose, six ractis, each. The patient is first of all to purify himsilf by purgation. and then commence taking medicine. Betel leaves are to be chewed after diet. This medicine increases appetite enormously, and serves to strengthen the body, and removes senile decay. Mandura, in this case, should be reduced to ashes by being rubbed with the juice of bha'rgi and triphala' ; then rubbed for seven times with the juice of bhringara'ja.

घृतमांसाशि रसः ।

मृतं ताम्रं कणातुल्यं चूर्णं क्षौद्रविमिश्रितम् ॥ निष्कार्द्धं भक्षयेन्नित्यं नष्टवह्निप्रदीप्तये । आर्द्रकस्य रसं क्षौद्रे पलमात्रं पिवेदनु । यथेष्टं घृतमांसाशी शक्तो भवति पावकः ।

Ghrita-ma'nsa'shi rasa.

Equal quantities of copper and powdered pippali are to be mixed together. This medicine, taken in doses of twelve ractis, each, cures loss of power of digestion. If taken with a little of honey and four tolas of ginger juice, it increases the power of digestion to such an extent as to enable it to consume a sufficient quantity of meat and clarified butter.

क्रव्याद रसः ।

पलं रसस्य द्विपलं बलेः स्यात्कुलायसी चार्द्धपलप्रमाणे । विचूर्ण्य सर्व्वं द्रुतमग्नियोगादेरण्डपत्रेऽथ निवेशनीयम् ॥ कृत्वाऽथ तां

पर्पटिकां विदध्यात् लौहस्य पात्रे लवपूतमस्मिन् । जम्बीरजं पञ्चरसं पलानां शतं नियोज्याग्निमथाल्पमल्पम् ॥ जीर्णे रसे भावितमेतदेतैः सुपञ्चकोलोद्भववारिपूरैः । सवेतसाम्लैः शतमत्र देयं सम रजष्टङ्गणजं सुभृष्टम् ॥ बिड़ं तदर्द्धं मरिचं समञ्च तत्सप्तवारं चणकाम्लकेन । क्रव्यादनामा भवति प्रसिद्धो रसस्तु मन्थानकभैरवोक्तः ॥ माषद्वयं सैन्धवतक्रपीतमेतत् सुधन्य' खलु भोजनान्ते । गुरूणि मांसानि पयांसि पिष्ट' घृतानि सेव्यानि फलानि चैव ॥ मात्रातिरिक्तान्यपि सेवितानि यामद्वयाज्जारयति प्रसिद्धः ॥ कार्श्यस्थौल्यनिवर्हणो गरहरः सामार्त्तिनिर्णाशनो गुल्मप्लीहजलोदरादिशमनः शूलार्त्तिमूलापहः । वातश्लेष्मनिवर्हणो ग्रहणिकातीसारविध्वंसनो वातग्रन्थिमहोदरापहरणः क्रव्यादनामा रसः ॥

Kravyâda rasa.

Four tola's of mercury, eight tolas, each, of sulphur, copper, and iron are to be mixed together, and heated in an iron pot by means of mild heat. When melted, it is to be thrown upon eranda leaves and reduced to parpati, (see pag 262) which is to be boiled with four hundred tola's of lime juice, kept in another irone pot, heated by mild heat. When dried up, the compound is to be subjected to bha'vana' with two hundred tolas, each, of the decoctions of pancha-kola and amla-betasa. It is then to be mixed with sixteen tola's of bora'x, eight tola's of bira salt, and sixteen tola's of powdered maricha, and subjected to bha'vana', for seven times, with chanaka'mla.* Pills are then to be made, twelve ractis in

* Chanaka'mla is, a gruel prepared by boiled chanaka grams being immersed in water exactly in the same way as ka'nji (see page 381. Vol, 3)

weight, each. One such pill is to be taken with butter-milk, mixed with rock-salt. This medicine digests, in six hours, such heavy food as meat, pudding, etc. It also cures gulma, enlargement of spleen, udara-roga, colic, grahani, and diarrhœa.

वीरभद्राभ्रकम् ।

अभ्रकं पुटसहस्रमारितं कर्षयुग्ममति निर्म्मलीकृतम् । वासराणि नवतिं विमर्द्दितं चित्रकस्वरससाधुसिक्तकम् ॥ शृङ्गवेररसमर्द्दिता वटी कारिता सकलरोगनाशिनी । भक्षिता भुजगवल्लिपत्रकैः शृङ्गवेरशकलेन वा पुनः ॥ वह्निमान्द्यमभिनाश्य सत्वरं कारयेत् प्रखर पावकोत्करम् । श्वासकासवमिशोथकामल-प्लीहगुल्मजठरारुचिभ्रमान् ॥ रक्तपित्तयकृदम्लपित्तकं शूलकोषजगदान् विसूचिकाम् । आमवातबहुवातशोणितं दाहशीतवलहृासकार्श्यकम् ॥ विद्रधिं ज्वरगरं शिरोगदं नेत्ररोगमखिलं हलीमकम् । हन्ति वृष्यतममेतदभ्रकं वीरभद्रमतिवल्यमुत्तमम् । भक्षितं विविधभक्ष्यमागलं काष्ठसंघमपि भस्मतां नयेत् ॥

Birabhadra'bhrakam.

Two tola's of mica reduced to ashes by being subjected to heat by putam, for one thousand times, are to be subjected to bha'vana', for ninety days, with the decoction of roots of chitraka, and then rubbed with ginger juice and made into pills. This medicine cures loss of power of digestion, asthma, cough, vomiting, dropsy, jaundice, enlargement of spleen, gulma, aversion to food, giddiness, imaciation, va'ta-racta, tumour, enlargement of liver, hemeptosis, amla-pitta', rheumatism, eye diseases, colic, cholera, etc.

वैश्वानरपोट्टली रसः ।

शुद्धौ सूतबली चराचररजः कर्षांशतः कज्जलीं कृत्वा गोपयसा विमर्द्य दिवसं रुद्धा च मूषोदरे । सिद्धः कुम्भिपुटे स्वतश्च शिशिरः पिष्टः करण्डे स्थितः स्याद्वैश्वानरपोट्टलीति कथितस्तीव्राग्निदीप्तिप्रदः ॥

एकोनविंशतेः चूर्णैः मरिचानां घृतान्वितैः । देयोऽयं वल्लमानेन वयोबलमवेक्ष्य च ॥ गिलेद् गलविशुद्ध्यर्थं दधिभक्तमनुत्तमम् । कवलत्रयमानेन दुर्गन्धोद्गारशान्तये ॥ मध्यन्दिने ततो भोज्यं घृततक्रोपदंशयुक् । रात्रौ च पयसा सार्द्धं यद्वा रोगानुसारतः ॥ विदाहि द्विदलं भूरिलवणं तैलपाचितम् । विल्वं च कारवेल्लं च वृन्ताकं काञ्जिकं त्यजेत् ॥ इयं हि पोट्टली प्रोक्ता सिद्धेन महीभृता । मन्दाग्निप्रभवाशेषरोगसंघातघातिनी ॥ सिद्धवर्णस्यापि निर्द्दिष्टा भैरवानन्दयोगिना । लोकनाथोक्तपोट्टल्या उपचारा इह स्मृताः ॥ पोट्टल्यो दीपनाः स्निग्धा मन्दाग्नौ नितरां हिताः ॥

Baishwa'nara-pottali-rasa.

One tola', each, of mercury, sulphur and burnt cowri-shell are to be rubbed together to form a kajjali or black powder, which is to be rubbed for one day with cow's milk. It is then to be dried, put inside a crucible, and subjected to heat by a laghu putam. This medicine increases the digesting heat enormously. Having regard to the age and strength of the patient, this medicine is to be given, in doses of three ractis, each, with powder of nineteen marichas and a few drops of clarified butter. Three morsels of food are to be taken,

with curd, after takiug the medicine. This serves to cleanse the throat and stop the rise of belching with bad odour. Diet to be taken, in mid-day, with a few drops of clarified butter, butter-milk, and sauce, and at night with milk, or with any other item of food stuff, considered salutary to the patient. The following are to be avoided at the time of taking this medicine :—things considered bida'hi (see page 7, foot-note.), pulses, excess of salt food cooked with oil, bilva fruit, ka'ra-bella, brinja'l (egg fruit), and ka'nji.

वड़वाननो रसः ।

शुल्वायोघनभस्म वेल्लहलिनीव्योषाम्बु निम्बच्छदैः संयुक्तैश्च हरिद्रया समलवैः सार्द्धं च शुभ्रामृतैः । भृङ्गाम्भोविषतिन्दुकार्द्रकरसैः संपिष्य गुञ्जामिता संशुष्कावड़वामुखीति वटिका नाम्नोदिता तारया ॥ क्षिप्रं क्षुत्परिवोधिनी खलु मता सर्व्वामयध्वंसिनी श्लेष्मव्याधिविधुननी कासनहृच्छ्वासापहा शूलनुत् । वह्निवैषम्यहरा च गुल्मशमनी मूलार्त्तिमूलकृषा शोकव्याधिहरात्र किं वहुगिरा सर्व्वामयोत्सादनी ।

Barabu'nani rasa.

Equal quantities of copper, iron, mica biranga, la'ngali, trikatu, ba'laka, ba rk of nimba, haridra'. and white gauri pa'sa na are to be mixed together, and rubbed with the juices of the following, in succession :—bhringara'ja, ba'laka, nux-vomica', and ginger. Pills are then to be made, one racti in weight, each. This medicine increases appetite very quickly, and it cures diseases due to an abnormal excess of kapha, and especially cough, asthma, heart-diseases, colic irregularity of the digesting heat, gulma, piles, and ascites

विध्वंस रसः ।

विमर्द्द्य गन्धोपलटङ्कनेन, संभाव्य वारानथ सप्त जात्याः । तोयैः फलानामथ सिद्धसूतो विध्वंसनामा शमनो विसूच्याः ॥ अमुष्य गुञ्जा नव दापनीया हन्तुं विसूचीं सितया समेताः । तक्रौदनं स्यादिह भोजनाय पथ्यं च शाकं किल वास्तुकस्य ॥

Bidhwansa rasa.

Equal quantities of mercury, sulphur, and bora'x are to be rubbed together, and subjected to bha'vana', for seven times, with the decoction of ja'tiphala. This medicine cures cholera. Dose nine ractis each, to be taken with sugar. Diet, paste prepared from boiled rice, mixed with curd and pot-herb prepared from ba'stuka.

द्वितीय क्रव्याद रसः ।

द्विपलं गन्धकं शुद्धं द्रावयित्वा विनिक्षिपेत् । पारदं पलमानेन मृतशुल्वायसं पुनः ॥ तोलमानेन संक्षिप्य पञ्चाङ्गुलदले क्षिपेत् । ततो विचूर्ण्य यत्नेन निक्षिप्यायसभाजने ॥ चुल्ल्यां निवेश्य यत्नेन ज्वालयेन्मृदुवह्निना । पात्रमात्रं हि जम्बीररसं सम्यग् विजारयेत् ॥ संचूर्ण्य पञ्चकोलोत्थैः कषायैः साम्लवेतसैः । भावना खलु कर्त्तव्याः पञ्चाशत् प्रमितास्ततः ॥ भृष्टटङ्कणचूर्णेन तुल्येन सह मेलयेत् । तदर्द्धं कृष्णलवणं सर्व्वतुल्यं मरीचकम् ॥ सप्तधा भावयेत् पश्चाच्चणकक्षारवारिणा । ततः संचूर्ण्य संशुष्कं कूपिकाजठरे क्षिपेत् ॥ अत्यर्थं गुरुमांसानि गुरुभोज्यान्यनेकशः । भुक्ता च कण्ठपर्य्यन्तं चतुर्वल्लमितं रसम् । पट्वम्लतक्रसहितं पिबेत् तदनुपानतः । क्षिप्रं तज्जीर्य्यते

भुक्तं जायते दीपनं पुनः ॥ रसः क्रव्यादनामायं प्रोक्तो मन्थानभैरवे । सिद्धनक्षौणिपालस्य भुरिमांसप्रियस्य च ॥ दिष्टो ग्रामं समासाद्य भैरवानन्दयोगिना । कुर्य्याद्दीपनमुद्धतं च पचनं दुष्टामसंशोषणं तुन्दस्थौल्यनिवर्हणं गरहरं मूलार्त्तिशूलापहम् ॥ गुल्मप्लीहविनाशनं ग्रहणिकाविध्वंसनं स्रंसनं वातग्रन्थिमहोदरापहरणं क्रव्यादनामा रसः ।

Dwitiya-kravya'da rasa.

Eight tola's of purified sulphur are to be melted, in an iron pot, and mixed with four tola's of mercury, and one tola', each, of copper and iron. The mixed substance is then to be thrown upon some leaves of eranda and then powdered. This is then to be kept in an iron cauldron, and heated, with two hundred and fifty-six tola's of lemon juice by means of a mild fire. When dried up, the medicine is again to be powdered and subjected to bha'vana', for fifty times, each, with the decoctions of pancha-kola, and amla-betasa. The compound is then to bo mixed with an equal quantity of borax, bira salt, half in quantity of borax, and maricha, equal in quantity to all the ingredients stated above. It is then to be subjected to bha'vana', for seven times, with a solution of an alchali prepared from the chanaka plant. When dried up, the medicine is to be powdered and kept for use. Twelve ractis of this medicine, taken with a little of salt and sour butter-milk, serve to digest a sufficient quantity of meat or other heavy food. This medicine increases the digesting heat enormously, and cures mucus, obesity, toximia', piles, colic, gulma, enlargement of spleen, grahani, constipation, swelling of glands due to va'yu, and all sorts of udara-roga, however malignant.

राजशेखर रसः ।

भागो मृतरसस्यैको वत्सनाभांशकद्वयम् । रसतुल्यं शिवाचूर्णं गन्धकं त्र्यूषणं तथा ॥ विचूर्ण्यातिप्रयत्नेन भावयेत् सप्तधा रसम् । ताम्बुलीपत्रतोयेन स्वर्णधत्तूरजद्रवैः । पिष्ट्वा चणमिताः कुर्य्याच्छाया-शुष्कास्तु गोलिकाः ॥ उष्णाम्भोयुतराजशेखररसो मन्दाग्निनिर्नाशनः । नानाकारमहाज्वरार्त्तिशमनो निःशेषमूलापहः । पाण्डुव्याधिमहोदरार्त्तिशमनः शूलाम्लकृत् पाचनः शोफघ्नः पवनार्त्तिनाशनपटुः श्लेष्मामयध्वंसनः ॥

Raja-shekhara rasa.

One part of incineratd mercury two parts of aconite, and one part, each, of haritaki, sulphur, and trikatu are to be mixed together, and subjected to bha'vana', for seven times, each, with the juices of betel leaves, and leaves of black dhus tura'. Pills are then to be made, two ractis in weight, each, and dried in a shady place. This medicine, if taken with a little of hot water, cures weakness of the digesting heat, all sorts of malignant fever, all sorts of piles, colic, a'scites, and diseases due to an abnormal excess of va'y'u and kapha.

अग्निसुहृद् रसः ।

शुद्धं सूतं विषं गन्धं द्विक्षारं पटुपञ्चकम् । दशांशं तुल्यतुल्यांशं भर्जिता विजया नवा । दशानां तुल्यभागा सा तस्यार्द्धं शिग्रुमूलकम् । तत् सर्व्वं विजयाद्रावैः शिग्रुचित्रकभृङ्गजैः ॥ द्रावै र्दिनत्रयं मर्द्यं रुद्ध्वा भाण्डे पचेल्लघु । दीपाग्निना तु यामैकं शुष्कं यावत् समुद्धरेत् ॥

सप्तधा चार्द्रकद्रावै र्भावयेच्चूर्णयेद्भिषक् । दीपकोऽग्निसुहृच्च चैषो निष्कैकं मधुना लिहेत् ॥ प्रतिकर्षं गुडं शुण्ठी अनुपानं च दीपनम् ।

Agni-surhid-rasa.

Equal quantitis of mercury, aconite, sulphur, javaksa'ra, sarjiksa'ra, and pancha-lavanam, half the quantity of all these combined, of green leaves of bhang' duly fried with clarified butter; and half the quantity of all the above ingredients combined, of roots of shigru—all these are to be mixed together, and rubbed for three days each, in succession, with the juice or decoction of bhanga', roots of shigru, roots of chitraka, and leaves of bhringara'ja. The compound is then to be confined in an earthen vessel, the mouth of which is to be closed by means of an earthen basin with mud and rags. The vessel is then to be heated, for three hours only, by means of the flames of a light, kindled in an earthen pot with wick made of cotton. When dried up, the compound is to be subjected to bha'vana', for seven times, with ginger juice. This medicine is to be taken, in doses of one-fourth of a tola', with a little of honey. One tola' of molasses, mixed with powdered shunthi and sofran, is to be taken, a little after taking this medicine.

अमृत रसः ।

कुष्ठगन्धविषव्योषत्रिफलापारदैः समैः । भृङ्गाम्बुमर्द्दितो मुद्गमानोऽमृतरसः शुभः ॥ अजीर्णश्लेष्मवातघ्नो दीपनो रुचिवर्द्धनः ।

Amrita rasa.

Equal quantities of kustha, sulphur, aconite, trikatu, triphala', and mercury are to be rubbed together with the juice of bhringara'ja and made into pills, two ractis in weight, each. This medicine cures indigestion and abnormal excess of kapha and va'yu. It increases the digesting heat and removes aversion to food.

राक्षस रसः ।

ताम्रं पारदगन्धकौ त्रिकटुकं तीक्ष्णं च सौवर्चलं खल्ले मर्द्द्य दिनं निधाय सिकताकुम्भेऽष्टयामं ततः । तत्र स्वेद्यं च रक्तशाकिनिभवं क्षारं समं मेलयेत् सर्व्वं भावितमातुलुङ्गजरसै र्नाम्ना रसो राक्षसः ॥ मन्दाग्नौ सततं ददीत मुनये प्रातः पुरा शङ्करः सौख्येऽस्मै च्यवनाय मन्दहुतभुग्वीर्य्याय नष्टौजसे । तेनादाय समस्तलोकगुरवे सूर्य्याय तस्मै ददे मर्त्त्यानामपि चास्य दानसमये गुञ्जाष्टकं वर्द्धयेत् ॥

Ra'ksasa rasa.

Equal quantities of copper, mercury, sulphur, trikatu, sea-salt, and sauvarchala salt, are to be rubbed together, and subjected to heat by the second kind of ba'luka'-jantram. The product is then to be mixed with an equal quantity of alchali, prepared from racta-shakini (red tanduliya) and subjected to bha'vana' with the juice of matulunga. Dose, eight ractis, each.

जीवन रसः ।

रसगन्धौ सिन्धुकणाटङ्कणमभयाग्निहिमावल्लीकतकफलम् । क्रमशोत्तरं च विचूर्णितया बृहतीरससंयुतभावनया ॥ आर्द्रकहिङ्गुपुनर्नवपूतिच्छिन्नरसैः क्रमशस्तु भावनया । तस्य कलांशविषं च विमिश्र्य तद्रसं माषसमानवटी या ॥ सर्व्वमजीर्णं कफमारुतपाण्डुशोफहलीमककामलशूलम् । नाशयति क्षुद्राग्निकरोऽयं दीपनश्च जीवननाम रसेन्द्रः ॥

Jivana rasa

One part of mercury, two parts of sulphur, three parts of rock-salt, four parts of pippali, five parts of bora'x, six parts of haritaki, seven parts of roots of chitraka, eight parts of hima'balli (swarna-ksiri), and nine parts of nirmali are to be mixed together, and subjected to bha'vana' with the juices of each of the following, in succession :—brihati ginger, hingu, punarnaba', putikaranja, and guruchi. The compound is then to be mixed with one-sixteenth its quantity of aconite and made into pills, six ractis in weight, each. This medicine cures all sorts of indigestion, abnormal excess of kapha and va'yu, anemia ascites, jaundice, and colic. It increases digesting heat.

वड़वानिभ रसः ।

शुल्वं तालकगन्धकौ जलनिधेः फेनाग्निगर्भांशयं कांस्यायो लवणानि हेमपवयो नीलाञ्जनं तुत्थकम् । भागो द्वादशको रसस्य तु दिनं वज्राम्बुघृष्टं शनैः सिद्धोऽयं वड़वानिभो गजपुटे रोगानशेषाम् जयेत् ।

Baraba'nibha rasa.

One part, each, of copper, orpiment, sulphur, sea-foam condensed, shami, ka'nta iron, pancha lavanam, gold diamond blue stibnite and copper-sulphate, and twelve parts of mercury are to be rubbed together with the juice of leaves of snuhi, for one day, and subjected to heat, by gajaputam. This medicine cures indigestion and many other diseases.

अनलजनक रसः ।

कणनागरगन्धकपारदकं गरलं मरिचं समभागयुतम् । लकुचस्य रसैश्चणकप्रमिता वटिका जनयत्यचिरादनलम् ॥

Anala-janaka rasa.

Equal quantities of pippali, shunthi, sulphur, mercury, aconite, and maricha are to be rubbed together with the juice of lakucha, and made into pills, two ractis in weight, each. This medicine increases digesting heat, enormously.

सर्व्वरोगान्तक रसः ।

शुद्धसूतं विषं गन्धमजमोदं फलत्रयम् । सर्जिक्षारं यवक्षारं वह्नि-सैन्धवजीरकम् ॥ सौवर्च्चलं विडङ्गानि सामुद्रं त्र्यूषणं समम् । विष-मुष्टिः सर्व्वतुल्या जम्बीराम्लेन मर्द्दितम् । मरिचाभां वटीं खादेदग्नि-मान्द्यप्रशान्तये । पथ्याशुण्ठीं गुडं चानु पलार्द्धं भक्षयेत् सदा ॥ अग्निमान्द्ये रसः ख्यातो सर्व्वरोगकुलान्तकः ॥

Sarva-roga'ntaka-rasa.

Equal quantities of mercury, aconite, sulphur, ajamoda', triphala', sarjiksa'ra, javaksa'ra, roots of chitraka, rock salt, jeera', sauvarchala salt, biranga, sea-salt, and trikatu, and nuxvomica, equal in quantity to all the above combined are to be rubbed together with lime juice and made into pills, of the size of a maricha (black-pepper). This medicine cures not only indigestion but all sorts of diseases.

त्रिफला-लौहम् ।

त्रिफलामुस्तवेल्लैश्च सितया कणया समम् ।
खरमञ्जरीवीजैश्च लौहं भस्मकनाशनम् ॥

Triphala' Lauham.

One part, each, of triphala', musta', biranga, sugar, pippali, and seeds of apa'ma'rga, and six parts of iron are to be mixed together. This medicine cures bhasmaka'gni.

बिम्बोष्ठोपकाभ्रम् ।

अभ्रं निर्म्मलमारितं पलमितं चूर्णीकृतं यत्नतश्चव्यं चित्रक-मिन्द्रशूरकनकं मालूरपत्रार्द्रकम् । मूलं पिप्पलिसम्भवं मधुरिका नीपोऽकमूलं पृथक् चैषां सत्त्वपलैर्विमर्द्दितमिदं कर्षं त्रिपेट-ट्ङ्कणम् ॥ गुञ्जासम्मितमेतदेव बलितं तत् पारिभद्रद्रवैर्मन्दाग्निं चिरजातगुल्मनिचयं शूलाम्लपित्तं ज्वरम् । छर्दिं दुष्टमस्-

रिकामलसकं श्वासञ्च कासं तृषाम् प्लीहानं यकृतं क्षयं स्वरहितं कुष्ठं महारोचकम्॥ दाहं मोहमशेषदोषजनितं कृच्छ्रञ्च दुर्नामकमामं वातमिश्रितं नयनजं रोगं समुन्मूलयेत्। विश्वोद्दीपकनाम रोगहरणे प्रोक्तं पुरा शम्भुना सर्व्वेषां हितकारकं गदवतां सर्व्वामयध्वंसनम्॥ पाषाणो यदि भक्षितस्तदपि तं कुर्य्यात् सुजीर्णं पुनर्वल्यं वृष्यतरं रसायनवरं मेधाकरं कान्तिदम्॥

Biswoddipaka'abhram.

Four tola's, each, of ashes of mica, decoction of chavya, juice of leaves of chitraka, ditto of nirgundi, ditto of dhustura, ditto of bilva ginger juice, decoction of roots of pippali, ditto of madhurika', ditto of roots of arka, and one racti of borax are to be mixed togetrer, and made into pills, one racti in weight, each. Accompaniment—juice of pa'ribhadra leaves.

This medicine cures slowness of digesting heat, gulma, colic, acidity, biliousness, small pox, alasaka, asthma cough, consumption, enlargement of liver and spleen, leprosy, piles, and diseases affecting urine.

This is an increaser of semen, killer of senile decay, increaser of memory and beauty.

पर्पटीप्रयोगः।

अग्निमान्द्यादौ पर्पटीप्रयोगः शुभफलप्रद एव।

Application of Parpatis.

It is desirable to apply parpatis in slowness of digesting heat especially in chronic and serious cases.

अथ अग्निमान्द्यादौ पथ्यानि।

श्लैष्मिके वमनं पूर्व्वं पैत्तिके मृदुरेचनम्। वातिके स्वेदनञ्चाथ यथावस्थं हितञ्च यत्॥ नानाप्रकारो व्यायामो दीपनानि लघूनि च। बहुकालसमुत्पन्नाः सूक्ष्मा लोहितशालयः॥ विलेपी लाजमण्डश्च मण्डो मुद्गरसः सुरा। एणो वर्हीं शशो लावः क्षुद्रमत्स्याश्च सर्व्वशः॥ शालिञ्चशाकं वेत्राग्रं वास्तुकं वालमूलकम्। रसोनं वृद्धकुष्माण्डं नवीनकदलीफलम्॥ शोभाञ्जनं पटोलञ्च वार्त्ताकुं निम्बवारि च। कर्क्कोटकं कारवेल्लं वार्हतञ्च महार्द्रकम्॥ प्रसारणी मेषशृङ्गं चाङ्गेरी सुनिषण्णकम्। धात्रीफलं नागरङ्गं दाड़िम्वं यावपर्पटाः॥ अम्लवेतसजम्वीर-मातुलुङ्गानि माक्षिकम्। नवनीतं घृतं तक्रं सौवीरकतुषोदके॥ धान्याम्लं कटुतैलञ्च रामठं लवणार्द्रकम्। यमानी मरिचं मेथी धन्याकं जीरकं दधि॥ ताम्वूलं तप्तसलिलं कटुतिक्तौ रसावपि। मन्दानलेऽप्यजीर्णेऽपि पथ्यमेतत् नृणां भवेत्॥ रसभैषज्यसेवने त्याज्यानि तु परित्यजेत्॥

Actions and diet salutary to indigestion, etc.

If not incompatible with the condition of the patient, it is desirable, at the earlist stages, to arrange vomiting in indigestion, due to phelgm; soft purgative, in indigestion due to biliousness; and fomenting the abdomen in indigestion due to an excess of va'yu. All sorts of physical exercise are also to be resorted to. The following items of food-stuff, which are light and increaser of digesting heat, are beneficial in indigestion:—rice prepared from a very fine red sha'li-paddy, of tree years' standing bilepi, paste prepared from paddy fried

and then devoid of husks, paste prepared from boiled rice, juice of mudga-pulse, liquor, meat of deer, peacock, hare, la'va, all sorts of small fish, such pot-herbs as sha'lincha, tender leaves of cane-plant, ba'stuka, prasa'rini, cha'ngeri, and sunisanna, green radish, garlic, kusma'nda of long standing, green-banana fruits, shigru-beans, patola, brintáka, lemon fruit, karkotaka, ka'ra-bella, brihati, wild ginger, mesha-shringa, ámalaki, oranges, pomegranates, paste prepared from barley, parpata fried with clarified butter, amlabetasa, lime fruit, citrous, honey, butter, clarified butter, butter milk, sauvira, tusodaka, dhányа'mla (see page 380, vol. 3), mustard oil, hingu, salt, ginger, jama'ni, maricha methi, dhanya', jeera', and betel leaves, hot water, pungents and bitters.

If medicines prepared from mercury and other minerals are to be taken, liquor and other things prohibited (see pages 196 to 205, vol. 1) should be avoided.

अग्निमान्द्यादावपथ्यानि।

विरेचनानि विण्मूत्रवायुवेगविधारणम्। अध्यशनं समशनं जागरं विषमाशनम्॥ रक्तस्रुतिं शिम्बी धान्यं मत्स्यं मांसमुपोदिकाम्। जलपानं पिष्टकञ्च जम्बुकं सर्व्वमालुकम्॥ कूर्च्चिकां मोरटं चीरं किलाटञ्च प्रपाणकम्। तालास्थिशस्यं तद्वालं स्नेहनं दुष्टवारि च॥ विरुद्धासात्म्यपानान्नं विष्टम्भीणि गुरूणि च। अग्निमान्द्येऽप्यजीर्णे च सर्व्वाणि परिवर्ज्जयेत्॥

Actions and food harmful in indigestion, etc.

The following are injurious in indigestion etc. :—purgation, suppressing calls of nature, and passage of wind from the

abdomen, taking fresh food before the previous meal has been digested, full meal, keeping late hours at night, taking food, too much, or too little, or at irregular hours, sheding of blood, all sorts of pulses and beans, fish, meat the vagetable named upodika', drinking of water in excess, pistaka jambuka, potatoes and similar roots, hot milk immediately curdled by being mixed with something sour, water extracted from boiled sour milk, milk, sour milk condensed by heating, sugar dissolved into water, kernel of the stone of a palm fruit after the growth of sprout all sorts of oils and fats, impure water, food incongenial by combination (see page 9 vol. IV), food and drinks unaccustomed and incongenial, food giving rise to flatulence and heavy food.

पञ्चमोऽध्यायः ।

अथ अर्शोरोगाधिकारः ।

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CHAPTER V.

Piles.

अर्शोरोगस्य निदानम् ।

गुदस्य बहिरन्तर्वा जायन्ते चर्मकीलकाः । सर्वरोगकराः पुंसामर्शांसीति हि विश्रुताः ॥ रुधिरस्राविणस्तेषां पित्तजा परिकीर्त्तिताः । वातजा निःसहोत्थाना उदावर्त्तं प्रकुर्वते । श्वयथुं श्लेष्मजाः कुर्युः सर्वं कुर्युस्त्रिदोषजाः ॥

Symptoms of piles.

The main indication of the disease is the growth of lumps of fiesh, either outside or inside the rectum. Piles may lead to the growth of all sorts of diseases. Bleeding piles are those which are due to an abnormal excess of pittam. Those which grow isolated from one another, and give rise to uda'varta, are due to abnormal excess of va'yu. Those, due to an abnormal excess of kapha, are accompanied with swelling. Piles, due to an abnormal excess of all the three doshas, have all those symptoms combined.

अर्शश्चिकित्सितम् ।

अर्शःकुठार रसः ।

शुद्धसूतं पलैकं तु द्विपलं शुद्धगन्धकम् ॥ मृतं ताम्रं मृतं लौहम् प्रत्येकं तु पलत्रयम् । त्र्यूषणं लाङ्गली दन्ती पीलुकं चित्रकं तथा ॥ प्रत्येकं द्विपलं योज्यं यवक्षारं च टङ्कणम् ॥ उभौ पञ्चपलौ योज्यौ सैन्धवं पलपञ्चकम् ॥ द्वात्रिंशत्पलगोमूत्रं स्नुहीक्षीरं च तत्समम् । मृदग्निना पचेत् स्थाल्यां सर्व्वं यावत् सुपिण्डितम् ॥ माषद्वयं सदा खादेद्रसो ह्यर्शःकुठारकः । तक्रेण दाडिमाम्भोभिः पक्वकन्देन वाऽथ तत् ॥

Treatment of piles.

Arsha-kuthára rasa.

Four tola's of mercury, eight tola's of sulphur, twelve tola's, each, of copper and iron, eight tola's, each, of trikatu, langali, roots of danti, seeds of pilu, and roots of chitraka, twenty tolas, each, of javaksa'ra, bora'x, and rock-salt ; hundred and twenty eight tola's, each, of she-calf's urine and milk of snuhi,—all these are to be heated (in a pot made of mud or iron) by means of a very mild heat, till the whole thing turns into a lump. Dose, twelve ractis each, to be taken with butter milk, or juice of pomegranates or boiled or roasted tuber of shurana.

विधुभूषण रसः ।

मृतसूताभ्रहेमार्कतीक्ष्णमुण्डं सगन्धकम् । मण्डूरं माक्षिकं

तुल्यं मर्द्यं कन्याद्रवैर्दिनम् ॥ अन्धमूषागतं पाच्यं त्रिदिनं तुषवह्निना। चूर्णितं सितया माषं खादेत् पित्तार्शसां जयेत् ॥

Bidhubhusana rasa.

Equal quantities of incinerated mercury, mica', gold. copper, steel, pig iron, sulphur, mandura, (see page 91, vol. III), and copper pyrites. are to be rubbed together, for one day, with the juice of kanya' and dried. The substance is then to be rubbed together, for one day, with the juice of kanya', and dried. It is then to be confined in a blind crucible and heated, for three days, being kept inside a heap of husks of paddy, put to fire. Dose, six ractis each, to be taken with sugar. This medicine cures bleeding piles,

मूलारि रसः।

सूतं लौहं चेन्द्रयवं शुण्ठीभल्लातचित्रकम्। विल्वमज्जाविडङ्गानि पथ्यातुल्यं विचूर्णयेत् ॥ सर्व्वतुल्यं गुड़ं योज्यं कर्षं भुक्ताऽर्शसां जयेत्। श्लेष्मार्शसः प्रशान्त्यर्थं देयं मूलारिसंज्ञकम् ॥ मृतताम्रेण संतुल्यं वल्लमात्रप्रमाणतः।

Mulári rasa.

Equal quantities of incinerated mercury, indra-java, shunthi, bhalla'taka, roots of chitraka, kernel of green bilva fruit, biranga, and haritaki, and molasses equal in quantity to all the above-named combined, are to be mixed together, and taken in doses of one tola', each. This medicine cures piles, dne to an abnormal excess of kapha. If an equal quantity of copper is mixed with it, the dose should be three ractis, each.

सर्व्वलोकाश्रय रसः।

शुद्धं सूतं पलं गन्धं गन्धार्द्धं तालताप्यकम् ॥ अमृतं रसकं चैव तालकार्द्धविभागिकम्। एतेषां कज्जलीं कुर्य्याद् दृढ़ं संमर्द्य वासरम् ॥ त्रिदिनं मर्द्दयेच्चाथ दत्वा निम्बुजलं खलु। वटीकृत्य विशोष्याथ काचकूप्यां निधापयेत् ॥ निष्कतुल्यार्कपत्रेण पिधायास्यं प्रयत्नतः। सार्द्धाङ्गुलमितोत्सेधं मृत्स्नया तां विलेप्य च ॥ ततो भाण्डतृतीयांशे सिकतापरिपूरिते। निधाय सिकता मूर्द्ध्नि सिकताभिः प्रपूरयेत् ॥ रुद्धास्यं तदधो वह्निं ज्वालयेत् सार्द्धवासरम्। स्वाङ्गशीतलितं काचपुटादाकृष्य तं रसम् ॥ पटचूर्णं विधायाथ ताम्रमभ्रं पलद्वयम्। पलार्द्धममृतं चैव मरिचं च चतुष्पलम् ॥ एकीकृत्य क्षिपेत् सर्व्वं नारिकेलकरण्डके। साजगो गुञ्जाद्विमानो हरति रसवरः सर्व्वलोकाश्रयोऽयं। वातश्लेष्मोत्थरोगान् गुदजनितगदं शोषपाण्ड्वामयं च। यक्ष्माणं वातशूलं ज्वरमपि निखिलं वह्निमान्द्यं च गुल्मं। तत्तद्रोगघ्नयोगैः सकलगदचयं दीपनं तत्क्षणेन।

Sarva-lokáshraya rasa.

Four tola's. each, of mercury and sulphur; two tola's, each, of orpiment and copper pyrites; one tola', each, of aconite. and ca'la'mine—all these are to be rubbed together, and made into a kajjali or black owder, which is to be rubbed for three days, with lime-juice, dried, and put inside a glass bottle. The mouth of the bottle is then to be closed with one-fourth tola' of copper sheet, and the whole bottle is to be coated, all over, with mud, one and a half anguli thick. When dried, the bottle is to be placed inside an earthen vessel, one-third

of which has been filled with sand. The remaining portion of the vessel, up to the mouth of the bottle, is also to be filld with sand. The mouth of the vessel is then to be closed by means of an earthen basin. The vessel is then to be heated, for thirty six hours, by means of a fire made of wood. When cooled, by radiation of heat, the product is to be taken out, powdered, and sifted by means of a piece of cloth. It is then to be mixed with eight tola's, each, of copper and mica', two tola's of aconite, and sixteen tola's of maricha. The medicine, thus prepared, is to be kept in a pot made of cocoanut-shell. Dose, two ractis, each, to be taken with a few drops of clarified butter. This medicine cures all the diseases due to an excess of va'yu and kapha, diseases affecting the rectum, waste, anemia, colic due to va'yu, all sorts of fever, indigestion, and gulma. It cures other diseases also, if taken with suitable accompaniments. It increases the digesting heat, very quickly.

मूलकुठार रसः ।

गन्धकं तारताम्रं च कृत्वा चैकत्र पिष्टिकाम् । तत्समं चाभ्रकं तीक्ष्णं गन्धकं पञ्चमांशकम् ॥ विषं च षोड़शांशेन द्वौ भागौ सूतकस्य च । एकीकृत्य प्रयत्नेन जम्बीरद्रवमर्द्दितम् ॥ भाजने मृण्मये स्थाप्यं वराक्वाथेन भावयेत् । दशमूलशतावर्य्योः क्वाथे पाच्यं क्रमेण हि ॥ अथोत्तार्य्य प्रयत्नेन वटिकां कारयेद्बुधः । गुञ्जात्रयप्रमाणेन गुद-व्याधिकशूलनुत् ॥

Mula-kutha'ra rasa.

One part, each, of sulphur, silver, and copper are to be

rubbed together, and made into a lump with which is to be mixed, three parts, each, of mica' and steel; three fifth part of sulphur; one sixteenth part of aconite, and two parts of mercury. All these are to be rubbed together, with lime juice, and kept in an earthen pot, in which it is to be subjected to bha'vana' with the decoction of triphala'. The compound is then to be boiled with the decoctions of dashamula and shata'bari, in succession, till it is dried up. Pills are then to be made, three ractis in weight, each. This medicine cures piles and colic.

वरनागादि रसः ।

वरनागं तथा व्योमसत्त्वं शुल्वं च तीक्ष्णकम् । सर्व्वमेकत्र विद्राव्य क्षिप्तालं चाल्पमल्पकम् ॥ चालयेदनिशं यावत्तालकं त्रिगुणं खलु । ततस्तेन विमर्द्द्याथ पिष्टिं कुर्य्याद्रसेन हि । ततो भल्लातकीवृक्षमूल-स्थाने खनेच्च तान् । मासादाकृष्य तां पिष्टिं गव्यदुग्धे विनिक्षिपेत् ॥ ततो भल्लातकीतैलं हृतं पातालयन्त्रतः ॥ आयसे भाजने स्निग्धे पिष्टिकां विनिवेश्य च ॥ प्रस्थमात्रं हि तत्तैलं जारयेदतियत्नतः । तत्तैलभावितैर्गन्धैः पुटित्वा भस्मतां व्रजेत् ॥ ततः कार्त्तिकमासो-त्थकौरशटदलजै रसैः । रसं संमर्द्य संमर्द्द्य घर्म्मे संस्थाप्य मारयेत् ॥ तद्भस्म मेलयेत् पूर्व्वभस्मना समभागिकम् । वनशूरणनिर्गुण्डी-महाराष्ट्रीभकर्णिका ॥ वज्रवल्ली शिखी चैषां रसैः पिष्ट्वा विशोषयेत् । त्रिवारं मार्कवद्रावैर्द्रावयित्वा च शोषयेत् । चूर्णीकृत्य प्रयत्नेन क्षिपेत् क्वापि करण्डके ॥ सोऽयं मूलकुठारको रसवरो दीप्याग्नि-वेल्लोत्तमसंयुक्तः सघृतश्च वल्लतुलितः संसेवितो नाशयेत् । अर्शांस्या-ननासिकाक्षिगुदजान्यत्युग्रपीड़ानि च प्लीहानं ग्रहणीं च गुल्मय-क्षतौ मान्द्यं च कुष्ठामयान् ॥

Bara-na'ga'di rasa.

Equal quantities of barana'ga (See page 386. vol. 111), essence of mica', copper, and steel are to be melted together, in an iron cauldron, placed upon a mild fire. Orpiment, three times in weight of all the above-named combined, is to be thrown, little by little,upon the melted substance,the whole thing being rolled, constantly, by means of an iron ladle.

The substance is then to be rubbed with as much purified mercury, as is necessary to form a solid amalgam (without leaving any superfluous mercury in a liquid state). The lump, thus prepared, is to be kept buried, for one month, under the roots of a bhalla'taka tree. It is then to be taken out, and kept immersed, for some time, in cow's milk. It is next to be kept in an iron pot, the inner surface of which has been smeared with clarified butter. It is next to be roasted in that iron pot with one prastha (sixty four tola's) of oil, extracted from bhalla'taka fruits by means of the pa'ta'la jantram (see page 264,vol.1). It is next to be roasted, in that iron pot, with sulphur,previously subjected to bha'vana' with the same kind of oil, extracted from bhalla'taka fruits. The roasting is to be continued, till the whole thing is reduced to ashes. These ashes are then to be mixed with an equal quantity of mercury, reduced to ashes, by being rubbed, over and over again, with the juice of the leaves of yellow jhinti, and dried, each time, it is so rubbed. The compound is next to be rubbed with the juices of each of the following, in succession, and dried each time it is so rubbed :—wild shuranam, nirgundi, maha'ra'shtri gajakarni, (hastikarna-pala'sha ? or hasti shundi ?), asthisanha'ra, and roots of chitraka. It is then to be rubbed, for three times, with the juice of bhringara'ja, and powdered,when dried. Dose, three

ractis,. each, to be taken with jama'ni, roots of chitraka, biranga, and clarified butter. This medicine cures piles, diseases affecting the mouth, nose, and eyes; painful ailments affecting the rectum, enlargement of spleen and liver chronic diarrhoea, gulma, indigestion, and leprosy.

महोदयप्रत्ययसार रसः ।

रसग्रस्तसमुद्गीर्ण गन्धकस्य पलत्रयम् । मृतसूताभ्रताम्राय: कर्ष कर्ष पृथक् पृथक् ॥ पलं हिङ्गुलचूर्णस्य माक्षिकस्य पलत्रयम् । पलं कम्पिल्लकस्यापि विषस्यार्द्धपलं तथा ॥ सप्ताहं मर्दयेत् सर्व्वं दत्वा चूर्णोदकं मुहुः । ततस्तद्गोलकं कृत्वा सप्ताहं चातपे क्षिपेत् ॥ गुड़चूर्णं शिलाचूर्णं लिम्पेदङ्गुलिकाघनम् । त्रिपलं गन्धकं दत्त्वा क्रौञ्चग्रामथ च गोलकम् ॥ गोलकस्योपरिष्टाच्च क्षिपेत्तालपलत्रयम् । संरुध्यातिप्रयत्नेन दद्याद्गजपुटं खलु ॥ स्वाङ्गशीतलमाहृत्य गोलकं लेपनैः सह । विचूर्ण्य सप्तवारं हि विषतिन्दुफलोद्भवैः ॥ द्रवैरथातपे शुष्कं क्षिपेद्रम्ये करण्डके । त्रिंशदंशेन वैक्रान्तभस्म तस्मिन् विनिक्षिपेत् ॥ अयं हि नन्दीश्वरसंप्रदिष्टो रसो विशिष्टः खलु रोगहन्ता । निःशेषरोगेष्वहतप्रतापो महोदयप्रत्ययसारनामा ॥ हन्यात् सर्व्वगुदामयान् क्षयगदं कुष्ठं च मन्दाग्नितां शूलाध्मानगदं कफं श्वसनतामुन्मादकापस्मृती । सर्वां वातरुजो महाज्वरगदान् नानाप्रकारांस्तथा वातश्लेष्मभवं महामयचयं दुष्टग्रहण्यामयम् ॥

Mahodaya-pratyayasa'ra rasa.

Twelve tola's of sulphur, extracted from kajjali or black sulphate of mercury; one tola, each, of incinerated

mercury, mica', copper, and iron ; four tola's of cinnabar, twelve tola's of copper-pyrites, four tola's of kampilla and two tola's of aconite are to be rubbed together for seven, days, with lime water, made into a lump, and dried in the sun for a week. This lump is then to be coated all over with a paste, one anguli thick, prepared from an equal quantity of molasses, lime, and realger. In a crucible, put twelve tola's of powdered sulphur, upon which the lump is to be kept, covered with twelve tola's of powdered orpiment. Then, close the mouth of the crucible very carfully. It is next to be heated by gajaputam. When cooled by radiation of heat, the contents of the crucible are to be taken out, powdered and subjected to bha'vana',for seven times, with the juice of nuxvomica. When dried in the sun, the substance is to be mixed with one thirtieth its quantity of incinerated vaikra'nta (garnet). This madicine cures all sorts of piles, phthisis, leprosy, indigestion, colic, flatulence, cough, asthma, insanity, apoplexy, all sorts of diseases due to an excess of va yu, all sorts of malignant fever all sorts of diseases due to an excess of va'yu, and kapha, and chronic diarrhoea of long standing.

हिरण्यसुन्दर रसः ।

रसं च धौतमाक्षीकं कान्ताभ्रं नागहाटकम् । पृथ्वीभटेन संतुल्यं सर्व्वतुल्यं च गन्धकम् ॥ दत्त्वा विद्याधरे यन्त्रे पुटेदारण्यकोत्पलैः । स्वाङ्गशीतलमुद्धृत्य त्र्यूषणेन विमिश्रयेत् ॥ अर्शोव्याधौ कटीशूले चक्षुशूले च दारुणे । सन्निपाते क्षये श्वासे कासे मन्दानले ज्वरे ॥ कर्णशूले शिरःशूले दन्तशूले प्रयोजयेत् । पीनसे प्लीह्नि हृच्छूले

ग्रन्थिवाते च दारुणे ॥ ऐकाङ्गे वा धनुर्व्वाते कम्पवाते च मूर्च्छिते । ज्वरांश्च विषमान् सर्व्वान् हन्ति रोगाननेकधा ॥ सेवितः पथ्ययोगेन रसः हिरण्यसुन्दरः । गुञ्जामात्रं ददीतास्य यथायुक्तानुपानतः ॥ घृतेन संयुतो वाते मधुना पैत्तिके ज्वरे । पिप्पल्या श्लैष्मिके देयं पित्तोद्भूते च चान्दनैः ॥ तक्रेण श्लेष्मवातोत्थे वातपित्ते घृतान्वितम् । श्लेष्मपित्ते चार्द्रकेण निर्गुण्ड्या सान्निपातिके ॥ फलत्रयेण शूलेषु विषमेषु ज्वरेष्वथ । आर्द्रकेनाथवा दद्याद्वह्निमान्द्ये विशेषतः ॥ अभिष्यन्दे शिरःशूले गायत्रीवोलसंयुतम् ॥ पक्षिमांससमायुक्तं कफवाते च मूर्च्छिते ॥ एकाङ्गे च धनुर्व्वाते क्षीरयुक्तं च पीनसे । पाण्डुरोगे क्षये कासे मरिचाज्यैश्च कामले ॥ अजमोदाविड़ङ्गैश्च नाभिशूलेऽग्निमान्द्यजित् । रक्तज्वरेऽरुचौ देयः कदलीफलसंयुतः ॥ वोलेनार्द्र कटीशूले भाषितं नागवोधिना ॥

Hiranya-sundara rasa.

Equal quantities of mercury, copper pyrites, load-stone, mica', lead, gold, and incinerated essence of bhuna'ga (see page 236. vol II) ; and sulphur, equal in quantity to all the fore-going combined, are to be rubbed together, and heated by means of the Vidya'dhara jantram (see page 25I. vol. 1), in a fire, made of cowdung, found dried in pasturage. When cooled by radiation of heat, the contents of the vessel are to be taken out, and mixed with an equal quantity of powdered trikatu. This medicine cures piles, consumption, asthma, cough, indigestion, fever, pain in the ears, head, and teeth ; pinasa (chronic catarrh), enlrgement of spleen, pain in the heart, malignant gout, partial paralysis, titanus,

paralysis with tremor, apoplexy, and all sorts of chronic fever. Dose, one racti each, to be taken with honey or honey and sandle paste only in fever due to pittam; with powdered pippali in fever due to phlegm with butter milk in diseases due to va'yu and kapha; with clarified butter in diseases due to va'yn and pittam; with ginger juice in diseases due to kapha and pittam; with leaves of nirgundi in diseases due to the three dosas; with triphala' in colic and chronic fever: with ginger juice in indigestion. the decoction of khadira and bola in catarrh and headache; with the soup of bird's meat in apoplexy and diseases due to an excess of kapha and va'yu; with milk in partial paralysis, titanus, and pinasa (chronic catarrh); with clarified butter and powdered maricha in anemia, cough due to consumption. and jaundice, with ajamoda' and biranga in colic in the navel, and indigestion, with ripe banana fruit in loss of appetite and fever which makes the patients body coarse and dry; and with bola in sciatica affecting only one-half of the waist.

अर्केश रसः ।

नागं पारदगन्धकं त्रिलवणं वार्य्यर्कजं मेलयेत् एकैकं च पलं पलं त्रयमतः पञ्च क्रमान्मर्द्दयेत् । मर्द्दं तद्दिवसत्रयं तदनु तद्दत्तु पुटं भावनाः कुर्य्यात् सत्रिफलाग्निवेतसरसैः पञ्चाधिका विंशतिः ॥ पश्चैतत् क्रमशस्ततो गुड़नैर्द्दत्तोऽस्य वल्लो जलैर्हन्त्यर्शांस्यखिलानि शूरणघृतैस्तस्यान्नमस्मिन् हितम् ॥ अर्केशे परिवर्ज्यतामिति मुनिः श्रीवासुदेवोऽवदत् कुष्माण्डोफलमाषपायसमति व्यायाममर्कातपम् ॥

Arkesha rasa

Four tola s, each, of lead and mercury; twelve tola's of

sulphur; and twenty tola's of the three salts (saindhaba, bira, and sauvarchala, combined), are to be rubbed together for three days, with the juice of leaves of arka. The compound. thus prepared, is to be heated by putam, and then subjected to bha'vana' for five days, each, with the juice or decoction of haritaki, a'malaki, bibhitaki, roots of chitraxa, and betasa, the total number of bha'vana's being twenty fiive. Dose, three ractis each, to be taken with molasses, dissolved with water. Diet, to be taken with clarified butter and suranam, after the medicine is digested. This medicine cures all sorts of piles. The following are to be avoided, at the time of taking this medicine :—kusma'nda, ma'sa-grams, rice prepared with milk, physical and mental exercise. in excess aud sun's rays.

तीक्ष्णमुख रसः ।

रसेन्द्रहेमार्कवरालबोलमुरायसं लौहमलाभ्रगन्धाः । ताप्यं च कन्यारसमर्द्दितोऽयं पक्वः पुटे तीक्ष्णमुखोऽर्शसां स्यात् ॥

Tiksna-mukha rasa

Equal quantities of mercury, gold, copper, triphalá, orpiment, bola, mura'-ma'nsi, iron, mandura, mica', sulphur and copper pyrites, are to be rubbed together with the juice of kanya', and heated by putam This medicine cures piles,

अर्शोविनाश रसः ।

श्रेष्ठादन्त्यग्नियुग्मत्रिकटुकहलिनीपीलुकुम्भं विपक्वं प्रस्थे मूत्रस्य सम्यक्पयसि रसपलं द्वे पले गन्धकस्य । लौहस्य त्रीणि ताम्रात्

कुड़वमथ रजः चारयोश्चापि पञ्च चिप्ता स्थाल्यां पचेत् तु ज्वलति दहनतश्च गर्मर्शोविनाशः ॥

Arsha-bindsha-rasa.

One thousand and twenty four tola's of the decoction of meda', roots of danti, roots of chitraka, fruits of bhalla'-taka, trikatu la'ngali, and peelu, are to be boiled with sixtyfour tola's of she-calf's urine and sixty four tola's of milk of snuhi. When sufficiently condensed the following are to be mixed with the substance :—four tola's of mercury, eight tola's of sulphur, twelve tola's of iron, sixteen tola's of copper, and eight tola's, each, of sarjiksa'ra and javak-sa'ra. The whole thing is to be heated in an iron pot, placed upon fire, which is to be extinguished, when the whole thing is reduced to ashes. This medicine cures piles.

त्रैलोक्यतिलक रसः ।

शुद्धकृष्णाभ्रजं सत्त्वं शोधितं काचटङ्कणम् । रेतयित्वा रजः कृत्वा भर्जयित्वा घृतेन तत् ॥ अष्टांशसस्यकोपेतं पुटेद्वारत्रयं ततः । त्रिवारं नृपावर्त्तेन लुङ्गस्वरसयोगिना ॥ चतुर्वारं च वर्षाभुवासामत्स्याचिकारसैः । गुग्गुलुत्रिफलाक्वाथै स्त्रिंशद्वाराणि यत्नतः ॥ तुल्यांशरसगन्धोत्थकज्जल्याष्टांशभागया । पुटेत् पञ्चाशतं वारान् मर्द्दयेच्च पुटे पुटे ॥ शोधितं रेतितं कान्तसत्त्वं च घृतमर्दितम् । पुटेदष्टांशदरदैः संयुतं लकुचाम्बुना ॥ दशवारं तथा सम्यक् तारैः शुद्धैर्मनोह्वया । तथा विंशति वाराणि वलिना मीनदृग्रसैः ॥ दशवाराणि

ताप्येन कृष्णागोघृतयोगिना । उभयं समभागं तत् पुटेन्त्रिगुण्डिकारसैः ॥ रसगन्धोत्थकज्जल्या दशवारं पुटेत् पुनः । तस्मिन्नष्टांशभागेन क्षिपेद्वैक्रान्तभस्मकम् ॥ राजावर्त्तं कलांशेन समभागेन पर्पटी । तत् सर्व्वं परिमर्द्याथ भावयित्वार्द्रकाम्बुना । गुड़ूच्याः स्वरसेनापि भूकदम्बरसेन वा । भृङ्गराजरसेनापि चित्रमूलरसेन च ॥ व्योषगञ्जाकिनीकन्दैर्मूर्योऽप्यार्द्रद्रवेण च । पटचूर्णमतः कृत्वा क्षिपेच्छुद्धकरण्डके ॥ त्रैलोक्यतिलकः सोऽयं ख्यातः सर्व्वरसोत्तमः । सर्व्वव्याधिहरः श्रीमान् शम्भुना परिकीर्त्तितः ॥ उदावर्त्तं च विड़्वन्धं व्यथां च जठरोद्भवाम् । लोहलमन्दवुद्धित्वं शूलित्वमपि वन्ध्यताम् ॥ सूतिरोगानशेषांश्च शूलं नानाविधं तथा । परिणामाख्यशूलं च तथा भिन्द्यात् समुत्कटम् ॥ रक्तगुल्मं च नारीणां रजःशूलं च दुःसहम् । अनुपानं च पथ्यं च तत्तद्रोगानुरूपतः ॥

Trailakya-tilaka-rasa.

Equal quantities of essence of mica,, purified glass, and bora'x, are to be powdered by filing. aud fried with clarified butter. The compound is then to be mixed with one eighth its quantity of incinerated sasyaka (see page 110, vol II), and heated by putam . for three times. It is next to be mixed with an equal quantity of ra ja'barta (see page 248, vol III) rubbed with the juice of ma tulunga. and heated by putam for three times. It is next to be rubbed with the juices of punarnaba', ba'saka, and hilamochika, and heated by putam, for four times. It is next to be rubbed with the decoction of guggulu, and triphala and heated by putam for thirty

times, The compound is then to be mixed with one-eighth its quantity of kajjali (mercury and sulphur rubbed in equal quantities, to form a black powder), and heated by putam, for fifty times. In performing the acts of putam, care should be taken to see that the substance is rubbed with the juice of the prescribed herbs, every time, the heating of putam is resorted to. (In the last case, the substance is to be mixed only once, with kajjali and rubbed with water only, before every act of putam.) The compound is then to be mixed with an equal quantity of ka'nta iron, reduced to ashes, and rubbed with clarified butter. The compound, thus formed, is to be mixed with one eighth its quantity of cinnabar, and heated by putam, for ten times, being rubbed each time, with the juice of lakucha. The compound is next to be mixed with one-eighth its quantity of silver, and realger, combined, and heated by putam, for ten times, being rubbed each time, with water only. It is then to be mixed with one eighth its qnantity of sulphur and heated by putam, for twenty times, being rubbed each time, with the juice of hilamochika. The compound is next to be mixed with an equal quantity of clarified butter, prepared from black cow's-milk. It is next to be mixed with one-eighth its quantity of copper pyrites, and heated by putam, for ten times, being rubbed each time with the juice of leaves of nirgundi.

The compound is again to be mixed with one-eighth its quantity of kajjali (prepared by rubbing equal quantity of mercury and sulphur and heated by putam, for ten times, rubbing each time with water. The compound, thus prepared, is to be mixed with one-eighth its quantity of incinerated vaikranta (garnet), one-sixteenth its quantity of raja-varta (lapis lazuli), and

equal quantity of rasaparpati (see page 262). It is next to be subjected to bha'vana' with the juice or decoction of the following, in succession :—ginger, guruchi, bhukadamba, bhringara'ja, roots of chitraka, trikatu, tuber of ganja kini, (carrot and turnip), and ginger (for the second time) When dried, the whole thing is to be powdered and sifted by means of a peice of cloth. This medicine cures all sorts of diseases, and specially, udávarta, constipation, colic, paralysis of the tongue, dullness of intellect, sterility, sutiká, colic felt at the time of digestion of food, racta-gulma, and painful menstruation. Diet and accompaniment are to be decided upon, in consideration of the nature of disease.

करुणामय रसः।

रसस्तु पादिकस्तुल्या विडङ्गमरिचाभ्रकाः। गङ्गापालङ्कजरसे
खल्लयित्वा पुनः पुनः॥ रक्तिमात्रा गुदार्शोघ्नी वह्नेरत्यर्थदीपनी।
रसोऽयं करुणामयश्चार्शसां कुलनाशनः॥

Karunámaya rasa.

One fourth part of incinerated mercury, and one part, each, of biranga, maricha, and micá are to be rubbed together with the juice of gangá-pálanka (gangá-patri, or pachá-pátá), and made into pills, one racti, in weight, each. This medicine cures internal piles and increases appetite.

तीक्ष्णादन रसः।

मृतसूतार्कहेमाभ्रतीक्ष्णं मुण्डञ्च गन्धकम्। मण्डूरञ्च समं

तापं मर्द्दं कन्याद्रवै दिनम् । अन्धमूषागतं सर्व्वं ततः पाच्यं दृढ़ाग्निना ॥ चूर्णितं सितया माषं खादेत् तच्चार्शसां हितम् । रसस्तीक्ष्णादनोनाम चासाध्यमपि साधयेत् ॥

Tiksnàdana rasa.

Equal quantity of incinerated mercury, copper, gold, micá, steel pig iron, sulphur, mandura, and copper-pyrites are to be rubbed, for one day, with the juice of kanyá. The lump thus made is to be confined in a blind crucible and heated by a strong fire. Dose, six ractis, each, to be taken with sugar. This medicine cures piles, otherwise incurable.

अर्शःकृपाण रसः ।

शुद्धसूतं द्विधागन्धं मृतलौहञ्च ताम्रकम् । प्रत्येकं द्विपलं दन्ती त्र्यूषणं शूरणं तथा ॥ शुभाटङ्कयवक्षारसैन्धवं पलपञ्चकम् । पलाष्टकं स्नूहीक्षीरं द्वात्रिंशञ्च गवां जलैः ॥ आपिण्डितं पचेदग्नौ खादेन् माषद्वयं ततः । रसश्चार्शःकृपाणोऽयं सर्व्वरोगकुलान्तकः ॥

Arsha-kripàna-rasa.

Four tolás of mercuty, eight tolás, each, of sulphur, iron, copper, danti, trikatu and suranam, five tolás, each, of bansha-lochana, borax, javaksára, and rock salt; and thirty-two tolás of milk of sunhi, are to be mixed together, and boiled with hundred and twenty-eight tolás of calf's urine, by mild heat in an iron pot, till the whole thing is dried up. Dose, twelve ractis each.

चक्रधर रसः ।

मृतसूताभ्रवैक्रान्तं ताम्रं कांस्यं समं समम् । सर्व्वतुल्येन गन्धेन दिनं भल्लातकद्रवैः ॥ मर्द्दयेत् यत्नतः पश्चाद् वटीं कुर्याद्-द्विगुञ्जिकाम् । भक्षणात् गुदजान् हन्ति अर्शांसि सपरिग्रहान् । चक्रधररसो ह्ययं सर्व्वगुदामयप्रणुत् ॥

Chakradhara rasa.

Equal quantities of incinerated mercury, mica', garnet, copper, and bell-metal, and sulphur equal in quantity to all the above named, combined, are to be rubbed, for one day, with the decoct on of bhalla'taka, and made into pills, two ractis, in weight, each. This medicine cures all sorts of piles.

चञ्चत्कुठार रसः ।

रसगन्धकलौहानां प्रत्येकं भागयुग्मकम् । त्रिकटुदन्तिकुष्ठैकं षड्भागं लाङ्गलस्य च ॥ क्षारसैन्धवटङ्कानां प्रत्येकं भागपञ्चकम् । गोमूत्रस्य च द्वात्रिंशत् स्नुहीक्षीरं तथैव च ॥ यावच्च पिण्डितं सर्व्वं तावन्मृद्वग्निना पचेत् । माषद्वयं ततः खादेत् दिवास्वप्नादि वर्ज्जयेत् । रसश्चञ्चत्कुठारोऽयमर्शसां कुलनाशनः ॥

Chanchat-kuthara rasa.

Two parts, each, of mercury, sulphur, and iron; one part, each, of trikatu, danti, and kustha; six parts of langali;

and five parts, each, of javaksára, rock salt and borax ; thirty-two parts, each, of calf's urine, and milk of snuhi are to be mixed together and boiled in an iron pot by mild heat, till the whole thing is dried up. Dose, twelve ractis, each. This medicine cures all sorts of piles. Sleeping in day-time is specially to be avoided.

शिलागन्धकवटकः ।

शिलागन्धकयोश्चूर्णं पृथग्भृङ्गीरसाप्लुतम् । सप्ताहं भावयेत् सर्पिर्मधुभ्याञ्च विमर्द्दयेत् ॥ अर्शःसञ्चानुलोम्यार्थं हताग्निबलवर्द्धनम् । रक्तिकाद्वितयं खादेत् कुष्ठादिरहितो नरः ॥

Shilä-gandhaka bataka.

Powdered realgar and sulphur, are to be separately subjected to bhávaná, for seven times, with the juice of bhringarája. Equal quantities of these two powders are to be rubbed together with honey and clarified butter. Pills are then to be made, two ractis, in weight, each. This medicine cures indigestion piles and leprosy.

पञ्चमुख रसः ।

मृतसूताभ्रलौहानि मृतार्कगन्धकैः सह । सर्व्वानि समभागानि भल्लातं सर्व्वतुल्यकम् ॥ वन्यशूरणकन्दोत्थैर्द्रवैर्योग्यप्रमाणतः । मर्द्दयेद्दिनमेकञ्च माषमात्रं पिवेद्घृतैः ॥ भक्षणाद् हन्ति सर्व्वानि चार्शांसि च न संशयः । रसः पञ्चमुखाह्वयः कुष्ठार्शसां विनाशनः ॥

Panchamukha rasa

Equal quantities of incinerated mercury, mica', iron, copper and sulphur, and bhalla'taka, equal in quantity to all those combined, are to be rubbed together, for one day, with an adequate quantity of the juice of wild shuranam. Pills are then to be made six ractis, in weight, each, to be taken with clarified butter. This medicine cures piles and leprosy.

नित्योदित रसः ।

मृतसूतार्कलौहाभ्रविषं गन्धं समं समम् । सर्व्वतुल्यांशभल्लातफलमेकत्र चूर्णयेत् ॥ द्रवैः शूरणकन्दोत्थैर्भाव्यं खल्ले दिनत्रयम् माषमात्रं लिहेदाज्यै रसश्चार्शांसि नाशयेत् । रसो नित्योदितो नाम गुदोद्भवकुलान्तकः ॥

Nityodita rasa.

Equal quantities of incinerated mercury, copper, iron, mica', aconite and sulphur ; and fruits of bhalla'taka equal in quantity to all those combined, are to be powdered very fine, mixed together, and subjected to bhavana', for three days, with the juice of shuranam. Dose, six ractis, each to be taken with a little of clarified butter. This medicine cures all sorts of piles.

अष्टाङ्गरसः ।

गन्धं रसेन्द्रं मृतलौहकिट्टं फलत्रयं त्र्यूषणवह्निभृङ्गम् । कृत्वा

सम' शाल्मलिकागुडूचीरसेन यामत्रितय' विमर्द्दय । निष्क-प्रमाण' गदितानुपानैः सर्व्वाणि चार्शांसि हरेद्रसस्य ।

Astánga rasa.

Equal quantities of sulphur, mercury, mandura, triphala', trikatu, roots of chitraka and leaves of bhringarája, are to be rubbed together, for nine hours, with the juices of shálmali, and guruchi. Pills are then to be made one-fourth tolá, in weight, each. This medicine cures all sorts of piles, if taken with suitable accompaniment.

अर्शोरोगे पर्पटी प्रयोगः

शुभफलद एव ।

Application of parpati in piles is found to be very efficacious.

अर्शोरोगे पथ्यानि ।

विरेचन' लेपनमस्रमोक्षः क्षाराग्निशस्त्राचरितञ्च कर्म्म । पुरातना लोहितशालयश्च सषष्टिकाश्चापि यवाः कुलत्थाः ॥ पटोलपत्तूर-रसोनवह्नि पुनर्नवाशूरणवास्तुकानि । जीवन्तिका दन्तशठा सुरा च त्रुटिर्वयस्था नवनीततक्रम् ॥ कक्कोल धात्री रुचक' कपित्थ-मौष्ट्रानि मूत्राज्यपयांसि चापि । भल्लातक' सर्षपजञ्च तैल' गोमूत्र सौवीरतुषोदकानि । वातापह' यच्च यदग्निकारि तदन्नपान' हितमर्शसेभ्यः ॥

Diet and actions beneficial in piles.

The following are benencial in piles :—purgation, ointment prescribed, (in Charaka, Sushruta and other works on purely herbal medicines), shedding of blood, application of alchális and heating, as prescribed in (Sushruta, etc.), surgical operation ; such food stuffs as rice obtained from sháli and sastika paddy of two or three years' standing, barley, kulattha gram, patola, shálincha, garlic leaves of chitraka, punarnavá, tuber of shuranam, ba'stuka, jivanti, lemon, wine, small ela', bra'hmi, butter, butter-milk, kakkola, a'malaki, citron, kapittha, urine, clarified butter and milk of camel, bhalla'taka, mustard oil, cow's urine, sauvira, tusha'mbu (see page 382, vol III), and all sorts of food stuff and drinks possessing the power of pacifying va'yu and increasing the digesting heat.

अर्शोरोगेऽपथ्यानि ।

आनूपमामिष' मत्स्य' पिन्याक' दधिपिष्टकम् । माषान् करीरं निष्पाव' बिल्व' तुम्बीमुपोदिकाम् । पक्वान्न' शालूकं सर्व्व' विष्टम्भीणि गुरूणि च । आतप' जलपानानि वमन' वस्तिकर्म्म च । विरुद्धानि च सर्वाणि मारुत' पूर्व्वदिग्भवम् । वेगरोध' स्त्रिय' पृष्ठ-यानमुत्कटकासनम् ॥ यथास्व' दोषलञ्चान्नमर्शसः परिवर्ज्जयेत् । यत् पथ्य' यदपथ्यञ्च वक्ष्यते रक्तपित्तिनाम् । रक्तार्शोरोगिनां तत्तदपि विद्याद्विशेषतः ॥

पञ्चमोऽध्यायः।

अथोदर निदानम्।

रोगाः सर्व्वेऽपि मन्देऽग्नौ सुतरामुदराणि च। अजीर्णान्मलिनैश्चान्नैर्जायन्ते मलसञ्चयात्॥ रुद्धा स्वेदाम्बुवाहीनि दोषाः स्रोतांसि सञ्चिताः प्राणाग्न्यपानान् संदूष्य जनयन्त्युदरं नृणाम्॥ आध्मानं गमनेऽशक्तिदौर्ब्बल्यं दुर्ब्बलाग्निता। शोथः सदनमङ्गानां सङ्गो वातपुरीषयोः॥ दाहस्तन्द्रा च सर्वेषु जठरेषु भवन्ति हि। पृथग्दोषैः समस्तैश्च प्लीहबद्धक्षतोदकैः॥ संभवन्त्युदराण्यष्टौ तेषां लिङ्गं पृथक् शृणु। तत्र वातोदरे वायुर्जायते जठरे सदा। स्पन्दो मणिपुरस्याधः शायते करचापतः॥ उद्गारो जठरे भारस्तथा च मलबद्धता। स्फीतिश्च जठरस्यापि वाताधिक्यात् कदापि वा॥ दोषाधिक्यादपि शोथः पाणिपान्नाभिकुक्षिषु॥ कुक्षिपार्श्वोदरकटीपृष्ठरुक् पर्व्वभेदनम्। शुष्ककासोऽङ्गमर्द्दोऽधोगुरुता मलसंग्रहः॥ श्यावारुणत्वगादित्वमकस्माद् वृद्धिह्रासवत्। सतोदभेदमुदरं तनुकृष्णशिराततम्॥ आध्मातदृतिवच्छब्दमाहतं प्रकरोति च। वायुश्चात्र सरुक्शब्दोविचरेत् सर्व्वतोगतिः॥ वातोदरे चिरोत्पन्ने नोपशान्ते जायते वै। मणिपुरसमन्तात् तु प्रत्यष्ठिलाथवाष्ठिला॥ तयेव क्षयसूचके चोरः क्षतकरे तथा। कार्य्यं चिकित्सनं तयोर्यत्नतः क्षयरोगवत्। नाभेरधस्तात् संजातः संचारी यदि वाचलः। अष्ठिलावद् घनो ग्रन्थिरूर्द्धमायत उन्नतः॥ वाताष्ठीलां विजानीयाद् वहिर्मार्गावरोधिनीम्। ऐतामेव रुजोपेतां वातविण्मूत्ररोधिणीम्। प्रत्यष्ठीलामिति वदेज् जठरे तीर्य्यगुत्थिताम्॥ पित्तोदरे

ज्वरो मूर्च्छा दाहस्तृट् कटुकास्यता। भ्रमोऽतिसारः पीतत्वं त्वगादावुदरं हरित्॥ पीतताम्रशिरानद्धं सस्वेदं सोष्म दह्यते॥ धूमायते मृदुस्पर्शं क्षिप्रपाकं प्रदूयते॥ श्लेष्मोदरेऽङ्गसदनं स्वापश्वयथुगौरवम्॥ निद्रोत्क्लेशोऽरुचिः श्वासः कासः शुक्लत्वगादिता। उदरं स्तिमितं स्निग्धं शुक्लराजीततं महत्। चिराभिवृद्धिकठिनं शीतस्पर्शं गुरु स्थिरम्॥ स्त्रियोऽन्नपानं नखलोममूत्रविड़ार्त्तवैर्युक्तमसाधुवृत्ताः। यस्मै प्रयच्छन्त्यरयो गरांश्च दुष्टाम्बु दूषीविषसेवनाद् वा॥ तेनाशु रक्तं कुपिताश्च दोषाः कुर्य्युः सुघोरं जठरं त्रिलिङ्गम्। तच्छीतवाते भृशदुर्द्दिने च विशेषतः कुप्यति दह्यते च। स चातुरो मुह्यति हि प्रसक्तं पाण्डुः कृशः शुष्यति तृष्णया च। दूष्योदरं कीर्त्तित मेतदेव॥ यस्यान्त्रमन्नैरुपलेपिभिर्वा वालाश्मभिर्वा पिहितं यथावत्। सञ्चीयते तस्य मलः सदोषः शनैः शनैः सङ्करवच्च नाड्याम्॥ निरुध्यते तस्य गुदे पुरीषं निरेति कृच्छ्रादपि चाल्पमल्पम्। हृन्नाभिमध्ये परिवृद्धिमेति तस्योदरं बद्धगुदं वदन्ति॥ शल्यं तथान्नोपहितं यदन्त्रं भुक्तं भिनत्त्यागतमन्यथा वा। तस्मात् स्रुतोन्त्रात् सलिलप्रकाशः स्रावः स्रवेद् वै गुदतस्तु भूयः॥ नाभेरधश्चोदरमेति वृद्धिं निस्तुद्यते दाल्यति चातिमात्रम्। एतत् परिस्रावुदरं प्रदिष्टं जलोदरं कीर्त्तयतो निवोध॥ यः स्नेहपीतोऽप्यनुवासितो वा वान्तो विरिक्तोऽप्यथवा निरूढ़ः। पिवेज्जलं शीतलमाशु तस्य स्रोतांसि दूष्यन्ति हि तद्वहानि॥ स्नेहोपलिप्तेष्वथवापि तेषु जलोदरं पूर्व्ववदभ्युपैति। स्निग्धं महत् तत् परिवृत्तनाभि समाततं पूर्णमिवाम्बुना च॥ यथा दृतिः क्षुभ्यति कम्पते च शब्दायते चापि जलोदरं तत्॥ बहूदरामयानां हि यदेकत्र समन्वयः। महोदर स एव स्याद् रोगोऽयमति भीषणः॥

CHAPTER VI.

Diseases affecting the belly.

Slowness of the digesting heat is the cause of all sorts of diseases and especially of those affecting the belly. The latter arise out of indigestion, eating of dirty food and accumulation of stool in the intestines. What happens just before the appearance of these diseases is this : - abnormal excess of the three doshas, accumulated for a long time, block the passages carrying sweats and other fluids, and thereby pollute the pra'na váyu, the apána váyu, and the digesting heat. The following are the common symptoms characterising all sorts of diseases affecting the belly :— flatulence, difficulty experienced in movement, weakness, weakness of the digesting heat, swelling of some of the limbs, lethargy felt in the movement of the limbs, difficulty in passing wind and stool, heating sensation, and drowsiness. These diseases are of eight different kinds, viz., (1) va'todara (formation of gas in the stomach) (2) pittodara (stomach affected by an abnormal excess of pittam), (3) kaphodara stomach affected by an abnormal excess of kapha), (4) tridosodara or dusyodora (stomach affected by an abnormal excess of the three dosas), (5) plihodara and jakrithudara (enlargement of spleen and liver), (6) baddhodara (malignant constipation), (7) kshatodara (ulcer in the belly) and (8) jalodara (dropsy).

Symptoms characterising these different kinds of udara rogas are described below :—

(1) *Va'todara.*

This is signified by the formation, in the stomach, of gas,

which causes the throbbing of the glands down below the navel, felt by the pressure of the fingers ; belching, heaviness felt in the belly ; constipation ; and occasional swelling of the belly due to wind. In advanced stages, the diseases is attended with the following symptoms :—swelling of hands, feet, navel, and belly ; pain in the sides of the belly, stomach, waist, and the back ; pain in the joints of limbs, dry cough, pain in the limbs, heaviness in the lower part of the body, accumulation of stool in the intestines, reddish blackness of the skin, etc., sudden increase or decrease in the size of the belly ; pain and appearance of thin and black arteries all over the belly ; and rise of sound in the belly, resembling that coming out of a bellows when blown. Wind, in this case, moves to and fro in the belly causing pain and sound.

Va'todara of long standidg, if not cured, is generally followed by a growth (due to swelling of the glands round about the navel). It is sometimes movable and sometimes immovable, widened at the top, and projecting upwards. It obstructs the passages of wind, stool, and urine. This growth is called asthila', if it is just below the navel, and pratyasthila', if it is a little outside the navel. Both of them are indicators of waste (consumption) and may lead to ulcers in the lungs (causing sometimes spitting or vomiting of blood). They are to be treated exactly in the same way as phthisis.

(2) *Pittodara.*

The following are the symptoms of pittodara :—fever, loss of consciousness, burning sensation, thirst, bad taste in the mouth, giddiness, diarrhoea, yellowishness of the skin, etc.

The belly, in this disease, becomes wet with perspiration, emiting heat, having a burning sensation, soft in touch, and is pervaded with nerves having yellowish grey or copper-like colours. It seems to emit smoke ; and gradually develops ulceration in the internal surface which becemes full of constant pain.

(3) *Kaphodara.*

The following are the symptoms of this disease :—weakness of the limbs, want of sensitiveness of the skin, swelling, heaviness of the limbs, sleepiness, nausea, aversion to food, gasping, cough, and whiteness of the skin, etc.

The belly, in this disease, becomes large in size, inactive, having a glossy surface, stiff by gradual enlargement, cold in touch, heavy, rigid, and full of nerves white in colour.

(4) *Tridosodara or Dusyodara.*

Food, contaminated by nails, hair, urine, stool, and mense-blood (sometimes mixed by vicious women with the food or drink given to the male objects ol their love unrequited, under the superstitious belief that such a food taken unknowing by a man would make him develop a blind love for the woman who contaminated the food in the above way), or poison resulting from an incongenial combination of food stuff given by enemies, or poisoned fish or polluted water or poison of slow potency, if taken with food, pollute the blood and the three doshas resulting in serious udara-roga due to the abnormal excess of the three doshas.

Such a disease is much increased in a chilly and stormy weather and causes inflammation in the affected region,

making the patient anemic, thin, with his throat dry with thirst, and leading to the loss of his conciousness every now and then.

(5) *Pleehodara and Jakrithudara.*

(see later),

(6) *Baddhodara (malignant constipation).*

The inner surface of the intestines, in this disease, is covered with sticky food, hair, pebbles, etc, and cause the gradual accumulation of stools (like a heap of dust gradually accumulated), which passes out in small quantities and with great difficulty, leading to the enlargement of the space between the heart and the navel.

(7) *Kshatodara.*

Nails, thorns, or such other prickly or pointed substances, taken with food or otherwise found their way inwards, may pierce the intestines and stick to them, causing a profuse discharge, from those places, of watery substance which accumulates in the abdomen below the navel and passes often through the rectum causing an intense pain.

(8) *Jalodara (dropsy).*

Drinking of cold water or anointing the body with oil immediately after drinking of oil, clarified butter or tallow ; application of douche of oil ; vomiting, purgation, or application of a special douche, called niruha basti, corrupts the movements of watery fluids in the system leading to the oozing

out of water from the affected veins and accumulation of the same in the belly, which becomes glossy, enlarged, and swollen causing a painful sensation around the navel. In this disease, the belly, if tossed, rolls, and shakes with a kind of sound, exactly like a leather bag filled with water.

(9) Mahodara

Combination of more than one udara-roga is called mahodara. It is a very troublesome disease.

उदररोग चिकित्सा ।

Treatment of Udara roga.

उदररोगे विरेचनम् ।

आदौ सर्व्वोदराणां च देयमुक्तं विरेचनम् । गोमूत्रैर्वाऽथ गोक्षीरे योज्यमेरण्डतैलकम् ॥ कर्षमात्रः प्रयत्नेन देयो ततो रसः पुनः ॥

Purgation in udara roga.

In all sorts of udara-roga, the patient is first of all to be given a purgative such as binoda-vidyadhara or surechana rasa) or one tola of castor oil mixed with cow's milk or cow's urine. He is then to be given medicines as given below.

जलोदरे जलस्रावः ।

नाभ्यधस्तरे जलस्रावमपि शम्याज् जलोदरम् ।
सर्व्वोदरहरं योज्यं गुड़नागरयोः पलम् ॥

Tapping of water in dropsy.

Tapping of water, a little below the navel, helps to pacify dropsy. Four tolas of molasses combined with shunthi may cure all sorts of udara-roga (in early stages).

Iatro-chemical medicines applicable in udara-rogas.

त्रैलोक्यसुन्दर रसः ।

शुद्धसूतं द्विधा गन्धं ताम्राभ्रं सैन्धवं विषम् । कृष्णजीरं विड़ङ्गञ्च गुड़ूचीसत्त्वं चित्रकम् ॥ उग्रगन्धा यवक्षारं प्रत्येकं कर्षमात्रकम् । निर्गुण्डिकाद्रवैरग्निबीजपुरद्रवैर्दिनम् ॥ मर्दयेच्छोषयेत् सोऽयं रसस्त्रैलोक्यसुन्दरः । गुञ्जाद्वयं घृते लेह्यं वातोदरकुलान्तकम् ॥ वह्निचूर्णं यवक्षारं प्रत्येकञ्च पलद्वयम् । घृतप्रस्थं विपक्तव्यं गोमुत्रैश्च-चतुर्गुणैः । घृतावशेषं कर्त्तव्यं कर्षमात्रं पिबेदनु ॥

Trailokya sundara rasa

One tola, each, of mercury, sulphur, copper, mica, rock-salt, aconite black jeera, biranga, sugar-like essence of guruchi, roots of chitraka, bacha', and java-kshara, and two tola's of sulphur are to be mixed together and subjected to bha'vana' with the juices of nirgundi, roots of chitraka and bijapura, for one day, each. Pills are then to be made, two ractis in weight each, to be taken with a few drops of clarified butter. This medicine cures va'todara.

The following ghritam is to be taken in doses of one

tola' only, just after taking the above medicine: One prastha (64 tolas) of cow's ghritam and eight tolas, each, of powdered roots of chitraka and javaksha'ra are to be boiled (by mild heat in an iron cauldron) with 256 tolas of cow's urine, reducible to 64 tolás (to be sifted by means of a picec of cloth).

इच्छाभेदी रसः।

शुण्ठीमरिचसंयुक्तं रसगन्धकटङ्कणम्। जैपाला द्विगुणाः प्रोक्ताः सर्व्वमेकत्र पेषयेत्॥ इच्छाभेदी द्विगुञ्जः स्यात् सितया सह पाययेत्। पिवेत् तु चुल्लकान् यावत् तावद् वारान् विरेचयेत्॥ तक्रौदनञ्च दातव्यं भेदात् परं यथेच्छया॥

Ichha'bhedi rasa.

One part, each, of shunthi, maricha, mercury, sulphur, and borax, and two parts of croton-seeds are to be rubbed together with water, and made into pills, two ractis in weight, each. One such pill is to be taken with sugar dissolved with water. Bowels will be moved as many times as sugar-water, contained in the hollow of the palm, will be sipped. Diet,. boiled rice with butter-milk, to be given after the evacuation of the bowels.

शीतसेवनान्त रसः।

शुद्धसूतस्य माषैकं गन्धकान्माषकत्रयम्। विभीतकस्य माषैकं धात्र्याश्चैव तु माषकम्॥ माषद्वयञ्च पिपल्याः शुण्ठीनां माषकत्रयम्।

जैपालवीजमज्जाया गुडकं विंशति तथा॥ अम्ललोनीरसैः सार्द्धं तोयमुष्णं पिवेदनु। तावद् विरिच्यते वेगाद् यावच्छीतं न सेव्यते॥

Shita-sebanánta rasa.

one sixteenth tola of mercury, three sixteenth tola of sulphur, one sixteenth tola of bibhitaki, one sixteenth tola of ámalaki, one eighth tola of pippali, three sixteenth tola of shunthi, and 20 in number of purified croton seeds are to be rubbed together with the juice of ámalaki, and made into pills two, ractis tn weight, each, to be taken with a little of hot water and juice of ámalaki. Bowels are moved by this medicine so long as cold water is not drunk.

स्वेच्छाभेदी रसः।

सूतं गन्धञ्च मरिचं टङ्कनं नागराभये। जैपालवीजसंयुक्तं क्रमोत्तरगुणं भवेत्॥ सर्व्वगुल्मोदरे देयः स्वेच्छाभेदी त्वयं रसः। द्वित्रिगुञ्जां वटीं भुक्ता भक्ततोयं पिवेदनु॥

Swechha-bhedi rasa.

One part of mercury, two parts of sulphur, three parts of maricha, four parts of borax, five parts of shunthi, six parts of haritaki, and seven parts of croton seeds are to be rubbed together, and made into pills two or three ractis in weight each, to be taken with water in which boiled rice has been washed.

जलोदरहर रसः।

पिप्पली मरिचं ताम्रं रजनीचूर्णसंयुतम्। स्नुहीक्षीरैर्दिनं

मह्ट्रं तुल्यं जैपालवीजकम् ॥ नित्यं गुञ्जाद्वयं खादेत् सद्यो हन्ति जलोदरम्। जलोदरहरो नाम रसो जलोदरप्रणुत् ॥ रेचनानाञ्च सर्वेषां दध्यन्नं स्तम्भने हितम्। दिनान्ते च प्रदातव्यमन्नं वा मुद्गयूषकम् ॥

Jalodara-hara rasa.

One part each, of pippali, maricha, copper, and powdered turmeric, and four parts of croton seeds are to be rubbed together, for one day, with the milk of snuhi, and made into pills, two ractis in weight, each. This medicine cures dropsy very soon. Diet, curd mixed with boiled rice, which can stop movement of the bowels, quickly. Boiled rice with juice of mudga should also be given in the afternoon.

जलोदरारि रसः।

रसेन गन्धं द्विगुणं शिला च निशा च वीजं जयपालकस्य। फलत्रयं त्र्यूषणकञ्च चित्रं सर्व्वं विचूर्ण्यापि विभावयेच्च॥ दन्तीस्नुहीभृङ्गरसे पृथक् च सम्भाव्य संशोष्य च सप्तवारान्। वयोवलं वीक्ष्य तथा ददीत जाते विरेके च ददीत पथ्यम्॥ अन्नं सतक्रं शिशिरानुशायि जाते वले तत् पुनरेव दद्यात्। तक्रेण रोगः समुपैति शान्तिं सिद्धो रसो नाम जलोदरारिः॥

Jalodara'ri rasa

One part of mercury, one part of sulphur, and two parts, each of realgar, haridra', croton seeds, triphala', trikatu, and roots of chitraka, are to be mixed together, and subjectsd to bha'vana', for seven times each, with the juices, respectively, of roots of danti, leaves of snuhi, and leaves of bhringara'ja. Dose to be decided upon in consideration of the age and strength of the patient. Cold diet is to be given with butter-milk, after a sufficient movement of the bowels. Butter-milk is to be drunk by the patient, every now and then. This medicine cures jalodara (dropsy).

नाराच रसः।

सूतं टङ्गणतुल्यांशं मरिचं सूततुल्यकम्। गन्धकं पिप्पली शुण्ठी द्वौ द्वौ भागौ विचूर्णयेत्॥ सर्वतुल्यं क्षिपेद् दन्तीवीजं निस्तुषमेव च। द्विगुञ्जो रेचनं सिद्धं नाराचोऽयं महारसः। गुल्म प्लीहोदरं हन्ति पिवेत् तण्डुलवारिणा॥

Na'ra'cha rasa.

One part, each of mercury, borax, and maricha, and two parts, each, of sulphur, pippali, and shunthi, and nine parts of purified croton seeds are to be rubbed with water and made into pills, two ractis in weight each. to be taken with honey and rice water (i, e water in which powdered rice has been kept immersed for at least twenty four minutes). This medicine cures gulma and spleen.

वह्निरसः।

सूतस्य गन्धकस्याष्टौ रजनी त्रिफला शिलाः। प्रत्येकञ्च द्विभागं स्यात् त्रिवृज्जैपालचित्रकम्॥ प्रत्येकं स्यात् त्रिभागञ्च व्योषं दन्तिकजीरकम्। प्रत्येकं सप्तभागं स्यादेकीकृत्य विचूर्णयेत्॥

जयन्तीस्नुकपयोभृङ्ग-वह्नि-वातारितैलकैः। प्रत्येकेन क्रमाद्भाव्यं सप्तवारं पृथक् पृथक्॥ महावह्निरसो नाम्ना निष्कमुष्णजलैः पिवेत्। विरेचकं भवेत् तेन तक्रभक्तं ससैन्धवम्॥ दिनान्ते दापयेत् पथ्यं वर्जयेच्छीतलं जलम्। सर्व्वोदरहरः प्रोक्तः श्लेष्मवातहरः परः।

Maha'-bahni rasa.

Eight parts, each, of mercury and sulphur; two parts, each, of haridra'; triphala', and manas-shila'; three parts, each, of roots of trivrit, croton seeds, and roots of chitraka, and seven parts, each, of trikau, roots of danti, and jeera' are to be mixed together, and subjected to bha'vana', for seven times each, in succession, with the juice of leaves of jayanti, milk of snuhi, juice of bhringara'ja leaves, decoction of roots of chitraka, and castor oil. Dose one fourth of a tola' to be taken with hot water. Diet, boiled rice with butter-milk and roek-salt, to be taken only in the after-noon. Cold water is to be avoided. This medicine cures all sorts of udara-roga and excess of va'yu and kapha.

पिप्पल्याद्यं लौहम्।

पिप्पलीमूलचित्राभ्र-त्रिकत्रयेन्दुसैन्धवम्।
सर्व्वचूर्णसमं लौहं हन्ति सर्व्वोदरामयम्॥

Pippalya'dya lauha.

Equal quantity of roots of pippali, roots of chitraka, mica,

trikatu, triphala', trimada (roots of chitraka, musta', and biranga), camphor, and rock-salt are to be mixed with iron, equal in quantity to all the above-named combined. This medicine cures all sorts of udara-roga. (Dose, six ractis, each.)

उदरारिरसः।

पारदं शिखितुत्थञ्च * जैपालं पिप्पलीसमम्। आरग्वधफलान् मज्जा वज्रीक्षीरेण मर्द्दयेत्॥ माषमात्रां वटीं खादेत् स्त्रीणां जलोदरं जयेत्। चिञ्चाफलरसं चानु पथ्यं दध्योदनं हितम्। जलोदरहरश्चैव तीव्रेण रेचनेन च॥ *शिखि इत्यत्र शुक्ति इति पाठान्तरम्।

Udara'ri rasa.

Equal quantities of mercury, copper-sulphate, croton seeds, and pippali are to be rubbed together with the (black-coloured) kernel of a'rag-badha, and made into pills, six ractis in weight, each. Pulp (i, e, the soft portion clinging to the seeds) of tamarind, dissolved with water, is to be drunk after taking the medicine. Diet, curd with boiled rice. This medicine is a strong purgative. It cures dropsy, especially of women-folk.

श्रीवैद्यनाथादिष्ट रसः।

त्रिकटुकपारदपथ्यासमभागं कानकफलं द्विगुणम्। माषप्रमाणा वटिका कार्य्या स्वरसेनाम्ललोनिकायाः॥ प्रवलजलोदरगुल्मज्वरपाण्डुामयनाशिनी प्रोक्ता। सतिमिरपटलविद्रधिप्रवलोदावर्त्त-

शूलहरी ॥ क्रिमिकोठकुष्ठकण्डुपिड़काश्च निहन्ति रोगचयम् ॥ सिद्धरसः प्रथितो भुवने श्रीवैद्यनाथपादाज्ञा ॥

Baidyana'tha'desha rasa.

Equal quantities of trikatu, incinerated mercury, and haritaki are to be mixed with croton seeds, double in quantity of all the above-named combined, and rubbed with the juice of cha'ngari. Pills are then to be made, six ractis in weight, each. This medicine cures dropsy, gulma, fever, anemia, loss of eye-sight, growth of a white spot inside the pupil of the eye, bidradhi (a kind of tumour), uda'barta, colic, worms and leprosy. This medicine was communicated in a dream, to a certain devotee by Lord, Vaidyana'tha.

वीरज रसः ।

रसो गन्धो विषं तालं त्रिकटु त्रिफला तथा । टङ्कणं समभागञ्च जयपालं चतुर्गुणम् ॥ भृङ्गराजरसेनाथ केशराजरसेन वा । मधुना वटिका कार्य्या गुञ्जाद्वयमिता शुभा ॥ वीरजाख्यो रसः ख्यातः शोथोदरविनाशनः । कामलां पाण्डुरोगञ्च आमवातं हलीमकम् । हन्यात् भगन्दरं कुष्ठं प्लीहानं गुल्ममेव च ॥

Biraja rasa.

One part, each, of mercury, sulphur, aconite, orpiment, trikatu, and bora'x, and four parts of croton seeds are to be rubbed together with the juice of bhringara'ja or keshara'ja

and honey, and made into pills, two ractis in weight. each. This medicine cures dropsy, udara-roga, jaundice, anemia, rheumatism, fistula, leprosy, spleen, and gulma.

विनोद-विद्याधर रसः ।

रसेन्द्रवलिटङ्कणैः सजयपालवीजैः समै रसः सुमर्दितो भवेत् खलु विनोदविद्याधरः । पयोगुड़युतो हरेत् सकलरेचनीयामयान् ज्वरं च जठरामयान् गुदगदं सशूलं नृणाम् ॥ समग्रविरेचनाभावे मुद्गक्वाथं पिवेदनु । भेदाधिकेत्र पिवेत्तक्रं वव्वूराणां त्वचो रसम् ॥

Binoda vidyadhara rasa.

Equal quantities of mercury, sulphur, bora x, and croton seeds are to be rubbed with water, and made into pills, one racti in weight, each. One such pill, rubbed with a little molasses and cold milk, causes a good purgatlon and pacifies chronic fever, udara-roga, piles, and colic. Should this medicine fail to cause a satisfactory purgation, soup of mudga should be drunk sometime after taking the pill. In case of an unduly excess of purgation, butter-milk or juice of bark of babbula is to be drunk for stopping the movement of the bowels.

सुरेचन रसः ।

अष्टौ निस्तुषदन्तिवीजमपि चेच्छुण्ठ्यास्त्रयो गन्धकात् द्वौ च द्वौ मरिचस्य टङ्कणरसं चैकैकभागं पृथक् । गुञ्जामात्रमिदं सुरेचनकरं देयं च शीताम्वना शोषं गुल्मजलोदरं प्रशमयेत् प्लीहामयघ्नं परम् ॥

Surechana rasa.

Eight parts of croton seeds, three parts of shunthi, two parts of sulphur, two parts of maricha, one part of borax, and one part of mercury are to be rubbed together with water, and made into pills one racti in weight, each. One such pill, rubbed with cold water, causes a very good purgation. This medicine cures dropsy, gulma and enlargement of spleen.

उदरघ्न रसः ।

जीमूतलोहरसगन्धशिलालताम्रव्योषाग्निकुष्ठमुसलीविषदीप्यचूर्णम् । निम्बकनीरलुलितं गुटिकीकृतं तद् भुक्तं निशासु मधुना सकलोदरघ्नम् ॥

Udaraghna rasa.

Equal quantities of mica, iron, mercury, sulphur, realgar, orpiment, copper, trikatu, roots of chitraka, kustham, mushali, aconite, and jama'ni are to be rubbed together with lemon juice, and made into pills (one racti in weight, each), to be taken at night with honey. This medicine cures all sorts of udara-roga.

मृत्युनिरोध रसः ।

द्विक्षारं त्र्यूषणं पञ्चलवणं शतपुष्पिकाम् । समभागमिदं सर्व्वं पटचूर्णं समाचरेत् ॥ ततसमौ रसगन्धौ च कृत्वा कज्जलिकां शुभम् । सर्व्वमेकत्र संमेल्य मर्द्दयेद्दिवसत्रयम ॥ अयं मृत्यु-

निरोधाख्यो रस शीघ्रफलप्रदः । कथितो मलयार्येण सन्निपातहरः परम् ॥ सन्निपाते प्रयोक्तव्यो रक्तिकापञ्चमात्रिकः । चित्रकार्द्रकसिन्धूत्थैर्कटुभिर्व्वा समन्वितः ॥ पीततोयं त्रिदोषार्त्तं निर्व्वाते शाययेत तम् । पथ्यं दध्योदनं देयं याचमानाय नान्यथा ॥ गुणो न जायते यस्य तस्य देयो रसः पुनः ॥ हन्याद्वातगदं तथा कफगदं मन्दानलत्वं ज्वरं । शूलं सर्व्वमहामयान् जठरजां पीड़ां यकृत्पाण्डुताम् ॥ शोफं गुल्मरुजं तथा ग्रहणिकां प्लीहामयं विड्-ग्रहं । वान्तिं गुलमेकृतां सकासमभितः श्वासं च हिक्कामपि ॥

Mrityu nirodha rasa.

One part, each, of the following, finely powdered and sifted :—the two ksha'ras (i, e, ½ part of javaksha'ra and ½ part of sarjiksha'ra, combined), trikatu (i, e ⅓ part, each, of shunthi, pippali, and maricha, combined). panchalavanam (i, e, one fifth part, each of saindhava. sanvarchala, bira, sa'mbara, and sa'mudra, combined), and shatapuspi, and one part, each, of mercury and sulphur, (previously reduced to kajjali or black powder by being rubbed together), are to be rubbed together for three days, and made into pills, five ractis in weight, each. This medicine is especially efficacious in diseases due to an abnormal excess of the three dosas. In sa'nnipa'tika fever, this medicine is to be given with honey and any one of the following :—decoction of the roots of chitraka, juice of ginger, rock-salt, powdered trikatu. The patient, after taking the medicine, is to lie down in a room, not disturbed by drafts of air, and should be allowed to drink watar only, when thirsty. Diet. boiled rice with curd, to be given only when the patient asks for food, and not otherwise. The medicine may be repeated at suitable

intervals, if the first dose fails to bring about the desired effect.

This medicine cures diseases due to an excess of va'yu, kapha slowness of the digesting heat, fever, colic, all sorts of udara-roga, diseases affectting the liver, anemia, swelling due to anemia gulma, chronic diarrhoea, enlargement of the spleen, constipation, vomiting due to gulma, cough, asthma, and hiccough.

त्रैलोक्यरञ्जन रसः।

शुद्धसूतं द्विधा गन्धं ताम्राभ्रं सैन्धवं विषम्। कृष्णजीरं विडङ्गं च गुडूचीसत्त्वचित्रकम्॥ एला चैव यवक्षारं प्रत्येकं कर्षमात्रकम्। निर्गुण्डिकाद्रावैरग्निबीजपूररसैर्दिनम्॥ मर्द्दयेच्छोषयेत् सम्यग् रसस्त्रैलोक्यरञ्जनः। गुञ्जाद्वयं घृतैर्लेह्यं वातोदरकुलान्तकः॥ पलमेकं चित्रमूलं द्विगोमूत्रैश्चतुर्जलैः। पाच्यं यावद् भवेत् कल्कं घृतं कल्कं च योजयेत्। पलैकं च यवक्षारं क्षिप्त्वा पक्त्वा च तारयेत्। तत्कर्षैकं पिबेच्चानु स्निग्धमुष्णं च भोजयेत्॥

Trailakya ranjana rasa,

One part, each, of mercury, copper, mica, rock-salt, aconite, black jeera', biranga, essence of guruchi, roots of chitraka, ela', and java-ksha'ra, and two parts of sulphur are to be mixed together (by rubbing, first of all, mercury with sulphur and thereby forming a black powder, and then mixing the other articles with it), and then rubbed for one day with the juices or decoctions of nirgundi, roots of

chitraka, and bijapura, and perfectly dried. Dose, two ractis, a day, to be taken with a few drops of clarified butter. It cures va'todara radically. One tola' of the clarified butter, mentioned below, is to be drunk after taking the medicine, stated above :—

Four tola's of powdered roots of chitraka and eight tol'as of cow's urine are to be boiled with 16 tola's of water and turned semi-solid. It is then to be mixed with 16 tola's of cow's butter, clarified, and boiled by a mild heat. When the liquid is freed fron. water (containing clarified butter only), have it filtered by means of a piece of cloth. The liquid, thus filtered, is to be mixed with four tola's of javaksha'ra. Dose, one tola', a day.

महानल रसः।

चतुः सूतस्य गन्धोऽष्टौ रजनी त्रिफला शिवा। प्रत्येकं च द्विभागं स्यात् त्र्यूषजीरकदन्तिकाः॥ प्रत्येकमष्टभागं स्यादेकीकृत्य विचूर्णयेत्। जयन्तीवज्रूकपयोभृङ्गवह्निवातारितैलकैः॥ प्रत्येकेन क्रमाद्भाव्यं सप्तवारं पृथक् पृथक्। महानलरसो नाम निष्कमुष्णजलैः पिबेत्॥ विरेचनं भवेत्तेन तक्रभक्तं ससैन्धवम्। दिनान्ते भोजयेत् पथ्यं वर्जयेच्छीतलं जलम्।

Maha'nala rasa.

Four parts of mercury, eight parts of sulphur, two parts each, of haridra', triphala', and haritaki, and eight parts, each, of trikatu, jeera', and roots of danti are to be mixed together, and subjected to bha'vana', for seven times each, in succession, with the following :—

Juice of leaves of jayanti, milk of snuhi juice of bhringara'ja, decoction of roots of chitraka, and castor oil. Dose, one-fourth of a tola, to be taken with hot water. This medicine is a good purgative. Diet, boiled rice with butter milk mixed with rock-salt, to be taken in the afternoon (after the completion of purgation). Drinking of cold water is to be avoided. This medicine cures all sorts of Udara-roga.

वैश्वानर रसः।

रसगन्धकताम्राणि शिलाभित्कान्तलौहकम्। त्रिकटुश्चित्रकं कुष्ठं निर्गुण्डी मूसली विषम्॥ अजमोदा च तत् सर्व्वं समभागेन कल्पयेत्। चूर्णीकृत्य ततः सर्व्वं निम्बक्वाथेन भावयेत्॥ एकविंशत् प्रकारेण भृङ्गराजेन सप्तधा। मधुना गुटिकां शुष्कां रजन्यां तु प्रदापयेत्॥ वैश्वानराभिधो योगो जलोदरविशोषणः॥

Baiswa nara rasa.

Equal quantities of mercury, sulphur, copper, shila'jatu, ka'nta-lauha, trikatu, roots of chitraka, kustham, nirgundi, musali, aconite, and ajamoda' are to be mixed together, and subjected to bha'vana', for 21 times, with the decoction of nimba, and for 7 times, with the juice of bhringara'ja. Dose, two ractis a day, to be taken at night with a few drops of honey. This medicine cures dropsy.

उदर मार्त्तण्ड रसः।

पलोन्मितस्य शुल्वस्य सूक्ष्मपत्राणि कारयेत्। तत्समं गन्धकं दत्त्वा खल्ले सर्व्वं विनिक्षिपेत्॥ जम्बीररससंयुक्तं दिनं घर्म्मे निधापयेत्। ततः शुल्वे द्रवीभूते रसकर्ष नियोजयेत्॥ तत्

सिद्धमुदरे योज्यं शोफे चैव भगन्दरे। नाम्ना तूदरमार्त्तण्डरस एव प्रकीर्त्तितः॥

Udara ma'rtanda rasa

Four tola's of fine copper wire, as thin as possible, and an equal quantity of sulphur are to be immersed in lime juice in a stone mortar, exposed to the sun. When the whole thing will melt and mix together, mix one tola of mercury with it. Reduce the compound to ashes by heat by laghu-putam. Dose, two ractis a day, applicable in udara-roga, dropsy and fistula.

ताम्रभस्म प्रयोगः।

केवलं भस्मितं ताम्रं शृङ्गवेररसैः सह।
द्विगुञ्जं भक्षयेत् प्रातः सर्वोदरविनाशनम्॥

Application of copper.

Incinerated copper, rubbed with honey and ginger-juice, taken in the morning, in doses of two ractis a day, cures all sorts of udara-roga.

पर्पटी प्रयोगः।

पर्पटीसंज्ञकानां भैषज्यानां मध्ये-यानि यानि उत्तमानि तानि सर्व्वाणि सर्वेषु उदररोगेषु अतिमात्रं फलदानेऽवानुभूयन्ते।

Application of parpati

The best of the parpatis, taken with suitable accompani-

ments, are found to be very efficacious in all sorts of udara-rogas.

उदर रोगे पथ्यानि ।

विरेचनं लङ्घनमव्दसम्भवाः कुलत्थमुद्गारुणशालयो यवाः । मृगद्विजा जाङ्गलसंज्ञयान्विताः पेयाः सुरामाध्विकसीधुमाधवाः ॥ तक्रं रसोनोरुवुतैलमार्द्रकं शालिञ्चशाकं कुलकं कठिल्लकम् । पुनर्नवा शिग्रुफलं हरीतकी ताम्वूलमेला यावशूकमायसम् ॥ अजागवोष्ट्री महिषीपयोजलं लघूनि तिक्तानि च दीपनान्यपि । वस्त्रेण संवेष्टनमग्निकर्म्मता विषप्रयोगोऽनुयुतो यथायथम् ॥ समीरणोत्थे घृतपानमादितः साभ्यञ्जनं वाप्यनुवासनं तया । यथामलं पथ्यगणोऽयमाश्रितः सखा नृणां स्यादुदरामये सति ॥

Diet and actions beneficial in udara-rogas :—

Purgation, fasting, kulattha gram of one year old, mudga gram, red sha'li rice, barley, meat of wild beasts and birds, rice boiled with eleven times its weight of water, wine, (except when taking medicines prepared from mercury and other minerals), honey, sidhu, madhvi (see page 372, vol. 111), butter-milk, garlics, castor oil, ginger, sha'lincha leaves, patola, kerabella, punarnava', shigru (drum sticks), haritaki, betel leaves, ela', java-ksha'ra. iron, goat's milk cow's milk camel's milk. buffalo's milk. goat's urine, cow's urine, camel's urine, buffalo's urine, light food. bitters, articles of food-stuff increasing the digesting heat, covering the belly with clothes, exposure of the belly to the heat of mild fire (if considered necessary), application of aconite.

All these are to be used having regard to the condition

of the patient. In va'todara, at early stages, the following are considered very beneficial:—drinking of clarified butter, rubbing the whole body with oil, and application of douche of oil only.

उदररोगेऽपथ्यानि ।

संस्नेहनं धूमपानं जलपानं शिराव्यधः । छर्द्दियानं दिवानिद्रां व्यायामं पिष्टवैकृतम् ॥ औदकानूपमांसानि पत्रशाकां स्तिलानपि । उष्णानि च विदाहीनि लवणान्यशनानि च ॥ शिम्बीधान्यं विरुद्धान्नं दुष्टनीरं गुरूणि च । महेन्द्रगिरिजातानां सरितां सलिलानि च ॥ विष्टम्भीनि विशेषात् तु स्वेदं छिद्रसमुद्भवे । वर्ज्जयेदुदरव्याधौ वैद्यो रक्षन् निजं यशः ॥

Actions and diet prohibited in udara-roga.

Drinking of oil, butter, and other fatty substance except clarified butter in the case of va'todara), smoking, drinking of water (in excess, of course), blood shed, vomiting, use of conveyances (for journey which is to be avoided), sleeping in day time, physical exercise, taking of pistam (i, e, food prepared by pestling rice and other cereals, and then roasting, baking, or boiling them), meat of aquatic animals, meat of animals grazing near water (such as goat), pot herbs, sesamum seeds, hot food, bida'hi food (see page 7, footnote), food prepared with much of salt, all sorts of pulses and beans (except mudga), food incongenial by combination, impure water, heavy food, water of rivers issuing out of the Eastern Ghats, articles of food-stuff causing flatulence, and fomentation (which is especially to be avoided in kshatodara).

अथ प्लीहयकृदुदरनिदानम् ।

विदाह्यभिष्यन्दिरतस्य जन्तोः प्रदुष्टमत्यर्थमसृक् कफश्च । प्लीहाभिवृद्धिं कुरुतः प्रवृद्धो प्लीहोत्थमेतज्जठरं वदन्ति ॥ तद्वामपार्श्वे परिवृद्धिमेति विशेषतः सीदति चातुरोऽत्र । मन्दज्वराग्निः कफपित्तलिङ्गैरुपद्रुतः क्षीणबलोऽति पाण्डुः । सव्यान्यपार्श्वे यकृति प्रवृद्धे ज्ञेयं यकृद्दाल्युदरं तदेव । उदावर्त्तरुजानाहैर्मोहतृड्दहनज्वरैः । गौरवारुचिकाठिन्यैर्विद्यात् तत्र मलान् क्रमात् ॥

Enlargement of spleen and liver.

Causes and symptoms.

Pleehodara or enlargement of spleen is due to the blood and phlegm turning impure, on account of eating food-stuff which is classed as bida'hi and increaser of kapha.

Jakrithudara or enlargement of the liver is also due to the same cause, as stated above.

In these two kinds of udara-rogas, an abnormal excess of va'yu causes uda'barta, pain, and a'na'ha, an excess of pittam causes loss of consciousness, thirst, sensation of heat, and fever; and an excess of kapha gives rise to heaviness of the limbs, aversion to food, and stiff ness of the belly.

अथ प्लीहयकृच्चिकित्सायां रसप्रयोगः ।

प्लीहान्तक रसः ।

हतशुल्वञ्च तारञ्च गगनायसमुक्तिका । दरदं पुष्पकं सूतं गन्धकं नवमं तथा ॥ गुग्गुलु स्त्रिकटुरास्ना तथा जैपालवीजकम् । त्रिफला कटुका दन्ती देवदाली तु सैन्धवम् ॥ त्रिवृता

तु यवक्षारो वातारितैलमर्द्दितम् । अष्टोदराणि पाण्डुत्वमानाहं विषमज्वरम् । अजीर्णमामं सकफं क्षयञ्च सर्व्वशूलकम् ॥ कासं श्वासञ्च शोथञ्च सर्व्वमाशु व्यपोहति । प्लीहान्तको रसो नाम प्लीहोदरविनाशनः ।

Iatro-medical treatment for enlargement of spleen and liver.

Pleehàntaka rasa.

Equal quantities of copper, silver, mica', iron, pearls, cinnabar, puspa'njana or puspaka'sisa, mercury, sulphur, guggulu, trikatu, ra'sna', croton-seeds, triphala', katuki, roots of danti, devada'li, rock-salt, tribrit, and javaksha'ra are to be rubbed together with castor oil, and made into pills, one racti in weight, each. This medicine cures eight different kinds of udara roga, anemia, a'na'ha, chronic fever, indigestion mucus, consumption due to an excess of phlegm, all sorts of colic, cough, asthma, and swelling due to anemia. It is especially efficacious in enlargement of spleen and liver.

प्लीहार्णव रसः ।

हिङ्गुलं गन्धकं टङ्कमभ्रकं विषमेव च । प्रत्येकं पलिकं भागं चूर्णयेदतिचिक्कणम् ॥ पिप्पली मरिचञ्चैव प्रत्येकञ्च पलार्द्धकम् । मर्द्दयित्वा वटीं कुर्य्याद् वल्लमात्रां प्रयत्नतः ॥ सेव्या सेफालिदलजैर्वटी माक्षिकसंयुता । प्लीहानं षट्प्रकारञ्च हन्ति शीघ्रं न संशय ॥ ज्वरं मन्दानलञ्चैव कासं श्वासं वमिं भ्रमिम् । प्लीहार्णव इति ख्यातो गहनानन्दभाषितः ॥

Pleehárnava rasa.

Four tola's, each, of cinnabar, sulphur, bora'x, mica', and aconite are to be rubbed together and mixed with two tola's, each, of pippali and maricha. Pills are then to be made, three ractis in weight, each, to be taken with honey and juice of shepha'lika' leaves. This medicine cures six kinds of spleen, fever, dullness of digesting heat, asthma, cough, vomiting, and giddiness.

प्लीहशार्दूल रसः।

सूतकं गन्धकं व्योषं समभागं पृथक् पृथक्। एभिः समं ताम्रभस्म योजयेद् वैद्यबुद्धिमान्॥ मनःशिला वराटञ्च तुत्थं रामठलौहकम्। जयन्ती रोहितश्चैव चारटङ्गनसैन्धवम्॥ विड़ं चित्रं कानकञ्च रसतुल्यं पृथक् पृथक्। भावयेत् त्रिदिनं यावत् त्रिवृच्चित्रकणार्द्रकैः॥ गुञ्जामात्रां वटीं खादेत् सद्यः प्लीहविनाशिनीम्। मधुपिप्पलीसंयुक्तां द्विगुंजां वा प्रयोजयेत्॥ प्लीहानमग्रमांसञ्च यकृद्गुल्मं सुदुस्तरम्। आमाशयेषु सर्व्वेषु चोदरे शोथविद्रधौ॥ अग्निमान्द्ये ज्वरे चैव प्रोक्ति सर्व्वज्वरेषु च। श्रीमद् गहननाथेन भाषितः प्लीहशार्दूलः॥

Pleeha-sha'rdula rasa.

One part, each, of mercury, sulphur, trikatu, realgar, cowri-shell, copper-sulphate, hingu, iron, jayanti, rohitaka, javaksha'ra, bora'x, rock-salt, roots of chitraka, and croton-seeds, and three parts of copper are to be rubbed together, and subjected to bha'vana', for three days, each, in succession, with the juice or decoction of trivrit, roots of chitraka,

pippali, and ginger juice. Pills are then to be made one racti or two ractis in weight, each, to be taken with honey and powdered pippali. This medicine cures enlargement of spleen, very quickly. It also cures agrama'nsa (swelling and stiffness of that part of the peritonium which lies between the spleen and the liver), enlargement of the liver, gulma, mucus, all sorts of udara-roga, swelling of the body due to anemia, bidradhi (a kind of tumour), dull-ness of the digesting heat, and all sorts of fever.

प्लीहसूदन रसः।

कर्षैकं तालचूर्णस्य तत्पादांशं सुवर्णकम्। पलार्द्धं मृत-ताम्रञ्च तत्समं शुद्धमभ्रकम्॥ मृगाजिनस्य भस्मापि कर्षमत्र प्रदापयेत्। लिम्पाकाङ्घ्रित्वचस्तद्वत् सर्व्वमेकत्र कारयेत्॥ रस-गुञ्जप्रमाणेन वटिकां कारयेत् ततः। मधुना वह्निचूर्णेन खादे-न्नित्यं यथाबलम्॥ असाध्यमपि प्लीहानं हन्त्यवश्यं न संशयः। यकृतं पाण्डुरोगञ्च गुल्मादिकभगन्दरान्॥

Pleeha-sudana rasa.

One tola' of orpiment, one fourth tola' of gold, two tola's of copper, two tola's of mica', one tola' of deer's skin, incinerated, and one tola' of powdered bark of the root of a lemon fruit tree are to be mixed together, rubbed with water, and made into pills, six ractis in weight each, to be taken with honey and powdered roots of chitraka. This medicine cures enlargement of spleen and liver, however malignant, anemia, gulma, and fistula.

प्लीहारि रसः।

पारदं गन्धकं टङ्कं विषं व्योषं फलत्रिकम्। तोलकस्य समोपेतं जैपालस्य तदर्द्धकम्॥ किंशुकस्य रसेनैव याममात्रन्तु मर्द्दयेत्। गुञ्जामात्रां वटीं कृत्वा च्छायायां शोषयेत् ततः॥ वटिकैका प्रदातव्या शृङ्गवेररसेन च। गुदाङ्कुरे गुल्मशूले प्लीह-शोथे कफात्मके॥ उदावर्त्ते वातशूले श्वासकासज्वरेषु च। रसः प्लीहारिनामायं कोष्ठामयविनाशनः। आमवातगदच्छेदी श्लेष्मा-मयविनाशनः॥

Pleeha'ri rasa.

One tola', each, of mercury, sulphur, bora'x, aconite, trikatu, triphala', and half a tola' of croton seeds are to be rubbed, for three hours with the juice of the bark of pala'sha tree, and made into pills, one racti in weight, each, to be dried in the shade. These pills are to be taken with a few drops of honey and ginger juice. This medicine cures enlargement of spleen due to kapha, gulma, colic, uda'varta, colic due to va'yu, asthma, cough, fever, rheumatism, all sorts of udara-roga, and all sorts of diseases due to an excess of knpha.

वासुकिभूषण रसः।

सूतेन वङ्गं तु समं नियोज्यं तत्तुल्यशुल्वेन च गन्धकेन। विमर्दयेदर्करसेन यामं मृदा च संलिप्य पुटं ददीत॥ वासार-सैस्तं परिभावयेच्च रसो भवेद्वासुकिभूषणोऽयम्। प्लीह्नश्च गुल्मस्य च शान्तयेऽस्य वल्लञ्च दद्यात् वसुचूर्णयुक्तम्।

Ba'suki-bhusana rasa.

Equal quantities of mercury, sulphur, copper, and tin are to be rubbed together with the juice of leaves of arka, and made into a lump which is to be coated all round with mud, and dried. This is then to be put inside two earthen basins and heated by putam, as usual. The product is then to be subjected to bha'vana' with the juice of ba'saka, and made into pills, three ractis in weight, each, to be taken with honey and powdered rock-salt. This medicine cnres enlargement of spleen and gulma.

सद्योमृत्युञ्जय रसः।

शुद्धसूतं समं गन्धं जारिताभ्रं समं तथा। गन्धस्य द्विगुणं लौहं मृतताम्रं चतुर्गुणम्॥ द्विक्षारं सैन्धवं विड़ं वराटीभस्म शङ्खकम्। चित्रकं कुनटी तालं रामठं कटुका तथा॥ रोहितं त्रिवृता चिञ्चा विशाला धवलाङ्कठः। अपामार्गस्तालखण्डमञ्जिका च निशाद्वयम्॥ प्रियङ्गिन्द्रयवं पथ्या अजमोदा यमानिका। तुल्यकं शरपुङ्खा च यक्षमर्द्दीरसाञ्जनम्॥* प्रतेकं शाणमानेन भावयेदार्द्रकद्रवैः। गुडूच्या स्वरसेनापि मधुनः कुड़वार्द्धतः॥ वटिकां कारयेद्वैद्यो गुञ्जाषट्प्रमितां पुनः। अनुपानं प्रदातव्यं वुद्ध्वा दोषानुसारतः॥ भक्षयेत् प्रातरुत्थाय सर्व्वरोगकुलान्तकम्। प्लीहानं ज्वरमुग्रञ्च कासञ्च विषमज्वरम्॥ आमवातं यकृच्छूलं श्वासमर्शः शिरोरुजम्। गुल्मशोथोदरानाहमग्रमांसं यकृत्क्षयम्। सकामलं पाण्डुरोगमुदरञ्च सुदारुणम्। रोगानीकविनाशाय

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* शरपुङ्खा च इत्यत्र जयपालञ्च इतीतत् पाठान्तरम्।

केशरी करिणो यथा ॥ सद्योमृत्युञ्जयो रसः प्लीहगुल्मविनाशनः ।
प्राणिनान्तु हितार्थाय शम्भुना परिकीर्त्तितः ॥

Sadyo-mrityunjaya rasa.

One-fourth tola', each, of mercury, sulphur, and mica'; half a tola' of iron, one tola' of copper; and one-fourth tola' each, of javaksha'ra, sarji-ksha'ra rock-salt, bira-salt, incinerated cowri-shell, incinerated conch-shell, roots of chitraka, realger, orpiment, hingu, katuki, bark of rohitaka, tribrit, incinerated bark of tamarind roots of bisha'la', roots of white ankotha, roots of apa'marga (reduced to ashes), incinerated sprout growing at the top of a palm tree, mallika', haridra', da'ru-haridra', priyangu, indra-java, haritaki, ajamoda', jama'nika', copper-sulphate, sharapunkha', bark of rohitaka, and rasa'nja'nam are to be mixed together, and subjected to bha'vana' with the juices of ginger and guruchi. The compound is then to be rubbed with eight tola's of honey, and made into pills six ractis in weight, each. Accompaniment to be decided upon, having regard to the condition of the dosas, This medicine cures enlargement of spleen, intense fever, cough, chronic fever, rheumatism, pain in the liver, asthma, piles, head diseases, gulma, swelling due to anemia, a'na'ha, agrama'nsa, waste due to the inactivity of the liver, anemia, jaundice, and udara-rogas.

वज्रपाणि रसः ।

रसगन्धकलौहाभ्रं कुनटी मृतताम्रकम् । विषमुष्टि वराटञ्च तुत्थं शंखोरसाञ्जनम् ॥ जातिफलञ्च कट्की द्विक्षारं कानकं तथा । व्योषं हिङ्गु सैन्धवञ्च प्रत्येकं सूततुल्यकम् ॥ श्लक्ष्णचूर्णीकृतं सर्व्व-

मेकत्र भावयेत् ततः । सूर्य्यावर्त्तरसेनैव विल्वपत्ररसेन च ॥ सूर्य्यावर्त्तेन मतिमान् वटिकां कारयेत् ततः । प्लीहानं यकृतं गुल्ममष्ठीलाञ्च विनाशयेत् ॥ अग्रमांसं तथा शोथं तथा सर्व्वोदराणि च । वातरक्तञ्च जाठरं चान्तर्विद्रधिमेव च ॥ वज्रपाणि-रसो ह्ययं रोगानां वज्रसंनिभः ।

Bajrapáni rasa.

Equal quantities of mercury, sulphur, iron, mica', realger, copper, nuxvomica, incinerated cowri-shells, copper-sulphate, incinerated conch-shell, rasa'nja'nam, játiphalam, katuki, javaksha'ra, sarji-ksha'ra, croton seeds, trikatu, hingu, and rock-salt are to be mixed together, and subjected to bha'vana' with the juices of leaves of surya'varta and bilva. The product is then to be rubbed with the juice of leaves of surya varta and made into pills, two ractis in weight, each. This medicine cures enlargement of spleen and liver, agrama'nsa, gulma, asthila', udara-roga, b'ata-racta (a kind of leprosy), and internal bidradhi (a kind of tumour).

लोकनाथ रसः ।

पारदं गन्धकं चैव समभागं विमर्द्दयेत् ॥ मृताभ्रं रसतुल्यञ्च पुनस्तत्रैव मर्द्दयेत् ॥ रसाद् द्विगुणलौहञ्च लौहतुल्यञ्च ताम्रकम् । वराटिकाया भस्माथ ताम्रतस्त्रिगुणं कुरु ॥ नागवल्लीरसेनैव मर्द्दयेद् यत्नतो भिषक् । पुटेद् गजपुटे विद्वान् स्वाङ्गशीतं समुद्धरेत् ॥ पिप्पलीमधुसंयुक्तां सगुड़ां वा हरीतकीम् । गोमूत्रञ्च पिवेच्चानु गुड़ं वा जीरकान्वितम् ॥ यकृद्गुल्मोदरहरः प्लीहश्वयथुनाशनः ।

जीर्णज्वरं तथा पाण्डुं कामलाञ्च विनाशयेत्। अग्निमान्द्यञ्च शमयेल्लोकनाथो रसोत्तमः॥

Lokanátha rasa.

One part, each, of mercury, sulphur, and mica ; two parts, each, of iron and copper ; and six parts of incinerated cowri-shells are to be rubbed with the juice of betel leáves, and subjected to heat by Gaja-putam. When cooled by radiation of heat, the putam is to be broken open, and the medicine taken out. The following is to be taken just after taking the medicine :—cows' urine combined with powdered haritaki, mixed (1) with molasses only or (2) with powdered pippali and honey or (8) with molasses. and powdered jeera'. This medicine cures enlargement of spleen and liver, gulma, udar-roga, swelling due to anemia, jeerna fever, anemia, jaundice, and dull-ness of the digesting heat.

लोकराज रसः।

रसगन्धौ समौ कृत्वा मर्द्दयेदर्द्धयामकम्। रसतुल्यं मृतञ्चाभ्रं द्विगुणं लौहताम्रकम्॥ ताम्रस्य द्विगुणं भस्म कपर्द्दकसमुद्भवम्। नागवल्लीरसैर्यामं मर्द्दयेदतिनिर्ज्जने॥ ततो लघुपुटं दत्वा सुशीतं ग्राहयेत् तथा। द्विगुञ्जमार्द्रकद्रावैः खादिरत्वग्रसं पिवेत्॥ यकृत्-प्लीहोदरं शोथमग्निमान्द्यादिकं जयेत्। लोकराजरसो नाम सर्व्व-ज्वरविनाशनः॥

Lokarája rasa.

One tola' of mercury and one tola' of sulphur are to be rubbed together for one and half hour to form a black powder, with

which is to be mixed one tola' of mica, two tola's of iron, two tola's of copper, and four tola's of incinerated cowri shells. The compound is to be rubbed for three hours with the juice of betel leaves, and then subjected to heat by Laghuputam. The medicine is to be taken out when the putam gets cooled by radiation of heat. Dose, two ractis, each, to be taken with ginger juice, a little of the exudation of the khadira plant (i, e, catechu) being drunk just after taking the medicine. This medicine cures enlargement of spleen and liver, swelling due to anemia, dullness of the digesting heat, and all sorts of fever.

लोकेश रसः।

शुद्धसूतं द्विधा गन्धं खल्ले कुर्य्याच्च कज्जलीम्। सूततुल्यं मृताभ्रकं मर्द्दयेत् कन्यकाम्बुना॥ ततो द्विगुणितं दद्यात् ताम्रलौहं प्रयत्नतः। सूतान्नवगुणं देयं वराटीसम्भवं रजः॥ काकमाचीरसेनैव सर्व्वं तद् गोलकीकृतम्। ततो गजपुटे पाच्यं स्वाङ्गशीतं समुद्धरेत्॥ शिवं संपूज्य यत्नेन द्विजातीन् परितोष्य च। भक्षयेदस्य चूर्णस्य द्विगुञ्जं मधुना सह॥ प्लीहानमग्रमांसञ्च यकृतं सर्व्वरूपिणम्। जीर्णज्वरं तथा गुल्मं कामलां च सुदारुणाम्॥ निहन्ति स्वल्पकालेन रसोऽयं लोकेशाख्यकः॥

Lokesha rasa.

One part of mercury and two parts of sulphur are to be rubbed together to form a black powder, which is to be mixed with one part of mica, and rubbed with the juice of kanya'. The compound is then to be mixed with two parts of copper, two parts of iron, and nine parts of cowrie-shell

incinerated, all being rubbed together with the juice of k'akama'chi, and made into a lump which is to be dried and heated by Gajaputam. When cooled by radiation of heat, the compound is to be taken out of the putam. Dose, two ractis, each, to be taken with honey. This medicine cures quickly enlargement of spleen and liver, agra ma'nsa, jeerna jwara (remittent fever), gulma, and jaundice.

ताम्रेश्वर वटी ।

हिङ्गु त्रिकटुकञ्चैव अपामार्गस्य पत्रकम् । अर्कपत्र तथा स्नुही-पत्रञ्च समभागिकम् ॥ सैन्धवं तत्समं ग्राह्यं लौहं ताम्रञ्च-तत्समम् । प्लीहानं यकृतं गुल्ममामवातं सुदारुणम् ॥ अर्शांसि घोरमौदरं मूर्च्छां पाण्डुं हलीमकम् । ग्रहणीमतिसारञ्च निहन्ति शोथमेव च ॥

Ta'mreswara bati.

One part, each, of hingu, trikatu, leaves of apa'ma'rga, leaves of arka, and leaves of snuhi, five parts of rock-salt, ten parts of iron, and ten parts of copper are to be mixed together, (rubbed with water and made into pills, two ractis in weight, each, to be taken with honey). This medicine cures enlargement of spleen and liver, gulma, rheumatism, piles, diarrhoea, acute and chronic, and swelling due to anemia.

चित्रकादिलौह ।

चित्रकं नागरं वासा गुड़ूची शालपर्णिका । तालपुष्पम-पामार्गौ माणकं कार्षिकत्रयम् ॥ लौहमभ्रं कणा ताम्रं क्षारकौ

लवणानि च । पृथक् कर्षांशमेतेषां चूर्णमेकत्र चिक्कणम् ॥ चतुः-प्रस्थे गवां मूत्रे पचेन्मन्देन वह्निना । सिद्धशीतं समुद्धृत्य माक्षिकं द्विपलं क्षिपेत् ॥ चित्रकादिरयं लौहो गुल्मप्लीहो-दरामयम् । यकृतं ग्रहणीं हन्ति शोथं मन्दानलं ज्वरम् । कामलां पाण्डुरोगञ्च गुदभ्रंशं प्रवाहिकाम् ।

Chitraka'di Lauha.

Three tola's, each, of roots of chitraka, shunthi, roots of a palm tree, ashes of the roots of apa'ma'rga, and tuber of m'ana ; and one tola', each, of iron, mica, pippali, copper, java-ksha'ra, and pancha-lavanam are to be boiled with four prasthas (4 × 64 tol'as) of cows urine by a mild heat. When cooled, eight tola's of honey is to be mixed with the liquid. (Dose, six ractis, each). This medicine cures enlargement of spleen and liver, gulma, chronic diarrhœa, swelling due to anemia, dullness of the digesting heat, fever, jaundice, anemia, dislocation of the rectum, and dysentery.

गणाधिप रसः ।

शुद्धसूतं पलं गन्धं द्विगुणन्तु मृताभ्रकम् । त्रिपलं मृत ताम्रञ्च पलार्द्धं स्वर्णमाक्षिकम् ॥ जैपालं चित्रकं माणं शूरणं घण्टकर्णकम् । ग्रन्थिकं त्रिफला व्योषं त्रिवृता खरमञ्जरी ॥ दण्डोत्पला हस्तिकाली कुलिशं नागदन्तिका । सूर्य्यावर्त्तञ्च संचूर्ण्य कर्षमात्रं विमर्द्दयेत् ॥ आर्द्रकस्य रसेनैव चूर्णयित्वा पुनः क्षिपेत् । त्रिपलं लौहचूर्णस्य ततः स्वादेच्छुभे-ऽहनि ॥ संपूज्य भास्करं विष्णुं गणनाथं द्विजोत्तमम् । मधुना

माषमात्रञ्च शीतजलं पिबेदनु ॥ रसो गणाधिपो नाम सर्व्व-रोगहरो भवेत् । कठोरप्लीहनाशनो गुल्मोदरहरस्तथा ॥ कामलां पाण्डुमानाहं यकृत्क्रिमिक्षतामयान् । विचर्चिमम्लपित्तञ्च कण्डुं कुष्ठं विनाशयेत् ॥ प्लीहानमम्लपित्तञ्चाप्यग्निमान्द्यं सुदुस्तरम् । श्रीकरः कान्तिजननः शुक्रायुर्बलवर्द्धनः ॥

Gana'dhipa rasa.

Four tola's, each, of mercury and sulphur, eight tola's of mica, twelve tola's of copper, two tola's of copper-pyrites, and one tola', each, of croton seeds, roots of pippali, triphala', trikatu, tribrit, apa'ma'rga, dandotpala, brischika'li, asthisan-ha'ra', na'gadanti (or na'ga'dani), and surya'varta, are to be rubbed together with ginger-juice and mixed with twelve tola's of iron. Dose, six ractis, to be taken with honey, cold water being drunk after taking the medicine. This medicine cures enlargement of spleen and liver, and other udara-rogas, gulma, jaundice, anemia, a'na'ha, worms, eczema, acidity, and biliousness, itches, and other skin diseases. It increases beauty, strength, semen, and longevity.

विद्यामय रसः ।

गन्धकं तालकं ताप्यं मृतं ताम्रं मनःशिला । शुद्धसूतञ्च तुल्यांशं मर्द्दयेद् भावयेत् दिनम् ॥ पिप्पल्याश्च कषायेण वज्र-क्षीरेण भावयेत् । वल्लञ्च भक्षयेत् क्षौद्रैर्गुल्मप्लीहादिकं जयेत् । रसो विद्यामयो नाम गोदुग्धञ्च पिबेदनु ॥

Vidya'maya rasa.

Equal quantities of sulphur, orpiment, copper pyrites,

copper, realger, and mercury are to be rubbed together, and then subjected to bha'vana', for one day each, with the decoction of pippali and milk of snuhi. Pills are then to be made, three ractis in weight, each, to be taken with honey and cow's milk. This medicine cures gulma and enlargement of spleen.

रसपति रसः ।

गन्धकेन मृतं ताम्रं शुद्धगन्धकतुल्यकम् । द्वयोः पादं शुद्ध-रसं मर्द्दयेच्छूरणद्रवैः ॥ पुटेद् गजपुटे विद्वान् स्वाङ्गशीतं समु-द्धरेत् । गुञ्जाद्वयं लिहेत् क्षौद्रैः प्लीहगुल्मविनाशनम् ॥ यकृ-च्छूलं ज्वरं हन्ति कान्तिपुष्टिविवर्द्धनम् । रसपतिरिति ख्यातो रोगवारणकेशरी ॥

Rasapati rasa.

One part of copper, incinerated with sulphur, one part of sulphur, and half a part of mercury, are to be rubbed with the juice of shurana, and then heated by Gaja-putam. When completely cooled by radiation of heat, the medicine is to be taken out. Dose, two ractis, to be taken with honey. This medicine cures enlargement of spleen and liver, gulma, colic, and fever. It increases beauty and nutrition.

रोहीतक लौहम् ।

रोहीतकसमायुक्तं त्रिकत्रययुतस्त्वयः ।
प्लीहानमग्रमांसञ्च शोथं हन्ति न संशयः ॥

Rohitaka Lauham.

Equal quantities of bark of rohitaka, trikatu, triphala', trimada (biranga, musta', and roots of chitraka, combined in equal quantities), and iron equal in quantity to all of the above-named, combined, are to be rubbed together, in an iron pot, with honey. (Dose, six ractis, each). This medicine cures enlargement of spleen, agrama'nsa, and swelling due to anemia.

यकृदरि लौहम् ।

द्विकर्षं लौहचूर्णस्य गगनस्य पलार्द्धकं । कर्षं शुद्धं मृतं ताम्रं लिम्पाकाद्धि त्वचं पलम् ॥ मृगाजिनभस्मपलं सर्व्वमेकत्र कारयेत् । नवगुञ्जाप्रमानेन वटिकां कारयेद् भिषक् ॥ यकृत्प्लीहोदरञ्चैव कामलाञ्च हलीमकम् । कासं श्वासं ज्वरं हन्ति वलवर्णाग्नि-कारकम् । यकृदरि त्विदं लौहं वातगुल्मविनाशनम् ॥

Jakrithari Lauham.

Two tola's of iron, the same quantity of mica, four tola's of the powdered bark of lemon tree, and four tola's of deer's hide (reduced to ashes by putam), are to be rubbed together with water and made into pills, nine ractis in weight, each. This medicine cures enlargement of spleen and liver, udara-rogas, jaundice, cough, asthma, fever, and gulma due to an excess of va'yu.

यकृत्प्लीहारि लौहम् ।

हिंगुलसम्भवं सूतं गन्धकं लौहमभ्रकम् । तुल्यं द्विगुण-

ताम्रन्तु शिला च रजनी तथा ॥ जयपालं टङ्कणञ्च शिलाजतु समं रसात् । एतत् सर्व्वं समाहृत्य चूर्णीकृत्य विमिश्रयेत् । दन्तीत्रिवृच्चित्रकञ्च निर्गुण्डी त्र्यूषणं तथा । आर्द्रकं भृङ्गराजञ्च रसैरेषां पृथक् पृथक् ॥ भावयित्वा वटीं कुर्य्याद् वदरास्थिमितां भिषक् । प्लीहानं यकृतञ्चैव चिरकालानुवन्धिनम् ॥ एकजं द्वन्द्वजञ्चैव सर्व्वदोषभवं तथा । हन्यादष्टोदराणीह ज्वरं पाण्डुञ्च कामलाम् ॥ शोथं हलीमकं हन्ति मन्दाग्नित्वमरोचकम् । यकृत् प्लीहारिनामेदं लौहं जगति दुर्लभम् ॥

Jakrit plihàri Lauham.

One part, each, of mercury, sulphur, iron, and mica'; two parts, each, of copper, realger, and haridra'; and one part, each, of croton seeds, bora'x, and shila'jatu are to be rubbed together with water, and subjected to bha'vana', separately, with the juice or decoction of each of the following :—roots of danti, trivrit, chitraka, nirgundi, trikatu, ginger, and bhringara'ja. Pills are then to be made, six ractis, in weight, each. This medicine cures all sorts of enlargement of spleen and liver, all sorts of udara-rogas, fever, anemia, jaundice, swelling due to anemia, dullness of digesting heat, and aversion to food.

यकृत्प्लीहोदरहर लौहम् ।

लौहार्द्धमभ्रकं शुद्धं सूतमभ्रार्द्धभागिकम् । त्रिगुणामयसश्चूर्णात् त्रिफलां सार्द्धकाभ्रकात् ॥ द्विरष्ट वारिणो भागमष्टशेषन्तु कारयेत् । तेन चाष्टावशेषेण समेनाज्येन यत्नतः । रसेन वहुपुत्राया द्विगुण

क्षीरसम्मितम् । लौहमय्या पचेद्दर्व्या पात्रे चायसि मृन्मये ॥ दिव्यौषधिहतं लौहं पुटितं पुटनौषधैः । पचेत् पाकविधिज्ञस्तु वह्निना मृदुना शनैः ॥ अभ्रकं निहतं कृष्णं सूतकं विधिमूर्च्छितम् । अयसश्चार्द्धभागन्तु आदौ पाके विनिक्षिपेत् ॥ कन्द-कापालिकं चव्यं विडङ्गं सवृहद्दलम् ॥ शरपुङ्खा च पाठा च चित्रकञ्च महौषधम् ॥ लवणानि च सर्व्वाणि सक्षारो वृद्धदारकः । दीप्यकञ्च तथा सिक्थं लौहाभ्रकसमं क्षिपेत् ॥ प्लीहोदरयकृद्-गुल्मान् हन्ति क्षाराग्निभिर्विना । प्रयोगोऽयं महावीर्य्यो लौहो लौहविदां वरः ॥ प्लीहोदरविनाशाय दद्याद् द्वे द्वे पुटे पृथक् । माणेन घण्टकर्णेन शूरणेनाधिकं पुनः ॥

Jakrit plihodarahara Lauham.

Four parts of iron, two parts of mica', one part of incinerated mercury, and fifteen parts of triphala' are to be mixed together and boiled, by mild heat, with 352 (16×22) parts of water, which is to be reduced, to one-eighth its quantity (i. e, 44 parts). With this is to be mixed clarified butter, equal in quantity to the remaining part of the boiled water (i, i, 44 parts), the same quantity (i, e. 44 parts) of juice of shata'bari, and 88 parts of milk. All these are to be boiled by mild heat, in a vessel made of earth or iron, by means of an iron ladle. Of the four parts of the iron referred to above, only half the quantity, (i, e, two parts) is to be used at the outset, the remainder (i, e, two) being mixed with the product, after the completion of the boiling process. Six parts of each of the following are also to be mixed with the substance,

just before the comletion of the boiling process :—shuranam, ka'pálika, chabya, biranga, patwika' lodhra, shara-punksha', pa'tha', roots of chitraka, shunthi, pancha-lavanam, java-ksha'ra, briddha-da'raka, jamáni, and madhuttham (bee-hive).

This medicine cures enlargement of spleen, liver, and gulma. It is to be subjected to bha'vana' for two times each, in succession, with the juices of the following, if it is to be applied in enlargement of spleen :—mána tuber, ghantákarna leaves, and shurana tuber.

लोकाधीश रसः ।

शुद्धसूतं द्विधा गन्धं खल्ले कृत्वा तु कज्जलम् । सूततुल्य मृताभ्रकं मर्द्दयेत् कन्यकाम्बुना ॥ ततो द्विगुणितं दद्यात् ताम्रं लौहं प्रयत्नतः । काकमाचीरसेनैव सर्व्वं तत् परिमर्द्दयेत् ॥ तत् सर्व्वं गोलकीकृत्वा यत्नतस्तद् विशोषयेत् । सूताच्च द्विगुणं गन्धं वराटीसम्भवं रजः पिष्ट्वा जम्बीरनीरेण मूषामेकां प्रकल्पयेत् । तन्मध्ये गोलकं क्षिप्त्वा वध्याद् यत्नेन तन्मुखम् ॥ मूषां तां सम्पुटे धृत्वा मृद्भस्मलवणाम्बुभिः । शरावसन्धिमालिप्य चातपे शोषयेत् क्षणम् ॥ ततो गजपुटं दत्त्वा स्वाङ्गशीतं समुद्धरेत् । पिष्ट्वा तु सर्व्वमेकत्र स्थापयेद् भाजने शुभे ॥ खादेद्वल्लद्वयञ्चास्य मूलञ्चानु पिवेन्नरः । मधुना पिप्पलीचूर्णं सगुडां वा हरीतकीम् । अजाजीं वा गुडे-नैव भक्षयेत् तुल्ययोगतः ॥ यकृत् प्लीहोदरोगञ्च श्वयथुञ्च विनाशयेत् । वाताष्ठीलाञ्च कमठीं प्रत्यष्ठीलां तथैव च ॥ कांस्यक्रोडाग्रमांसञ्च शूलञ्चैव भगन्दरम् । वह्निमान्द्यञ्च कामञ्च लोकनाथ रसोत्तमः ॥

Lokádhishá rasa.

One part of mercury and two parts of sulphur are to be

rubbed together to form a black powder or kajjali, with which is to be mixed one part of mica, all of these being rubbed together with the juice of kanyá. The compound is then to be rubbed with two parts of copper and the same quantity of iron, and rubbed with the juice of kákama'chi, made into a lump, and dried. A crucible is then to be made of two parts of sulphur and two parts of incinerated cowri-shells rubbed with lime juice. The lump is then to be put inside the crucible, the mouth of which is to be closed. This crucible is then to be put in an earthen basin covered by another, the joint of the basins being cemented by means of a paste, made of mud, ashes, salt, and water. The putam, thus preparad, is to be dried in the sun, and heated by means of **Gajaputam.** When cooled by radiation of heat, the medicine is to be taken out and powdered. Dose, six ractis, each, to be taken with cow's urine. mixed with any one of the following:- (a) honey and powdered pippali, (b) molasses and powdered haritaki, (c) molasses and powderdd black jeerá, the quantity of the powders in (a), (b), and (c) being six ractis each.

This medicine cures enlargement of spleen and liver, swelling due to anemia, asthila', kamathi (enlargement of spleen covering the belly in the shape of a tortoise), pratyasthilá, kánsya crora (peritonitis), agramánsa (growth of a piece of flesh in the region lying between the spleen and the liver), colic, fistula, dullness of the digesting heat and cough.

अग्निकुमार लौहम् ।

तुत्थरामठटङ्कानि सैन्धव धन्याजीरकम् । यमानी मरिचं शुण्ठी लवङ्गैलाविडङ्गकम् ॥ प्रत्येकं तोलकं चूर्णं लौहचूर्णन्तु तत्समम् । रसस्य गन्धकस्यापि पलैकं कज्जलीकृतम् ॥ घृतेन मधुना खाद्यं

लौहमग्निकुमारकम् । यकृत्प्लीहोदरं हन्ति गुल्मञ्चापि हलीमकम् ॥ बलवर्णाग्निदं तच्च कान्तिपुष्टिविवर्द्धनम् । श्रीमद्गहननाथेन निर्म्मितं विश्वसम्पदे ॥

Agni kum'ara lauham.

One tolá each, of copper sulphate, hingu, borax, rock-salt, dhanyá, jeerá, jam'ani, maricha, shunthi, lavanga, elá, and biranga ; twelve tolás of iron, and two tolás, each, of mercury and sulphur, rubbed together to form a black powder or kajali, are to be mixed together, and taken in suitable doses with honey and clarified butter, This medicine cures liver, spleen, gulma, and jaundice. It increases strength, beauty, digesting heat, and nutrition.

प्राणवल्लभ रस: ।

लौहं ताम्रं वराटञ्च तुत्थं हिंगु फलत्रिकम् । स्नुहीमूलं यवक्षारं जैपालं टङ्कनं त्रिवृत् । प्रत्येकञ्च पलं ग्राह्यं छागीदुग्धेन पोषितम् । चतुर्गुञ्जां वटीं खादेद् वारिणा मधुनापि वा ॥ दोषं रोगञ्च संवीक्ष्य युक्त्या वा त्रुटिवर्जनम् । प्राणवल्लभनामायं गहनानन्दभाषित: ॥ निहन्ति कामलां पाण्डुमानाहं श्लीपदार्व्बुदम् ॥ गलगण्डं गण्डमालां व्रणानि च हलीमकम् । अपचीं वातरक्तञ्च कण्डूं विष्फोटकुष्ठकम् । नात: परतरं श्रेष्ठं कामलार्त्ति भयेस्वपि ॥

Pra'na ballabha rasa.

Four tolás, each, of iron, copper, incinerated cowri-shell, copper sulphate, hingu, triphalá. roots of snuhi, javakshára.

croton-seeds, borax, and tribrit are to be rubbed together with goat's milk and made into pills, four ractis, in weight, each, to be taken with water or honey. Other accompaniments may be used having regard to the condition of the disease, the doses, and the short coming of the medicine in particular cases. This medicine cures jaundice, anemia, ánáha, shleepada (elephantiasis or filaria), tumour, galaganda, gandamálá (scrofula), carbuncle, apachi, bátaracta, itches, boils, and other skin-diseases. It is a very goad medicine for jaundice.

ताम्रकल्पम्।

अक्षपारदगन्धञ्च कर्षद्वयमितं पृथक्। सर्व्वैः समं भवेत् ताम्रं जम्बीराम्लेन मर्द्दयेत्॥ सूर्य्यावर्त्तरसैः पश्चात् कणामोचरसेन च। योजयेत् तीव्रघर्म्मे तु यावत् सर्व्वन्तु जीर्य्यति॥ जम्बीरस्य रसैर्भूयो रसं दण्डेन चालयेत्। दृढ़े शिलामये पात्रे चूर्णयेदति शोभनम्॥ रक्तिद्वयक्रमेणैव योज्यं माषद्यावधि। ह्रासयेच्च क्रमेणैव यथा चैनं विवर्द्धयेत्॥ जीर्णे भुञ्जीत शाल्यन्नं क्षीरं घृतसमन्वितम्। हन्त्यम्लपित्तं विविधां ग्रहणीं विषमज्वरम्॥ चिरज्वरं प्लीहगदं यकृद्रोगं सुदुस्तरम्। अग्रमांसं तथा शोथं कांस्यक्रोड़ं सुदुर्ज्जयम्। कमठञ्च तथा शोथमुदरञ्च सुदारुणम्॥ धातुवृद्धिकरं वृष्यं वलवर्णकरं शुभम्। सद्यो वह्निकरञ्चैव सर्व्वरोगहरं परम्॥ मुखशुद्धिर्विधातव्या पर्णैश्चूर्णसमन्वितैः। ताम्रकल्पमिदं नाम्ना सर्व्वरोगप्रशान्तये॥

Ta'mra Kalpam.

Two tolás, each, of sauvarchala salt, mercury, and sulphur, and six tolás of copper are to be rubbed with lime juice, juice or decoction of suryávarta and pippali, and exudation of sha'lmali, and kept in the sun so long as the ingredients do not mix up together. The compound is then to be rubbed again with lime juce, dried, and finely powdered. Dose, two ractis on the first day, three ractis on the 3rd day, and so on up to 12 ractis a day (being increased by one racti everyday), which is to continue until recovery. This dose of 12 ractis a day is then to be reduced by one racti a day till it reaches two ractis a day, after which the medicine is to be stopped altogether. Diet, boild sháli rice, mixed with milk and clarified butter, to be taken after the medicine is digested. This medicine cures acidity and biliousness, all sorts of chronic diarrhoea, chronic fever, fever of long standing, enlargement of spleen and liver, agramánsa, swelling due to anemia, kánsya-kroram, kamatham (tortoise-shaped spleen), and all sorts of udara-roga. It increses the dhatus, nutrition, strength, beauty, and power of digestion. The mouth is to be purified, after meal, with betel leaves prepared, as usual, with powdered lime, catechu, etc.

उदरामयकुम्भिकेशरी रसः।

रसगन्धकभस्मशुल्वकं कटुकक्षारयुगं सटङ्कणम्। कणमूलकचव्यचित्रकं लवणान्येव यमानिरामठम्॥ सममागमिदं विभावयेत् खरतापे त्वथ जम्बुवारिणा। उदरामयकुम्भिकेशरिरस एष प्रथितोऽस्य माषकः॥ सुरवार्य्यनु दापयेद्भिषक् प्रसभं हन्ति च सव्रणं गदं यकृतं क्रिमिमग्रमांसकं कमठं प्लीहजलोदराह्वयम्। जठरानलसादगुल्मकं परमं साममथाम्लपित्तकम्॥

Udaramaya-kumbhi-keshari rasa.

Equal quantities of mercury, sulphur, copper, trikatu, java-kshára, sarji kshara, borax, roots of pippali, chavya, roots

of chitraka, pancha-lavanam, jamáni, and hingu are to be rubbed with lime juice and dried by the intense heat of the sun. Dose, six ractis, to be taken with water named divya or divine (These are of four kinds, viz—rain water. (1) collected in the month when the sun is in the sign kanyá (virgo); (2) ice water, (3) water from hail stones, and (4) cold water derived from motlen glacier. (See Bháva prakásha) This medicine cures boils, enlargement of liver and spleen, worms, agrama'nsa, tortoise shaped spleen, dropsy, loss of power of digestion, gulma, acidity with biliousness, and mucus.

वारिशोषण रसः ।

चतुर्व्विंशतिभागाः सुगन्धाद्वङ्गं तदर्द्धकम् । वङ्गभागाद्विदर्द्धः पारदः कृष्णमभ्रकम् ॥ चतुर्द्दशविभागं स्यान्मृतं तद्दीयते पुनः । मृतलौहमष्टभागं मृतताम्रं नवात्र तत् ॥ मृतहेमद्वयं तेषां मृतरूप्यञ्च सप्तकम् । अतिशुद्धमति स्थूलं मृतं हीरं त्रयोदश ॥ भागा ग्राह्या माक्षिकस्य विशुद्धस्यात्र षोड़श । अष्टादशमितं ग्राह्यं नवकाशीशकं पुनः ॥ तुत्थकञ्च षड़ेवात्र नवीनं ग्राह्यमेव च । तालकञ्च चतुर्भागं शिला योज्यास्त्रयो बुधैः । शैलेयं पञ्च दातव्यं सर्व्वमेकत्र नूतनम् । मृतमौक्तिकभागैकं सौभाग्यं द्वयमेव च ॥ कुट्टयित्वा विचूर्ण्याथ जम्बीरस्य रसेन वै । भावयेत् सप्तधा गाढ़ं गुड़िकां तस्य कारयेत् ॥ पानकद्वितये कृत्वा मुद्रयेत् पानकद्वयम् । घटमध्ये निवेश्याथ दत्त्वा पूर्व्वञ्च वालुकाम् ॥ जर्द्धञ्च तां पुनर्दत्त्वा वालुकां मुद्रयेन्मुखम् । अहोरात्रं दहेदग्नौ स्वाङ्गशीतं समुद्धरेत् ॥ वकुलस्य च वीजेन कण्टकारीद्वयेन च । गुड़ूचीत्रिफलावारा भावयेत् सप्तसप्ततः ॥ वृद्धदाररसेनापि तथा देया सु

भावनाः । गिरिकर्ण्या रसेनापि रोहितमत्स्यपित्ततः । एवं सिद्धो भवेत् सम्यक् रसोऽसौ वारिशोषणः ॥ देवान् गुरून् समभ्यर्च्य यतीनृच ब्राह्मणान् तथा । रक्तिकाद्वितयं देयं सन्निपाते समुच्छ्रये । मरिचेन सम देयं तेन जागर्त्ति मानवः ॥ श्लैष्मिके च गदे देयं ग्रहण्यामग्निमान्द्यके । शोथे पाण्डौ प्रयोक्तव्यं त्रिकटुत्रिफलाम्भसा ॥ शूलरोगे प्रयोक्तव्यमुदावर्त्ते विशेषतः । कुष्ठे सुदुष्टे देयोऽयं काकोडुम्बरिकाम्भसा ॥ अतिवह्निकरः शोटो वलवर्णाग्निवर्द्धनः । धन्वन्तरिकृतः सद्यो रसः परमदुर्ल्लभः । सर्व्वरोगे प्रयोक्तव्यो निःसन्देहं भिषग्वरैः ॥

Ba'ri shosana rasa.

24 parts of sulphur, 12 parts of tin, 6 parts of mercury, 14 parts of mica, 8 parts of iron, 9 parts of copper, 2 parts of gold, 7 parts of silver, 13 parts of heavy dimond, 16 parts of copper pyrites, 18 parts of new iron-sulphate, six parts of new copper-sulphate, four parts of orpiment, 3 parts of realger, 5 parts of shilájatu, one part of pearls, and two parts of borax are to be rubbed together, and subjected to bha'vaná, for 7 times, with lime juice, and made into a lump. This lump is to be put inside two earthen basins, the joint of which is to be cemented, as usual. The putam, thus prepared, is next to be put in side a vessel, the lower part of which is filled with sand. The remaining part of the vessel is now to be completely filled with sand, and the mouth closed by means of an earthen basin. Heat is then to be applied to the vessel for 24 hours. When cooled by radiation of heat, the medicine is to be taken out, powdered, and subjected to bhávaná, for seven times each, in

succession, with the juice or decoction of the following :— seeds of bakula, brihati, kantaka'ri, guruchi, triphalá, briddhadáraka, and apara'jitá. In sannipa'tika fever, two ractis of this medicine, taken with a few drops of honey and a lttle of powdered maricha, brings back consciousness in the patient. It is similarly to be used in diseases due to an abnormal excess of kapha, in grahani, and in loss of power of digestion. It is to be given in enlagement of spleen, anemiá, colic, and udábarta with the decoction of trikatu and triphalá and in leprosy with the juice of ka'ka-udumbara. This medicine increases power of digestion, beauty, and strength. It may be used in all sorts of diseases without hesitation.

सर्व्वतोभद्ररसः ।

सूतं गन्धं तपनगगनं कान्तलौहस्य चूर्णम् । कृत्वैकत्वं दृषदि पिषितं शृङ्गवेरस्य वारा ॥ युञ्ज्याद् रोगे यकृति गुदजे प्लीह्नि सर्व्वज्वरेषु । शोथे पाण्डौ क्रिमिकृतगदे सर्व्वतः कामलायाम् ॥ कासे श्वासे जठरजगदे सर्व्वदोषप्रभृते । ख्यातो योगः सुरमणिकृतः सर्व्वतोभद्रनामा ॥

Sarbatobhadra rasa.

Equal quantities of mercury, sulphur, copper, mica, and loadstone are to be rubbed in a stone mortar with ginger juice. This medicine cures enlargement of spleen and liver, fever, swelling due to anemia, jaundice, cough, and asthma.

पर्पटी प्रयोगः ।

रक्तिकामितरामठसहिता आर्द्रकरसमर्द्दिताः पर्पटीसंज्ञका रसौषधाः यकृत्प्लीहोदरे अत्यैव शुभफलप्रदाः ।

Application of Parpati
in enlargement of spleen and liver.

The best of the parpatis are found to be very efficacious in these diseases, if applied with one racti of hingu and a little of honey and ginger juice.

अथ पथ्यापथ्य विधिः ।

Diet in enlàrgement of spleen and liver.

It is the same as in udara-roga.

अथोदावर्त्त निदानम् ।

कषैः कोद्रवजीर्णमुद्गचणकैः क्रुद्धोऽनिलोऽधोवहन् । रुद्धा वर्त्म मलं विशोष्य कुरुते विण्मूत्रसङ्गं ततः ॥ हृत्पृष्ठोदरवस्तिमस्तकरुजः सश्वासकासं ज्वरं । गच्छन्नूर्द्ध्वमसौ हि नूनमनिशं कोपादुदावर्त्तयेत् ॥

Uda'barta and A'na'ha.

Causes and symptoms of udávarta.

Eating in excess of food, not containing fat, and of such articles of food-stuff as old mudga, chanaka, and other grams causes an irritation of vâyu moving in the abdomen. Thus irritated, the wind blocks the passages through which stool and

urine pass, and mixes with them, causing ailments in the heart, back, belly, abdomen, and head ; and fever with cough and breathing difficulty. This wind then forces its way constantly upwards and pushes up stool and urine. This is what is meant by udávarta.

अथानाह निदानम् ।

आमं शकृद्वा निचितं क्रमेण भूयो विवद्धं विगुणानिलेन । प्रवर्त्त-मानं न यथास्वमेनं विकारमानाहमुदाहरन्ति ॥

Causes and symptoms of A'na'ha.

That part of the chyle which is not converted into blood takes the form of mucus and is gradually accumulated in the intestines, if mixed with the wind. That is also the case with stools, held up by wind, These two things cannot find their way downwards, giving rise to intestinal obstruction, which is called ánáha,

अथ उदावर्त्तानाह चिकित्सा ।

हिंगुमाक्षिकसिन्धूत्थैः पिष्टैर्वर्त्तिं विनिर्म्मिताम् । घृताभ्यक्तां गुदे न्यस्येदुदावर्त्तविनाशिनीम् ॥

Treatment of uda'varta and A'na'ha.

Udávarta is cured by hingu, honey, and rock-salt, pestled together, saturated with clarified butter, and entered into the rectum.

वैद्यनाथभाषित रसः ।

पथ्या त्रिकटु सूतञ्च द्विगुणं कानकं तथा । भेकपर्णीरसैरम्ललोनि-कांया रसैः कृता ॥ गुड़िकोदरगुल्मादि पाण्डुामयविनाशिनी । क्रिमिकुष्ठगात्रकण्डूपिड़काश्च निहन्ति च ॥ रसः सिद्धफलश्चासौ वैद्यनाथेन भाषितः ॥

Vaidyana'tha bha sita rasa.

One part, each, of haritaki, trikatu, and rasa-sindura (see page 105, vol. 1), and two parts of croton seeds are to be rubbed together with the juices of manduka-parni and cháng-eri, and made into pills (one racti in weight, each). This medicine cures uda'varta, gulma, anemia, worms, leprosy, and itches.

विरेक रसः ।

सूतगन्धकतुल्यांशं मरिचं सूततुल्यकम् । टङ्कनं पिप्पली शुण्ठी द्वौ द्वौ भागौ विमिश्रयेत् सर्व्वतुल्यानि वीजानि दन्तीनां निस्तुषानि च । स्नुहीक्षीरेण संयुक्तं मर्द्दयेत् दिवसत्रयम् ॥ नारिकेलोदरे स्थाप्य महागाढ़ाग्निना ततः । तत्कल्कं पाचयेत् क्षिप्रं खल्लयित्वा निधापयेत् ॥ तन्मध्यनाभिलेपेन राजयोग्यं विरेचनम् । वटिकालेपमात्रेण दशवारं विरेचयेत् । तद्‌गन्धघ्राणमात्रेण विरेको जायते ध्रुवम् ॥

Bireka rasa.

One part, each, of mercury, sulphur, and maricha ; two parts, each, of borax, pippali, and shunthi ; and nine parts of

croton-seeds are to be rubbed together, for three days, with the milk of snuhi. The substance is then to be put inside a cocoanut shell (which is to be coated all over with mud and dried), and heated by a strong fire. When cooled by radiation of heat, the medicine is to be taken out and powdered. Bowels are moved by putting this medicine, saturated with water, in the navel. A mere inhaling of this medicine causes purgation, which pacifies udávarta.

स्वेच्छाभेदक रसः ।

शुद्धं पारदटङ्कणं समरिचं गन्धाश्मतुल्यं त्रिवृद् । विश्वा च द्विगुणा ततो नवगुणं जैपालचूर्णं क्षिपेत् । खल्ले दण्डयुगं विमर्द्य विधिना चार्कस्य पत्रे ततः ॥ स्वेदं गोमयवह्निना च मृदुना स्वेच्छावशाद्भेदकः ॥ गुञ्जैकप्रमितो रसो हिमजलैः संसेवितो रेचयेद् । यावन्नोष्णजलं पिवेदपि वरं पथ्यञ्च दध्योदनम् । आमं सर्व्वभवं सुजीर्णमुदरं गुल्मं विशालं हरेद् । वह्नेर्दीप्तिकरो वलासहरणः सर्वामयध्वंसनः ॥

Swechh'a-bhedaka rasa.

One part, each, of mercury, borax, maricha, and sulphur ; two parts, each, of tribrit and shunthi, and nine parts of croton-seeds are to be rubbed together, for forty eight minutes, with the juice of arka leaves. The compound is then to be heated by laghu putam, and made into pills, one racti in weight, each, to be taken with cold water. Purgation will continue so long as hot water is not drunk. Diet, curd mixed with boiled rice. This medicine cures all sorts of mucus, udávarta, gulma, weakness, and many other diseases.

उदावर्त्ते अन्यानि भैषज्यानि ।

त्रैलोक्यतिलकः रसः, वैद्यनाथादेश रसः, सद्योमृत्युञ्जयरसः, वारिशोषण रसः, प्लीहारि रसः इत्यादि ।

Other medicines for uda'varta and a'na'ha.

trailakya tilaka rasa, vaidya náthádesha rasa. sadyo-mrityunjaya rasa, bárishosana rasa, plihári rasa ; etc.

उदावर्त्ते पथ्यानि ।

स्नेहस्वेदविरेकाश्च वस्तयः फलवर्त्तयः । अभ्यङ्गाश्च यवाः सर्व्वे सृष्टविण्मूत्रमारुतम् ॥ ग्राम्यौदकानूपरसा रुबुतैलञ्च वारुणी । वालमूलकशम्याकविल्वत्तिलसुधादलम् ॥ शृङ्गवेरं मातुलुङ्गं यवक्षारो हरीतकी । लवङ्गं रामठं द्राक्षा गोमूत्रं लवणानि च ॥ पथ्यमेतदुदावर्त्ते तथानाहे विजानीयात् ।

Diet and actions salutary in udávarta and ánáha :—

Fomentation of the belly after rubbing it with oil, purgation, application of douche, phalabarti *saturated with oil and

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* मदनं पिप्पली कुष्ठं वचा गौराश्च सर्षपाः ।
गुड़क्षारसमायुक्ताः फलवर्त्तिरिहोच्यते ॥

Equal quantities of madana fruit, pippali, kustham, bachá, white mustard, molasses and java-kshára, rubbed together and entered into the rectum, pacifies udábarta. This paste is called phalabarti.

entered into the rectum; rubbing of oil all over the body, everything tending to purge stool, urine, and wind, soup of meat of goat, ram, deer, game-fowl, and fish, castor oil, várunì wine (see page 373, vol. III), green radish, leaves of áragbdha, trivrit, tila (sesamum), leaves of snuhi, ginger, mátulunga, java-kshara,, haritaki, lavanga, hingu, grapes, cow's urine, and salts.

उदावर्त्तेऽपथ्यानि।

वमनं वेगरोधञ्च शिम्बीधान्यानि कोद्रवम्। नालीतशाकं शालुकं जाम्बवं कर्कटीफलम्॥ पिन्याकमालुकं सर्व्वं करीरं पिष्टवैकृतम्। विष्टम्भीनि विरुद्धानि कषायाणि गुरूणि च। उदावर्त्ती तथानाही यत्नतः परिवर्जयेत्॥

Diet and actions insalutary in uda varta and a'n'aha :—

vomiting, suppression of calls of nature, pulses and beans, kodrava rice, na'lita leaves, tuber of water-lily, jambu fruits, karkati fruit, sesamum paste, all sorts of potatoes, karira (bamboo sprout), pistam (all sorts of food pestled and then roasted, baked, or boiled), food which causes flatulence, food incongenial by combination, astringents, and heavy food.

इति वैद्यकुलपति श्रीभूदेव देवशर्म्मणा मुखोपाध्यायोपाधिकेन
विरचिते रसजलनिधिनामकमहाग्रन्थे
चतुर्थखण्डं समाप्तम्॥

ॐ नमः शिवाय॥

Appendix

Diet and actions injurious in piles :—

(See page 335)

Meat of cow, baffalo, rhinoceros, hog, water-fowl of all sorts, crabs and shells., fish, paste of sesamum and mustard seeds, curd, puddings prepared by pestling of cereals and then boiling, baking, or roasting the same, ma'sa, bamboo sprouts, beans, vill a fruit. alábu, upodiká (a kind of pot herb), ripe mangoes, tuber of water lity, food causing heaviness of the stomach, heavy food, exposure to the sun, drinking of much water, vomiting, application of douche, diet incongenial by combination, air draft, suppression of calls of nature sexual intercourse, riding on horse-back, sitting in an inconvenient posture, and articles of food stuff increasing the dosas causing piles. In bleediug piles, the restrictions prescribed for racta-pittam are also to be followed.

शुद्धिपत्रम्।

अशुद्धपाठः	शुद्धपाठः	पंक्तिः	पृष्ठम्
रञ्जणः	रञ्जनः	१६, १८	६२
पञ्चौ	पञ्चौ*	२०	१८१

* पञ्चौ इत्यत्र माचिकौ।

वज्रिरसः	महावज्रिरसः		३४७
श्रीवैद्यनाथरसः	वैद्यनाथरसः		३४८